

A

1. Erik Feyling Haare	55:06	2:20-2	2:15-2	6:11-1	1:47-4	8:38-2	4:59-1	4:28-1	2:57-2	2:05-3	6:40-1	6:49-1	1:58-2	2:20-1	1:07-1	0:32-1
		0:13	0:05	0:00	0:27	0:47	0:00	0:00	0:46	0:15	0:00	0:00	0:05	0:00	0:00	0:00
		2:20-2	4:35-2	10:46-1	12:33-1	21:11-1	26:10-1	30:38-1	33:35-1	35:40-1	42:20-1	49:09-1	51:07-1	53:27-1	54:34-1	55:06-1
		0:13	0:18	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
2. Martin Østberg	63:08	2:07-1	2:10-1	8:53-4	1:20-1	7:51-1	5:31-2	5:24-4	3:10-4	1:50-1	8:06-3	6:49-1	1:53-1	6:12-5	1:15-2	0:37-2
		0:00	0:00	2:42	0:00	0:00	0:32	0:56	0:59	0:00	1:26	0:00	0:00	3:52	0:08	0:05
		2:07-1	4:17-1	13:10-3	14:30-3	22:21-2	27:52-2	33:16-2	36:26-2	38:16-2	46:22-2	53:11-2	55:04-2	61:16-2	62:31-2	63:08-2
		0:00	0:00	2:24	1:57	1:10	1:42	2:38	2:51	2:36	4:02	4:02	3:57	7:49	7:57	8:02
3. Pål Skogedal	66:19	2:55-5	2:45-4	8:20-3	1:37-3	8:53-3	7:16-3	5:09-2	2:11-1	2:04-2	8:45-4	7:56-3	2:31-4	3:17-2	1:44-5	0:56-5
		0:48	0:35	2:09	0:17	1:02	2:17	0:41	0:00	0:14	2:05	1:07	0:38	0:57	0:37	0:24
		2:55-5	5:40-5	14:00-4	15:37-4	24:30-4	31:46-4	36:55-4	39:06-3	41:10-3	49:55-3	57:51-3	60:22-3	63:39-3	65:23-3	66:19-3
		0:48	1:23	3:14	3:04	3:19	5:36	6:17	5:31	5:30	7:35	8:42	9:15	10:12	10:49	11:13
4. Erik Spangberg	70:24	2:20-2	2:26-3	7:33-2	1:27-2	10:18-4	7:30-4	5:12-3	3:45-5	2:20-5	9:02-5	8:00-4	2:25-3	6:05-4	1:21-3	0:40-3
		0:13	0:16	1:22	0:07	2:27	2:31	0:44	1:34	0:30	2:22	1:11	0:32	3:45	0:14	0:08
		2:20-2	4:46-3	12:19-2	13:46-2	24:04-3	31:34-3	36:46-3	40:31-4	42:51-4	51:53-4	59:53-4	62:18-4	68:23-4	69:44-4	70:24-4
		0:13	0:29	1:33	1:13	2:53	5:24	6:08	6:56	7:11	9:33	10:44	11:11	14:56	15:10	15:18
5. Egil Furua	79:48	2:26-4	2:50-5	8:59-5	2:14-5	11:06-5	13:25-5	8:35-5	3:05-3	2:05-3	7:16-2	8:59-5	2:38-5	3:58-3	1:29-4	0:43-4
		0:19	0:40	2:48	0:54	3:15	8:26	4:07	0:54	0:15	0:36	2:10	0:45	1:38	0:22	0:11
		2:26-4	5:16-4	14:15-5	16:29-5	27:35-5	41:00-5	49:35-5	52:40-5	54:45-5	62:01-5	71:00-5	73:38-5	77:36-5	79:05-5	79:48-5
		0:19	0:59	3:29	3:56	6:24	14:50	18:57	19:05	19:05	19:41	21:51	22:31	24:09	24:31	24:42
Kristian Berg	RUN															

D50-59

1. Veslemøy Solberg	38:48	4:39-1	5:36-1	12:21-1	3:00-1	6:34-1	3:35-1	2:08-1	0:55-1
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
		4:39-1	10:15-1	22:36-1	25:36-1	32:10-1	35:45-1	37:53-1	38:48-1
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
2. Åse Voldsbekk	64:18	6:43-2	9:54-2	19:49-2	5:26-2	12:11-2	6:15-2	2:54-2	1:06-2
		2:04	4:18	7:28	2:26	5:37	2:40	0:46	0:11
		6:43-2	16:37-2	36:26-2	41:52-2	54:03-2	60:18-2	63:12-2	64:18-2
		2:04	6:22	13:50	16:16	21:53	24:33	25:19	25:30
Trine Marit Justad Raaen	DSQ	4:02	5:04	9:51	2:23	24:03	3:55	1:38	0:57
		4:02	9:06	18:57	21:20	45:23	49:18	50:56	51:53
		103	105	109	107	116	118	119	100

D60

1. Kari Lyngbakken	48:18	5:32-3	8:04-3	14:31-2	4:04-3	8:05-1	4:51-3	2:18-2	0:53-3
		0:42	1:53	1:20	0:43	0:00	0:47	0:07	0:09
		5:32-3	13:36-3	28:07-2	32:11-2	40:16-1	45:07-1	47:25-1	48:18-1
		0:42	2:35	3:55	4:38	0:00	0:00	0:00	0:00
2. Marianne Spanli	49:39	4:50-1	6:11-1	13:11-1	3:21-1	15:03-3	4:04-1	2:11-1	0:48-2
		0:00	0:00	0:00	0:00	6:58	0:00	0:00	0:04
		4:50-1	11:01-1	24:12-1	27:33-1	42:36-3	46:40-3	48:51-2	49:39-2
		0:00	0:00	0:00	0:00	2:20	1:33	1:26	1:21
3. Hanne Sofie Avdal	50:14	5:30-2	7:13-2	16:25-3	3:32-2	9:05-2	4:39-2	3:06-3	0:44-1
		0:40	1:02	3:14	0:11	1:00	0:35	0:55	0:00
		5:30-2	12:43-2	29:08-3	32:40-3	41:45-2	46:24-2	49:30-3	50:14-3
		0:40	1:42	4:56	5:07	1:29	1:17	2:05	1:56

Kjersti Fossum Olsen RUN

D65

1. Tove Møller	43:36	5:32-2	5:47-1	12:56-1	2:37-1	7:41-2	5:19-2	2:40-2	1:04-2
		0:16	0:00	0:00	0:00	0:04	0:47	0:25	0:12
		5:32-2	11:19-1	24:15-1	26:52-1	34:33-1	39:52-1	42:32-1	43:36-1
		0:16	0:00	0:00	0:00	0:00	0:00	0:00	0:00
2. Aud Kjemperud	44:50	5:16-1	6:59-2	14:30-2	2:49-2	7:37-1	4:32-1	2:15-1	0:52-1
		0:00	1:12	1:34	0:12	0:00	0:00	0:00	0:00
		5:16-1	12:15-2	26:45-2	29:34-2	37:11-2	41:43-2	43:58-2	44:50-2
		0:00	0:56	2:30	2:42	2:38	1:51	1:26	1:14

D70

1. Berit Grosvold	56:15	10:02-1	10:02-1	12:43-1	6:32-1	5:25-1	6:38-1	3:47-1	1:06-1
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
		10:02-1	20:04-1	32:47-1	39:19-1	44:44-1	51:22-1	55:09-1	56:15-1
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00

H16-49

1. Mikael Frogum	55:38	1:50-1	3:01-1	8:01-1	2:58-3	8:49-2	8:29-2	5:01-1	8:31-1	3:01-1	4:01-3	1:23-1	0:33-2
		0:00	0:00	0:00	0:20	0:43	2:31	0:00	0:00	0:00	0:34	0:00	0:03
		1:50-1	4:51-1	12:52-1	15:50-1	24:39-1	33:08-1	38:09-1	46:40-1	49:41-1	53:42-1	55:05-1	55:38-1
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
2. Kjetil Hagen	70:16	3:01-2	3:19-2	11:05-3	2:38-1	15:38-5	5:58-1	6:24-3	13:33-3	3:04-2	3:27-1	1:25-2	0:44-3
		1:11	0:18	3:04	0:00	7:32	0:00	1:23	5:02	0:03	0:00	0:02	0:14

3. Jostein Haugholt	87:16	3:01-2	6:20-2	17:25-2	20:03-2	35:41-2	41:39-2	48:03-2	61:36-2	64:40-2	68:07-2	69:32-2	70:16-2
		1:11	1:29	4:33	4:13	11:02	8:31	9:54	14:56	14:59	14:25	14:27	14:38
		13:25-4	3:51-3	9:57-2	2:45-2	8:06-1	10:45-3	5:25-2	20:11-5	3:16-3	7:03-5	1:44-5	0:48-5
		11:35	0:50	1:56	0:07	0:00	4:47	0:24	11:40	0:15	3:36	0:21	0:18
		13:25-4	17:16-4	27:13-3	29:58-3	38:04-3	48:49-3	54:14-3	74:25-3	77:41-3	84:44-3	86:28-3	87:16-3
		11:35	12:25	14:21	14:08	13:25	15:41	16:05	27:45	28:00	31:02	31:23	31:38
4. David Andersson	107:49	8:17-3	4:08-4	21:38-5	4:23-5	12:06-4	14:34-4	8:02-4	17:25-4	10:29-5	4:22-4	1:41-4	0:44-3
		6:27	1:07	13:37	1:45	4:00	8:36	3:01	8:54	7:28	0:55	0:18	0:14
		8:17-3	12:25-3	34:03-4	38:26-4	50:32-4	65:06-4	73:08-4	90:33-4	101:02-4	105:24-4	107:05-4	107:49-4
		6:27	7:34	21:11	22:36	25:53	31:58	34:59	43:53	51:21	51:42	52:00	52:11
5. Gjørn Nicolai Flaatten	113:02	23:03-5	7:27-5	14:12-4	3:25-4	11:49-3	23:48-5	9:10-5	9:47-2	4:18-4	3:54-2	1:39-3	0:30-1
		21:13	4:26	6:11	0:47	3:43	17:50	4:09	1:16	1:17	0:27	0:16	0:00
		23:03-5	30:30-5	44:42-5	48:07-5	59:56-5	83:44-5	92:54-5	102:41-5	106:59-5	110:53-5	112:32-5	113:02-5
		21:13	25:39	31:50	32:17	35:17	50:36	54:45	56:01	57:18	57:11	57:27	57:24
Olaf Haug	DSQ	2:48	3:42	5:26	7:43	3:31	5:36	10:30	5:27	3:05	0:28		
		2:48	6:30	11:56	19:39	23:10	28:46	39:16	44:43	47:48	48:16		
		101	102	104	109	110	111	117	115	116	100		

1.	Jan M. Andersen	49:08	3:34- 5	3:07- 2	8:13- 1	2:10- 2	7:04- 1	11:44- 7	4:57- 1	4:51- 3	2:42- 1	0:46- 2
			0:23	0:13	0:00	0:02	0:00	5:14	0:00	0:32	0:00	0:07
			3:34- 5	6:41- 3	14:54- 2	17:04- 1	24:08- 1	35:52- 2	40:49- 1	45:40- 1	48:22- 1	49:08- 1
			0:23	0:36	0:35	0:00	0:00	0:19	0:00	0:00	0:00	0:00
2.	Sven Arve Kirkenes	52:29	3:11- 1	2:54- 1	8:14- 2	7:36- 9	8:54- 2	7:46- 2	5:22- 2	4:36- 2	3:08- 2	0:48- 5
			0:00	0:00	0:01	5:28	1:50	1:16	0:25	0:17	0:26	0:09
			3:11- 1	6:05- 1	14:19- 1	21:55- 5	30:49- 4	38:35- 4	43:57- 3	48:33- 2	51:41- 2	52:29- 2
			0:00	0:00	0:00	4:51	6:41	3:02	3:08	2:53	3:19	3:21
3.	Tom Gretteberg	53:07	3:17- 2	3:12- 3	8:59- 3	2:08- 1	9:51- 5	9:26- 6	7:54- 8	4:19- 1	3:14- 4	0:47- 3
			0:06	0:18	0:46	0:00	2:47	2:56	2:57	0:00	0:32	0:08
			3:17- 2	6:29- 2	15:28- 3	17:36- 2	27:27- 2	36:53- 3	44:47- 4	49:06- 3	52:20- 3	53:07- 3
			0:06	0:24	1:09	0:32	3:19	1:20	3:58	3:26	3:58	3:59
4.	Håkon Hafnor	53:51	3:27- 4	3:25- 4	9:34- 4	3:29- 6	9:08- 3	6:30- 1	7:33- 7	6:55- 9	3:11- 3	0:39- 1
			0:16	0:31	1:21	1:21	2:04	0:00	2:36	2:36	0:29	0:00
			3:27- 4	6:52- 4	16:26- 4	19:55- 3	29:03- 3	35:33- 1	43:06- 2	50:01- 4	53:12- 4	53:51- 4
			0:16	0:47	2:07	2:51	4:55	0:00	2:17	4:21	4:50	4:43
5.	Reidar Stenseng	61:42	3:20- 3	3:59- 5	10:45- 5	3:20- 5	10:50- 6	13:01- 9	5:50- 4	6:35- 8	3:15- 5	0:47- 3
			0:09	1:05	2:32	1:12	3:46	6:31	0:53	2:16	0:33	0:08
			3:20- 3	7:19- 5	18:04- 5	21:24- 4	32:14- 5	45:15- 5	51:05- 5	57:40- 5	60:55- 5	61:42- 5
			0:09	1:14	3:45	4:20	8:06	9:42	10:16	12:00	12:33	12:34
6.	Per Hallerud	63:18	3:57- 7	6:01- 8	10:59- 6	2:59- 3	9:08- 3	13:26-10	6:38- 5	5:55- 4	3:25- 7	0:50- 6
			0:46	3:07	2:46	0:51	2:04	6:56	1:41	1:36	0:43	0:11
			3:57- 7	9:58- 8	20:57- 7	23:56- 6	33:04- 6	46:30- 6	53:08- 6	59:03- 6	62:28- 6	63:18- 6

		0:46	3:53	6:38	6:52	8:56	10:57	12:19	13:23	14:06	14:10
7. Ragnar Langberg	66:02	4:39- 9	3:59- 5	15:03-10	3:19- 4	14:12- 9	8:28- 3	5:41- 3	6:24- 7	3:22- 6	0:55- 8
		1:28	1:05	6:50	1:11	7:08	1:58	0:44	2:05	0:40	0:16
		4:39- 9	8:38- 7	23:41- 8	27:00- 7	41:12- 7	49:40- 7	55:21- 7	61:45- 7	65:07- 7	66:02- 7
		1:28	2:33	9:22	9:56	17:04	14:07	14:32	16:05	16:45	16:54
8. Edvin Anfinsen	75:30	4:12- 8	6:04- 9	13:52- 8	3:51- 7	13:58- 8	13:00- 8	8:13- 9	7:13-10	4:10- 9	0:57- 9
		1:01	3:10	5:39	1:43	6:54	6:30	3:16	2:54	1:28	0:18
		4:12- 8	10:16- 9	24:08- 9	27:59- 8	41:57- 8	54:57- 8	63:10- 8	70:23- 8	74:33- 8	75:30- 8
		1:01	4:11	9:49	10:55	17:49	19:24	22:21	24:43	26:11	26:22
9. Tom Wirkola	80:19	3:37- 6	4:00- 7	12:21- 7	18:25-10	14:25-10	8:40- 4	6:45- 6	6:18- 5	4:49-10	0:59-10
		0:26	1:06	4:08	16:17	7:21	2:10	1:48	1:59	2:07	0:20
		3:37- 6	7:37- 6	19:58- 6	38:23-10	52:48-10	61:28-10	68:13- 9	74:31- 9	79:20- 9	80:19- 9
		0:26	1:32	5:39	21:19	28:40	25:55	27:24	28:51	30:58	31:11
10. Geir Førlie	81:13	9:25-10	9:02-10	14:42- 9	3:51- 7	13:26- 7	9:04- 5	10:31-10	6:19- 6	4:00- 8	0:53- 7
		6:14	6:08	6:29	1:43	6:22	2:34	5:34	2:00	1:18	0:14
		9:25-10	18:27-10	33:09-10	37:00- 9	50:26- 9	59:30- 9	70:01-10	76:20-10	80:20-10	81:13-10
		6:14	12:22	18:50	19:56	26:18	23:57	29:12	30:40	31:58	32:05
Sven Ohrvik	RUN										

H60

1. Geir Holm Gundersen	43:04	3:42-1	3:13-1	9:39-1	2:37-1	11:01-1	3:39-1	4:45-1	3:36-1	0:52-2
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:09
		<u>3:42-1</u>	<u>6:55-1</u>	<u>16:34-1</u>	<u>19:11-1</u>	<u>30:12-1</u>	<u>33:51-1</u>	<u>38:36-1</u>	<u>42:12-1</u>	<u>43:04-1</u>
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
2. Arild Trolsrud	79:36	7:33-2	4:45-2	23:04-2	4:33-2	17:59-2	6:21-2	10:15-2	4:23-2	0:43-1
		3:51	1:32	13:25	1:56	6:58	2:42	5:30	0:47	0:00
		7:33-2	12:18-2	35:22-2	39:55-2	57:54-2	64:15-2	74:30-2	78:53-2	79:36-2
		3:51	5:23	18:48	20:44	27:42	30:24	35:54	36:41	36:32
Hans J. Haugerud	RUN									
Lars Falck-Pedersen	RUN									
Rolf E. Andersen	RUN									
Glenn Sundling	DSQ	5:57	5:11	16:33	5:34	39:06				
		5:57	11:08	27:41	33:15	72:21				
		102	104	109	123	100				

H65

1. Kjetil Eriksen	43:27	3:18-1	3:13-1	9:39-2	4:42-7	11:29-2	2:50-1	4:43-1	2:47-2	0:46-3
		0:00	0:00	0:54	1:28	0:28	0:00	0:00	0:02	0:08

		<u>3:18-1</u>	<u>6:31-1</u>	<u>16:10-1</u>	<u>20:52-1</u>	<u>32:21-1</u>	<u>35:11-1</u>	<u>39:54-1</u>	<u>42:41-1</u>	<u>43:27-1</u>
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
2. Vidar Avdal	48:24	3:35-2	3:31-3	10:43-4	3:31-4	15:13-7	3:32-3	4:48-2	2:53-3	0:38-1
		0:17	0:18	1:58	0:17	4:12	0:42	0:05	0:08	0:00
		3:35-2	7:06-2	17:49-2	21:20-2	36:33-4	40:05-3	44:53-2	47:46-2	48:24-2
		0:17	0:35	1:39	0:28	4:12	4:54	4:59	5:05	4:57
3. Svein Ackenhausen	49:15	9:15-7	3:24-2	8:45-1	3:14-1	11:01-1	3:00-2	7:10-7	2:45-1	0:41-2
		5:57	0:11	0:00	0:00	0:00	0:10	2:27	0:00	0:03
		9:15-7	12:39-7	21:24-5	24:38-5	35:39-2	38:39-2	45:49-3	48:34-3	49:15-3
		5:57	6:08	5:14	3:46	3:18	3:28	5:55	5:53	5:48
4. Petter F. Johannessen	50:13	4:14-5	5:56-7	10:23-3	3:17-2	12:41-3	3:36-4	5:53-3	3:25-4	0:48-5
		0:56	2:43	1:38	0:03	1:40	0:46	1:10	0:40	0:10
		4:14-5	10:10-6	20:33-4	23:50-3	36:31-3	40:07-4	46:00-4	49:25-4	50:13-4
		0:56	3:39	4:23	2:58	4:10	4:56	6:06	6:44	6:46
5. Jon Halden	53:47	4:05-4	4:45-6	13:01-6	3:17-2	13:22-4	4:35-6	5:58-4	3:52-5	0:52-6
		0:47	1:32	4:16	0:03	2:21	1:45	1:15	1:07	0:14
		4:05-4	8:50-5	21:51-6	25:08-6	38:30-6	43:05-6	49:03-5	52:55-5	53:47-5
		0:47	2:19	5:41	4:16	6:09	7:54	9:09	10:14	10:20
6. Rolf Lunde	59:44	4:28-6	4:07-4	11:24-5	4:31-6	13:59-5	4:04-5	6:30-6	9:38-7	1:03-7
		1:10	0:54	2:39	1:17	2:58	1:14	1:47	6:53	0:25
		4:28-6	8:35-4	19:59-3	24:30-4	38:29-5	42:33-5	49:03-5	58:41-6	59:44-6
		1:10	2:04	3:49	3:38	6:08	7:22	9:09	16:00	16:17
7. Tom Harald Grepperud	80:26	3:57-3	4:29-5	33:09-7	3:42-5	14:46-6	9:44-7	6:01-5	3:52-5	0:46-3
		0:39	1:16	24:24	0:28	3:45	6:54	1:18	1:07	0:08
		3:57-3	8:26-3	41:35-7	45:17-7	60:03-7	69:47-7	75:48-7	79:40-7	80:26-7
		0:39	1:55	25:25	24:25	27:42	34:36	35:54	36:59	36:59
S. Jørgen Aslaksen	RUN									
Morten Johannessen	DSQ	3:25	4:12	24:48						
		3:25	7:37	32:25						
		102	104	100						

H70

1. Reidar Moe	39:29	5:04- 2	4:17- 1	10:23- 1	4:54-11	8:40- 9	3:44- 1	1:48- 1	0:39- 2
		0:24	0:00	0:00	2:07	1:11	0:00	0:00	0:01
		5:04- 2	<u>9:21- 1</u>	<u>19:44- 1</u>	<u>24:38- 1</u>	<u>33:18- 1</u>	<u>37:02- 1</u>	<u>38:50- 1</u>	<u>39:29- 1</u>
		0:24	0:00	0:00	0:00	0:00	0:00	0:00	0:00
2. Helge Lysaker	40:41	4:40- 1	5:33- 3	12:47- 4	3:01- 6	7:29- 1	4:27- 7	1:56- 2	0:48- 4
		0:00	1:16	2:24	0:14	0:00	0:43	0:08	0:10
		<u>4:40- 1</u>	10:13- 2	23:00- 2	26:01- 2	<u>33:30- 2</u>	37:57- 2	39:53- 2	40:41- 2
		0:00	0:52	3:16	1:23	0:12	0:55	1:03	1:12
3. Per Røgeberg	42:36	5:20- 4	6:03- 7	12:53- 6	2:49- 4	8:05- 5	4:14- 4	2:13- 7	0:59- 9

4.	Eirik Eriksen	43:37	0:40	1:46	2:30	0:02	0:36	0:30	0:25	0:21
			5:20- 4	11:23- 5	24:16- 5	27:05- 5	35:10- 4	39:24- 3	41:37- 3	42:36- 3
			0:40	2:02	4:32	2:27	1:52	2:22	2:47	3:07
			6:28- 8	5:52- 5	13:18-10	2:47- 1	7:33- 2	4:04- 2	2:27-10	1:08-11
			1:48	1:35	2:55	0:00	0:04	0:20	0:39	0:30
			6:28- 8	12:20- 6	25:38- 7	28:25- 7	35:58- 5	40:02- 4	42:29- 4	43:37- 4
			1:48	2:59	5:54	3:47	2:40	3:00	3:39	4:08
5.	Steinar Stueflotten	43:43	5:16- 3	6:04- 8	12:24- 3	2:47- 1	9:30-10	4:33- 8	2:10- 5	0:59- 9
			0:36	1:47	2:01	0:00	2:01	0:49	0:22	0:21
			5:16- 3	11:20- 4	23:44- 4	26:31- 4	36:01- 6	40:34- 5	42:44- 5	43:43- 5
			0:36	1:59	4:00	1:53	2:43	3:32	3:54	4:14
6.	Arnvid Borgersen	43:45	6:51-10	5:42- 4	12:54- 7	2:51- 5	8:05- 5	4:12- 3	2:14- 8	0:56- 7
			2:11	1:25	2:31	0:04	0:36	0:28	0:26	0:18
			6:51-10	12:33- 7	25:27- 6	28:18- 6	36:23- 7	40:35- 6	42:49- 6	43:45- 6
			2:11	3:12	5:43	3:40	3:05	3:33	3:59	4:16
7.	Knut Maudal	44:40	6:31- 9	6:59-10	12:52- 5	2:48- 3	8:04- 4	4:14- 4	2:18- 9	0:54- 6
			1:51	2:42	2:29	0:01	0:35	0:30	0:30	0:16
			6:31- 9	13:30-11	26:22-10	29:10- 9	37:14- 8	41:28- 7	43:46- 7	44:40- 7
8.	Per Arne Skramstad	44:53	1:51	4:09	6:38	4:32	3:56	4:26	4:56	5:11
			6:14- 7	4:48- 2	12:10- 2	3:06- 7	8:32- 8	7:16-12	2:04- 3	0:43- 3
			1:34	0:31	1:47	0:19	1:03	3:32	0:16	0:05
			6:14- 7	11:02- 3	23:12- 3	26:18- 3	34:50- 3	42:06- 8	44:10- 8	44:53- 8
9.	Alf Johan Hjelmtvedt	46:29	1:34	1:41	3:28	1:40	1:32	5:04	5:20	5:24
			5:20- 4	8:03-11	12:54- 7	3:06- 7	8:11- 7	4:55- 9	3:07-11	0:53- 5
			0:40	3:46	2:31	0:19	0:42	1:11	1:19	0:15
			5:20- 4	13:23-10	26:17- 9	29:23-10	37:34- 9	42:29- 9	45:36- 9	46:29- 9
10.	Rolf Justad	46:48	0:40	4:02	6:33	4:45	4:16	5:27	6:46	7:00
			6:54-11	6:00- 6	15:27-11	3:33-10	7:43- 3	4:25- 6	2:08- 4	0:38- 1
			2:14	1:43	5:04	0:46	0:14	0:41	0:20	0:00
			6:54-11	12:54- 9	28:21-11	31:54-11	39:37-11	44:02-11	46:10-11	46:48-10
11.	Øivind Steen	46:49	2:14	3:33	8:37	7:16	6:19	7:00	7:20	7:19
			5:58- 6	6:41- 9	13:17- 9	3:11- 9	9:38-11	4:57-10	2:10- 5	0:57- 8
			1:18	2:24	2:54	0:24	2:09	1:13	0:22	0:19
			5:58- 6	12:39- 8	25:56- 8	29:07- 8	38:45-10	43:42-10	45:52-10	46:49-11
12.	Øivind Tangen	78:10	1:18	3:18	6:12	4:29	5:27	6:40	7:02	7:20
			7:32-12	11:01-12	20:42-12	5:32-12	22:49-12	5:37-11	3:22-12	1:35-12
			2:52	6:44	10:19	2:45	15:20	1:53	1:34	0:57
			7:32-12	18:33-12	39:15-12	44:47-12	67:36-12	73:13-12	76:35-12	78:10-12
			2:52	9:12	19:31	20:09	34:18	36:11	37:45	38:41

H75

1. Kjell Klokkerud 46:45 6:45-2 7:23-2 13:18-1 2:39-1 8:38-1 4:55-2 2:06-1 1:01-1

		1:20	0:07	0:00	0:00	0:00	0:41	0:00	0:00
		6:45-2	14:08-2	27:26-2	30:05-1	38:43-1	43:38-1	45:44-1	46:45-1
		1:20	1:27	0:02	0:00	0:00	0:00	0:00	0:00
		5:25-1	7:16-1	14:43-2	3:08-2	10:12-2	4:14-1	2:43-2	1:03-2
		0:00	0:00	1:25	0:29	1:34	0:00	0:37	0:02
2. Arild Moen	48:44	<u>5:25-1</u>	<u>12:41-1</u>	<u>27:24-1</u>	30:32-2	<u>40:44-2</u>	44:58-2	47:41-2	48:44-2
		0:00	0:00	0:00	0:27	2:01	1:20	1:57	1:59
Terje Selvig	RUN								

H80

		5:44-1	8:20-1	8:57-1	4:33-1	3:02-1	7:42-1	2:24-1	1:02-1
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
1. Tormod Høimyr	41:44	<u>5:44-1</u>	<u>14:04-1</u>	<u>23:01-1</u>	<u>27:34-1</u>	<u>30:36-1</u>	<u>38:18-1</u>	<u>40:42-1</u>	<u>41:44-1</u>
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00

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		6:16-1	8:16-1	14:40-4	3:59-1	3:23-1	5:52-2	2:27-2	0:48-1
		0:00	0:00	6:30	0:00	0:00	0:34	0:04	0:00
1. Kari Helene Bjertnes	45:41	<u>6:16-1</u>	<u>14:32-1</u>	<u>29:12-1</u>	<u>33:11-1</u>	<u>36:34-1</u>	<u>42:26-1</u>	<u>44:53-1</u>	<u>45:41-1</u>
		0:00	0:00	0:00	0:00	0:00	0:00	0:00	0:00
		8:12-4	20:06-3	8:10-1	4:44-2	3:28-2	5:18-1	2:23-1	0:49-2
2. Sølvi Skinnes	53:10	1:56	11:50	0:00	0:45	0:05	0:00	0:00	0:01
		8:12-4	28:18-3	36:28-3	41:12-3	44:40-2	49:58-2	52:21-2	53:10-2
		1:56	13:46	7:16	8:01	8:06	7:32	7:28	7:29
		7:27-3	9:39-2	13:17-3	10:10-4	4:16-3	8:05-3	3:35-4	1:31-4
3. Anita Lindtveit	58:00	1:11	1:23	5:07	6:11	0:53	2:47	1:12	0:43
		7:27-3	17:06-2	30:23-2	40:33-2	44:49-3	52:54-3	56:29-3	58:00-3
		1:11	2:34	1:11	7:22	8:15	10:28	11:36	12:19
		7:24-2	23:30-4	12:53-2	9:53-3	8:07-4	10:09-4	3:10-3	1:04-3
4. Kristin H Steen	76:10	1:08	15:14	4:43	5:54	4:44	4:51	0:47	0:16
		7:24-2	30:54-4	43:47-4	53:40-4	61:47-4	71:56-4	75:06-4	76:10-4
		1:08	16:22	14:35	20:29	25:13	29:30	30:13	30:29
Mona Jensen	RUN								