

Resultater fra Furulund_22_Mai 22.05.2019

Det var totalt 24 startende.

Klasse N

1 påmeldt, 1 startende

Aurora Lund

Korgen IL

Klasse Trim

7 påmeldt, 7 startende

Lennart Berglund

Korgen IL

Arvid Kongsli

Korgen IL

Ragnar Lund

Korgen IL

Kjell Arne Odden

Korgen IL

Olav Oldernes

Korgen IL

Eirik Reinåmo

Korgen IL

Arnulf Villmo

Korgen IL

Klasse Gutter Kort

2 påmeldt, 2 startende

1 Leander Reinåmo

Korgen IL

48:13

1:56 (2)	6:39 (1)	13:53 (1)	19:59 (1)	28:56 (1)	34:03 (1)	39:21 (1)	43:26 (1)	48:13 (1)
1:56/126	4:43/130	7:14/134	6:06/133	8:57/132	5:07/129	5:18/128	4:05/127	4:47/100
+0:53 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:24 (2)	+1:45 (2)

2 Ambjørn Jenssen Reinåmo

Korgen IL

54:07 (+5:54)

1:03 (1)	9:56 (2)	19:10 (2)	25:28 (2)	34:30 (2)	40:03 (2)	47:24 (2)	51:05 (2)	54:07 (2)
1:03/126	8:53/130	9:14/134	6:18/133	9:02/132	5:33/129	7:21/128	3:41/127	3:02/100
+0:00 (1)	+4:10 (2)	+2:00 (2)	+0:12 (2)	+0:05 (2)	+0:26 (2)	+2:03 (2)	+0:00 (1)	+0:00 (1)

Klasse C Løype

2 påmeldt, 2 startende

1 Kari Reinåmo

Korgen IL

48:19

1:58 (2)	6:43 (1)	12:37 (1)	20:01 (1)	28:58 (1)	33:57 (1)	39:13 (1)	43:20 (1)	48:19 (1)
1:58/126	4:45/130	5:54/134	7:24/133	8:57/132	4:59/129	5:16/128	4:07/127	4:59/100
+0:53 (2)	+0:00 (1)	+0:00 (1)	+0:18 (2)	+0:07 (2)	+0:00 (1)	+0:00 (1)	+0:26 (2)	+1:59 (2)

2 Renate Reinåmo

Korgen IL

54:06 (+5:47)

1:05 (1)	9:48 (2)	18:35 (2)	25:41 (2)	34:31 (2)	39:52 (2)	47:25 (2)	51:06 (2)	54:06 (2)
1:05/126	8:43/130	8:47/134	7:06/133	8:50/132	5:21/129	7:33/128	3:41/127	3:00/100
+0:00 (1)	+3:58 (2)	+2:53 (2)	+0:00 (1)	+0:00 (1)	+0:22 (2)	+2:17 (2)	+0:00 (1)	+0:00 (1)

Klasse Damer Kort

4 påmeldt, 4 startende

1 Tone Merete Vårli

Korgen IL

41:21

5:07 (1)	10:24 (2)	12:23 (2)	16:38 (1)	25:06 (1)	31:26 (1)	36:09 (1)	38:46 (1)	41:21 (1)
5:07/133	5:17/134	1:59/149	4:15/60	8:28/66	6:20/82	4:43/128	2:37/127	2:35/100
+0:00 (1)	+1:16 (2)	+0:49 (2)	+0:00 (1)	+2:13 (3)	+2:56 (3)	+0:00 (1)	+0:00 (1)	+0:00 (1)

2 Mette Hoem Evensen

Korgen IL

45:12 (+3:51)

5:52 (3)	12:46 (4)	15:42 (3)	20:49 (2)	27:04 (2)	32:53 (2)	38:48 (2)	41:56 (2)	45:12 (2)
5:52/133	6:54/134	2:56/149	5:07/60	6:15/66	5:49/82	5:55/128	3:08/127	3:16/100
+0:45 (3)	+2:53 (3)	+1:46 (3)	+0:52 (2)	+0:00 (1)	+2:25 (2)	+1:12 (3)	+0:31 (2)	+0:41 (3)

3 Hilde Tverrbekkmo

Korgen IL

53:47 (+12:26)

5:29 (2)	12:45 (3)	17:18 (4)	23:20 (3)	33:47 (3)	40:33 (4)	45:56 (3)	50:22 (3)	53:47 (3)
5:29/133	7:16/134	4:33/149	6:02/60	10:27/66	6:46/82	5:23/128	4:26/127	3:25/100
+0:22 (2)	+3:15 (4)	+3:23 (4)	+1:47 (3)	+4:12 (4)	+3:22 (4)	+0:40 (2)	+1:49 (3)	+0:50 (4)

4 Hilde Strand

Korgen IL

56:35 (+15:14)

6:16 (4)	10:17 (1)	11:27 (1)	27:37 (4)	35:02 (4)	38:26 (3)	48:47 (4)	53:37 (4)	56:35 (4)
6:16/133	4:01/134	1:10/149	16:10/60	7:25/66	3:24/82	10:21/128	4:50/127	2:58/100
+1:09 (4)	+0:00 (1)	+0:00 (1)	+11:55 (4)	+1:10 (2)	+0:00 (1)	+5:38 (4)	+2:13 (4)	+0:23 (2)

Klasse Herrer Kort

2 påmeldt, 2 startende

1	Roar Krutådal			Korgen IL				37:06	
	3:45 (1)	6:27 (1)	9:54 (1)	22:25 (2)	26:08 (1)	28:58 (1)	33:05 (1)	35:14 (1)	37:06 (1)
	3:45/133	2:42/134	3:27/149	12:31/60	3:43/66	2:50/82	4:07/128	2:09/127	1:52/100
	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:31 (2)	+0:00 (1)	+0:10 (2)	+0:00 (1)	+0:00 (1)	+0:06 (2)
2	Ketil Tuven			Korgen IL				37:14	(+0:08)
	3:52 (2)	6:43 (2)	10:09 (2)	22:09 (1)	26:23 (2)	29:03 (2)	33:13 (2)	35:28 (2)	37:14 (2)
	3:52/133	2:51/134	3:26/149	12:00/60	4:14/66	2:40/82	4:10/128	2:15/127	1:46/100
	+0:07 (2)	+0:09 (2)	+0:00 (1)	+0:00 (1)	+0:31 (2)	+0:00 (1)	+0:03 (2)	+0:06 (2)	+0:00 (1)

Klasse Damer Lang

1 påmeldt, 1 startende

1	Hilde Sofie Hansen			Mo OK				1:04:23	
	4:51 (1)	7:42 (1)	8:34 (1)	13:49 (1)	23:22 (1)	25:19 (1)	30:54 (1)	33:03 (1)	35:39 (1)
	4:51/66	2:51/149	0:52/134	5:15/115	9:33/56	1:57/114	5:35/46	2:09/135	2:36/132
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	45:27 (1)	50:21 (1)	53:14 (1)	57:58 (1)	1:01:31 (1)	1:02:24 (1)	1:04:23 (1)		
	4:57/149	4:54/114	2:53/60	4:44/83	3:33/59	0:53/82	1:59/100		
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

Klasse Herrer Lang

3 påmeldt, 3 startende

1	Sigmund Berglund			Korgen IL				46:43	
	2:52 (1)	5:27 (1)	6:05 (1)	10:41 (1)	17:20 (1)	18:13 (1)	24:33 (1)	25:27 (1)	30:03 (1)
	2:52/66	2:35/149	0:38/134	4:36/115	6:39/56	0:53/114	6:20/46	0:54/135	4:36/132
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+2:07 (2)
	34:27 (1)	36:57 (1)	38:54 (1)	43:09 (1)	44:59 (1)	45:35 (1)	46:43 (1)		
	1:38/149	2:30/114	1:57/60	4:15/83	1:50/59	0:36/82	1:08/100		
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
2	Ole Petter Rundhaug			Mo OK				1:47:42	(+1:00:59)
	6:21 (3)	17:04 (3)	18:16 (3)	39:05 (3)	48:54 (3)	50:57 (3)	1:02:58 (3)	1:04:40 (3)	1:07:09 (3)
	6:21/66	10:43/149	1:12/134	20:49/115	9:49/56	2:03/114	12:01/46	1:42/135	2:29/132
	+3:29 (3)	+8:08 (3)	+0:34 (3)	+16:13 (3)	+3:10 (2)	+1:10 (3)	+5:41 (3)	+0:48 (2)	+0:00 (1)
	1:15:52 (2)	1:22:41 (3)	1:32:12 (3)	1:40:34 (3)	1:44:36 (2)	1:45:49 (2)	1:47:42 (2)		
	3:23/149	6:49/114	9:31/60	8:22/83	4:02/59	1:13/82	1:53/100		
	+1:45 (2)	+4:19 (3)	+7:34 (3)	+4:07 (2)	+2:12 (2)	+0:37 (2)	+0:45 (3)		
3	Svein Thomasli			Korgen IL				1:52:57	(+1:06:14)
	6:13 (2)	12:00 (2)	12:47 (2)	26:14 (2)	36:13 (2)	37:20 (2)	48:43 (2)	54:09 (2)	59:58 (2)
	6:13/66	5:47/149	0:47/134	13:27/115	9:59/56	1:07/114	11:23/46	5:26/135	5:49/132
	+3:21 (2)	+3:12 (2)	+0:09 (2)	+8:51 (2)	+3:20 (3)	+0:14 (2)	+5:03 (2)	+4:32 (3)	+3:20 (3)
	1:17:19 (3)	1:22:18 (2)	1:25:46 (2)	1:38:19 (2)	1:50:00 (3)	1:51:21 (3)	1:52:57 (3)		
	6:52/149	4:59/114	3:28/60	12:33/83	11:41/59	1:21/82	1:36/100		
	+5:14 (3)	+2:29 (2)	+1:31 (2)	+8:18 (3)	+9:51 (3)	+0:45 (3)	+0:28 (2)		

Klasse A Kort

2 påmeldt, 2 startende

1	Kristin Hatten			Korgen IL				1:15:33	
	7:48 (1)	12:45 (1)	19:20 (1)	29:33 (1)	31:45 (1)	47:47 (1)	57:10 (1)	1:06:04 (1)	1:10:48 (1)
	7:48/66	4:57/149	6:35/114	10:13/46	2:12/135	16:02/132	9:23/60	8:54/83	4:44/59
	+0:00 (1)	+0:00 (1)	+1:11 (2)	+0:38 (2)	+0:25 (2)	+0:00 (1)	+1:43 (2)	+0:00 (1)	+0:00 (1)
	1:15:33 (1)								
	3:11/100								
	+0:01 (2)								
2	Arne Håpnes			Korgen IL				1:20:35	(+5:02)
	8:29 (2)	15:00 (2)	20:24 (2)	29:59 (2)	31:46 (2)	54:19 (2)	1:01:59 (2)	1:11:08 (2)	1:16:04 (2)
	8:29/66	6:31/149	5:24/114	9:35/46	1:47/135	22:33/132	7:40/60	9:09/83	4:56/59

+0:41 (2)	+1:34 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+6:31 (2)	+0:00 (1)	+0:15 (2)	+0:12 (2)	+0:00 (1)
1:20:35 (2)									
3:10/100									
+0:00 (1)									