

Resultatliste Hof Toppers 2021 07.08.2021

5 topper Herre 50 - 69 år

1	Øystein Askjem, Lysaker sportsklubb/Team Heinema					2:40:14 +00:00
Post	1	2	3	4	5	
Total tid	1485:00-1	1516:31-1	1551:13-1	1583:25-1	1600:14-1	
Strekktid	1485:00	31:31-1	34:42-4	32:12-5	16:49-2	
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	
2	Per Kristian Saastad, Actionfrank					2:44:36 +04:22
Post	1	2	3	4	5	
Total tid	1489:43-2	1523:23-2	1556:10-2	1586:54-2	1604:35-2	
Strekktid	1489:43	33:40-2	32:47-1	30:44-1	17:41-5	
Tid etter	+04:43	+02:09	-01:55	-01:28	+00:52	
3	Trond Aarstad, Tosk					2:46:00 +05:46
Post	1	2	3	4	5	
Total tid	1490:29-3	1524:42-3	1558:42-3	1589:29-3	1606:00-3	
Strekktid	1490:29	34:13-3	34:00-2	30:47-2	16:31-1	
Tid etter	+05:29	+02:42	-00:42	-01:25	-00:18	
4	Ronny Eriksen, Oslo					2:49:07 +08:53
Post	1	2	3	4	5	
Total tid	1491:11-5	1526:37-5	1560:41-4	1592:09-4	1609:07-4	
Strekktid	1491:11	35:26-5	34:04-3	31:28-3	16:58-3	
Tid etter	+06:11	+03:55#	-00:38	-00:44	+00:09	
5	Espen Liset, IL Ivrig/Horten sk					2:49:56 +09:42
Post	1	2	3	4	5	
Total tid	1490:39-4	1524:54-4	1560:55-5	1592:29-5	1609:55-5	
Strekktid	1490:39	34:15-4	36:01-5	31:34-4	17:26-4	
Tid etter	+05:39	+02:44	+01:19	-00:38	+00:37	
6	Kjetil Molund, Lommedalen IL					3:08:29 +28:15
Post	1	2	3	4	5	
Total tid	1496:57-7	1534:33-6	1573:16-6	1609:30-6	1628:28-6	
Strekktid	1496:57	37:36-6	38:43-6	36:14-7	18:58-7	
Tid etter	+11:57	+06:05#	+04:01#	+04:02#	+02:09#	
7	Kjell Messelien, Bergene Holm					3:08:35 +28:21
Post	1	2	3	4	5	
Total tid	1497:09-8	1536:27-8	1575:48-8	1609:53-7	1628:34-7	
Strekktid	1497:09	39:18-8	39:21-8	34:05-6	18:41-6	
Tid etter	+12:09	+07:47#	+04:39#	+01:53	+01:52#	
8	Kjetil Kaale, IL Ivrig					3:13:26 +33:12
Post	1	2	3	4	5	
Total tid	1497:38-9	1535:39-7	1574:30-7	1613:19-8	1633:26-8	
Strekktid	1497:38	38:01-7	38:51-7	38:49-8	20:07-8	
Tid etter	+12:38	+06:30#	+04:09#	+06:37#	+03:18#	
9	Bjørn Aksnes, Nortura Bil					3:20:43 +40:29
Post	1	2	3	4	5	
Total tid	1496:14-6	1537:12-9	1579:24-9	1619:29-9	1640:43-9	
Strekktid	1496:14	40:58-9	42:12-9	40:05-9	21:14-9	
Tid etter	+11:14	+09:27&	+07:30#	+07:53#	+04:25&	
10	Tom Pettersen, DNB					3:42:08 +1:01:54
Post	1	2	3	4	5	
Total tid	1505:12-11	1549:28-10	1596:16-10	1639:05-10	1662:07-10	
Strekktid	1505:12	44:16-12	46:48-12	42:49-12	23:02-14	
Tid etter	+20:12	+12:45&	+12:06&	+10:37&	+06:13&	
11	Arvid Skjold, GK Norge					3:42:57 +1:02:43
Post	1	2	3	4	5	
Total tid	1506:49-12	1549:58-11	1596:39-11	1640:09-11	1662:57-11	

Strekketid 1506:49 43:09-10 46:41-11 43:30-14 22:48-12
 Tid etter **+21:49** **+11:38&** **+11:59&** **+11:18&** **+05:59&**

12 Pål Rogne-Renna, CK Jarlsberg 3:43:17 +1:03:03

Post 1 2 3 4 5

Total tid 1507:01-13 1550:52-12 1597:49-12 1640:59-12 1663:16-12

Strekketid 1507:01 43:51-11 46:57-13 43:10-13 22:17-10

Tid etter **+22:01** **+12:20&** **+12:15&** **+10:58&** **+05:28&**

13 Jim Tørresen, Sofiemyr 3:49:07 +1:08:53

Post 1 2 3 4 5

Total tid 1513:13-16 1560:08-16 1604:30-14 1646:15-13 1669:06-13

Strekketid 1513:13 46:55-15 44:22-10 41:45-10 22:51-13

Tid etter **+28:13** **+15:24&** **+09:40&** **+09:33&** **+06:02&**

14 Terje Vesterhagen, Eidsfoss Idrettsforening 3:50:10 +1:09:56

Post 1 2 3 4 5

Total tid 1509:40-15 1555:54-14 1605:24-15 1647:41-14 1670:09-14

Strekketid 1509:40 46:14-14 49:30-14 42:17-11 22:28-11

Tid etter **+24:40** **+14:43&** **+14:48&** **+10:05&** **+05:39&**

15 Pål Andresen, Drammen CK 4:06:52 +1:26:38

Post 1 2 3 4 5

Total tid 1504:46-10 1550:59-13 1603:03-13 1656:51-15 1686:51-15

Strekketid 1504:46 46:13-13 52:04-16 53:48-16 30:00-18

Tid etter **+19:46** **+14:42&** **+17:22&** **+21:36&** **+13:11&**

16 Knut Almenningen, Hof il 4:09:18 +1:29:04

Post 1 2 3 4 5

Total tid 1515:43-17 1565:42-17 1617:09-17 1663:44-16 1689:18-16

Strekketid 1515:43 49:59-17 51:27-15 46:35-15 25:34-15

Tid etter **+30:43** **+18:28&** **+16:45&** **+14:23&** **+08:45&**

17 Hugo Sollie, SandeSportsklubb Sykkel 4:17:05 +1:36:51

Post 1 2 3 4 5

Total tid 1509:07-14 1556:43-15 1609:25-16 1667:21-17 1697:04-17

Strekketid 1509:07 47:36-16 52:42-17 57:56-18 29:43-17

Tid etter **+24:07** **+16:05&** **+18:00&** **+25:44&** **+12:54&**

18 Ove Bergan, Eidsfoss if 4:40:45 +2:00:31

Post 1 2 3 4 5

Total tid 1521:09-18 1577:24-18 1637:17-18 1691:55-18 1720:44-18

Strekketid 1521:09 56:15-18 59:53-18 54:38-17 28:49-16

Tid etter **+36:09** **+24:44&** **+25:11&** **+22:26&** **+12:00&**

08.08.21 16:39:32 eTiming versjon 4.0 [EQ Timing as](#)

Lisensen tilhører: Hof Il