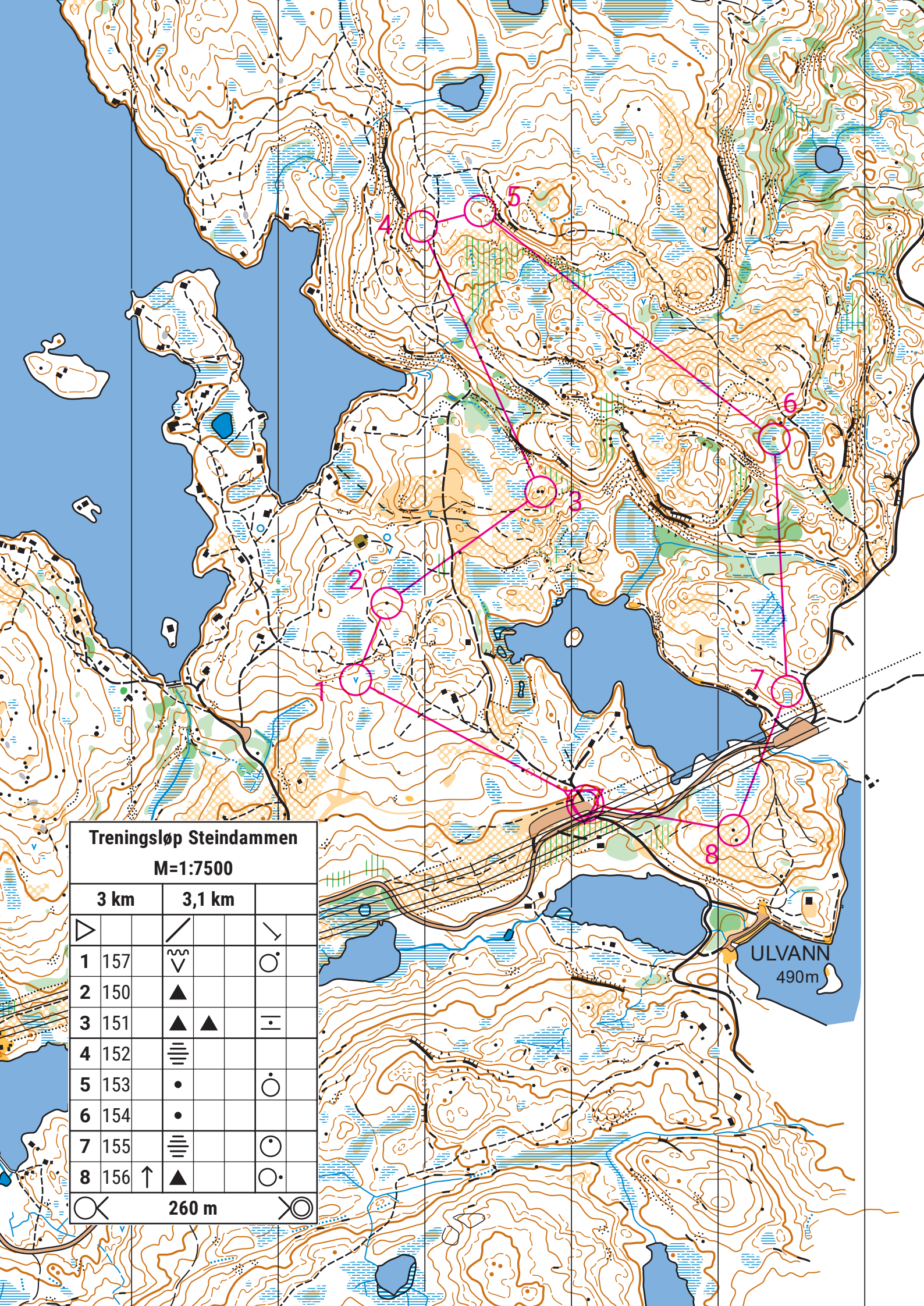




Treningsløp Steindammen					
M=1:7500					
3 km		3,1 km			
▷		↘		↘	
1	157	↘		○	
2	150	▲			
3	151	▲	▲		
4	152	≡			
5	153	•		○	
6	154	•			
7	155	≡		○	
8	156	↑	▲	○	
○	260 m				○

ULVANN
490m