

Plass	Løper	#	Totalt	Løp 1	Løp 2
G 8 år					
1	Kristian Kirkeng, ROS, IL		09:34,0	04:59,1-61	04:35,7-128
2	Sturla Engevik, Drammen Strong		12:16,0	06:38,1-64	05:38,4-130
3	Christian Hoen, Eiker-Kvikk, IF		12:23,0	06:05,2-63	06:18,7-129
4	Ole Håkon Ryen, Nesbyen IL		13:35,0	06:57,4-58	06:37,6-131
5	Eirik Brattabø, Kvam Langrenn- og		16:55,0	08:14,0-59	08:41,8-134
6	Benjamin Flaata, Sprangereid IL		17:14,0	07:49,6-56	09:25,0-133
	Kristian Andenæs Axelsen,		07:03,0	07:03,1-62	
	Abraham Refsnes, Osterøy IL		08:33,0		08:33,6-171
	Erlend Juven, Nesbyen IL		00:00,0	DNS	

G 9 år					
1	Erik Espeli, Geilo IL		08:42,0	04:36,2-45	04:05,9-101
2	Tord Torsteinsrud, Fjellet IL		08:50,0	04:38,9-46	04:11,5-102
3	Oskar Revelj, Geilo IL		09:04,0	04:49,1-52	04:15,2-103
4	Brage Bakken, Haugsbygd IF		09:13,0	05:01,1-44	04:12,0-104
5	Simen Fossesholm, Vestfossen IF		09:24,0	05:09,2-49	04:14,9-105
6	Tage arekol, Vindafjord IL		10:56,0	05:39,8-53	05:16,5-106
7	Torjus Flatin, Krødsherad IL		10:57,0	06:18,3-51	04:38,7-109
8	Sondre Brattabø, Kvam Langrenn-		10:59,0	06:00,5-48	04:59,3-108
9	Christian Bardølsgård Kronstad,		12:40,0	06:46,0-43	05:54,1-110
	Torjus Arnegard, Fjellet IL		05:40,0	05:40,6-47	
	Eskil Herheim, Geilo IL		00:00,0	DNS	

G 10 år					
1	Christopher Hoen, Eiker-Kvikk, IF		08:25,0	04:28,7-36	03:57,1-79
2	Christoffer Widding, Heming, IL - Ski		08:37,0	04:34,8-32	04:02,8-80
3	Eirik Tronsli, Lier IL		08:41,0	04:36,5-37	04:05,1-81
4	Ole Dokken Skrivervik, Røa IL		08:50,0	04:39,3-35	04:10,8-82
5	Mikkel Nilsen, Øvrevoll Hosle IL		09:02,0	04:49,2-31	04:13,2-83
6	Håkon Haug Grønnerød, Fjellet IL		11:17,0	06:00,2-33	05:17,7-85
7	Lavrans Ullern, Holmen IF		11:49,0	06:27,6-34	05:21,4-86
	Sivert Berg, Eiker-Kvikk, IF		04:02,0		04:02,7-88
	Vegard Helleland Haugo, Nesbyen		05:48,0	05:48,0-38	
	Oscar Vølstad Johansen, Øvrevoll		00:00,0	DNS	

G 11 år					
1	Per Ingvar Tollehaug, Vestfossen IF		12:18,0	06:35,2-2	05:43,1-1
2	Mathias Laukli, Konnerud IL		12:30,0	06:33,8-1	05:56,9-2
3	Sondre Bøygard, Konnerud IL		12:57,0	06:55,1-3	06:02,7-3
4	gustav Moe, Lyn		13:19,0	07:05,6-4	06:14,3-5
5	Eivind Fossen Utby, Konnerud IL		13:30,0	07:16,9-6	06:13,6-4
6	Henrik Honerud Olsen, Mjøndalen IF		13:37,0	07:12,4-5	06:24,8-6
7	Vegard Holm Johannesen, IL		13:52,0	07:27,2-7	06:25,0-7
8	Mathias Schelbred-Eriksen, Viking,		14:18,0	07:38,6-9	06:39,8-8
9	Sander Stensrud Tyribakken,		14:32,0	07:36,7-8	06:55,5-9
10	Jøran Granum Slevikmoen,		15:15,0	08:14,1-10	07:01,2-10
11	Oliver Madsen, Fana IL		17:52,0	09:37,9-11	08:14,6-11
	Tobias Allers-Hansen, Fana IL		09:55,0	09:55,1-12	
	Bastian Herland, Hemsedal IL		00:00,0	DNS	

Plass	Løper	Totalt	Løp 1	Løp 2
	Vette Lysaker Norbom, Konnerud IL	00:00,0	DNS	
	Sivert Juven, Nesbyen IL	00:00,0	DNS	

G 12 år

			-	
1	Herman Liverud Knudsen,	12:05,0	06:30,0-1	05:35,3-1
2	Felix Tobiasson Reinemo,	12:22,0	06:40,8-2	05:41,4-2
3	Felix Moe, Heming, IL - Ski	12:49,0	06:51,8-4	05:57,4-4
4	Halvor Nordhagen, Bromma IL	12:49,0	06:59,0-6	05:50,5-3
5	Yoonis Ibsen-Børnick, Geilo IL	13:05,0	06:54,5-5	06:10,6-5
6	Sindre Økern, Frogner IL	13:59,0	07:37,8-9	06:21,4-6
7	Peder Feten, Fjellet IL	14:14,0	07:37,4-8	06:36,6-7
8	Mats Dugstad, IL Bevern	14:51,0	07:46,3-10	07:05,1-9
9	Sigbjørn Flatin, Krødsherad IL	15:03,0	08:23,0-13	06:40,5-8
10	Peter Walløe, Fana IL	16:43,0	08:53,2-14	07:50,0-10
	Begard Arstad, Ås IL	06:42,0	06:42,7-3	
	Georg Moe, Lyn	07:02,0	07:02,5-7	
	Halvor Rudningen, Hemsedal IL	07:46,0	07:46,5-11	
	Tobias Slaatto, Geilo IL	07:59,0	07:59,5-12	
	Markus Sellevoll, Oppegård IL	1:50:12,0	1:50:12,6-15	
	Nikolai Bardølsgård Kronstad, Geilo	00:00,0	DNS	

G 13 år

			-	
1	Christian Hartz Melling,	17:09,0	08:56,9-1	08:12,5-2
2	Martin Kirkeberg Mørk, Drammens	17:09,0	08:57,2-2	08:12,3-1
3	Lars Agnar Hjelmeset, Gjelleråsen	17:55,0	09:27,1-3	08:28,6-6
4	Erik Stavås Skistad, Konnerud IL	18:06,0	09:40,1-4	08:26,8-4
5	Kasper Herland, Hemsedal IL	18:12,0	09:52,7-7	08:20,1-3
6	Kristian Berg, Eiker-Kvik, IF	18:17,0	09:49,3-5	08:28,2-5
7	Tobias O Hellerud, Vestfossen IF	18:23,0	09:52,0-6	08:31,4-7
8	Anders Tandberg Fåsen,	18:57,0	09:58,4-8	08:59,1-12
9	Torjus Refsnes, Osterøy IL	19:03,0	10:07,9-10	08:55,9-10
10	Elias Mostraum, Osterøy IL	19:06,0	10:07,1-9	08:59,4-13
11	Sindre Lysaker Norbom, Konnerud	19:07,0	10:11,3-12	08:55,8-9
12	Jonatan Gjerstad Skjerping,	19:15,0	10:18,4-13	08:56,9-11
13	Henrik Andersen Kolsrud,	19:15,0	10:11,2-11	09:04,4-14
14	Brynjar Heggelund Grave, Seljord IL	19:51,0	10:42,6-14	09:09,0-15
15	Fredrik Sydtshaw, Konnerud IL	19:53,0	11:07,1-17	08:46,7-8
16	Martin Kjenaas, Svane IL	20:29,0	11:20,3-18	09:09,2-16
17	Joakim Skadal, Oseberg Skilag	20:57,0	10:51,5-15	10:05,6-18
18	Sindre Fosse Nilsen, Konnerud IL	21:11,0	10:51,9-16	10:19,7-19
19	Ole Feten, Fjellet IL	21:43,0	11:40,7-19	10:02,7-17
20	Erlend Flaatt, Sprangereid IL	28:00,0	15:29,5-20	12:30,9-20
	Rasmus August Schiellerup, Geilo	00:00,0	DNS	DNS

G 14 år

			-	
1	Adrian O Hellerud, Eiker-Kvik, IF	16:24,0	08:38,9-1	07:45,2-3
2	Kristian Kammerud, Haugsbygd IF	16:24,0	08:39,7-3	07:44,7-2
3	Fredrik Grønlund, Haugsbygd IF	16:37,0	08:56,1-5	07:41,6-1
4	Andreas Tronsli, Lier IL	16:44,0	08:39,6-2	08:05,0-6
5	Andreas Kirkeng, ROS, IL	16:49,0	08:40,1-4	08:09,7-8
6	Martin Lien, Simostranda IL	17:10,0	09:09,8-7	08:01,1-4
7	Sjur Lien Sagabråten, Nesbyen IL	17:25,0	09:06,2-6	08:19,4-9
8	Sindre Hydle, Viljar, IL	17:28,0	09:19,0-8	08:09,2-7

Plass	Løper	Totalt	Løp 1	Løp 2
9	Jeppe Nilsen, Fossum IF	17:31,0	09:27,6-12	08:03,6-5
10	Samuel Haugeto, Ringkollen SK	17:43,0	09:23,3-10	08:20,2-10
11	Wilhelm Moe, Heming, IL - Ski	17:57,0	09:23,9-11	08:33,1-11
12	Andreas Aas-Jakobsen, Heming,	18:44,0	09:20,3-9	09:23,7-12
13	Torjus Ullern, Holmen IF	22:51,0	11:41,7-13	11:09,8-13
	Nikolai Nordhaug, Konnerud IL	00:00,0	DNS	
	William Martinius Akselsen,	00:00,0	DNS	
	Eirik Dugstad, IL Bevern	00:00,0	DNS	DNS

G 15 år

				-
1	Filip Fjeld Andersen, Geilo IL	23:26,0	12:05,9-1	11:20,9-2
2	Emil Sørgård, Ringkollen SK	23:28,0	12:13,8-2	11:15,1-1
3	Kristian Mikkelsplass, Bromma IL	24:50,0	12:59,8-3	11:50,9-5
4	Bjørnar Stensrud Tyribakken,	24:59,0	13:24,9-7	11:35,0-3
5	Kristen Mikkelsplass, Bromma IL	25:00,0	13:00,3-4	12:00,0-7
6	Jens Christian Grymyr, ROS, IL	25:18,0	13:39,0-9	11:39,0-4
7	Olav Engen, Ringkollen SK	25:26,0	13:27,0-8	11:59,2-6
8	August Sandnes, Fana IL	25:57,0	13:18,8-5	12:39,1-11
9	Alexander Engebretsen, Drammen	26:06,0	13:23,1-6	12:43,8-12
10	Tore Akerlie, Voss IL	26:25,0	14:02,2-12	12:23,4-8
11	Eivind Røe Gullingsrud, Nesbyen IL	26:39,0	14:02,1-11	12:37,5-10
12	Eirik Aasbrein, Vargar IL	27:01,0	14:30,1-13	12:30,9-9
13	Ørjan Bråten Lie, Nesbyen IL	27:01,0	13:57,9-10	13:03,3-13
14	Magnus Austgulen Hestnes,	27:43,0	14:31,5-14	13:12,0-14
15	Gard Reier Groven, Drammen	28:25,0	14:44,9-15	13:40,4-15
16	Anders Mjelde, Osterøy IL	29:03,0	15:17,2-16	13:46,6-16
	Andres Rudningen, Hemsedal IL	15:57,0	15:57,8-17	
	Sondre Juven, Nesbyen IL	00:00,0	DNS	
	Olav Østerbø Jansen, Voss IL	00:00,0	DNS	

G 16 år

				-
1	Magnus Bøe, Fossum IF	22:43,0	11:54,4-1	10:49,3-1
2	Fredrik Bucher-Johannessen,	23:05,0	12:03,5-2	11:01,9-4
3	Mathias Skrede, Geilo IL	23:14,0	12:19,9-5	10:54,8-2
4	Jørgen Lippert, Trøsken IL	23:15,0	12:10,0-4	11:05,5-5
5	Emil Intelhus Brøto, Gol IL	23:16,0	12:20,0-6	10:56,2-3
6	Ole Marius Kirkeng, ROS, IL	23:51,0	12:06,9-3	11:44,1-9
7	Øystein Markegård, Geilo IL	24:16,0	12:58,0-9	11:18,1-6
8	Kasper R Komnæs, Fana IL	24:18,0	12:45,4-8	11:32,9-8
9	Sevat Mestvedthagen, Hemsedal IL	24:20,0	13:00,5-10	11:19,5-7
10	Ole Haldor Ensrud, Trøsken IL	24:26,0	12:39,6-7	11:46,9-10
11	Ole Kristian Lae, Mjøndalen IF	25:42,0	13:25,7-11	12:16,8-11
12	Fredrik Aasen Strømsnes, Lier IL	26:10,0	13:47,9-12	12:22,2-12
13	Magnus Gytte Lund, Viking, TIF	26:50,0	14:11,3-13	12:38,7-13
14	Håvard Landro Svingheim,	27:47,0	14:28,6-14	13:18,4-14

M 17 år

				-
1	Sigurd Rønning, Vikersund IF - Ski	47:10,0	25:09,0-4	22:01,8-1
2	Gaute Eriksen, ROS, IL	47:19,0	24:45,8-1	22:33,9-2
3	Aleksander Fjeld Andersen, Geilo IL	47:40,0	24:52,1-2	22:48,6-3
4	Brage Reier Groven, Drammen	47:41,0	24:52,4-3	22:49,5-4
5	Emil Wiik, ROS, IL	49:19,0	25:58,3-6	23:20,7-6
6	Vette Ulrichsen Flaget, Hemsedal IL	49:23,0	26:14,8-9	23:08,4-5

Plass	Løper	Totalt	Løp 1	Løp 2
7	Bendik Skjønberg Holth,	50:21,0	26:14,6-8	24:07,2-8
8	Henrik Austgulen Hestnes,	50:25,0	25:44,1-5	24:41,6-9
9	Sebastian Haugeto, Ringkollen SK	51:20,0	26:02,3-7	25:17,7-12
10	Knut Skrindo, Gol IL	51:53,0	28:03,3-10	23:50,5-7
11	Eirik Teien, Sande Sportsklubb	53:39,0	28:35,1-11	25:04,3-10
12	Snorre Ødegaard, Konnerud IL	1:01:56,0	34:24,7-12	27:32,1-14
	Håkon Fesaker, Lyn	25:09,0		25:09,7-11
	Herman Melmen, Lyn	25:22,0		25:22,5-13

M 18 år

1	Ola Jordheim, Hemsedal IL	46:41,0	24:30,6-1	22:10,6-1
2	Kristoffer Bryhn, ROS, IL	48:04,0	25:08,8-2	22:55,3-2
3	Jakob Mestvedthagen, Hemsedal IL	49:44,0	25:38,2-3	24:06,5-3
	Trym Halbjørhus Fikke, Hemsedal IL	00:00,0	DNS	
	John Magnus Haugen, Hommelvik IL	00:00,0	DNS	

M 19/20 år

1	Chrisander Skjønberg Holth,	46:49,0	24:19,2-1	22:30,6-1
2	Jørgen J Borgersen, Hokksund IL	48:00,0	25:02,2-2	22:58,4-2
3	Martin Kristiansen, ROS, IL	48:32,0	25:19,1-3	23:13,4-3
4	Marcus Fjeldheim, Konnerud IL	49:55,0	25:43,9-4	24:11,1-6
5	Øyvind Brakvatne Mjelde, Osterøy	49:59,0	25:45,9-6	24:13,8-7
6	Ola Fjelltun Stensvand, ROS, IL	50:03,0	26:33,3-7	23:30,4-4
7	Henrik Teien, Sande Sportsklubb	51:18,0	27:37,4-8	23:41,0-5
8	Henrik Aslesen, Fet SK	57:07,0	30:45,2-9	26:22,0-8
	Jens Bredde Vig, Drammen Strong	25:45,0	25:45,6-5	
	Magnus-Johan Færø,	00:00,0	DNF	

Menn senior

1	Geir Moe, Lyn	55:25,0	28:27,2-1	26:58,6-1
	Bjørn Sættnan, IL Skrim	00:00,0	DNS	
	Simen Bratberg Ramstad, Vind IL	00:00,0	DNS	

J 9 år

1	Ane Kjenaas, Svene IL	10:55,0	05:50,9-17	05:04,2-39
2	Guri Feten, Fjellet IL	10:55,0	05:45,0-13	05:10,6-38
3	Maria Tormodsgard Dokken, Svene	10:57,0	05:54,0-15	05:03,8-40
4	Fia Solhaug Junger, Geilo IL	12:43,0	06:36,4-19	06:07,3-41
5	Mari Olava Ryen, Nesbyen IL	15:18,0	07:22,2-18	07:56,3-42
	Maren Milla Tobiasson Reinemo,	05:08,0	05:08,5-14	DNF
	Lina Bastiani Gjesdal, Haslum IL	06:29,0	DNS	06:29,0-43

J 8 år

1	Guro Molde Lappegard, Fjellet IL	12:45,0	06:54,5-23	05:51,4-56
2	Vilde Sæta Johnsen, Krødsherad IL	14:10,0	07:03,1-22	07:07,3-57
3	Guro Espeli, Geilo IL	14:41,0	07:40,4-25	07:01,0-58
4	Natashe Madelene Kolbotn, Skrim	20:22,0	08:43,9-27	11:38,5-59
5	Kristina Flaas, Sprangereid IL	28:41,0	12:43,4-26	15:58,0-60
	Christina Mortensen, Lommedalens	07:09,0	DNS	07:09,3-61

J 10 år

1	An-Magritt Rønning, Vikersund IF -	08:37,0	04:33,6-2	04:03,4-10
2	Marie Mostraum, Osterøy IL	09:26,0	05:10,0-1	04:16,8-12

Plass	Løper	Totalt	Løp 1	Løp 2
3	Marteh Johanne Hjelmeset,	09:36,0	04:58,3-10	04:37,8-11
4	Andrea Hagen Hallingstad, Gol IL	10:03,0	05:45,9-7	04:17,3-14
5	Tonje Tveito, Ål IL	10:12,0	05:46,6-9	04:25,8-15
6	Josephine Marie Skistad	11:46,0	06:16,7-5	05:30,2-16
7	Frida Sofie Grimsrud, Geilo IL	12:02,0	06:31,2-3	05:31,4-17
8	Kristiane Refsnes, Osterøy IL	13:18,0	06:41,3-8	06:37,1-18
	Signe rivedal Hjelden, Hemsedal IL	04:47,0		04:47,8-208
	Lisa Tandberg Fåsen, Vestfossen	05:35,0	05:35,2-4	DNS
	Helene Vølstad Johansen, Øvrevoll	06:13,0	DNS	06:13,9-19

J 11 år

				-
1	Synne Herheim, Geilo IL	13:01,0	07:13,7-2	05:48,2-1
2	Anna Espeli, Geilo IL	13:02,0	07:13,6-1	05:49,1-2
3	Ida Molde Lappegård, Fjellet IL	13:44,0	07:35,3-3	06:08,7-3
4	Gro Torsteinsrud, Fjellet IL	14:15,0	07:47,3-4	06:28,3-4
5	Marie Molde Lappegård, Fjellet IL	15:18,0	08:06,8-5	07:11,8-5
6	Aurora Aarekol, Vindafjord IL	16:09,0	08:41,7-6	07:28,2-7
7	Ingrid Brattabø, Kvam Langrenn-	16:19,0	08:53,9-10	07:25,4-6
8	Konstanse Moholth, IL Bevern	16:20,0	08:49,7-8	07:30,7-8
9	Thea Mortensen, Lommedalens IL	16:22,0	08:44,2-7	07:38,3-9
10	Synne Sæta Johnsen, Krødsherad	16:33,0	08:53,2-9	07:40,3-10

J 12 år

				-
1	Emma Kirkeberg Mørk, Drammens	12:00,0	06:21,6-1	05:39,2-1
2	Maria Hartz Melling, Glassverket IF	12:18,0	06:28,7-2	05:50,1-2
3	Tuva Rønning, Vikersund IF - Ski	12:27,0	06:32,9-3	05:54,7-3
4	Sigrid Haug Grønnerød, Fjellet IL	13:30,0	07:19,1-4	06:11,4-4
5	Hermine Widding, Heming, IL - Ski	13:52,0	07:30,0-5	06:22,0-6
6	Maria Hydle, Viljar, IL	13:58,0	07:39,1-6	06:19,7-5
	Fanny Sandnes, Fana IL	07:44,0	07:44,3-7	
	Alvilde Lysaker Sanden, Hokksund	08:10,0	08:10,5-8	
	Marte Mikkelsplass, Bromma IL	00:00,0	DNS	

J 13 år

				-
1	Helene Marie Fossesholm,	18:28,0	09:56,2-1	08:32,5-1
2	Mari Torsteinsrud, Fjellet IL	19:27,0	10:31,4-4	08:56,1-3
3	Margrethe Bergane, Glassverket IF	19:35,0	10:26,0-3	09:09,1-6
4	Frida Tormodsgard Dokken, Svene	19:43,0	10:39,0-7	09:04,3-4
5	Ragnhild Aarekol, Vindafjord IL	19:46,0	11:03,2-9	08:43,3-2
6	Emma Aasen Strømsnes, Lier IL	19:57,0	10:50,1-8	09:07,8-5
7	Mari Landro Svingheim, Konnerud	20:00,0	10:14,1-2	09:45,9-9
8	Silje Holm Johannesen, IL Bevern	20:23,0	10:32,6-5	09:51,1-11
9	Vilde Kverndal Veslegard, Fjellet IL	20:45,0	11:16,1-11	09:29,5-7
10	Elin Mikkelsplass, Bromma IL	21:23,0	11:32,7-13	09:50,6-10
11	Miriam Ulrichsen Flaget, Hemsedal	21:23,0	11:42,3-15	09:41,3-8
12	Silje Morlandstø, Hokksund IL	21:25,0	11:10,3-10	10:15,6-13
13	Tomine Lysaker Sanden, Hokksund	21:27,0	11:25,1-12	10:02,1-12
14	Julie Henriette Arnesen, Konnerud	22:07,0	11:40,6-14	10:27,1-14
15	Christine Hoen, Eiker-Kvik, IF	23:13,0	12:33,0-17	10:40,1-15
16	Carolina Hernandez Vråle,	23:15,0	12:03,2-16	11:12,5-16
	Vera Flatland, Heddal IL	10:34,0	10:34,3-6	
	Julie Elisabeth Åbyholm, Fossum IF	00:00,0	DNS	

Plass	Løper	Totalt	Løp 1	Løp 2
J 14 år				
1	Åsne Skrede, Geilo IL	17:30,0	09:32,1-1	07:58,3-1
2	Marie Laukli, Konnerud IL	18:25,0	09:56,9-2	08:28,1-2
3	Hanna Nordbom Killingstad,	18:58,0	10:07,3-3	08:51,5-3
	Guri Sollien Hulbak, Hemsedal IL	10:32,0	10:32,5-4	
	Rikke Wiik, ROS, IL	00:00,0	DNS	
J 15 år				
1	Kristine Stavås Skistad, Konnerud	26:34,0	13:48,5-1	12:46,1-1
2	Emma Skjoldli, Bulken IL	27:05,0	14:18,7-2	12:47,0-2
3	Ragnhild Rønning, Vikersund IF -	27:39,0	14:24,2-3	13:15,5-3
4	Solveig Hernandez Vråle,	28:25,0	14:27,8-4	13:57,4-4
5	Maren Søberg Korgerud,	29:20,0	15:21,1-5	13:59,3-6
6	Aurora Moholth, IL Bevern	29:34,0	15:35,6-6	13:58,4-5
7	Betine Bakken, Ringkollen SK	30:19,0	15:48,1-7	14:31,5-7
8	Julie Bodahl, Mjøndalen IF	32:22,0	16:09,4-8	16:12,7-8
	Vilde Hagen Friis, Ål IL	16:23,0	16:23,6-9	
	Sigrid Bredde Vig, Drammen Strong	00:00,0	DNS	
J 16 år				
1	Tiril Liverud Knudsen, Konnerud IL	27:24,0	14:40,6-1	12:43,4-1
2	Amalie Honerud Olsen, Mjøndalen IF	28:54,0	14:50,9-2	14:03,6-2
3	Line Dugstad, IL Bevern	29:44,0	15:38,5-4	14:06,0-3
4	Elise Ullern, IL Jardar	35:18,0	18:58,6-5	16:19,5-4
	Vilde Flatland, Heddal IL	15:25,0	15:25,9-3	
K 17 år				
1	Karoline Simpson-Larsen, Vargar IL	27:13,0	14:29,2-1	12:44,6-1
2	Siri Moholth, IL Bevern	31:03,0	17:04,3-3	13:59,0-2
3	Anna Marie Weel, Konnerud IL	31:06,0	16:31,7-2	14:34,8-3
	Sunniva Sausjord, Eldar IL	00:00,0	DNS	
K 18 år				
1	Guro Jordheim, Hemsedal IL	27:31,0	14:53,2-2	12:38,2-1
2	Julie Synnøve Ensrud, Trøsken IL	27:58,0	14:28,6-1	13:29,8-2
3	Marie Klægstad Moen, Konnerud IL	30:17,0	15:37,9-3	14:39,1-3
K 19/20 år				
1	Elise Røer Drabløs, Nesodden IF -	26:40,0	13:51,6-1	12:49,1-1
2	Caroline Madsen, Konnerud IL	27:46,0	14:29,3-2	13:16,7-2
3	Oda Nerdrum, Ringkollen SK	28:43,0	14:53,1-3	13:49,9-4
4	Marte Skaug, Stokke IL	29:01,0	15:12,1-4	13:49,4-3