

Resultatliste Hof Toppers Ekstremsport 10.08.2019

5 topper Herre 21 - 49 år

1	Halvard Vik, Mjøndalen if ski					2:43:40 +00:00
Post	1	2	3	4	5	
Total tid	47:51-1	81:02-1	114:18-1	146:31-1	163:40-1	
Strekktid	47:51	33:11-2	33:16-1	32:13-2	17:09-2	
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	
2	Tor Harald Herland, Mandagstrimmen					2:45:43 +02:03
Post	1	2	3	4	5	
Total tid	51:26-3	84:17-2	118:13-2	148:51-2	165:42-2	
Strekktid	51:26	32:51-1	33:56-2	30:38-1	16:51-1	
Tid etter	+03:35	-00:20	+00:40	-01:35	-00:18	
3	Jarle Kroken, Vegårshei idrettslag					2:56:32 +12:52
Post	1	2	3	4	5	
Total tid	50:33-2	84:32-3	121:25-3	157:03-3	176:32-3	
Strekktid	50:33	33:59-3	36:53-4	35:38-7	19:29-5	
Tid etter	+02:42	+00:48	+03:37#	+03:25#	+02:20#	
4	Fredrik Andrew Andersen, -					3:01:55 +18:15
Post	1	2	3	4	5	
Total tid	53:55-6	90:19-5	127:37-4	162:23-4	181:54-4	
Strekktid	53:55	36:24-5	37:18-5	34:46-4	19:31-6	
Tid etter	+06:04#	+03:13	+04:02#	+02:33	+02:22#	
5	Amund Langtangen, Mandagstrimmen					3:02:18 +18:38
Post	1	2	3	4	5	
Total tid	57:09-11	91:57-9	129:51-5	164:31-5	182:17-5	
Strekktid	57:09	34:48-4	37:54-6	34:40-3	17:46-3	
Tid etter	+09:18#	+01:37	+04:38#	+02:27	+00:37	
6	Thomas Nordbotten, Nordbotten IL					3:04:25 +20:45
Post	1	2	3	4	5	
Total tid	53:57-7	91:43-8	129:54-6	164:48-6	184:24-6	
Strekktid	53:57	37:46-10	38:11-7	34:54-5	19:36-7	
Tid etter	+06:06#	+04:35#	+04:55#	+02:41	+02:27#	
7	Andreas Petersen, Tønsberg Triathlonklubb					3:07:38 +23:58
Post	1	2	3	4	5	
Total tid	58:29-12	95:53-12	132:02-9	167:10-7	187:38-7	
Strekktid	58:29	37:24-7	36:09-3	35:08-6	20:28-12	
Tid etter	+10:38#	+04:13#	+02:53	+02:55	+03:19#	
8	Stein-Helge Rinde, DEMANOR AS					3:08:29 +24:49
Post	1	2	3	4	5	
Total tid	53:48-5	90:31-6	130:53-7	168:49-8	188:29-8	
Strekktid	53:48	36:43-6	40:22-9	37:56-11	19:40-8	
Tid etter	+05:57#	+03:32#	+07:06#	+05:43#	+02:31#	
9	Jens Tjentland, Svarstad il					3:09:41 +26:01
Post	1	2	3	4	5	
Total tid	57:01-10	94:37-11	135:05-12	170:45-10	189:41-9	
Strekktid	57:01	37:36-8	40:28-10	35:40-8	18:56-4	
Tid etter	+09:10#	+04:25#	+07:12#	+03:27#	+01:47#	
10	Carl Fredrik Rønningen, Demanor/Re SK					3:11:23 +27:43

Post	1	2	3	4	5
Total tid	52:24-4	90:18-4	131:41-8	170:08-9	191:23-10
Strekktid	52:24	37:54-11	41:23-14	38:27-12	21:15-15
Tid etter	+04:33	+04:43#	+08:07#	+06:14#	+04:06#
11	Christoffer Nordbotten, Nordbotten IL				3:13:51 +30:11
Post	1	2	3	4	5
Total tid	53:59-8	91:41-7	133:17-10	172:35-11	193:51-11
Strekktid	53:59	37:42-9	41:36-15	39:18-16	21:16-16
Tid etter	+06:08#	+04:31#	+08:20&	+07:05#	+04:07#
12	Aidas Kvietkauskas, Bergene Holm				3:13:53 +30:13
Post	1	2	3	4	5
Total tid	55:39-9	93:54-10	134:59-11	173:45-12	193:52-12
Strekktid	55:39	38:15-12	41:05-12	38:46-14	20:07-11
Tid etter	+07:48#	+05:04#	+07:49#	+06:33#	+02:58#
13	Lars Buan, Hof il				3:20:09 +36:29
Post	1	2	3	4	5
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0
Strekktid	00:00	-	-	-	-
Tid etter	-	-	-	-	-
14	Even Børhaug, YOLO				3:20:59 +37:19
Post	1	2	3	4	5
Total tid	60:52-15	101:14-15	142:25-14	180:53-14	200:59-13
Strekktid	60:52	40:22-21	41:11-13	38:28-13	20:06-10
Tid etter	+13:01&	+07:11#	+07:55#	+06:15#	+02:57#
15	Arnstein Brotnow, Mandagstrimmen				3:23:02 +39:22
Post	1	2	3	4	5
Total tid	60:22-13	99:13-13	140:05-13	180:41-13	203:01-14
Strekktid	60:22	38:51-13	40:52-11	40:36-19	22:20-21
Tid etter	+12:31&	+05:40#	+07:36#	+08:23&	+05:11&
16	Olav Hallan, Maskingutta				3:24:43 +41:03
Post	1	2	3	4	5
Total tid	66:16-24	105:24-18	145:41-16	183:18-15	204:42-15
Strekktid	66:16	39:08-15	40:17-8	37:37-9	21:24-17
Tid etter	+18:25&	+05:57#	+07:01#	+05:24#	+04:15#
17	Jon Yngve Larsen, Norges Rederiforbund				3:25:11 +41:31
Post	1	2	3	4	5
Total tid	66:18-25	105:40-21	147:32-18	185:19-16	205:10-16
Strekktid	66:18	39:22-17	41:52-17	37:47-10	19:51-9
Tid etter	+18:27&	+06:11#	+08:36&	+05:34#	+02:42#
18	Kristian Valle, Bergene Holm				3:27:41 +44:01
Post	1	2	3	4	5
Total tid	60:35-14	99:39-14	144:48-15	185:24-17	207:40-17
Strekktid	60:35	39:04-14	45:09-27	40:36-19	22:16-20
Tid etter	+12:44&	+05:53#	+11:53&	+08:23&	+05:07&
19	Thomas Goverud-Holm, Hof il				3:28:02 +44:22
Post	1	2	3	4	5
Total tid	66:06-23	105:38-20	148:23-20	187:32-18	208:02-18
Strekktid	66:06	39:32-18	42:45-19	39:09-15	20:30-13
Tid etter	+18:15&	+06:21#	+09:29&	+06:56#	+03:21#
20	Tallak Bakken, Bergene Holm / Vegårshei				3:28:25 +44:45
Post	1	2	3	4	5
Total tid	2127:10-44	2168:17-44	2209:57-44	2249:21-44	2271:00-44
Strekktid	2127:10	41:07-24	41:40-16	39:24-17	21:39-19
Tid etter	+34:39:19@	+07:56#	+08:24&	+07:11#	+04:30&
21	Jørgen Kollerud, Mjøndalen				3:31:41 +48:01
Post	1	2	3	4	5

Total tid	63:13-17	105:44-22	148:29-21	188:36-19	211:40-19
Strekktid	63:13	42:31-28	42:45-19	40:07-18	23:04-26
Tid etter	+15:22&	+09:20&	+09:29&	+07:54#	+05:55&
22	Leif-Trygve Fjeld, ingen				3:34:26 +50:46
Post	1	2	3	4	5
Total tid	63:17-18	107:44-26	151:54-26	193:15-23	214:26-20
Strekktid	63:17	44:27-32	44:10-25	41:21-21	21:11-14
Tid etter	+15:26&	+11:16&	+10:54&	+09:08&	+04:02#
23	Kristian Hoaas, Bergkameratene Triathlon				3:34:33 +50:53
Post	1	2	3	4	5
Total tid	65:30-21	106:28-23	150:27-24	192:58-22	214:32-21
Strekktid	65:30	40:58-23	43:59-23	42:31-24	21:34-18
Tid etter	+17:39&	+07:47#	+10:43&	+10:18&	+04:25&
24	Terje Glenne, Team Glenne Bygg				3:36:07 +52:27
Post	1	2	3	4	5
Total tid	63:36-19	102:56-16	148:11-19	191:11-20	216:07-22
Strekktid	63:36	39:20-16	45:15-29	43:00-26	24:56-30
Tid etter	+15:45&	+06:09#	+11:59&	+10:47&	+07:47&
25	Niklas Ugland, Speed MC				3:37:10 +53:30
Post	1	2	3	4	5
Total tid	65:43-22	106:36-24	150:21-23	193:39-24	217:09-23
Strekktid	65:43	40:53-22	43:45-22	43:18-27	23:30-27
Tid etter	+17:52&	+07:42#	+10:29&	+11:05&	+06:21&
26	Bent Halvorsen, Eik sykkel og syre				3:38:17 +54:37
Post	1	2	3	4	5
Total tid	65:18-20	105:37-19	150:28-25	194:17-25	218:16-24
Strekktid	65:18	40:19-20	44:51-26	43:49-32	23:59-29
Tid etter	+17:27&	+07:08#	+11:35&	+11:36&	+06:50&
27	Sondre Nordås, Dristug				3:40:46 +57:06
Post	1	2	3	4	5
Total tid	66:29-26	106:36-24	149:03-22	191:29-21	220:46-25
Strekktid	66:29	40:07-19	42:27-18	42:26-23	29:17-39
Tid etter	+18:38&	+06:56#	+09:11&	+10:13&	+12:08&
28	Rune Norhall, Gullhaug il				3:41:52 +58:12
Post	1	2	3	4	5
Total tid	70:09-30	113:28-29	157:05-27	199:15-27	221:52-26
Strekktid	70:09	43:19-29	43:37-21	42:10-22	22:37-22
Tid etter	+22:18&	+10:08&	+10:21&	+09:57&	+05:28&
29	Sven Erik Solberg, Hof il				3:44:01 +1:00:21
Post	1	2	3	4	5
Total tid	00:00-0	00:00-0	4796:22-45	4839:56-45	4862:59-45
Strekktid	00:00	-	-	43:34-30	23:03-25
Tid etter	-	-	-	+11:21&	+05:54&
30	Håvard Omholt, Bergene Holm				3:44:10 +1:00:30
Post	1	2	3	4	5
Total tid	67:57-28	109:41-27	157:35-28	200:32-28	224:09-27
Strekktid	67:57	41:44-26	47:54-32	42:57-25	23:37-28
Tid etter	+20:06&	+08:33&	+14:38&	+10:44&	+06:28&
31	Emil Johansen, Sande				3:44:35 +1:00:55
Post	1	2	3	4	5
Total tid	62:04-16	103:23-17	147:24-17	196:22-26	224:34-28
Strekktid	62:04	41:19-25	44:01-24	48:58-36	28:12-37
Tid etter	+14:13&	+08:08#	+10:45&	+16:45&	+11:03&
32	Eirik Skavhellen, Holmestrand SK				3:49:40 +1:06:00
Post	1	2	3	4	5
Total tid	72:16-33	116:26-32	163:39-30	207:02-29	229:40-29

Strekktid	72:16	44:10-31	47:13-30	43:23-28	22:38-23
Tid etter	+24:25&	+10:59&	+13:57&	+11:10&	+05:29&
33	Petter Akerholt, Begynte for seint i år au				3:51:20 +1:07:40
Post	1	2	3	4	5
Total tid	72:08-32	116:10-31	164:57-32	208:24-31	231:19-30
Strekktid	72:08	44:02-30	48:47-35	43:27-29	22:55-24
Tid etter	+24:17&	+10:51&	+15:31&	+11:14&	+05:46&
34	Mathias Hvidsten, Team Glenne Bygg				3:53:04 +1:09:24
Post	1	2	3	4	5
Total tid	73:21-36	119:00-35	164:14-31	207:53-30	233:03-31
Strekktid	73:21	45:39-34	45:14-28	43:39-31	25:10-33
Tid etter	+25:30&	+12:28&	+11:58&	+11:26&	+08:01&
35	Mathias Vestgarden Olsen, Solrike Bass&Xos				3:56:25 +1:12:45
Post	1	2	3	4	5
Total tid	69:40-29	111:25-28	160:08-29	211:18-32	236:24-32
Strekktid	69:40	41:45-27	48:43-34	51:10-39	25:06-32
Tid etter	+21:49&	+08:34&	+15:27&	+18:57&	+07:57&
36	Glenn Jensen, Bergene Holm				3:59:24 +1:15:44
Post	1	2	3	4	5
Total tid	66:41-27	114:49-30	167:16-34	213:27-33	239:23-33
Strekktid	66:41	48:08-38	52:27-37	46:11-33	25:56-35
Tid etter	+18:50&	+14:57&	+19:11&	+13:58&	+08:47&
37	Jørgen Strand, Bergene Holm				3:59:35 +1:15:55
Post	1	2	3	4	5
Total tid	73:05-35	118:14-34	165:50-33	214:06-34	239:35-34
Strekktid	73:05	45:09-33	47:36-31	48:16-34	25:29-34
Tid etter	+25:14&	+11:58&	+14:20&	+16:03&	+08:20&
38	Ola Buan, Sande sportsklubb				4:07:28 +1:23:48
Post	1	2	3	4	5
Total tid	77:19-38	125:15-38	173:52-37	222:25-36	247:28-35
Strekktid	77:19	47:56-37	48:37-33	48:33-35	25:03-31
Tid etter	+29:28&	+14:45&	+15:21&	+16:20&	+07:54&
39	Marius Gabrielsen, Ganske Enkelt AS				4:11:11 +1:27:31
Post	1	2	3	4	5
Total tid	72:18-34	119:50-36	172:04-35	222:11-35	251:10-36
Strekktid	72:18	47:32-36	52:14-36	50:07-38	28:59-38
Tid etter	+24:27&	+14:21&	+18:58&	+17:54&	+11:50&
40	Tommy Marthinsen, DEMANOR AS				4:15:56 +1:32:16
Post	1	2	3	4	5
Total tid	77:46-39	126:48-39	179:53-38	229:29-38	255:56-37
Strekktid	77:46	49:02-39	53:05-38	49:36-37	26:27-36
Tid etter	+29:55&	+15:51&	+19:49&	+17:23&	+09:18&
41	Pål Herman Johansen, Sande				4:16:39 +1:32:59
Post	1	2	3	4	5
Total tid	70:48-31	116:58-33	172:38-36	226:01-37	256:38-38
Strekktid	70:48	46:10-35	55:40-39	53:23-40	30:37-41
Tid etter	+22:57&	+12:59&	+22:24&	+21:10&	+13:28&
42	Bjørn Druglimo, .				4:27:38 +1:43:58
Post	1	2	3	4	5
Total tid	74:46-37	124:31-37	180:40-39	237:52-39	267:38-39
Strekktid	74:46	49:45-40	56:09-40	57:12-41	29:46-40
Tid etter	+26:55&	+16:34&	+22:53&	+24:59&	+12:37&
43	Benjamin Slåtta Evju, Strava Vestfold				4:55:35 +2:11:55
Post	1	2	3	4	5
Total tid	86:47-40	142:29-40	204:09-40	261:39-40	295:34-40
Strekktid	86:47	55:42-41	61:40-41	57:30-42	33:55-43

Tid etter	+38:56&	+22:31&	+28:24&	+25:17&	+16:46&	
44	Rune Garder, Aron sportsklubb					5:19:54 +2:36:14
Post	1	2	3	4	5	
Total tid	89:06-41	150:48-42	220:59-41	284:46-41	319:53-41	
Strekktid	89:06	61:42-43	70:11-42	63:47-44	35:07-44	
Tid etter	+41:15&	+28:31&	+36:55@	+31:34&	+17:58@	
45	Stian Kollane Aase, Solrike Bass&Xos					5:30:11 +2:46:31
Post	1	2	3	4	5	
Total tid	90:41-42	150:43-41	223:25-42	293:05-42	330:10-42	
Strekktid	90:41	60:02-42	72:42-43	69:40-45	37:05-45	
Tid etter	+42:50&	+26:51&	+39:26@	+37:27@	+19:56@	
46	Keith Eikenes, FDIL					5:34:16 +2:50:36
Post	1	2	3	4	5	
Total tid	102:43-43	167:16-43	241:33-43	301:07-43	334:16-43	
Strekktid	102:43	64:33-44	74:17-44	59:34-43	33:09-42	
Tid etter	+54:52@	+31:22&	+41:01@	+27:21&	+16:00&	
DNF	Thomas Kollane Aase, Solrike Bass&Xos					
Post	1	2	3	4	5	
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	
Strekktid	00:00	-	-	-	-	
Tid etter	-	-	-	-	-	

11.08.19 10:51:47 eTiming versjon 4.0 [EQ Timing as](#)

Lisensen tilhører: Hof II