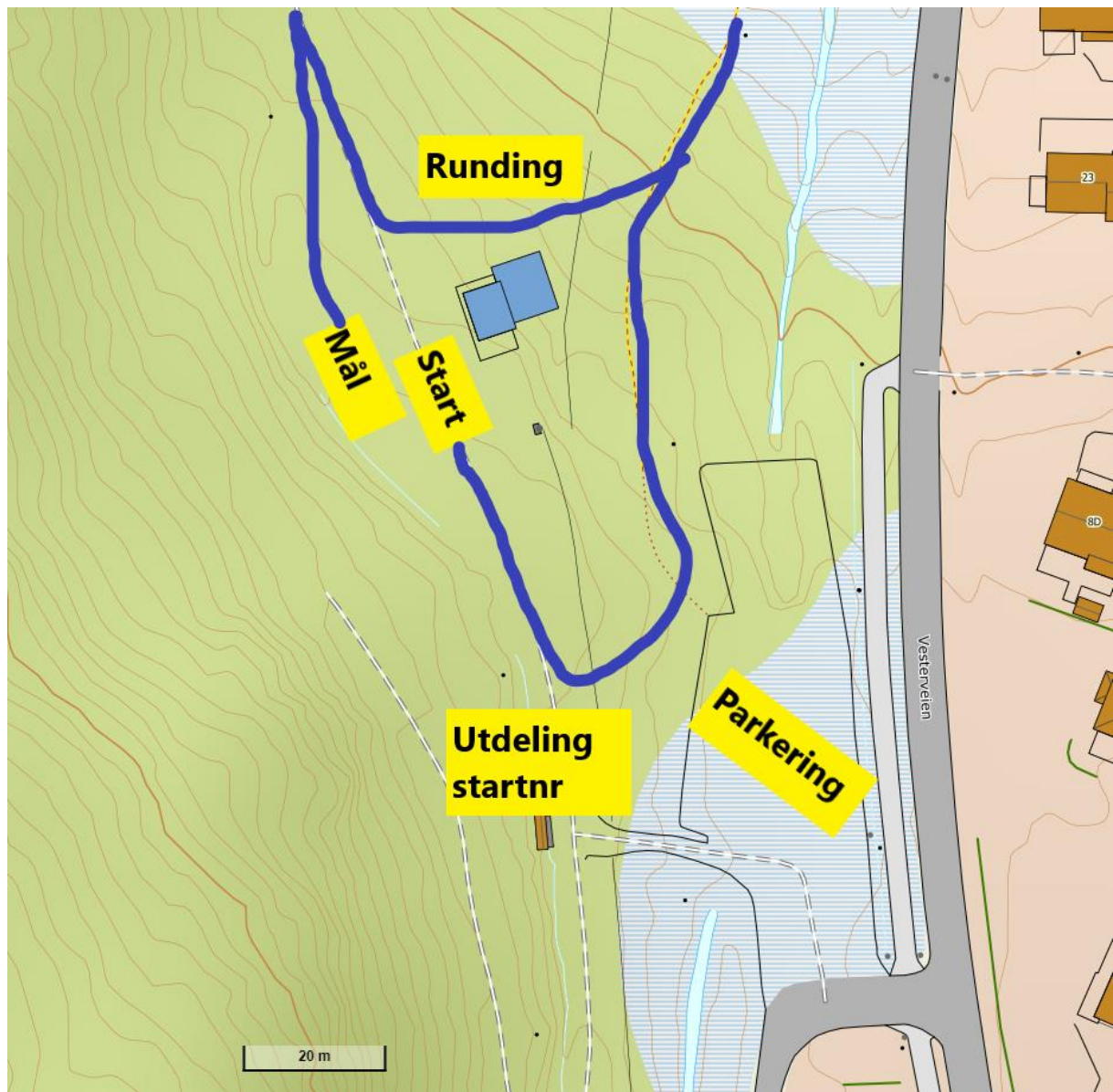
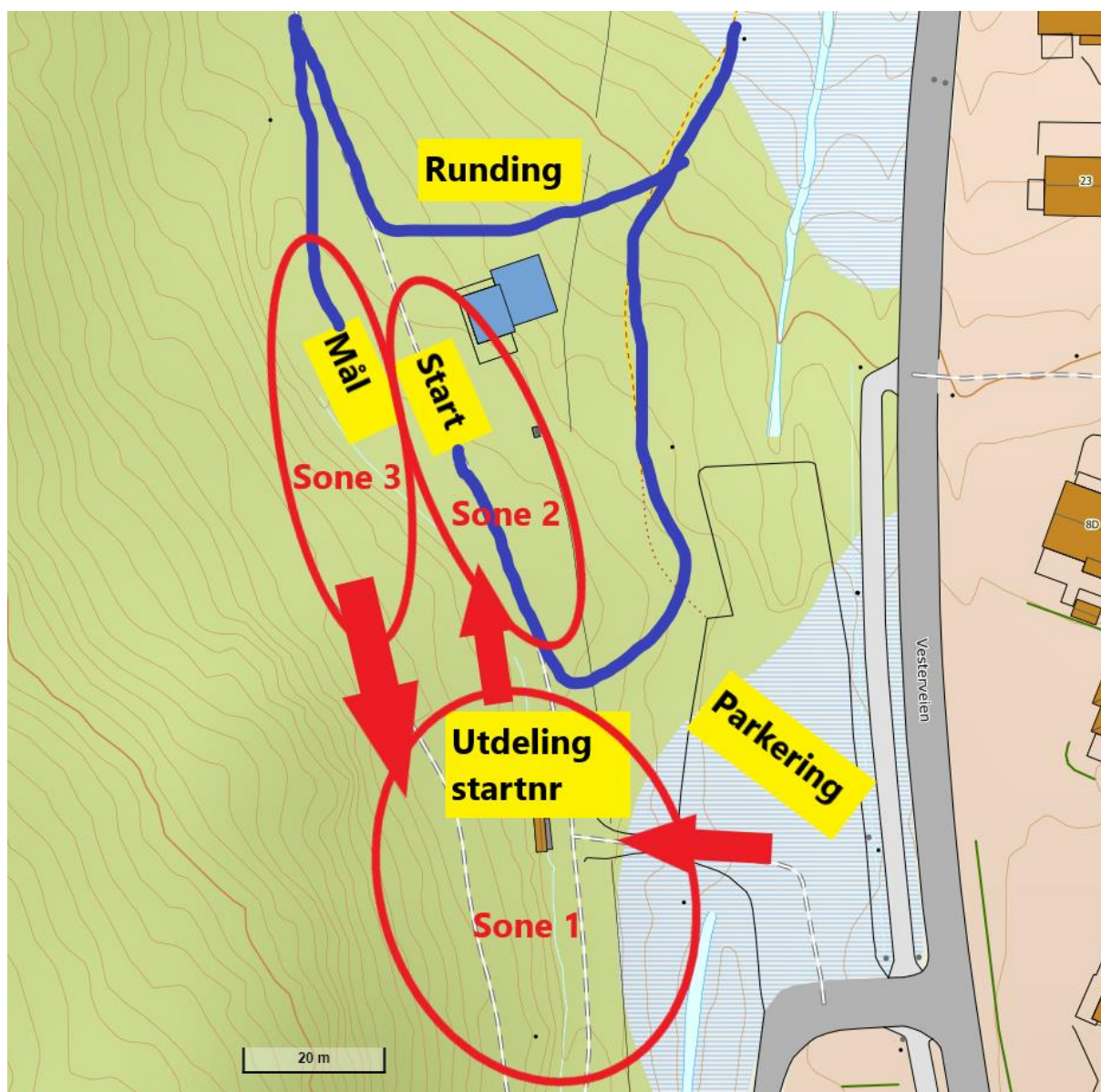


Arenakart:



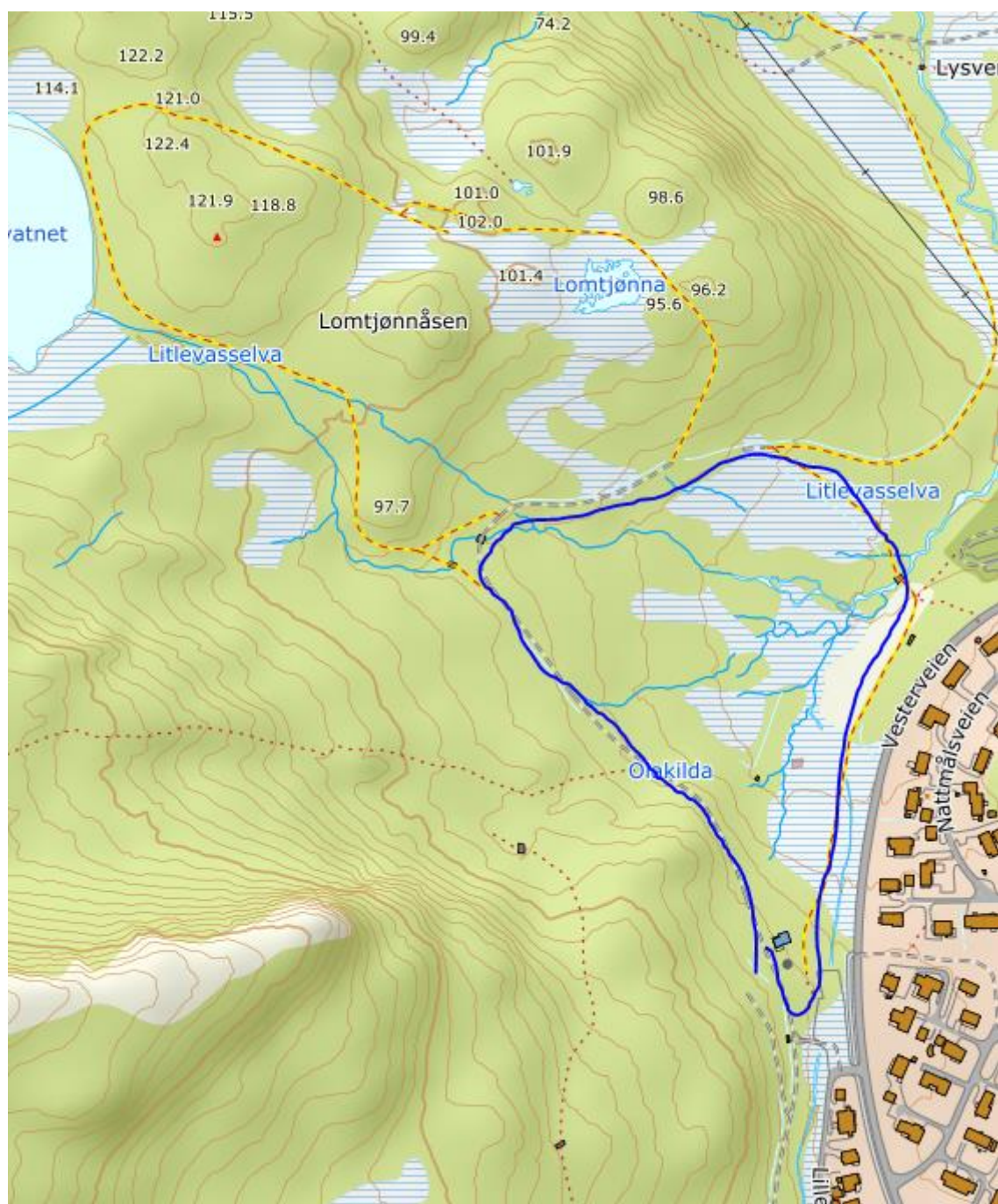
Soner Arrangementsmanual/ Smittevernplan:



Klasser og løyper:

G/J 8 – 10 år	Fristil 1 km	(1 x 1 km)
G/J 11 - 12 år	Fristil 2 km	(2 x 1 km)
G/J 13 - 14 år	Fristil 3 km	(1 x 2,5 km)
G/J 15 - 16 år	Fristil 5 km	(2 x 2,5 km)
K 17/K18	Fristil 5 km	(2 x 2,5 km)
K19-20/K Sen	Fristil 5 km	(2 x 2,5 km)
M17-20/Menn senior	Fristil 10 km	(4 x 2,5 km)

Løypekart 1 km:



Løypekart 2,5 km:

