

Members' meeting OSI Tennis

Location: Domus Athletica

Time: 18.11.2024 Kl. 17:30 - 19:00

Present board members: Marlene Hallerud Lofsberg, Fredrik Jørgensen Olsen, Birk Denstad (zoom), Guro Elise Aakerholt, Thea Holen, Kasper Hellstrøm Nordahl, Malin Barth Karlsen

Other members: Cristina Voinea, Håvard Næss, Hriday Gurnani, Kristian Wiger-Nordheim, Linn Kleiven Sagedal

Agenda:

1. Meeting constitution
 - a. Approval of attending representatives
 - b. Approval of convening
 - c. Approval of agenda
 - d. Election of moderator, referent and members to sign the protocol
2. Orientation
 - a. Activity orientation of 2024 and plans for 2025
 - b. Walkthrough of the financial situation
3. Semester fee increase
4. Coaching salary adjustment
5. Received topics
 - a. Reorganizing some training sessions for a more social focus
 - b. Activity Coordinator
 - c. Increase the number of 90-minute sessions
 - d. Rewards for club engagement
 - e. Clearer communication and encouragement on how members can contribute to the club
6. Feedback, questions or suggestions
7. Election
8. Miscellaneous

Malin Barth Karlsen

Secretary, OSI Tennis

1. Meeting constitution

1a Approval of representatives

Name: Secretary

Type: Decision

Decision: Approved

1b Approval of convening

Name: Secretary

Type: Decision

Is the convening approved?

Decision: Approved

1c Approval of agenda

Name: Secretary

Type: Decision

Is the agenda approved?

Decision: Approved

1d Election of moderator, referent and members to sign the protocol

Name: Secretary

Type: Decision

Moderator: Thea Holen

Referent: Malin Barth Karlsen

Member to sign 1: Kristian Wiger-Nordheim

Member to sign 2: Håvard Næss

Decision: Approved

2. Orientation

2a Board Orientation

Name: The board

Type: Information

The board members will inform on what has happened in the club this past year and plans for 2025.

President:

What we did in 2024:

- Communicated changes and news to our members via Spond.
- Tested various initiatives, including offering paid volunteer roles, gathering information on desired training offerings, and piloting fitness classes with a coach.
- Maintained the tennis ladder, allowing members to play matches against each other.
- Registered team members and issued licenses to ensure we have a team eligible to compete for us.
- Organized monthly board meetings to discuss club activities and potential improvements.
- Attended meetings and events organized by the OSI main board to stay informed and engage with matters affecting the club.

- Expanded the coaching staff to its largest size to date, though paused coach training courses.
- Handled member complaints and issues.
- Sent OSI players to the European University Championships.

Plans for 2025:

- Find creative new ways to increase activity in OSI Tennis, including scheduling times that are more convenient for everyone.
- Continue organizing and running the club to promote our goal of student involvement in sports and fostering a love for tennis.
- Implement measures to ensure an engaged and active membership base.
- Participate in organizing the 2025 Norwegian Student Championships in tennis.
- Work toward increasing visibility with an active team presence, attending events, and maintaining a strong reputation.

Vice President:

What we did in 2024:

- Managed member registrations, withdrawals, and fee collections.
- Handled Spond for memberships, coaching hours, court bookings, and messaging.
- Verified member student status.
- Continued court bookings at OTA, NIH, Domus, and Frogner.
- Secured new agreements with NTK (discounted weekly Saturday courts) and Berg TK (discounted outdoor season courts).
- Helped organize a tournament in May.

Plans for 2025:

- Seek more venues for discounted, regular court access to reduce dependency on OTA (expensive) and Frogner (we're getting less and less courts).
- Conduct student status verification to maintain required student/non-student ratio before next semester.

Treasurer:

What we did in 2024:

- Prepared the 2024 budget
- Applied for funding from the main board's area fund.
- Managed invoices and reimbursements
- Looked for solutions to make OSI Tennis more financially sustainable

Plans for 2025:

- Continue to maintain the points above

Secretary:

What we did in 2024:

- Organized a tournament in May.
- Helped respond to messages in Spond.
- Sent out meeting agendas for board meetings and wrote meeting summaries.
- We had 7 board meetings this year, which is once a month excluding vacation time.
- Attended the Association day at OsloMet in January.

Plans for 2025:

- Continue sending out meeting agendas and write meeting summaries.
- Keep documents organized.

PR:

What we did in 2024:

- Posted regular stories and posts on Osi Tennis's Instagram profile.
- Promoted social events on Instagram and Facebook.
- Assisted in board work, such as attending OSI meetings, participating at association day at Blindern and helped out at the social events.

Plans for 2025:

- Continue to post regular updates and stories of activities happening in Osi Tennis.
- Assist in board work.

Maintenance and Equipment:

What we did in 2024:

- Bought equipment both for outdoor and indoor season.
- Maintained our discount-deals for further purchases.

Plans for 2025:

- More equipment/storage compartments (especially for the coaches).
- Continue the good feedback culture from members and coaches considering what gear we might miss, needs to be refilled or added to our basket.

Don't hesitate to ask me if there's anything you'd like for the club to have or for use during practice.

Recruitment Officer:

What we did in 2024:

- Once again we received an overwhelming number of applications and reached our maximum membership capacity of 180 members.
- We attended the association days at the University of Oslo and OsloMet in January, where we connected with many of our new members.
- In August, we chose not to participate due to the overwhelming demand for membership. By that time, our club was already at full capacity, and we wanted to avoid turning away interested students.

Plans for 2025:

- We aim to continue building strong connections with potential members.

- We will assess whether to participate in the association days and consider the need for tryouts based on demand.
- We'll seek creative ways to promote the club and encourage earlier applications for membership.

Social Officer:

What we did in 2024:

- Arranged Kick off party in February
- Bought new equipment for social gatherings: speaker, cube game etc.
- Arranged social Gathering in frognerparken
- Hosting a social gathering on the rooftop terrace of my student apartment: baked brownies and cookies.
- Arranged kick off party in september
- Arranged cabin trip in september
- Going to arrange christmas party in december
- Cover expenses related to gatherings, security guards, food at board meetings etc.

Plans for 2025:

- Keep organizing social events to make OSI Tennis a more welcoming and social environment. :)

2b Walkthrough of the financial situation

Name: Treasurer

Type: Information

3. Semester fee increase

Name: Treasurer

Type: Decision

We are noticing that our expenses are becoming more costly. We want to maintain a good offering for students while also being financially sustainable. Currently, the membership fee for students is 800 NOK, which is an incredibly good deal considering the number of hours of tennis available per week.

Proposal 1: Increase the membership fee from 800 NOK to 900 NOK. Annual income increase: 31,000 NOK.

This would help significantly, and we would still maintain a very good offering for students.

Proposal 2: Increase the membership fee from 800 NOK to 1,000 NOK. Annual income increase: 62,000 NOK.

This is a somewhat more drastic increase, but it would greatly improve the club's financial stability, making our goal of breaking even each year more realistic.

Proposal 3: No changes to the membership fee.

If we choose to keep the membership fee at 800 NOK, we will need to cut back on some expenses in 2025.

Decision: **Proposal 2.** From January 1., the membership fee for students will increase from 800 NOK to 1,000 NOK.

- **3 people** voted for the first proposal, **9 voted** for the second proposal and **0 people** voted for the third proposal.

4. Coaching salary adjustment

Name: The board

Type: Information

Board Meeting Decision on Coaching Salary Adjustment - 25.09.2024

Approved Adjustments:

- **Hourly Rate Increase**
 - **Coaches with Trainer 1 Course:** from 150 to 155 NOK/hour
 - **Coaches with Trainer 2 Course:** from 150 to 165 NOK/hour

Reason for Adjustment:

- The hourly rate had remained at 150 NOK/hour for an extended period, leading to an increase.

Explanation for Moderate Increase only:

- OSI and OSI Tennis are volunteer-driven organizations that prioritize community over high monetary compensation.
- Coaches already receive an **instructor card** at Athletica and a **covered membership fee** (either 2x 800 NOK/year or 2x 2400 NOK/year).
- By comparison, **OSI Soccer**, a similar-sized group under the OSI umbrella, only provides coaches with a covered membership and instructor card, without any hourly pay.

Additional Notes:

- The new salary will take effect on January 1, 2025.
- New contracts will be issued with updated compensation.

5. Received topics

Type: Discussion

5a Reorganizing some training sessions for a more social focus

Currently, all training sessions follow the same structure: With a coach, there are 4-6 players per court for 2 hours, doing exercises and drills and usually ends the session with some playing. While this can be good training, it doesn't necessarily maximize the club's social potential.

Suggestion: One session per week led by an "activity coordinator" or coach, with 3-4 courts allowing more players from different levels to join and participate in some form of organized activity. This could include activities such as promotion/relegation, doubles, team singles, tournaments, challenges, or similar. Additionally, games like A-bomb or similar could be played in the last half-hour, allowing for 15+ players to participate on one court.

Member 3: *"We ask to get as many courts as possible, but it is hard to get more courts at the same time."*

5b Activity coordinator

Consider the possibility of a new role: Activity coordinator.

An activity coordinator is not a coach but rather someone who engages players in drills, games, or possibly feeding balls for stroke practice, without necessarily providing technical feedback, as that responsibility lies with the coach.

In my opinion, such a role could be compensated in some way, and it would also look good on a resume, especially in today's competitive job market.

Member 1: *"If the people play the same thing everytime, wouldn't the activity coordinator do the same thing over and over. The members should be creative and try to find out what they want to do and take responsibility for their own training. It has to go both ways."*

Member 2: *"Can't be an unpaid position outside the board. Either paid or a new role in the board or if anyone volunteers."*

Member 3: *"If there is someone that knows a lot of games/activities we can do on the court, maybe they could make a post or a script and share it with the rest".*

- Member 6: *"Post it on Spond and attach it to the sessions or post it on instagram as 'Exercise of the week'."*

5c Increase the number of 90-minute sessions

By booking 3-hour blocks instead of 4, players can still get as much high-intensity play, as the energy typically starts to drop after 90-minutes. If anyone feels this isn't enough time, they could warm up before the session rather than arriving 10 minutes late and then beginning to warm up.

This adjustment would free up more hours, which could be used either to pay for more coach-led sessions or to offer more sessions overall, while still maintaining the same total hours of court time.

That is something the board will look more into, because it is doable, will save us money and 1,5 hours is enough for most people. Maybe not every session.

5d Rewards for club engagement

In the past, we offered a free tube of balls each month to the person who posted the best photo on Instagram and tagged OSI Tennis. Unfortunately, participation was low. However, I believe the foundation of this idea is good and would like members' thoughts on how to create more engagement around the club.

Suggestion: If a group of 1-4 people takes the initiative to organize a tournament, arrange a cabin trip, host a social gathering in Frognerparken, or something similar, they would receive 2 hours of private coaching as a reward.

Member 4: *"We have a social coordinator, maybe members can suggest ideas for social activities to the social coordinator on things we can do".*

5e Clearer communication and encouragement on how members can contribute to the club

What is required to become a coach? How does one go about organizing a social event? Are there any consequences if it's not done perfectly, or should there be rewards simply for trying.

6. Feedback, questions or suggestions

If anyone has anything they would like to discuss, ask or suggest, feel free to do so now.

Member 4: *“The break from Hasle. Is this extraordinary?”*

- Member 2: *“This is not our decision. This is due to tournaments. This is the downside that we are so dependent on OTA, because they just remove our courts when they have tournaments. We are trying to find alternatives, because we are too dependent on OTA.”*

Member 7: *“It would be nice if more people could participate in the ladder. People don't know the ladder exists. We need more information on the tennis ladder, maybe post on Social Media.”*

Member 6: *“Post the summaries from the board meetings. Put it in information at Spond.”*

7. Election

Name: The board

Type: Decision

New board is to be elected.

Introducing a new board position: Team- and tournament coordinator.

Newly elected board members will receive guidance from current board members to help them learn their roles and responsibilities.

Current positions:

President*: Marlene Hallerud Lofsberg

Vice President*: Fredrik Jørgensen Olsen

Treasurer*: Birk Denstad

Secretary: Malin Barth Karlsen

PR-officer: Guro Elise Aakerholt

Maintenance and Equipment: Kasper Nordahl

Recruitment officer: Thea Holen

Social officer: Julie Sørli

*Mandatory positions.

New board:

President*: Marlene Hallerud Lofsberg

Vice President*: Fredrik Jørgensen Olsen

Treasurer*: Malin Barth Karlsen

Secretary: Robin Sørensen

PR-officer: Guro Elise Aakerholt

Maintenance and Equipment: Kasper Hellstrøm Nordahl

Recruitment officer: Kristoffer Bartnes

Social officer: Liv Johanna Kavli

Team- and tournament coordinator: Hriday Gurnani

8. Miscellaneous

Date: 25.11.2024

Name: Kristian Wiger-Nordheim

Signature: _____



Date: 09.12.2024

Name: Håvard Næss

Signature: _____

