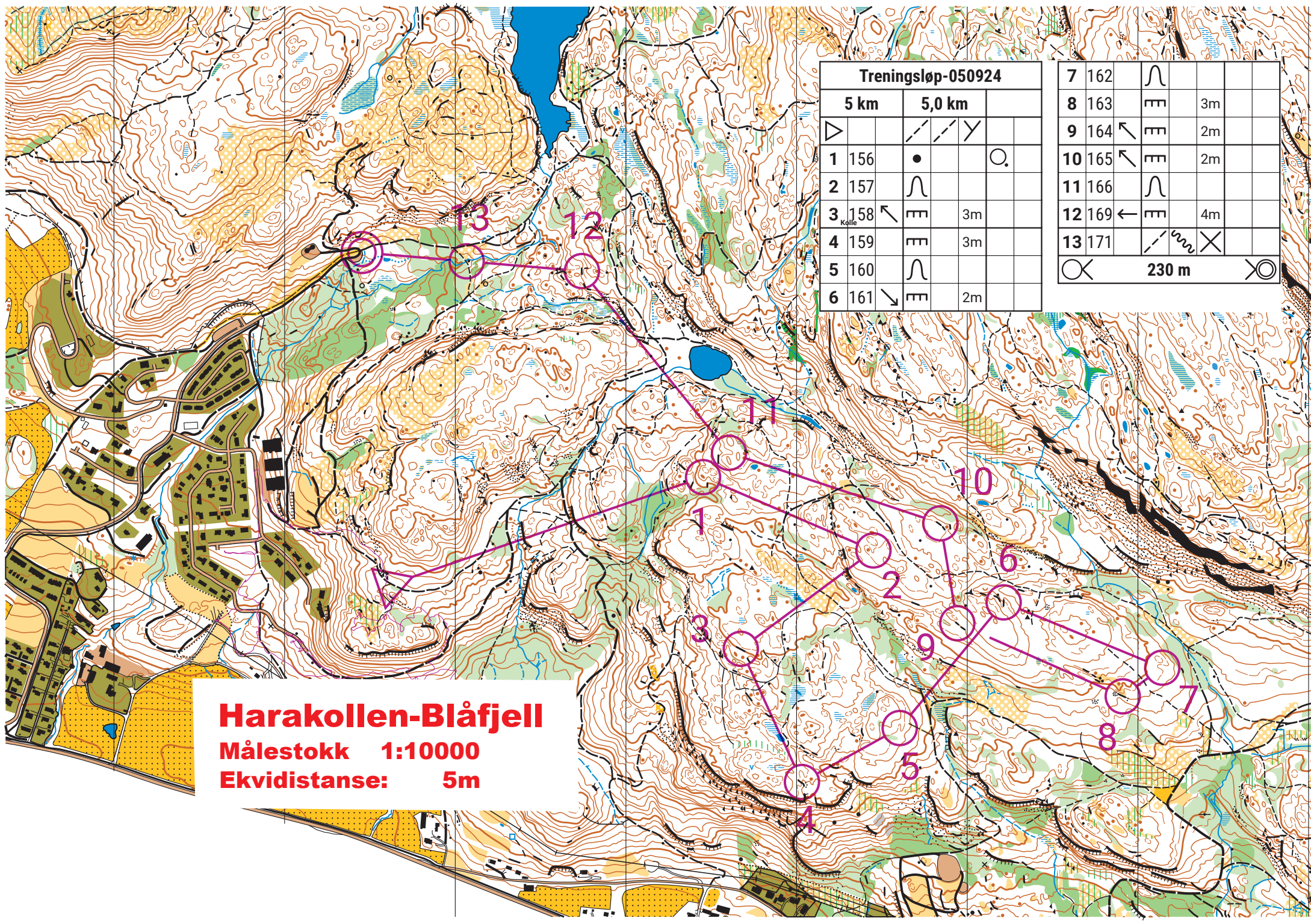




Treningsløp-050924				
5 km		5,0 km		
▷		↗ ↘	Y	
1	156	•		○
2	157	∩		
3	158	↖	≡	3m
4	159	≡		3m
5	160	∩		
6	161	↘	≡	2m

7	162					
8	163			3m		
9	164			2m		
10	165			2m		
11	166					
12	169			4m		
13	171					
		230 m				

Harakollen-Blåfjell
Målestokk 1:10000
Ekvidistanse: 5m