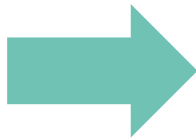
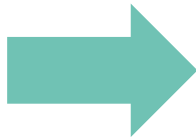


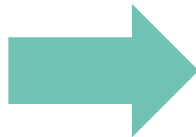
Egentrening er tillatt



Maks 5 personer
av gangen



Hold minimum
2 meters avstand



Er det barn som
trener, skal en
voksen være tilstede



Norges idrettsforbund

Skann QR-kodene
for å lese mer:



Helsedirektoratet



MELHUS
KOMMUNE