

Fredrikstad-løpet

6.4.2014

Komplett Resultatliste

(Bruttotid)

5km

Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	157	Ida Marie Dahl	20-29	RINGERIKE FRIIDRETTSKLUBB	00:17:43	00:00:00
2	178	Tonje Celine Grini	20-29	HYTTEPLAN SPORT	00:18:43	00:01:01
3	174	Lovisa Keterlins	17-19	SK GRANAN	00:18:49	00:01:07
4	159	Ingeborg Dahl	20-29	RINGERIKE FIK	00:18:59	00:01:17
5	267	Johanne Lægran	17-19	SK VIDAR	00:19:30	00:01:48
6	266	Oda Lægran	17-19	VIDAR	00:19:50	00:02:07
7	142	Tonje Julsrud	20-29	LØPSKLUBBEN 1814/STERIA	00:19:59	00:02:17
8	374	Johanne Hjelle Nitter	20-29		00:20:12	00:02:29
9	269	Cecilie B. Engblad	20-29	OSI	00:20:16	00:02:34
10	268	Anne Myhr	45-49	SK VIDAR	00:20:41	00:02:59
11	215	Marte Skogen Evje	20-29	SK VIDAR	00:20:44	00:03:02
12	128	Anne Signe Been	40-44	MOSS CK	00:20:54	00:03:12
13	202	Henriette Frølich-Olsen	12-16	FREDRIKSTAD SKIKLUBB	00:22:12	00:04:30
14	188	Christina Stangeland Fredheir	40-44	RØA IL	00:22:36	00:04:54
15	130	Ida Watndal	30-39	MOSS CK	00:22:39	00:04:56
16	125	Jenny Toftner	30-39	BUL	00:23:07	00:05:24
17	197	Sandra Sedeniussen	12-16	GJELLERÅSEN IF SKI	00:23:14	00:05:32
18	170	Vie Alne Bolin	12-16	MOSS SKIKLUBB	00:23:29	00:05:47
19	126	Mariann Stenbakk	70-74	MOSS IL	00:23:35	00:05:53
20	180	Anja Melberg	30-39		00:23:47	00:06:04
21	274	Elise Dale	20-29		00:23:58	00:06:16
22	248	Alvilde Dancke	55-59	JOGGEKAMERATENE	00:24:10	00:06:27
23	249	Oddrun Rønning	65-69	JOGGEKAMERATENE	00:24:15	00:06:33
24	211	Oda Høie Horgen	12-16	EIDSBERG IL	00:24:36	00:06:54
25	118	May-Britt Eriksen	45-49		00:24:39	00:06:56
26	144	Kristin Bærland	20-29	SKAGERRAK SPORTSKLUBB	00:24:42	00:07:00
27	256	Anette Siebenherz	40-44		00:25:25	00:07:43
28	134	Maria Kjelme	30-39		00:25:44	00:08:02
29	166	Anne Knutsen	40-44	KVIK FREDRIKSTAD	00:26:15	00:08:33
30	232	Cindy Victoria Eriksen	30-39	IFE - ATOMEN BIL	00:26:18	00:08:36
31	110	Herborg Andrea Horvei	50-54		00:26:21	00:08:39
32	124	Maria Kristiansen	30-39	MSK KLINIKKEN AS	00:27:02	00:09:20
33	151	Siri K. Bakke	50-54	MOSS SKIKLUBB	00:27:29	00:09:47
34	154	Birgitte Wold Dahl	40-44	KONGSTEN IF	00:27:49	00:10:07
35	140	Karina Antonsen	40-44		00:27:55	00:10:13
36	167	Elsie Anette Thorkildsen	40-44	KVIK FREDRIKSTAD	00:28:01	00:10:19
37	246	Marita Granholt	30-39		00:28:03	00:10:21
38	112	Randi Ekeberg Bruun	30-39		00:28:29	00:10:47
39	113	Margrethe Bergaust	65-69	VELDRE FRIIDRETT	00:28:31	00:10:49
40	254	Ragnhild Hafstad	30-39	FIF	00:29:20	00:11:38
41	209	Kaja Berg	20-29		00:29:28	00:11:46
42	145	Line Andreassen	20-29		00:29:38	00:11:56
43	216	Kathrine Adele Magnussen	30-39		00:29:48	00:12:06
44	206	Annette Larsen	30-39		00:30:36	00:12:54
45	143	Anette Bossum	30-39		00:30:36	00:12:54
46	199	Karin Eriksen	45-49		00:31:15	00:13:33
47	146	Pernille Hox	12-16	FREDRIKSTAD BADMINTONKLUBB	00:31:58	00:14:16
48	147	Karianne Hox	30-39	KONGSTEN IF	00:32:00	00:14:18
49	265	Sissel Pedersen	30-39	BERGER SKILAG	00:32:15	00:14:33
50	195	Linn Holmeide	30-39		00:32:20	00:14:38
51	212	Tove Marthe Akselsen	30-39		00:32:20	00:14:38
52	247	Celine Schefte Martinsen	20-29		00:32:26	00:14:44
53	240	Venche Pettersen	45-49		00:32:39	00:14:57

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5km

Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
54	241	Line Hem	30-39		00:33:26	00:15:44
55	175	Anita Gretland Warenus	30-39		00:34:11	00:16:29
56	122	Trude Øiesvold	30-39		00:34:28	00:16:46
57	121	Merete Øiesvold	45-49		00:34:28	00:16:46

Antall: 57

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5km

Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	260	Tesana Dadafo Dhaqabi	20-29	SK. VIDAR	00:14:46	00:00:00
2	226	Gishe Abdi Wako	20-29	LILLEHAMMER	00:14:50	00:00:05
3	148	August Magnus Flø	17-19	FREDRIKSTAD IF	00:15:22	00:00:37
4	185	Einar Haakon Christian Rose	20-29	SK VIDAR	00:16:14	00:01:29
5	229	Tor Erik Heyerdahl Nyquist	45-49	VALDRES LANGLØPARLAG/ØSTRE	00:16:36	00:01:51
6	200	Håkon Raadal Bjørlo	17-19	HALDEN SKIKLUBB	00:16:41	00:01:56
7	117	Jørgen Amos Ruud	20-29	FIL BORG	00:16:47	00:02:02
8	192	Magne Rønningen	30-39	OSI FRIIDRETT	00:16:48	00:02:03
9	179	Rik Wemmenhove	30-39	OSI FRIIDRETT	00:16:48	00:02:03
10	237	Fredrik Sandvik	12-16	ASKIM IF	00:16:49	00:02:04
11	168	Simen Enger	20-29	OSI FRIIDRETT	00:16:50	00:02:05
12	201	Simon Bjørnholm	30-39	IL I BUL/JERKULES ATLETKLUBB	00:16:56	00:02:11
13	220	Emil Wiig	12-16	SKIMT	00:16:56	00:02:11
14	181	Bjørn Johannessen	40-44	HALDEN IL	00:16:58	00:02:13
15	132	Jon Ilseng	40-44	BØLER IF FRIIDRETT	00:17:04	00:02:19
16	182	Magnus Tuv Myhre	12-16	JEVNAKER	00:17:07	00:02:22
17	191	Øystein Rognes Solheim	40-44	STATNETT	00:17:08	00:02:23
18	250	øyvind Stokseth	40-44		00:17:09	00:02:24
19	228	Tor Omar Heyerdahl Nyquist	17-19	VALDRES LANGLØPARLAG/ØSTRE	00:17:14	00:02:29
20	238	Eldar Thomassen Fagerbakke	30-39	BØLER IF - FRIIDRETT	00:17:19	00:02:34
21	141	Per Kristian Julsrud	30-39	BDO ROMERIKE BIL/LØPSKLUBBEN	00:17:20	00:02:35
22	183	Per Øyvinn Andersen	40-44	IRON MAIDEN RUNNINGTEAM	00:17:23	00:02:38
23	263	Amund Korsæth	12-16	VARTEIG IL	00:17:28	00:02:43
24	186	Stig Rognes	30-39	SK VIDAR	00:17:32	00:02:47
25	210	Kim Olsen	30-39	FREDRIKSTAD IF	00:17:33	00:02:48
26	165	Sondre Skaug	20-29	FREDRIKSTAD IF	00:17:38	00:02:53
27	251	Sturla Throndsen	50-54	ULL / KISA	00:17:41	00:02:56
28	203	Torbjørn Høitomt	20-29	ÅS IDRETTSLAG	00:17:44	00:02:59
29	236	Marcus Wiik	12-16	ASKIM IF	00:17:47	00:03:02
30	245	Terje Kongsfjell	45-49	NOAH	00:17:51	00:03:06
31	231	Jørgen Stigen	12-16	FREDRIKSTAD SKIKLUBB	00:18:03	00:03:18
32	190	Lars Sverdrup-Thygeson	55-59	HØVIK IF/HØVIK JOGG	00:18:04	00:03:19
33	208	Øivind Skare	45-49	OSI	00:18:11	00:03:26
34	233	Jerker Nygren	30-39	JERKULES ATLETKLUBB	00:18:14	00:03:29
35	243	Morten Gammelsæter	45-49	OPPEGÅRD IL	00:18:18	00:03:33
36	162	Lasse Simonsen	17-19	FSK	00:18:20	00:03:35
37	218	Rune Eriksen	55-59	RYGGEJOGGEN	00:18:24	00:03:39
38	244	Iacob Mathiesen	45-49	BUL	00:18:27	00:03:42
39	177	Olav Høgset	45-49	HYTTEPLAN SPORT	00:18:28	00:03:43
40	242	Runar Sageng	30-39	NORRØNA STORKJØKKEN	00:18:30	00:03:45
41	230	Erik Stigen	12-16	FREDRIKSTAD SKIKLUBB	00:18:33	00:03:48
42	207	Knut Bjørn Stokke	45-49	ÅS IL	00:18:35	00:03:50
43	115	Knut Ansgar Brox	55-59	BUL	00:18:37	00:03:52
44	193	Arve Lid	45-49	TEAM FJELLUFT	00:18:40	00:03:55
45	160	Hassan Bouka	45-49	BUL IL	00:18:41	00:03:56
46	187	Arno De Jong	30-39		00:18:47	00:04:02
47	273	Anders Omholt-Jensen	20-29	IL BUL	00:19:00	00:04:15
48	204	Magnus Stenbrenden	30-39		00:19:01	00:04:16
49	225	Rune Langnes	40-44	FTBIL	00:19:04	00:04:19
50	270	Eivind Sennar	30-39		00:19:12	00:04:27
51	161	Sven Simonsen	50-54	FREDRIKSTAD IF	00:19:23	00:04:38
52	221	Rune Wiig	40-44	SKIMT	00:19:28	00:04:43
53	259	Mikkel Cornelius Sveen	20-29	ULLERN IF/FORSVARET	00:19:32	00:04:47

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Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
54	275	Herman Gløersen	12-16	FREDRIKSTAD SKIKLUBB	00:19:32	00:04:47
55	123	Jon Harald Carlsen	40-44		00:19:38	00:04:53
56	158	Per-Owe Monkvik	50-54		00:19:41	00:04:56
57	219	Aslak Sira Myhre	40-44	KANINBYEN IL	00:19:43	00:04:58
58	213	Mads Arnesen	12-16	FREDRIKSTAD SKIKLUBB	00:19:53	00:05:08
59	116	Helge Horn	60-64	SKI FRIDRETT	00:20:01	00:05:16
60	184	Claus Håvik	30-39	TRENINGSCAMP	00:20:09	00:05:24
61	107	Terje Hansen	55-59	FREDRIKSTAD IF	00:20:20	00:05:35
62	198	Magnus Sedeniussen	12-16	GJELLERÅSEN IF SKI	00:20:22	00:05:37
63	196	Sverre Sedeniussen	45-49	GJELLERÅSEN IF	00:20:23	00:05:38
64	272	Knut V Andersen	50-54	FIF	00:20:25	00:05:40
65	235	Asbjørn Olsen	60-64	BAMBLE IF	00:20:27	00:05:42
66	135	Espen Skaufel	30-39		00:20:31	00:05:46
67	258	Halvor Sveen	50-54	TEAM AKTIV	00:20:35	00:05:50
68	257	Maican Santo Angel	65-69		00:20:43	00:05:58
69	214	Erik Andreas Malm	50-54		00:20:43	00:05:58
70	120	Arne Iversen	50-54	ABB BIL	00:21:04	00:06:19
71	222	Lasse Tveit	40-44	HVALER IL	00:21:08	00:06:23
72	136	Anders Vegsgård	40-44	RØDSMYRA SKOLE	00:21:09	00:06:24
73	224	Kristian Kjørmo	20-29		00:21:30	00:06:45
74	271	Terje Rød	45-49	FREDRIKSTAD IF	00:21:30	00:06:45
75	102	Petter Kvamme Jensen	40-44		00:21:32	00:06:47
76	227	Håkon Olsen	50-54	FIF	00:21:36	00:06:51
77	253	Jan Sverdrup-Thygeson	50-54	FREDRIKSTAD SKIKLUBB	00:21:38	00:06:53
78	104	Jostein Ryan	30-39	FREDRIKSTAD IF	00:21:43	00:06:58
79	127	Murat Sertkaya	60-64	PRIVAT	00:22:05	00:07:20
80	194	Terje Lundberg	45-49	STABBURET BIL	00:22:13	00:07:28
81	164	Rino Skaug	45-49	GAARDS-SERVICE AS	00:22:21	00:07:36
82	262	Kim Haugen	30-39	BLODSMAK SK	00:22:25	00:07:40
83	223	Philip Drivenes	12-16	FREDRIKSTAD SKIKLUBB	00:22:34	00:07:49
84	234	Francisco Cardenas Larrubia	30-39		00:22:47	00:08:02
85	149	Ole Kristian Sørensen	20-29		00:22:50	00:08:05
86	176	Markus Olsvik Welinder	12-16	MOSS SKIKLUBB	00:23:11	00:08:26
87	173	Pål-Helge Nilssen	40-44	NORTHERN RUNNERS	00:23:14	00:08:29
88	153	Geir Kvalssvik	60-64	KRÅKERØY IL	00:23:27	00:08:42
89	169	Frode Alne Bolin	40-44	PRIVAT	00:23:29	00:08:44
90	171	Oddvar Røsten	55-59	SPKL RYE / - NEITILLISENS	00:23:35	00:08:50
91	103	Gard Arneson Haugen	40-44		00:23:38	00:08:53
92	133	Kjell Andre Holstad Aasheim	30-39	GYMBOX	00:23:40	00:08:55
93	205	Svend Aage Larsen	40-44		00:23:42	00:08:57
94	131	Ole Asbjørn Stokker	30-39	ASKO ØST	00:23:43	00:08:58
95	239	Roy Robertsen	40-44	FIF	00:23:43	00:08:58
96	217	Gøran Brattstrøm	65-69	ASKIM IF	00:23:44	00:08:59
97	108	Wieslaw Adamek	45-49		00:23:52	00:09:07
98	255	Jonas M. Hansen	30-39		00:23:54	00:09:09
99	155	Christoffer Lindstad	12-16	HAUKETO	00:24:56	00:10:11
100	252	Daniel Throndsen	17-19	KLØFTA IL	00:25:01	00:10:16
101	261	Kjetil Sverdrup-Thygeson	45-49		00:26:42	00:11:57
102	156	Per Kristian Topaas	40-44	VITALE	00:26:46	00:12:01
103	264	Roger Renberg	45-49		00:26:55	00:12:10
104	137	Per Øystein Vegsgård	45-49	SPAREBANK 1	00:27:07	00:12:22
105	111	Eddy Lyshaug	30-39		00:27:36	00:12:51
106	129	Hans Øverby	60-64	SFK LYN	00:28:38	00:13:53

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Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
107	138	Tor Wilhelm Vegsgård	70-74	RYGGEJOGGEN	00:31:10	00:16:25
108	172	Per-Olav Gretland	60-64		00:34:09	00:19:24

Antall: 108