

Fredrikstad-løpet

6.4.2014

Komplett Resultatliste

(Bruttotid)

Halvmaraton

Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	499	Josephine Ambjörnsson	30-39	HÄSSELBY SK	01:21:37	00:00:00
2	406	Kristine Platace	17-29		01:27:34	00:05:57
3	431	Mona Rydland	45-49	BUL	01:29:12	00:07:36
4	487	Ingrid Haaskjold	30-39	YT TINE	01:29:57	00:08:21
5	432	Dorte Foss	45-49	RAUFOSS IL	01:32:16	00:10:40
6	457	Anette Hauge	17-29		01:33:10	00:11:34
7	540	Lena Walberg	17-29		01:34:09	00:12:33
8	423	Eva Alexandersen	40-44		01:35:58	00:14:22
9	449	Ingunn Monsen	50-54	SK VIDAR	01:37:03	00:15:27
10	380	Ingvild Aurebekk	30-39	FREDRIKSTAD SKIKLUBB	01:38:04	00:16:28
11	513	Anne Sverdrup-Thygeson	45-49		01:38:12	00:16:36
12	480	Marie Grønneberg	30-39		01:38:15	00:16:39
13	453	Eve Vangsnes Bergli	40-44	OPPEGÅRD IL	01:38:22	00:16:46
14	448	Siri Slotterøy Johnsen	30-39	SK VIDAR	01:39:37	00:18:01
15	476	Kjersti Engen	17-29	LØRENSKOG FRIIDRETTSKLAG	01:39:43	00:18:07
16	508	Eva Brydøy	40-44	OSI	01:39:48	00:18:11
17	401	Julie Meyer Solvang	17-29	GRIMSTAD TRIATHLONKLUBB	01:40:49	00:19:13
18	464	Kristin H Josefsen	45-49	FREDRIKSTAD IF	01:41:06	00:19:30
19	433	Hege Gathen	45-49	FREDRIKSTAD IF	01:41:15	00:19:39
20	410	Beate Lindstad	40-44	MOTEK AS	01:42:15	00:20:39
21	386	Marte Amundsen	17-29		01:42:37	00:21:01
22	422	Siw Mette Thomassen	45-49	STOREBRAND SPORT/TRENINGSC/	01:44:45	00:23:09
23	482	Gunn-Tove Riis	50-54	FREDRIKSTAD IF	01:45:00	00:23:24
24	382	Tone Pollen	30-39		01:45:20	00:23:44
25	364	Anne Eldegard	45-49	SPORTSKLUBBEN VIDAR	01:45:38	00:24:02
26	565	Heiko Pflugner	45-49	GRESSVIK	01:47:49	00:26:12
27	375	Margit Oami Kim	17-29		01:47:54	00:26:17
28	564	Kathrin Sunde	30-39	MOSSJONISTENE	01:48:55	00:27:19
29	497	Tanja Sundt	30-39	KIWI HEISTAD	01:49:10	00:27:34
30	452	Turid Holemark Sunde	50-54	PRIVAT	01:49:29	00:27:53
31	511	Line Ådalen	30-39		01:51:50	00:30:14
32	516	Tina Skoglund	50-54	FREDRIKSTAD IF	01:52:55	00:31:18
33	557	Ann Kristin Tharaldsen	45-49	FIF	01:53:08	00:31:32
34	502	Kjersti Svee Aas	30-39	ABELIA	01:53:17	00:31:41
35	469	Bente Grini Bjørkli	40-44		01:53:49	00:32:13
36	394	Janne Dås vand	30-39	STATNETT	01:55:33	00:33:56
37	486	Tove Hassing	70-74	FREDRIKSTAD IF	01:55:47	00:34:11
38	438	Karianne Ekern	40-44	SKILØPERNE	01:56:48	00:35:11
39	456	Anne-Mette Akre	30-39	FRESENIUS KABI BEDRIFTSIDRETT	01:56:50	00:35:13
40	478	Sally Renfrey	40-44		02:03:23	00:41:46
41	535	Eli Rudshagen	40-44	OK MOSS	02:03:52	00:42:16
42	425	Tanja Lybæk	50-54	FREDRIKSTAD IF	02:04:28	00:42:52
43	498	Marthe Barstad	17-29		02:06:17	00:44:40
44	527	Hege Kristiansen	30-39		02:14:01	00:52:25
45	446	Trine-Lise Olsen	17-29		02:19:02	00:57:25
46	510	Siri Ådalen	17-29	FREDRIKSTAD TRIATLONKLUBB	02:27:07	01:05:30

Antall: 46

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Halvmaraton

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	517	Mads Johansen	17-29	IK TJALVE	01:12:22	00:00:00
2	559	Asle Slettemoen	40-44	IL I BUL	01:12:58	00:00:36
3	503	Afework Genale	30-39	IF STURLA	01:15:05	00:02:43
4	518	Kristian Karlsen	30-39		01:18:04	00:05:42
5	417	Henning Pedersen	40-44	MOSS SKIKLUBB/EUS	01:18:37	00:06:16
6	442	Eiolf Røed	45-49	FREDRIKSTAD IF	01:18:59	00:06:38
7	429	Jon Tjørsvaag Nilsen	30-39	IL I BUL	01:19:18	00:06:57
8	520	Stephan Neuhaus	30-39	OSI FRIIDRETT	01:19:34	00:07:12
9	563	Erik Blom-Dahl	40-44	KOLBOTN SYKKELKLUBB	01:19:59	00:07:37
10	444	Espen Ringom	30-39	SK VIDAR	01:20:07	00:07:46
11	351	Roar Tomter	40-44	ASKIM IF	01:20:32	00:08:10
12	467	Kenneth Ådalen	30-39	LØPEGRUPPA LØP	01:20:39	00:08:18
13	381	Lars Aurebekk	30-39	FREDRIKSTAD SKIKLUBB	01:20:53	00:08:32
14	505	Ken-Robert Jakobsen	30-39	BUL	01:21:40	00:09:18
15	473	Mats Pettersen	40-44		01:22:09	00:09:47
16	525	Tor Christian Pinås	40-44	T.T.SERVICE	01:22:46	00:10:24
17	495	Vegar Solnørdal	30-39		01:24:38	00:12:16
18	560	Ole Arne Eiksund	45-49	SK VIDAR	01:24:43	00:12:22
19	514	Lasse Sørlund	45-49		01:24:54	00:12:33
20	483	Lars Tørudstad	17-29	IDRETTLAGET KRIGSSKOLEN	01:25:14	00:12:52
21	546	Jon Jørgensen	45-49		01:25:24	00:13:03
22	519	Anders Dahl	30-39	SKIPTVET IL	01:25:32	00:13:11
23	353	Steinar Lien	50-54	OPPEGÅRD IL	01:25:34	00:13:12
24	465	Johnny Stensrud	50-54	MOSS CK	01:25:36	00:13:14
25	391	Frode Kraugerud	30-39		01:25:41	00:13:19
26	555	Pål Simonsen	50-54	ROMERIKE ULTRA	01:26:07	00:13:45
27	492	Arvin Patel	45-49	BUL	01:26:11	00:13:50
28	543	Tom Selliseth	45-49	FET SKIKLUBB	01:26:14	00:13:52
29	440	Anders Emil Krogstad	40-44	MOSS SKIKLUBB	01:26:36	00:14:14
30	455	Christian Steffensen	40-44	RØA IL	01:26:54	00:14:33
31	463	Kurth Magnussen	55-59	BREVPOST BIL	01:27:34	00:15:12
32	466	Rune Hausstätter	40-44	HØGSKOLEN I LILLEHAMMER	01:27:56	00:15:34
33	377	Hans Otto Bjørkå	40-44	SKANSKA AKTIV	01:27:57	00:15:36
34	418	Thomas Haug	40-44	BØLER IF FRIIDRETT	01:28:06	00:15:45
35	561	Tim Bennett	45-49	SK VIDAR/ UNITED BAKERIES	01:28:51	00:16:29
36	509	Dominik Kumela	30-39		01:29:00	00:16:38
37	539	John Gunnar Jakobsen	45-49	NØSTRET	01:29:03	00:16:42
38	504	Ole Christian Stubberud	40-44		01:29:12	00:16:50
39	428	Jan Otterstad	30-39	VESTBY VGS	01:29:17	00:16:55
40	411	Jørgen Saxegaard	45-49	BEKKELAGET IFK	01:29:21	00:16:59
41	523	Terje ørås	45-49	FREDRIKSTAD TRIATHLONKLUBB	01:29:32	00:17:10
42	395	Espen Dåsvand	40-44	NETS ACTIVE	01:29:36	00:17:14
43	389	Harald Sverdrup-Thygeson	55-59	HØVIK JOGG	01:30:05	00:17:43
44	430	Henrik Heiestad	30-39	OPPEGÅRD KENYANS	01:30:18	00:17:57
45	556	Ivar Kummelvold	50-54	NOREMA	01:30:27	00:18:05
46	549	Wiggo Bowitz	50-54	AMENDE A/S	01:30:58	00:18:37
47	354	Trond Inge Carlsen	50-54	RUSTAD IL	01:31:13	00:18:51
48	536	Arnt ørås	45-49	NORSELIGHT BIL	01:31:23	00:19:02
49	547	Trond Nilsen	50-54	FIF	01:31:33	00:19:11
50	488	Per Richard Iversen	30-39	OSI FRIIDRETT	01:31:38	00:19:16
51	409	Christian Lindstad	45-49	MOTEK AS	01:31:46	00:19:25
52	405	Tor-Arne Stenhaug	65-69	ROMERIKE RUNNERS TEAM	01:31:51	00:19:30
53	392	Roy Gundersen	40-44		01:31:54	00:19:32

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Halvmaraton

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
54	421	Preben Gautun	30-39	FREDRIKSTAD IF	01:32:05	00:19:43
55	562	øyvind Haug	40-44	MOSS CK	01:32:10	00:19:48
56	485	Bjørn Ekker	30-39		01:32:10	00:19:49
57	501	Lars Gunnar Aas	40-44	CLP	01:32:11	00:19:50
58	441	Morten Mandfloen	40-44	MOVAR BIL	01:32:30	00:20:09
59	393	Ole Peter Bergaust	65-69	VELDRE FRIIDRETT	01:32:36	00:20:15
60	419	Lars Hauge	50-54	GREÅKER IF	01:32:57	00:20:35
61	396	Fred Morgan Larsen	45-49	SARPSBORG ROKLUBB	01:33:43	00:21:21
62	515	Trond Lundestad	40-44		01:34:16	00:21:54
63	531	Heid Magnussen	30-39	TRØSKEN I.L.	01:34:36	00:22:14
64	491	Ole Christian Lier	50-54	FREDRIKSTAD IF	01:34:46	00:22:24
65	451	Sjur Tømte	55-59	FREDRIKSTAD IF	01:34:49	00:22:27
66	554	John Iversen	30-39	OSI	01:35:09	00:22:47
67	462	Rune Nystrøm	30-39	LILLESTRØM	01:35:18	00:22:57
68	370	Michael Floater	50-54	OSI	01:35:30	00:23:08
69	484	Øivind Kjørmo	55-59	MJØNDALEN IF	01:35:30	00:23:09
70	532	Jørn Espen Nilsen	17-29		01:35:51	00:23:29
71	426	Trond-Vidar Due Hansen	40-44		01:36:21	00:23:59
72	434	John Erik Lein	50-54	SINTEF BIL	01:36:30	00:24:09
73	568	Roar Skinstad	55-59	VESTERØY	01:36:57	00:24:35
74	355	Nikolai Marken	30-39		01:37:10	00:24:48
75	548	Joachim Helgesen	30-39	MULTIKONSULT BIL / TRENINGSCAN	01:37:28	00:25:06
76	447	Jonas Bergan	30-39		01:37:39	00:25:17
77	534	Magnus Akselsen	30-39	FREDRIKSTAD TRIATHLONKLUBB	01:38:11	00:25:50
78	436	Lars Hox	30-39	KONGSTEN IF	01:38:38	00:26:16
79	372	Fredrik Camilo Halsbog	30-39	FET IL	01:39:36	00:27:14
80	528	Stephen Gannestad	50-54	FIF	01:39:51	00:27:30
81	385	Lars Bolstad Jacobsen	17-29		01:40:00	00:27:38
82	427	Gunnar Lauritz Pedersen	65-69	LØRENSKOG FRIIDRETTSKLAG	01:40:01	00:27:40
83	533	Ulf Roger Olsen	45-49		01:40:04	00:27:43
84	490	Geir Jørgensen	45-49	FREDRIKSTAD IF	01:40:28	00:28:06
85	387	Ole Gandrud	45-49	HOLE RUNNING TEAM	01:40:46	00:28:25
86	550	Mattias Allebert	30-39	BUL	01:40:46	00:28:25
87	424	Tormod Kjørvik	50-54	FREDRIKSTAD IF	01:40:57	00:28:35
88	400	Rune Fossheim	55-59	DNL-KONDIS	01:42:58	00:30:36
89	379	Ole Tharaldsen	50-54	FREDRIKSTAD IF	01:43:06	00:30:44
90	522	Glenn Kristiansen	30-39	HALLIBURTON	01:43:19	00:30:58
91	413	Øivind Høe	50-54	RYGGEJOGGEN	01:43:33	00:31:11
92	383	Helge Stølan	50-54	JACKON	01:43:45	00:31:24
93	445	Erling Dahl	50-54	FREDRIKSATD KOMMUNE	01:43:56	00:31:34
94	461	Michael Steffen	40-44	FREDRIKSTAD IF	01:43:58	00:31:36
95	397	Henrik Aasnes	40-44	MOSSJONISTENE	01:44:00	00:31:39
96	474	Kjell Arne Johansen	60-64	FREDRIKSTAD IF	01:44:13	00:31:51
97	506	Eivind Sandvik	50-54		01:44:22	00:32:01
98	567	Per Egil Sørensen	45-49		01:44:53	00:32:32
99	435	Christian Holthe	40-44	CATALYSTONE SOLUTIONS	01:44:54	00:32:33
100	507	Arne Nysted	30-39	VEIDEKKE	01:45:04	00:32:43
101	526	Kjetil Nilsen	30-39		01:45:29	00:33:08
102	471	Per Ekren Engelsen	45-49		01:45:54	00:33:33
103	458	Abdirahman Hassan	50-54		01:45:56	00:33:35
104	553	Kjetil Stølen	55-59	SINTEF	01:46:03	00:33:41
105	544	Pål-André Enghaug	40-44		01:46:33	00:34:11
106	414	Thomas Bjønnes	70-74	HØVIK JOGG	01:46:57	00:34:35

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(Bruttotid)

Halvmaraton

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
107	566	Geir Skjæret	40-44		01:47:00	00:34:38
108	538	Magnus Lindhjem	30-39		01:47:00	00:34:38
109	470	Jon Scheele	50-54		01:47:24	00:35:02
110	541	Aleksander Sørlie	17-29		01:47:59	00:35:38
111	529	Lars Kvalsvik	30-39	KVALSVIK BYGG AS	01:48:18	00:35:56
112	472	Steve Collier	55-59	ATOMEN HALDEN BIL	01:48:25	00:36:04
113	530	Magnus Kvalsvik	30-39	KVALSVIK BYGG AS	01:48:40	00:36:19
114	459	Per Erik Holsten	50-54	ABB BIL	01:48:45	00:36:23
115	496	Geir Strøm	45-49	SKAGERRAK SPORTSKLUBB	01:49:12	00:36:50
116	460	Karl-Erik Diskerud	50-54	TELL REKLAMEBYRÅ	01:49:28	00:37:06
117	398	Ole Martin Andersen	40-44		01:50:05	00:37:43
118	481	Per Ove Haugland	30-39	NYLENDE IF	01:50:43	00:38:21
119	399	Per Kristian Klausen	40-44		01:51:43	00:39:21
120	402	Nils Wiig	50-54	FRISKIS & SVETTIS FREDRIKSTAD	01:52:22	00:40:00
121	569	Jonas Holth	17-29		01:53:37	00:41:15
122	545	Sverre Mostue	65-69	FLINTJOGGEN	01:53:50	00:41:28
123	542	Jan Arild Wallin Røste	40-44		01:54:42	00:42:21
124	352	Lasse Høier	45-49		01:55:16	00:42:55
125	494	Trygve Lervik	55-59	FPOB	01:56:50	00:44:28
126	388	Jarle S. Hermansen	40-44	MØLLER BIL SANDEFJORD	01:56:57	00:44:36
127	439	Kristian Melgaard	30-39	RRBIL	01:57:11	00:44:50
128	552	David Ådalen	30-39	LØPEGRUPPA LØP	01:57:32	00:45:11
129	551	Ole-Kristian Bergerud	30-39	LØPEGRUPPA LØP	01:57:34	00:45:13
130	416	Børge Erdal	50-54	EUS	01:57:53	00:45:31
131	524	Håvard Skaaden	17-29	TEAM RAMBØLL	01:59:05	00:46:43
132	420	Jørgen Gurandsrud	65-69	FREDRIKSTAD IF	02:00:49	00:48:28
133	512	Morten Hansen	50-54		02:01:14	00:48:52
134	378	Arild Bauer	55-59		02:02:59	00:50:37
135	500	Bjørn Arild Martinsen	30-39	KONGSTEN IF	02:04:06	00:51:45
136	454	Einar Skar	55-59	FREDRIKSTAD IF	02:04:24	00:52:02
137	384	Øyvind Rogne	30-39		02:05:23	00:53:02
138	404	Sven-Erik Lind	30-39		02:07:27	00:55:06
139	477	Per Gundersen	80-110	ÅLESUND FIK	02:08:01	00:55:40
140	537	Halvard Bastiansen	17-29		02:11:08	00:58:47
141	412	Robert Henriksen	40-44		02:11:48	00:59:26
142	489	Gregor Gucwa	40-44		02:21:35	01:09:14
143	362	Tor Sandnes	50-54	ÅRVOLL IL	02:24:19	01:11:57

Antall: 143