

Fredrikstad-løpet

19.4.2015

Komplett Resultatliste

(Bruttotid)

5km

Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	216	Christina Bus Holth	30-39	TJALVE	00:18:05	00:00:00
2	226	Karianne Løkken	40-44	TYRVING	00:18:41	00:00:37
3	249	Hilde Gudem	30-39	SK VIDAR	00:18:43	00:00:38
4	125	Synøve Brox	55-59		00:18:50	00:00:46
5	131	Ingeborg Dahl	20-29	RINGERIKE FIK	00:19:07	00:01:03
6	300	Johanne Lægran	17-19	SK VIDAR	00:19:13	00:01:09
7	227	Tonje Celine Schjelderup	20-29	HYTTEPLAN SPORT	00:19:18	00:01:14
8	270	Kjersti Dahl	20-29	RINGKOLLEN SKIKLUBB	00:19:43	00:01:39
9	229	Dorte Foss	45-49	RAUFOSS IL	00:20:11	00:02:06
10	192	Lovisa Keterlins	17-19	STRÖMSTAD LÖPARKLUBB	00:20:11	00:02:07
11	158	Liz-Helen Løchen	30-39	SK VIDAR	00:20:48	00:02:44
12	110	Anne Signe Been	40-44		00:20:55	00:02:51
13	252	Kaja Gulbrandsen	30-39		00:20:58	00:02:54
14	255	Ann Kristin Dyrkolbotn	40-44	SK VIDAR	00:21:03	00:02:59
15	299	Anne Myhr	45-49	SK VIDAR	00:21:10	00:03:06
16	240	Janne Stenbrenden	40-44	SANDE SPORTSKLUBB	00:21:27	00:03:23
17	175	Andrea Wiik	12-16	ASKIM IF FRIDRETT	00:21:32	00:03:28
18	120	Julie Marie Granstrøm Larsen	12-16	VARTEIG IL	00:21:34	00:03:30
19	155	Kathrine Ruud Hansen	30-39		00:21:44	00:03:40
20	161	Kristine Hansen	20-29		00:22:18	00:04:14
21	150	Silja Svanstrøm Amundsen	40-44	OKI	00:22:27	00:04:23
22	222	Marit Svegaarden	40-44	BUL IL	00:22:46	00:04:42
23	179	Runa Skogvoll	17-19	TEAMSKOGVOLL	00:22:53	00:04:49
24	126	Lene Christine Hagen	20-29	PRIVAT	00:23:00	00:04:56
25	268	Vie Alne Bolin	12-16	MOSS SKIKLUBB	00:23:21	00:05:17
26	197	Sandra Sedeniussen	12-16	GJELLERÅSEN IF SKI	00:23:39	00:05:35
27	218	Emma Sørset	12-16	SK VIDAR	00:23:44	00:05:40
28	143	Anita Øy	30-39	KONDIS	00:24:07	00:06:03
29	134	Anniken Haraldsen	20-29		00:24:11	00:06:07
30	135	Victoria Husebye	20-29		00:24:22	00:06:18
31	257	Synne Schultz Westlye	30-39	HØVIK JOGG	00:24:52	00:06:48
32	117	Ida Watndal	30-39	MOSS CK	00:24:58	00:06:54
33	247	Turid Malmo Knudsen	65-69	JOGGEKAMERATENE	00:25:10	00:07:06
34	118	Mariann Stenbakk	70-74	MOSS IDRETTSLAG	00:25:12	00:07:08
35	164	Ingrid Brastad	45-49	BØLER IF FRIDRETT	00:25:15	00:07:11
36	152	Hanne Christiansen	40-44	KVERNHUS UNGDOMSSKOLE	00:25:22	00:07:18
37	246	Oddrun Rønning	65-69	JOGGEKAMERATENE	00:25:33	00:07:29
38	245	Alvilde Dancke	55-59	JOGGEKAMERATENE	00:26:14	00:08:10
39	269	Linda Kristin Arvesen	30-39	PWC	00:26:24	00:08:20
40	292	Cecilie Gulbrandsen	40-44	BRUA FYSIKALSKE	00:26:27	00:08:23
41	241	Monica Kristensen	30-39	SOLKYSTEN LØPEKLUBB	00:26:55	00:08:51
42	191	Maria Skei Krogstad	12-16		00:27:04	00:09:00
43	138	Tine Sandøy	50-54	SK KRAFT	00:27:06	00:09:02
44	258	Anette Siebenherz	40-44		00:27:08	00:09:04
45	254	Tove Hassing	75-79	FIF	00:27:12	00:09:08
46	114	Wenche Brodtkorb Hansen	30-39		00:27:14	00:09:10
47	253	Wenche Gjerløw	40-44	HURRØD SKOLE	00:27:23	00:09:19
48	213	Astrid Nome	30-39	LØPESKJØRT.NO	00:27:51	00:09:47
49	187	Nina Bjerke	30-39		00:27:57	00:09:53

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5km

Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
50	260	Silje Skarning Olsen	20-29		00:28:04	00:10:00
51	129	Kari Jensen	55-59	ROMERIKE RUNNERS TEAM	00:28:18	00:10:14
52	238	Annette Larsen	30-39		00:28:40	00:10:36
53	141	Margrethe Bergaust	65-69	KONDIS	00:28:42	00:10:38
54	163	Linda Nesteng-Larsen	30-39		00:28:44	00:10:40
55	108	Tora Christine Danielsen	40-44		00:29:12	00:11:08
56	232	Martine B Berghagen	12-16		00:29:27	00:11:23
57	266	Linda Gathen	45-49	FIF	00:29:43	00:11:39
58	159	Ida Marie Kristiansen	30-39		00:30:10	00:12:06
59	251	Anette Evensen	30-39		00:30:25	00:12:21
60	214	Tone Yvonne Killengreen	40-44	KONDIS	00:30:41	00:12:37
61	107	Karianne Sæll	40-44		00:31:00	00:12:56
62	264	Linda Klein	30-39	BOOTS APOTEK	00:31:15	00:13:11
63	239	Venche Pettersen	45-49		00:31:41	00:13:37
64	210	Linda Spaun Hauglie	30-39		00:32:53	00:14:49
65	297	Sissel Pedersen	30-39	GUFFEN AS	00:34:17	00:16:13
66	167	Ane Lorentzen	20-29		00:34:53	00:16:49
67	170	Hege Stevenson	40-44		00:34:53	00:16:49
68	248	Anne-Berit Skoghus	70-74	JOGGEKAMERATENE	00:34:56	00:16:52
69	104	Tone Nordang Pettersen	30-39	LØPESKJØRT.NO/MOSSJONISTENE	00:39:20	00:21:16
70	105	Jeanette Buer	30-39	MOSSJONISTENE	00:39:20	00:21:16

Antall: 70

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5km

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	149	Andreas Myhre Sjurseth	30-39	SPORTSKLUBBEN VIDAR	00:15:22	00:00:00
2	224	August Flø	20-29	SK VIDAR	00:15:30	00:00:09
3	225	Martin K Andersen	30-39	SELSBAKK IF	00:16:22	00:01:01
4	177	Einar Haakon Christian Rose	20-29	SPORTSKLUBBEN VIDAR	00:16:32	00:01:11
5	236	Øyvind Mehus Sjursen	40-44	BØLER IF	00:16:50	00:01:28
6	212	Magnus Erstad	20-29	IL TYRVING	00:16:58	00:01:37
7	173	Fredrik Sandvik	17-19	ASKIM FRIIDRETT	00:16:59	00:01:37
8	144	Thomas Hetland	30-39	KONDIS	00:17:01	00:01:39
9	185	Emil Wiig	12-16	SKIMT	00:17:04	00:01:42
10	127	Simen Enger	20-29	OSI FRIIDRETT	00:17:21	00:01:59
11	200	Ola Matre	20-29	MODUM FIK	00:17:23	00:02:02
12	273	Anders Trygg	40-44	SK VIDAR	00:17:28	00:02:06
13	121	Andreas Garder Olsen	30-39	KVERNHUSET BIL FREDRIKSTAD	00:17:32	00:02:11
14	281	Jørgen El Fakiri	30-39	NEOLAB BY KNOWIT	00:17:46	00:02:25
15	293	Øystein Rognes Solheim	40-44		00:17:47	00:02:25
16	154	Sondre Skaug	20-29	FREDRIKSTAD IF	00:17:49	00:02:28
17	274	Sturla Throndsen	55-59	ULL / KISA FRIIDRETT	00:17:53	00:02:31
18	203	Marcus Vammeli Wiik	12-16	ASKIM IF FRIIDRETT	00:17:53	00:02:31
19	286	Tommy Prøitz	30-39		00:17:54	00:02:32
20	233	Trond Olav Berg	55-59	BØLER IF FRIIDRETT	00:17:56	00:02:34
21	146	Trond Hansen	40-44	KONDIS	00:17:57	00:02:36
22	284	Harald Ringen	50-54	OPPEGÅRD	00:18:02	00:02:40
23	290	Morten Sønsteby	20-29	TEAM OSLO SPORTSLAGER	00:18:03	00:02:42
24	272	Tobias Olsen	12-16	FREDRIKSTAD SK	00:18:06	00:02:45
25	176	Jørgen Stigen	12-16	FREDRIKSTAD SKIKLUBB	00:18:15	00:02:53
26	228	Eirik Ottesen	40-44	SK VIDAR	00:18:18	00:02:57
27	151	Tim Bennett	50-54	SK VIDAR/TEAM UNITED BAKERIES	00:18:22	00:03:01
28	215	Frode Kraugerud	30-39		00:18:25	00:03:04
29	262	Geir Inge Selte	45-49	HYTTEPLAN SPORT	00:18:29	00:03:08
30	288	Mikkel Sveen	20-29	ULLERN IF	00:18:38	00:03:16
31	201	Olav Høgset	45-49	HYTTEPLAN SPORT	00:18:38	00:03:17
32	271	Torbjørn Dahl	55-59	NORDPAPP BIL	00:18:47	00:03:26
33	169	Preben Gautun	40-44	FREDRIKSTAD IF	00:18:55	00:03:34
34	265	Glenn Olufsen	45-49	RYGGEJOGGEN	00:18:58	00:03:36
35	178	Bjørn-Erik Pedersen	45-49	TEAMSKOGVOLL	00:18:58	00:03:37
36	282	Tero Markus Paivarinne	40-44	SK VIDAR	00:19:04	00:03:43
37	234	Axel Bendiksbø	30-39	FTK	00:19:07	00:03:46
38	186	Martin Sondaj	40-44	TEAM SONDAJ	00:19:07	00:03:46
39	287	Iacob Mathiesen	45-49	BUL	00:19:13	00:03:52
40	182	Mads Arnesen	12-16	FREDRIKSTAD SKIKLUBB	00:19:17	00:03:55
41	202	Kurth Asle Magnussen	55-59	BREVPOST BIL	00:19:21	00:04:00
42	184	Rune Wiig	40-44	SKIMT LANGRENN	00:19:21	00:04:00
43	189	Rune Langnes	45-49	FTBIL	00:19:35	00:04:14
44	198	Magnus Sedeniussen	12-16	GJELLERÅSEN IF SKI	00:19:51	00:04:30
45	235	Kristian Lindekilde Transez	30-39	FTK	00:19:52	00:04:30
46	160	Christian Prestegård	60-64	KONDIS	00:19:55	00:04:33
47	294	Knut V. Andersen	50-54	FREDRIKSTAD IF	00:19:59	00:04:38
48	103	Claus Håvik	30-39	TRENINGSCAMP	00:20:00	00:04:39
49	180	Per-Owe Monkvik	50-54		00:20:01	00:04:40

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5km

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
50	190	Zoltan Kormos	30-39	SKAGERRAK SK/ IDEA ENGINEERIN	00:20:05	00:04:44
51	223	Pål-Helge Nilssen	40-44	NORTHERN RUNNERS	00:20:07	00:04:46
52	195	Steinar Basberg	55-59	FREDRIKSTAD IF	00:20:14	00:04:52
53	148	Leif Reithaug	50-54	KONDIS	00:20:15	00:04:54
54	174	Espen Joachim Eilers	45-49	VILLAVEIEN RUNNERS	00:20:18	00:04:57
55	128	Helge Rosnes	50-54	PRIVAT	00:20:20	00:04:59
56	204	Sven Simonsen	50-54	FREDRIKSTAD SKIKLUBB	00:20:35	00:05:14
57	277	Stian Løkken	30-39	MOSSJONISTENE	00:20:39	00:05:18
58	207	Stig Andresen	45-49	FREDRIKSTAD IF	00:20:47	00:05:26
59	139	Henrik Kofoed Nielsen	55-59	KONDIS	00:20:49	00:05:27
60	196	Sverre Sedeniussen	50-54	GJELLERÅSEN IF SKI	00:20:50	00:05:29
61	140	Ole Petter Bergaust	65-69	KONDIS	00:20:50	00:05:29
62	261	Egil Holme	60-64	FREDRIKSTAD IF	00:20:58	00:05:36
63	211	Arve Lid	45-49	TEAM SUB 3 I 2015	00:21:07	00:05:46
64	156	Helge Horn	60-64		00:21:17	00:05:56
65	283	Simen Hermansen	12-16	FREDRIKSTAD SKIKLUBB	00:21:25	00:06:04
66	276	Olivies Nijimbere	20-29		00:21:26	00:06:05
67	206	Philip Drivenes	12-16	FREDRIKSTAD SKIKLUBB	00:21:39	00:06:17
68	231	Lars Berghagen	45-49	ÅDAL IL	00:21:41	00:06:19
69	256	Svend Erik Schultz Wetlyge	65-69	HØVIN	00:21:46	00:06:25
70	111	Janko Radovanovic	30-39		00:21:46	00:06:25
71	166	Anders Vegsgård	40-44	RØDSMYRA SKOLE	00:21:51	00:06:30
72	244	Ole Grønvold	40-44		00:21:54	00:06:32
73	289	Halvor Sveen	50-54	TEAM AKTIV	00:21:56	00:06:35
74	153	Rino Skaug	45-49	GAARDS-SERVICE AS	00:22:03	00:06:42
75	119	Øivind Høe	55-59	RYGGEJOGGEN	00:22:05	00:06:44
76	243	Håkon Olsen	50-54	FIF	00:22:06	00:06:45
77	259	Andreas Braset	45-49	TMBN	00:22:08	00:06:47
78	188	Claes Jørgen Bøhn	45-49	FRESENIUS KABI BIL	00:22:21	00:07:00
79	109	Murat Sertkaya	65-69	PRIVAT	00:22:22	00:07:01
80	122	Tor-Einar Langebeck	45-49	FREDRIKSTAD IF	00:22:27	00:07:05
81	112	Dag Krogstad	45-49		00:22:29	00:07:08
82	301	Terje Rød	45-49	FREDRIKSTAD IF	00:22:35	00:07:14
83	291	Frode Christiansen	40-44	BRUA FYSIKALSKE	00:22:39	00:07:18
84	278	Kim-Robin Gule	45-49		00:22:48	00:07:27
85	221	Lasse Lieberknecht	50-54	FREDRIKSTAD IF	00:22:49	00:07:28
86	194	Terje Lundberg	45-49	COMPUSOFT BIL	00:22:50	00:07:29
87	242	Mads Torp	20-29	TMT BYGG AS	00:23:10	00:07:49
88	136	Stefan Jøines	30-39		00:23:17	00:07:56
89	172	Piotr Hryn	30-39		00:23:17	00:07:56
90	267	Frode Alne Bolin	40-44	MOSS SKIKLUBB	00:23:21	00:08:00
91	209	Fredrik Torgersen	30-39	BWISE AS	00:23:33	00:08:12
92	133	Amund Lunde	30-39	BARCO FREDRIKSTAD	00:23:43	00:08:21
93	220	Ole Asbjørn Stokker	40-44	ASKO ØST	00:23:44	00:08:23
94	115	Henrik Aasnes	40-44	MOSSJONISTENE	00:23:45	00:08:23
95	250	Andreas Evensen	30-39		00:23:48	00:08:27
96	280	Anders Tronstad	45-49		00:23:54	00:08:33
97	101	Jostein Ryan	30-39		00:24:03	00:08:42
98	217	Bengt Olsen	45-49		00:24:22	00:09:01

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Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
99	219	Paul Benco	45-49	HOVEDSTADSKAMERATENE	00:24:52	00:09:30
100	162	Wieslaw Adamek	50-54	ADAMEKS	00:25:06	00:09:45
101	193	Roger Renberg	45-49		00:25:08	00:09:46
102	279	Jim Dahl	55-59	HIL	00:25:37	00:10:16
103	113	Geir Aa Schmidt	50-54	HAUKETO IF	00:26:02	00:10:40
104	295	Eddy Lyshaug	30-39	SPYDEBERG ROCK	00:26:20	00:10:59
105	275	Emil Skårn Nilssen	17-19	NORTHERN RUNNERS	00:26:35	00:11:14
106	296	Frode Solsvik	30-39	SPYDEBERG ROCK	00:26:43	00:11:22
107	168	Sverre Sanengen	75-79	FREDRIKSTAD IF	00:26:45	00:11:24
108	237	Svend Aage Larsen	40-44		00:27:41	00:12:20
109	298	Anders Schjøllert Fredheim	40-44		00:28:00	00:12:38
110	142	Gisle Sellevold	60-64	KONDIS	00:28:07	00:12:46
111	181	Tor-Wilhelm Vegsgård	75-79	RYGGEJOGGEN	00:29:33	00:14:12
112	171	Per Øystein Vegsgård	45-49	SPAREBANK 1	00:29:35	00:14:14
113	263	Dag Tennefoss	30-39		00:31:15	00:15:54

Antall: 113