

OSK Open Oslo

Detailed Programme

September 30, 2023

08:30	<i>Warming up</i>				
09:30	<i>Ice Res (Full)</i>				
09:50	Testløp	222 meter	Semi Final	Group 1	1
10:00	NC	1500 meter	Quarter Finals	Group 1	2 - 5
10:18	Intermediate	1000 meter	Quarter Finals	Group 1	6 - 9
10:33	<i>Ice Res (Full)</i>				
10:48	NC	1500 meter	Semi Final	Group 2	10 - 11
10:58	NC	1500 meter	Semi Final	Group 1	12 - 13
11:08	Intermediate	1000 meter	Semi Final	Group 2	14 - 15
11:16	Intermediate	1000 meter	Semi Final	Group 1	16 - 17
11:24	Special Olympics	1000 meter	Semi Final	Group 1	18
11:29	Recruits	333 meter	Semi Final	Group 1	19 - 20
11:35	<i>Ice Res (Full)</i>				
11:50	NC	1500 meter	Final	Group 4	21
11:55	NC	1500 meter	Final	Group 3	22
12:00	NC	1500 meter	Final	Group 2	23
12:06	NC	1500 meter	Final	Group 1	24
12:11	Intermediate	1000 meter	Final	Group 4	25
12:15	Intermediate	1000 meter	Final	Group 3	26
12:19	Intermediate	1000 meter	Final	Group 2	27
12:23	Intermediate	1000 meter	Final	Group 1	28
12:28	Special Olympics	1000 meter	Final	Group 1	29
12:33	Recruits	333 meter	Final	Group 2	30
12:36	Recruits	333 meter	Final	Group 1	31
12:38	<i>Ice Res (Full)</i>				
12:53	NC	500 meter	Quarter Finals	Group 1	32 - 36
13:07	Intermediate	500 meter	Quarter Finals	Group 1	37 - 42
13:24	Special Olympics	500 meter	Semi Final	Group 1	43
13:28	Recruits	111 m	Semi Final	Group 1	44 - 46
13:35	<i>Ice Res (Full)</i>				
13:50	NC	500 meter	Semi Final	Group 2	47 - 48
13:57	NC	500 meter	Semi Final	Group 1	49 - 50
14:03	Intermediate	500 meter	Semi Final	Group 3	51 - 52
14:09	Intermediate	500 meter	Semi Final	Group 2	53 - 54
14:15	Intermediate	500 meter	Semi Final	Group 1	55 - 56
14:21	Special Olympics	500 meter	Final	Group 1	57
14:25	Recruits	111 m	Final	Group 3	58
14:28	Recruits	111 m	Final	Group 2	59
14:31	Recruits	111 m	Final	Group 1	60
14:34	<i>Ice Res (Full)</i>				
14:54	NC	500 meter	Final	Group 5	61

THE PROGRAM IS TENTATIVE AND SUBJECT TO CHANGE. STARTING TIMES WILL FOLLOW THE FLOW OF THE COMPETITION.

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14:57	NC	500 meter	Final	Group 4	62
15:00	NC	500 meter	Final	Group 3	63
15:03	NC	500 meter	Final	Group 2	64
15:07	NC	500 meter	Final	Group 1	65
15:10	Intermediate	500 meter	Final	Group 6	66
15:13	Intermediate	500 meter	Final	Group 5	67
15:16	Intermediate	500 meter	Final	Group 4	68
15:20	Intermediate	500 meter	Final	Group 3	69
15:23	Intermediate	500 meter	Final	Group 2	70
15:26	Intermediate	500 meter	Final	Group 1	71
15:29	<i>Ice Res (Full)</i>				
15:49	NC	3000 m Relay	Final	-	72 - 73
16:04	Intermediate	2000 m Relay	Final	-	74 - 75
16:17	<i>end</i>				

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OSK Open Oslo

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October 1, 2023

09:50	Testløp	222 meter	Final	Group 1	76
10:00	NC	1000 meter	Quarter Finals	Group 1	77 - 79
10:11	NC Kvinner	1000 meter	Semi Final	Group 1	80 - 81
10:19	Intermediate	777 meter	Quarter Finals	Group 1	82 - 87
10:39	Special Olympics	777 meter	Quarter Finals	Group 1	88
10:42	Recruits	222 meter	Quarter Finals	Group 1	89 - 91
10:49	<i>Ice Res (Full)</i>				
11:04	NC	1000 meter	Semi Final	Group 1	92 - 93
11:12	Intermediate	777 meter	Semi Final	Group 3	94 - 95
11:20	Intermediate	777 meter	Semi Final	Group 2	96 - 97
11:27	Intermediate	777 meter	Semi Final	Group 1	98 - 99
11:35	Special Olympics	777 meter	Semi Final	Group 1	100
11:39	Recruits	222 meter	Semi Final	Group 2	101
11:41	Recruits	222 meter	Semi Final	Group 1	102 - 103
11:47	<i>Ice Res (Full)</i>				
12:02	NC	1000 meter	Final	Group 3	104
12:06	NC	1000 meter	Final	Group 2	105
12:10	NC	1000 meter	Final	Group 1	106
12:14	NC Kvinner	1000 meter	Final	Group 2	107
12:18	NC Kvinner	1000 meter	Final	Group 1	108
12:23	Intermediate	777 meter	Final	Group 6	109
12:26	Intermediate	777 meter	Final	Group 5	110
12:30	Intermediate	777 meter	Final	Group 4	111
12:34	Intermediate	777 meter	Final	Group 3	112
12:38	Intermediate	777 meter	Final	Group 2	113
12:42	Intermediate	777 meter	Final	Group 1	114
12:46	Special Olympics	777 meter	Final	Group 1	115
12:50	Recruits	222 meter	Final	Group 3	116
12:53	Recruits	222 meter	Final	Group 2	117
12:56	Recruits	222 meter	Final	Group 1	118
12:58	<i>Ice Res (Track)</i>				
13:28	<i>Ceremony</i>				

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