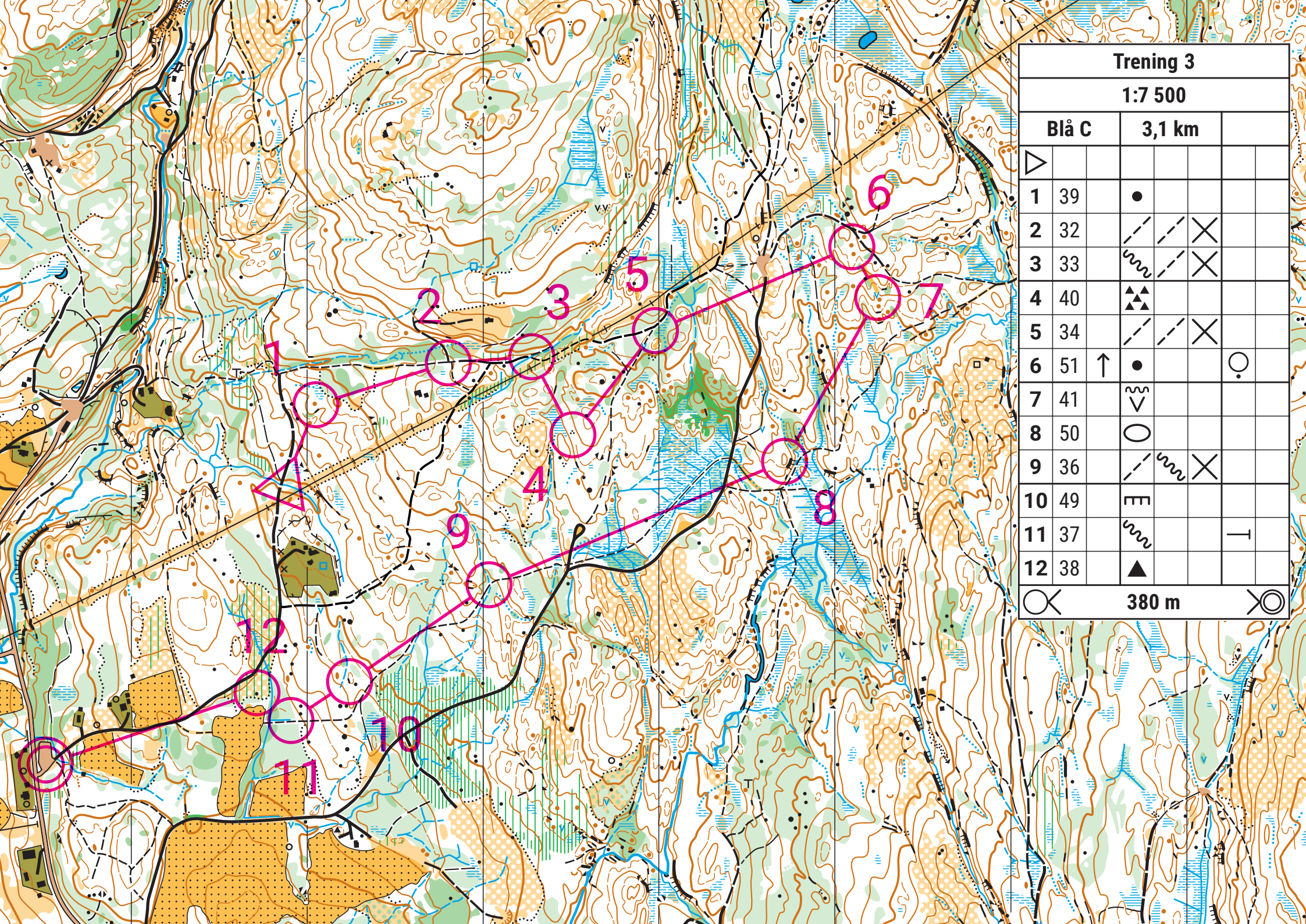




Trening 3									
1:7 500									
Blå C		3,1 km							
▷									
1	39		●						
2	32		↗	↘	×				
3	33		⋈	↘	×				
4	40		▲						
5	34		↗	↘	×				
6	51	↑	●			○			
7	41		∇						
8	50		○						
9	36		↗	⋈	×				
10	49		⊞						
11	37		⋈			└			
12	38		▲						
⊗		380 m			⊗				