

# Markakarusellen 3 km (andre) vår 2026

Spiraltoppen

6/16/2026

## 3 km vår 26 (andre)

| Rank | Bib | Name                     | Nat | Club                                  | Category | Time     | After   |
|------|-----|--------------------------|-----|---------------------------------------|----------|----------|---------|
| 1    | 61  | Vegard Myklemyr          | NOR | Bromma IL                             | M80      | 11:48    | 0:00    |
| 2    | 59  | Morten Langfeldt Friberg | NOR | Drammen                               | M35-39   | 12:38    | 0:50    |
| 3    | 69  | Isak Teien               | NOR | Lier                                  | M18-19   | 13:22    | 1:34    |
| 4    | 60  | Bjørn Staavi             | NOR | Drammen                               | M50-54   | 14:01    | 2:13    |
| 5    | 1   | Lars Einar Teien         | NOR | Lier                                  | M18-19   | 14:08    | 2:20    |
| 6    | 72  | Frank Nyberg             | NOR |                                       | M14-15   | 14:18    | 2:30    |
| 7    | 34  | Jon Raaholt              | NOR | Jana                                  | M60-64   | 14:21    | 2:33    |
| 8    | 48  | Felix Nyberg             | NOR | Drammen                               | M45-49   | 14:21    | 2:33    |
| 9    | 15  | Øystein Rognebakke       | NOR | Sturla Orientering                    | M50-54   | 14:28    | 2:40    |
| 10   | 38  | Siri Ulrikke Høye        | NOR | Drammen                               | K45-49   | 14:30    | 2:43    |
| 11   | 30  | Edvard Adamsen           | NOR | Drammen Roklubb                       | M12-13   | 15:09    | 3:21    |
| 12   | 20  | Preben Jansholt          | NOR | Drammen                               | M40-44   | 15:12    | 3:24    |
| 13   | 58  | Øystein Geitz            | NOR | Lørdagskameratene                     | M65-69   | 15:19    | 3:31    |
| 14   | 47  | Håkon Ruud Svenningsen   | NOR | Drammen Roklubb                       | M12-13   | 15:30    | 3:42    |
| 15   | 55  | Svend Eidsten            | NOR | Sturla                                | M55-59   | 16:04    | 4:16    |
| 16   | 36  | Espen Bævre              | NOR | Veien Tilbake                         | M45-49   | 16:06    | 4:18    |
| 17   | 66  | Ole Johan Kvan           | NOR | Sturla IF                             | M60-64   | 16:24    | 4:36    |
| 18   | 6   | Edward Kierulf           | NOR |                                       | M12-13   | 16:37    | 4:49    |
| 19   | 71  | Ane Norheim              | NOR | Gullaug                               | K55-59   | 16:41    | 4:53    |
| 20   | 22  | Bjørn Inge Berg          | NOR | Veien Tilbake                         | M40-44   | 17:00    | 5:12    |
| 21   | 77  | Isak Koløen Hamre        | NOR |                                       | M12-13   | 17:22    | 5:34    |
| 22   | 78  | Hanna Koløen Hammre      | NOR |                                       | K12-13   | 17:22    | 5:34    |
| 23   | 75  | Ingrid Marie Eidsen Dahl | NOR |                                       | K12-13   | 17:26    | 5:38    |
| 24   | 44  | Morten Gundro Adamsen    | NOR | Drammen Roklubb                       | M45-49   | 17:27    | 5:39    |
| 25   | 53  | Kjetil Eide              | NOR | Korten                                | M60-64   | 17:32    | 5:44    |
| 26   | 27  | Trond Tvedt              | NOR | Lørdagskameratene                     | M65-69   | 17:41    | 5:53    |
| 27   | 51  | Therese Lunde Edvardsen  | NOR | Veien Tilbake                         | K45-49   | 17:57    | 6:09    |
| 28   | 65  | Tommy Ranum              | NOR | Drammen                               | M45-49   | 19:02    | 7:14    |
| 29   | 37  | Elin Adamsen             | NOR |                                       | K45-49   | 19:46    | 7:58    |
| 30   | 64  | Trond Egil Hammer        | NOR | Drammen                               | M40-44   | 20:02    | 8:14    |
| 31   | 57  | Roar Holter              | NOR | Drangedal Idrettslag / Drammen Strong | M15-19   | 20:44    | 8:56    |
| 32   | 7   | Frode Sæbønes            | NOR | Veien Tilbake                         | M45-49   | 21:53    | 10:05   |
| 33   | 56  | Marianne Winnes          | NOR |                                       | K40-44   | 22:57    | 11:09   |
| 34   | 68  | Anders Thorne Narverud   | NOR | Drammen                               | M35-39   | 25:15    | 13:27   |
| 35   | 23  | Erik Rømcke              | NOR |                                       | M80      | 30:01    | 18:14   |
| 36   | 40  | Urd Vindenes             | NOR | Drammen                               | K35-39   | 45:15    | 33:27   |
| 37   | 45  | Eirik Liland             | NOR | Aass Bryggeri                         | M60-64   | 58:24    | 46:36   |
| 38   | 52  | Mette Bogen              | NOR | Sturla                                | K60-64   | 1:08:49  | 57:01   |
| 39   | 70  | Jo Norheim Høverstad     | NOR | Sturla IF                             | M20-24   | 1:13:46  | 1:01:58 |
| 40   | 62  | Ole Myklemyr             | NOR | Krokstadelva                          | M55-59   | 1:23:02  | 1:11:14 |
| 41   | 76  | Anne Stine Dahl          | NOR |                                       | K45-49   | 1:41:13  | 1:29:25 |
|      | 5   | Jesper Adamsen           | NOR | Drammen Strong                        | M0-11    | COMPLETE | D       |
|      | 9   | Johan Adamsen            | NOR | Drammen Strong                        | M0-11    | COMPLETE | D       |
|      | 63  | Otilie Hammer            | NOR | Drammen                               | K0-11    | COMPLETE | D       |
|      | 67  | Arthur Thorne Narverud   | NOR | Drammen                               | M0-11    | COMPLETE | D       |
|      | 73  | Astrid Neuhaus Vindenes  | NOR |                                       | K0-11    | COMPLETE | D       |

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|      | 74  | Eivor Neuhaus Vindenes  | NOR |                     | K0-11    | COMPLETE | D     |
|      | 46  | Oliver Steiner Carlsson | NOR | Solberg Sportsklubb | M0-11    | COMPLETE | D     |
|      | 54  | Øyvind Schou            | NOR | Drammen             | M45-49   | DNF      |       |
|      | 16  | Espen Amundsen          | NOR | Krokstadelva        | M30-34   | DNS      |       |