

| Tid   | Løp                       | Lengde/3-steg                                         | Høyde                             | Liten ball/<br>spyd                                 | Kule                      |
|-------|---------------------------|-------------------------------------------------------|-----------------------------------|-----------------------------------------------------|---------------------------|
| 12.00 | 300m hk J15(1), G16(1)    | J11(6), J12(1)                                        | J13(1), J14(1),<br>J15(1), J16(1) | J8(4), J9(7),<br>G8(5)                              | J10(6), G10(2)            |
| 12.05 |                           |                                                       |                                   |                                                     |                           |
| 12.10 |                           |                                                       |                                   |                                                     |                           |
| 12.15 | 60m G11(2), 60m J12(1)    |                                                       |                                   |                                                     |                           |
| 12.20 | 60m G12(5)                |                                                       |                                   |                                                     |                           |
| 12.25 | 60m J11(6)                |                                                       |                                   |                                                     |                           |
| 12.30 |                           |                                                       |                                   | Spyd:<br>G13(1),G14(3),<br>G15(2), G16(2),<br>MS(1) |                           |
| 12.35 | 60m J8(4), J9(7) 2 heat   |                                                       |                                   |                                                     | G11(2), G12(1)<br>J11(5), |
| 12.45 | 60m J10(5)                | Tresteg:<br>J14(1), J15(2), J16(1),<br>G14(2), G16(1) |                                   |                                                     |                           |
| 12.50 | 60m G8(4), 60m G10(2)     |                                                       |                                   |                                                     |                           |
| 13.05 | 100m J13(3), J14(3)       |                                                       |                                   |                                                     |                           |
| 13.10 | 100 G13(2), G14(3), MS(1) |                                                       |                                   |                                                     |                           |
| 13.15 | 100m J15(2), J16(1)       |                                                       |                                   |                                                     |                           |
| 13.20 | 100m G15(1), G16(4),      | G11(3), G12(3), MS(1)                                 |                                   |                                                     |                           |
| 13.25 |                           |                                                       | G13(2), G14(2)                    |                                                     |                           |
| 13.30 |                           |                                                       |                                   |                                                     |                           |
| 13.40 | 600m J11(6), J14(1)       |                                                       |                                   | J15(1), J16(1),                                     |                           |
| 13.45 |                           |                                                       |                                   |                                                     |                           |
| 13.50 |                           |                                                       |                                   |                                                     | J13(3), J14(1)            |
| 13.55 |                           |                                                       | J10(4), J11(3),<br>G10(1)         |                                                     |                           |
| 14.05 |                           |                                                       |                                   |                                                     |                           |
| 14.15 |                           |                                                       |                                   |                                                     | G15(1), G16(2)            |

|       |                     |                     |                |         |                          |
|-------|---------------------|---------------------|----------------|---------|--------------------------|
| 14.25 | 600m G13(2), G14(3) | J8(4), J9(7), G8(4) |                | J13(1), |                          |
|       |                     |                     |                |         |                          |
| 14.35 | 600m G11(2), G12(3) |                     |                |         | J15(1), J16(2),          |
| 14.45 |                     |                     | G11(2), G12(1) |         |                          |
| 14.50 | 800m G15(1), G16(3) |                     |                |         |                          |
| 15.00 |                     |                     |                |         |                          |
| 15.05 |                     |                     | G16(2)         |         | G13(2), G14(2),<br>MS(1) |
|       |                     |                     |                |         |                          |
| 15.20 | Stafetter           |                     |                |         |                          |