

Horten Bike-park 2015

NC 8 Nordic Championship XCO (UCI, cat 1) 15. august

NC 9 XCO (UCI, cat 2) 16. august



Horten og Omegn Cykleklubb welcomes athletes, supporters, audience and representatives from the press to Norgescup and Nordic Championship Cross Country (XC).

Club website: www.hoc.no Facebook Horten Bike-Park: [here](#)

1. Organizing Committee.

Race Director:	Georg Askjer	georg@hoc.no
Course Director:	Jan Erik Engebretsen	terreng@hoc.no
Race Office/ timing:	Ståle Berg	Rittresultater.no
Sekretariat	Bibbi Stålstrøm	web@hoc.no
Press contact:	Edgar Aass	terreng@hoc.no
Arena manager:	Terje Nilsen	terreng@hoc.no
First Aid:	Horten Røde Kors	

2. Commissaires

PCP:	Hubert Emans, Nederland
Members of the panel:	Rune Antonsen, Fredrikstad SK
Members of the panel:	Leif Birger Kleppa, Sandnes SK
Members of the panel:	

3. Arena

Holtan Ungdomsskole. Address: Grønligata 23, 3188 Horten, Norway. Parking fee NOK 50 at designated parking places only, program included on first day of the event. Link to the map: [here](#)

4. Classes

Recruits 3-9 years old, active athletes M/W10-16, EM, JM, EW, JW, M/W Master.

Beyond what is stated in this invitation, the UCI rules for Cross Country, NCFs rules and the norm for NC Cross Country applies. All participating athletes must have a valid license and be dressed in approved clothing.

5. Race office and Team Managers Meeting

The race office is open at the arena on Friday 18:00-20:00 and on race day 08:00-15:00. The Team Managers Meeting is held on Saturday August 15 at 09:00 in Holtanhallen near the start/finish area.

6. Program 15 and 16 August, identical both days.

Rider categories	Start time	Track	Start loop 550 m	Track length in KM	Laps	KM total	Estimated winner time	Estimated finish time
No training in the track when the race is in progress, violations to this will result in DQS.								
Team manager meeting	09:00	Saturday, for both days.						
M/W 10	09:30	Green	No	0,9	3	3,25	00:09	09:40
Rekrutter 8-9	09:38	Green	No	0,9	2	2,35	00:08	09:47
Rekrutter 6-7	09:40	Green	No	0,9	1	1,45	00:05	09:48
Podium green course kl 11:05.								
M 11-12	10:00	Blue	No	2,4	2	4,8	00:24	10:24
W 13-14	10:03	Blue	No	2,4	2	4,8	00:24	10:27
W 11-12	10:05	Blue	No	2,4	1	2,4	00:13	10:18
Minirekrutter	10:45	Pink	No	0,4	1	0,4	00:05	10:50
Podium blue and pink course kl 12:00. Training in red track from 10:20 from the start of the course and direction.								
EM	11:00	Red	Yes	4,2	6	25,75	01:31	12:31
JM	11:05	Red	Yes	4,2	4	17,35	01:04	12:09
Podium EM,JM kl 13:00								
EW	12:30	Red	No	4,2	5	21,00	01:32	14:02
JW	12:32	Red	No	4,2	3	12,60	01:01	13:33
W 15-16	12:35	Red	No	4,2	2	8,40	00:47	13:22
W- Master 30-39	12:35	Red	No	4,2	3	12,60	01:24	14:01
W- Master 40-44 og 45-49	12:35	Red	No	4,2	3	12,60	01:24	14:01
W- Master 50-54 og 55-59	12:35	Red	No	4,2	3	12,60	01:24	14:01
W- Master 60+	12:35	Red	No	4,2	3	12,60	01:30	14:07
Podium EW, JW kl 14:20. W-master og W15-16 kl 15:00								
M- Master 30-39	12:37	Red	No	4,2	4	16,80	01:14	13:51
M-Master 40-44 og 45-49	12:37	Red	No	4,2	4	16,80	01:16	13:53
M-Master 50-54 og 55-59	12:37	Red	No	4,2	4	16,80	01:24	14:01
M-Master 60+	12:37	Red	No	4,2	3	12,60	01:18	13:55
Podium M-master kl 16:30								

M 15-16	14:00	Red	No	4,2	3	12,60	00:51	14:51
M 13-14	14:05	Red	No	4,2	2	8,40	00:38	14:43
Podium M 15-16, M 13-14 kl 15:30.								





Foto: Tor Høgås

7. Registration/ Registration fees

Registration 15.08.15: [here](#)

Registration 16.08.15: [here](#)

Registration deadline Monday, August 10 23:59. Registration after the deadline is not possible for NC, UCI. It is possible to register in other classes at double the registration fee on race day up to one hour before start in the relevant class. This applies to both days.

Class	Registration until Monday, August 10 23:59.	Latest registration Friday, August 14 at 21:00
K/W 6-9	NOK 50	NOK 100
Age groups(10-16 år)	NOK 160	NOK 320
EM,JM,EW,JW	NOK 260	Not possible
M/W Master	NOK260	NOK 520

8. Timing / Sign-in

Quick Timing disposable chip will be used. The chip is attached on the back of the race number.

Mandatory sign-in must be done by all riders before start. Race number and chip is checked at the sign-in. It is the riders' responsibility to do the sign-in before start.

9. License

All riders older than 12 years must have a valid license. Riders 12 years and younger are insured through the NIF barneidressforsikring (NIF child insurance). License must be presented when race numbers are collected at the secretary.

One time license can be purchased at the race office. NB!! Participants in NC and Master classes must have a valid all-year license. For riders in the age 13 to 16 the one time license is NOK 50 per race (one race per day). More information is available on the NCF website (<http://www.sykling.no>).

10. Prizes

Prizes are awarded to all riders in classes 12 years and younger. In all other classes, 1-3 will receive a prize.

11. Showers/Dressing Rooms and Bikewash

Showers/Dressing rooms are in Holtanhallen next to the start/finish area.

Bikewash is located by the entrance to Holtanhallen.

12. Race number

The race numbers must not be modified without explicit approval from a UCI commissaire and for safety reasons only. No sponsor logos or race numbers must be affected and the race numbers must remain clear and distinct.

13. Kiosk

Food and drinks will be sold in the kiosk next to the start /finish area.

Menu: Food, water, soft drinks and fruit.

14. Security

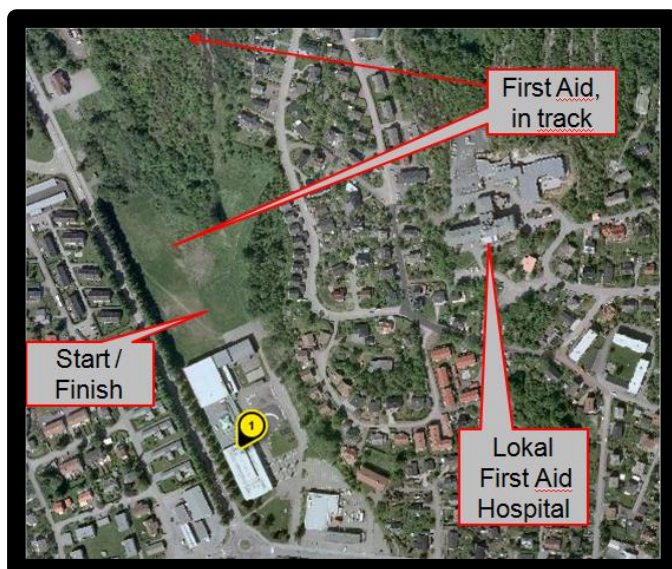
Riders must report accidents to the nearest guard. Røde Kors (The Red Cross) and medical personnel are at the arena during the races, and will assist whenever needed.

When riders choose not to complete the race he or she must report to a commissaire or marshal at the finish as soon as possible.

17 km to the regional hospital in the nearest town of Tønsberg: <http://goo.gl/maps/kC1W6>

Sykehuset i Vestfold HF 33 34 20 00, Halfdan Wilhelmsens allé 17, 3116 Tønsberg

. **First Aid Horten**: 33 08 70 00, Harald Pedersens gate 9, Horten .



15. Technical Assistance / Feed Zone

This is a marked area at start/finish. See map of the arena. This is a double FTAZ so assistance and feeding can be done in both directions in the same area.

16. Training on the track

The athletes are not allowed to ride on the track while there is a race in progress, including children/youth classes. Violations to this will result in disqualification.

The track is marked from Thursday, August 13, and can be used for training. All training is done at the riders own risk. Be careful. There are no marshals or medical personnel available during the training

17. Race rules

Race rules according to NCF rules and regulations. Approved helmet is mandatory. All participants ride at their own risk and must comply with the organizers instructions.

18. Anti-doping

NC is a "clean sporting event". Anti-doping Norge (The Norwegian anti-doping foundation) will carry out unannounced doping tests on all NCF-registered races. The organizer will support Anti-doping Norge at their request. All riders and team managers must act in accordance with instructions given by Anti-doping Norge's representatives.

19. Accommodation

You will find suitable accommodation [here](#).

20. Results

Results will be available at the arena, and live results will be available from www.hoc.no. The final results will be published on the same site after the race.

21. Map of the arena, tracks and elevation profile.



Elevation Gain:	149 m
Elevation Loss:	149 m



Vestfold
Liftutleie AS



TOYOTA

HORTEN

A graphic of a globe with a black silhouette of a cyclist riding a road bike. The globe is blue and white, with the cyclist in black.

Norges største
sykkelbutikk på nett!

✓ **PRISLØFTE**

✓ Samme pris
nett og butikk

