

Detailed Programme

April 9, 2022

08:00	<i>Warming up</i>				
09:30	<i>Ice Res (Full)</i>				
10:00	Junior / Senior	1500 meter	Quarter Finals	Group 1	1 - 4
10:18	Tilrettelagt	777 meter	Semi Final	Group 1	5
10:24	Rekrutt 2	777 meter	Semi Final	Group 2	6 - 7
10:31	Rekrutt 2	777 meter	Semi Final	Group 1	8 - 10
10:42	Rekrutt	333 meter	Semi Final	Group 1	11 - 14
10:54	<i>Ice Res (Track)</i>				
11:09	Junior / Senior	1500 meter	Semi Final	Group 1	15 - 17
11:24	Tilrettelagt	777 meter	Final	Group 1	18
11:28	Rekrutt 2	777 meter	Final	Group 5	19
11:32	Rekrutt 2	777 meter	Final	Group 4	20
11:36	Rekrutt 2	777 meter	Final	Group 3	21
11:40	Rekrutt 2	777 meter	Final	Group 2	22
11:44	Rekrutt 2	777 meter	Final	Group 1	23
11:48	Rekrutt	333 meter	Final	Group 1	24 - 27
12:00	<i>Ice Res (Full)</i>				
12:15	Junior / Senior	1500 meter	Final	Group 4	28
12:20	Junior / Senior	1500 meter	Final	Group 3	29
12:25	Junior / Senior	1500 meter	Final	Group 2	30
12:31	Junior / Senior	1500 meter	Final	Group 1	31
12:36	Rekrutt 2	333 meter	Quarter Finals	Group 1	32 - 35
12:47	Rekrutt	111 m	Semi Final	Group 1	36 - 39
12:58	<i>Ice Res (Track)</i>				
13:13	Tilrettelagt	333 meter	Semi Final	Group 1	40
13:15	Rekrutt	111 m	Final	Group 1	41 - 44
13:26	Junior / Senior	500 meter	Quarter Finals	Group 1	45 - 49
13:40	Rekrutt 2	333 meter	Semi Final	Group 2	50 - 51
13:46	Rekrutt 2	333 meter	Semi Final	Group 1	52 - 54
13:54	<i>Ice Res (Full)</i>				
14:09	Tilrettelagt	333 meter	Final	Group 1	55
14:12	Junior / Senior	500 meter	Semi Final	Group 3	56 - 57
14:18	Junior / Senior	500 meter	Semi Final	Group 2	58 - 59
14:25	Junior / Senior	500 meter	Semi Final	Group 1	60 - 61
14:31	Rekrutt 2	333 meter	Final	Group 5	62
14:34	Rekrutt 2	333 meter	Final	Group 4	63
14:37	Rekrutt 2	333 meter	Final	Group 3	64
14:40	Rekrutt 2	333 meter	Final	Group 2	65
14:43	Rekrutt 2	333 meter	Final	Group 1	66
14:46	<i>Ice Res (Full)</i>				
15:01	Junior / Senior	500 meter	Final	Group 8	67

The program is tentative and subject to change. Starting times will follow the flow of the competition.

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15:04	Junior / Senior	500 meter	Final	Group 7	68
15:07	Junior / Senior	500 meter	Final	Group 6	69
15:11	Junior / Senior	500 meter	Final	Group 5	70
15:14	Junior / Senior	500 meter	Final	Group 4	71
15:17	Junior / Senior	500 meter	Final	Group 3	72
15:20	Junior / Senior	500 meter	Final	Group 2	73
15:24	Junior / Senior	500 meter	Final	Group 1	74

The program is tentative and subject to change. Starting times will follow the flow of the competition.

Detailed Programme

April 10, 2022

08:00	<i>Warming up</i>				
09:30	<i>Ice Res (Full)</i>				
10:00	Junior / Senior	1000 meter	Quarter Finals	Group 1	75 - 79
10:18	Rekrutt 2	500 meter	Quarter Finals	Group 1	80 - 84
10:32	Tilrettelagt	500 meter	Semi Final	Group 1	85
10:35	Rekrutt	222 meter	Semi Final	Group 1	86 - 89
10:45	<i>Ice Res (Track)</i>				
11:00	Junior / Senior	1000 meter	Semi Final	Group 2	90 - 91
11:08	Junior / Senior	1000 meter	Semi Final	Group 1	92 - 94
11:20	Rekrutt 2	500 meter	Semi Final	Group 2	95 - 96
11:27	Rekrutt 2	500 meter	Semi Final	Group 1	97 - 99
11:36	Tilrettelagt	500 meter	Final	Group 1	100
11:40	Rekrutt	222 meter	Final	Group 1	101 - 104
11:51	<i>Ice Res (Full)</i>				
12:06	Junior / Senior	1000 meter	Final	Group 6	105
12:10	Junior / Senior	1000 meter	Final	Group 5	106
12:15	Junior / Senior	1000 meter	Final	Group 4	107
12:19	Junior / Senior	1000 meter	Final	Group 3	108
12:23	Junior / Senior	1000 meter	Final	Group 2	109
12:27	Junior / Senior	1000 meter	Final	Group 1	110
12:31	Rekrutt 2	500 meter	Final	Group 5	111
12:35	Rekrutt 2	500 meter	Final	Group 4	112
12:38	Rekrutt 2	500 meter	Final	Group 3	113
12:41	Rekrutt 2	500 meter	Final	Group 2	114
12:44	Rekrutt 2	500 meter	Final	Group 1	115
12:48	Rekrutt	500 meter	Super Final	Group 1	116 - 119
12:59	Tilrettelagt	1000 meter	Semi Final	Group 1	120
13:05	<i>Ice Res (Full)</i>				
13:20	Junior / Senior	3000 M SF	Super Final	Group 1	121 - 123
13:42	Rekrutt 2	1000 meter	Super Final	Group 1	124 - 126