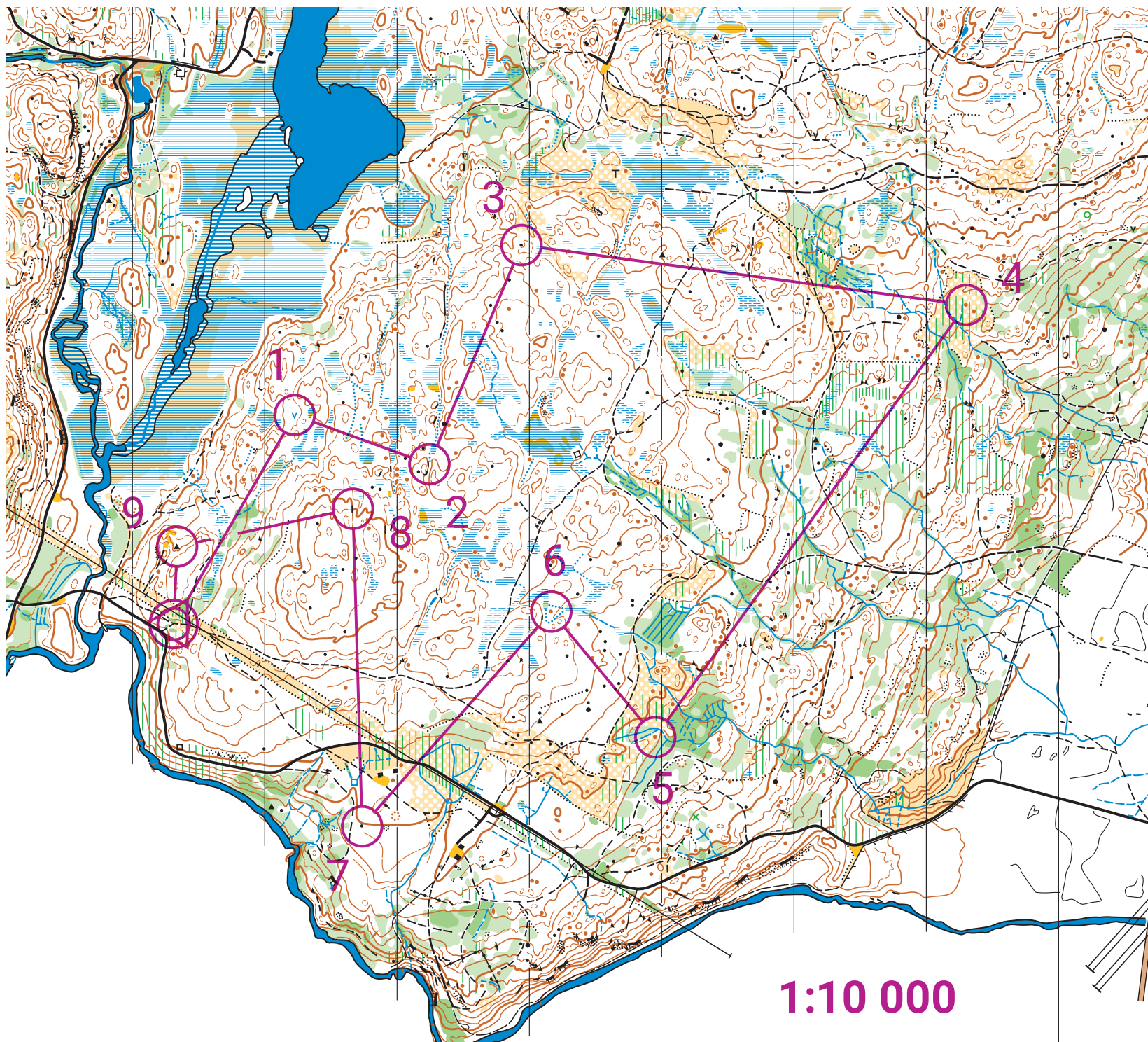




Treningsløp 06-08-2020						
5 km		5,0 km				
▷			↗	Y		
1	39		⋈			
2	40	↑	⌌		⌌	
3	41		▲		○	
4	44		●		○	
5	36		●			
6	37		●			
7	31		▲			
8	43		⌌		⌌	
9	38		▲		○	
○	150 m				⊗	

1:10 000