

BD SIZE GUIDE

SIZE GUIDE MEN

BODY MEASUREMENTS

AB Mens sizing (CM)						
Alpha	XS	S	M	L	XL	XXL
A: Height	164-170	170-176	176-180	180-185	185-191	191-197
B: Chest	85-91	91-97	97-103	103-109	109-115	115-121
C: Waist	73-79	79-85	85-91	91-97	97-103	103-109
D: Hip	85-91	91-97	97-103	103-109	109-115	115-121
E: Sleeve length	62-64	64-66	66-67,5	67,5-69	69-71	71-73
F: Inseam	78-80	80-82	82-84	84-86,5	86-89,5	89,5-92,5

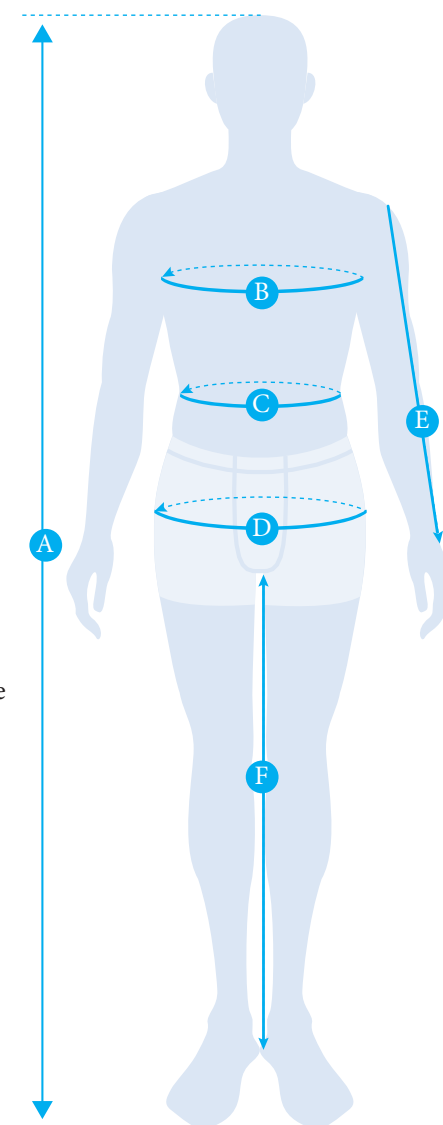
AB Mens sizing (INCH)						
Alpha	XS	S	M	L	XL	XXL
A: Height	64,6-66,9	66,9-69,3	69,3-70,6	70,6-72,8	72,8-75,2	75,2-77,6
B: Chest	33,5-35,8	35,8-38,2	38,2-40,6	40,6-42,9	42,9-45,3	45,3-47,6
C: Waist	28,7-31,1	31,1-33,5	33,5-35,8	35,8-38,2	38,2-40,6	40,6-42,9
D: Hip	33,5-35,8	35,8-38,5	38,5-40,6	40,6-42,9	42,9-45,3	45,3-47,6
E: Sleeve length	24,4-25,2	25,2-26	26-26,6	26,6-27,2	27,2-28	28-28,7
F: Inseam	30,7-31,5	31,5-32,3	32,3-33,1	33,1-33,9	33,9-35,2	35,2-36,4

HOW TO MEASURE

MEASURE YOURSELF

Compare your bust, waist, hip and inseam measurements with our body measurement chart to help you determine what size to buy.

- A** Height: Place feet together flat on the floor, measure from the top of head to the ground without shoes
- B** Chest: Measure around your chest, under the armpits
- C** Waist: Measure around the narrowest part of the waist
- D** Hip: Measure around your hip over the widest part
- E** Sleeve Length: Measure from shoulder point down to the wrist
- F** Inseam: Measure your leg from height of crotch down to the bottom



SIZE GUIDE WOMEN

BODY MEASUREMENTS

AB Womens sizing (CM)					
Alpha	XS	S	M	L	XL
Numeric	34-36	36-38	38-40	40-42	42-44
A: Height	153-159	159-165	165-171	171-177	177-183
B: Chest	77-83	83-89	89-95	95-101	101-107
C: Waist	61-67	67-73	73-79	79-85	85-91
D: Hip	85-91	91-97	97-103	103-109	109-115
E: Sleeve length	59.5-61	61-62	62-64	64-66	66-68
F: Inseam	73-75	75-77	77-80	80-83	83-86

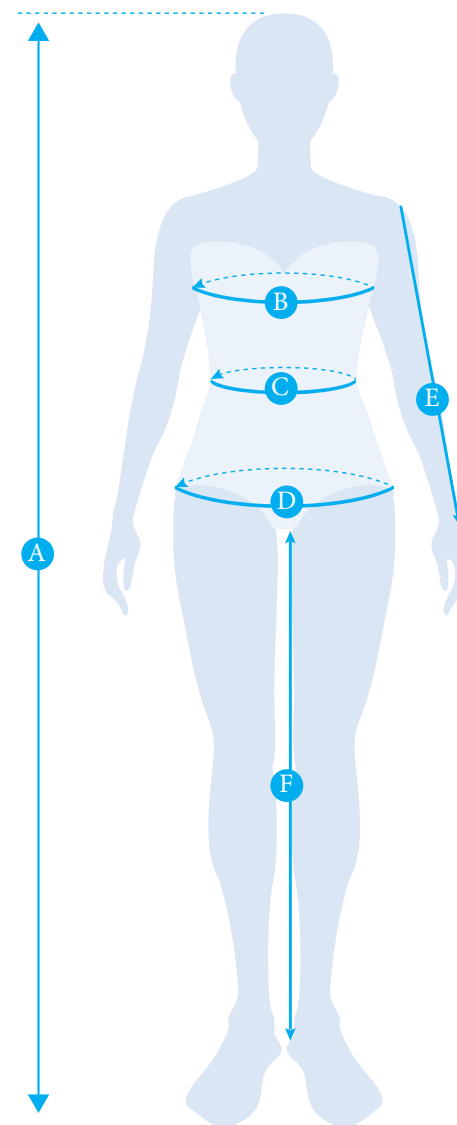
AB Womens sizing (INCH)					
Alpha	XS	S	M	L	XL
Numeric	34-36	36-38	38-40	40-42	42-44
A: Height	60,2-62,6	62,6- 65	65-67,3	67,3-69,7	69,7-72
B: Chest	30,3-32,7	32,7-35	35-37,4	37,4-39,8	39,8-42,1
C: Waist	24-26,4	26,4-28,7	28,7-31,1	31,1-33,5	33,5-35,8
D: Hip	33,5-35,8	35,8-38,2	38,2-40,6	40,6-42,9	42,9-45,3
E: Sleeve length	23,4-24	24-24,4	24,4-25,2	25,5-26	26-26,8
F: Inseam	28,7-29,5	29,5-30,3	30,3-31,5	31,5-32,7	32,7-33,9

HOW TO MEASURE

MEASURE YOURSELF

Compare your bust, waist, hip and inseam measurements with our Size Chart to help you determine what size to buy.

- A** Height: Place feet together flat on the floor, measure from the top of head to the ground without shoes
- B** Chest: Measure around your chest, under the armpits
- C** Waist: Measure around the narrowest part of the waist
- D** Hip: Measure around your hip over the widest part
- E** Sleeve Length: Measure from shoulder point down to the wrist
- F** Inseam: Measure your leg from height of crotch down to the bottom



SIZE GUIDE JUNIOR

BODY MEASUREMENTS

AB Junior sizing (CM)					
	116	128	140	152	164
A: Height	110-122	122-134	134-146	146-158	158-170
B: Chest	56-60	60-65	65-70	70-77	77-83
C: Waist	54-56	56-58	58-62	62-67	67-72
D: Hip	60.5-65.5	65.5-71	71-77	77-84	84-91
E: Sleeve Length	41-45	45-49	49-53	53-58	58-62
F: Inseam	49-55.5	55.5-62.5	62.5-69	69-73	73-76

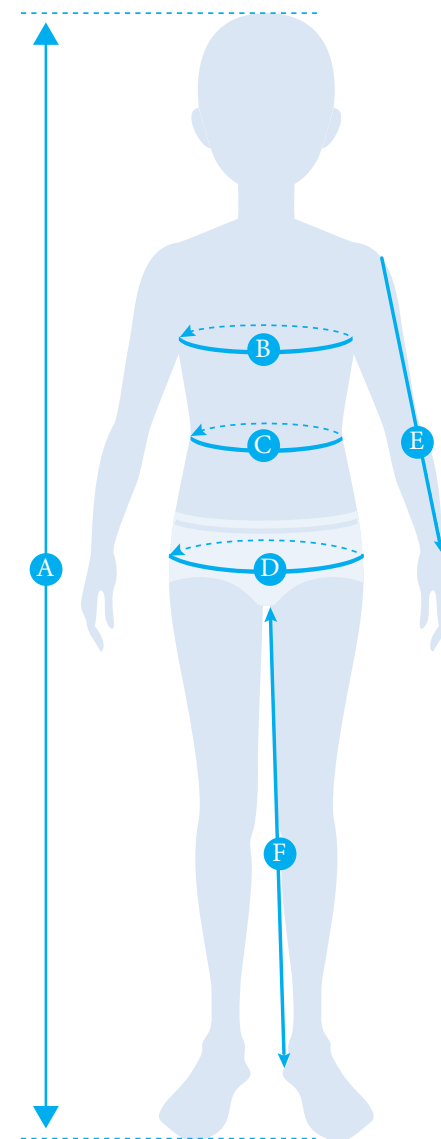
AB Junior sizing (INCH)					
	116	128	140	152	164
A: Height	43,31-48,03	48,03-52,76	52,76-57,48	57,48-62,20	62,20-66,93
B: Chest	22-23,6	23,6-25,6	25,6-27,6	27,6-30,3	30,3-32,7
C: Waist	21,3-22	22-22,8	22,8-24,4	24,4-26,4	26,4-28,3
D: Hip	23,8-25,80	25,8-28,0	28-30,4	30,4-33,1	33,1-35,8
E: Sleeve Length	16,1-17,7	17,7-19,3	19,3-20,9	20,9-22,8	22,8-24,4
F: Inseam	19,3-21,9	21,9-24,6	24,6-27,2	27,2-28,7	28,7-29,9

HOW TO MEASURE

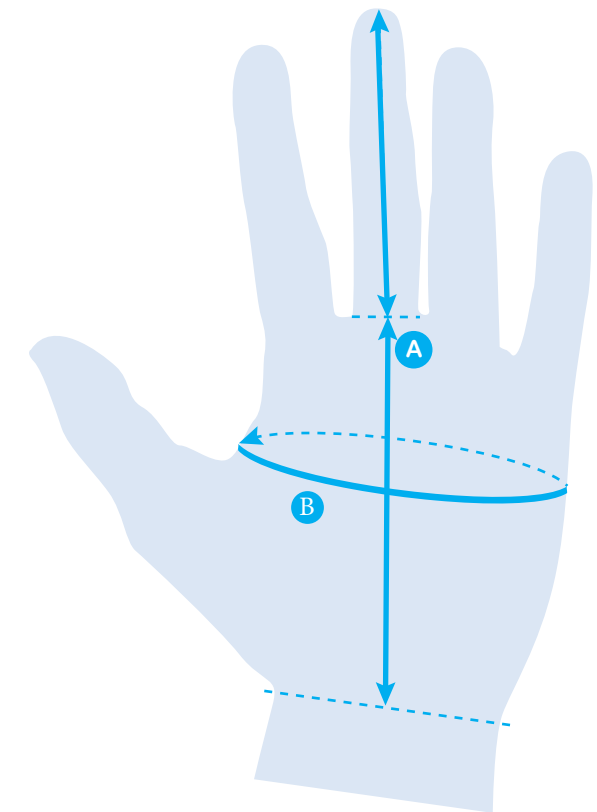
MEASURING

Compare the bust, waist, hip and inseam measurements with our body measurement chart to help you determine what size to buy.

- A** Height: Place feet together flat on the floor, measure from the top of head to the ground without shoes
- B** Chest: Measure around your chest, under the armpits
- C** Waist: Measure around the narrowest part of the waist
- D** Hip: Measure around your hip over the widest part
- E** Sleeve Length: Measure from shoulder point down to the wrist
- F** Inseam: Measure your leg from height of crotch down to the bottom



DÆHLIE						
Men /unisex	XS: 6	S: 7	M: 8	L: 9	XL: 10	XXL: 11
Total Palm and middle finger length	18-19	19-20	20-21	21-22	22-23	23+
Palm Circumference	18-19,5	19,5-20,5	21-22	22-23	23-24	24+
Woman	XXS: 5	XS: 6	S: 7	M: 8		
Total Palm and middle finger length	17-18,5	18,5-19,5	19,5-20	20-21		
Palm Circumference	17-18	18-19	19-20	20-21		
JR	S/8 yrs: 5	M/10 yrs: 6	L/12 yrs: 7			
Total Palm and middle finger length	17-18	18-19	19-20			
Palm Circumference	16-17	17-18	18-19			



A Length: Measure the distance between the tip of the middle finger and the wrist.

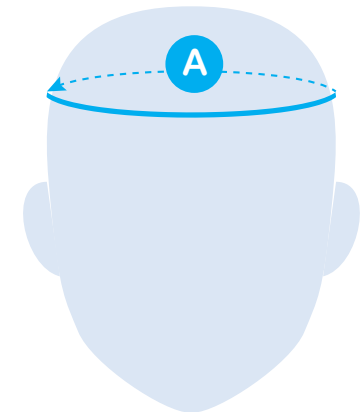
B Circumference: Measure the circumference of your palm at its widest point

Unisex Head measurement (54-60CM)

UNISEX Head Measurement (CM)	
Alpha	OZ
A: Total Head Circumference	54-60

AB How to measure

Circumference: Measure the circumference around the widest part from forehead to back of head

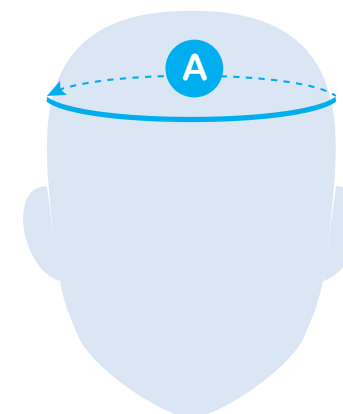


Unisex Head measurement - Kids / Junior sizes (49-55CM)

Kids/Junior Head Measurement (CM)	
Alpha	OZ
A: Total Head Circumference	49-55

AB How to measure

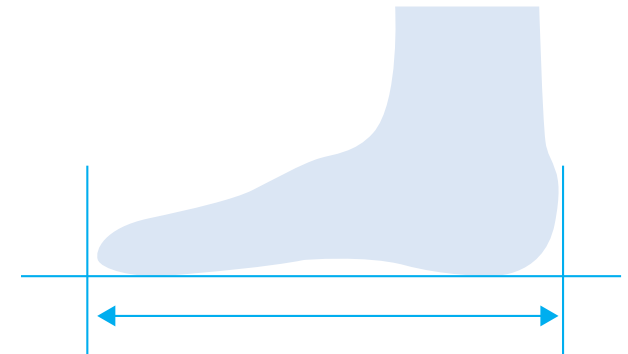
Circumference: Measure the circumference around the widest part from forehead to back of head



AB SOCK SIZE GUIDELINES		
EU shoe size	Foot length CM	Foot lenght inch
22-25	12-14	4,7-5,5
26-29	14,5-17,5	5,7-6,8
30-33	18-20,5	7-8
31-33	19-20,5	7,4-8
34-36	21-22,5	8,2-8,8
35-37	21,5-23	8,5-9,1
36-38	22-23,5	8,7-9,3
37-39	23,5-25	9,2-9,8
38-40	24-25,5	9,3-10
39-41	25-26	9,8-10,2
40-42	25,5-26,5	10-10,4
41-43	26-27,5	10,2-10,8
43-45	27,5-29	10,8-11,4
44-46	28-29,5	11,0-11,6

AB How to measure

Foot lenght is horizontal distance between perpindiculars in contact with the end of the most prominent toe and the most prominent part of the heel, measured with the subject standing barefoot and the weight of the body equally distributed on both feet



BD SOCK SIZE GUIDELINES		
EU shoe size	Foot length CM	Foot lenght inch
31-33	19-20,5	7,4-8
34-36	21-22,5	8,2-8,8
37-39	23,5-25	9,2-9,8
40-42	25,5-26,5	10-10,4
43-45	27,5-29	10,8-11,4

AB How to measure

Foot lenght is horizontal distance between perpindiculars in contact with the end of the most prominent toe and the most prominent part of the heel, measured with the subject standing barefoot and the weight of the body equally distributed on both feet

