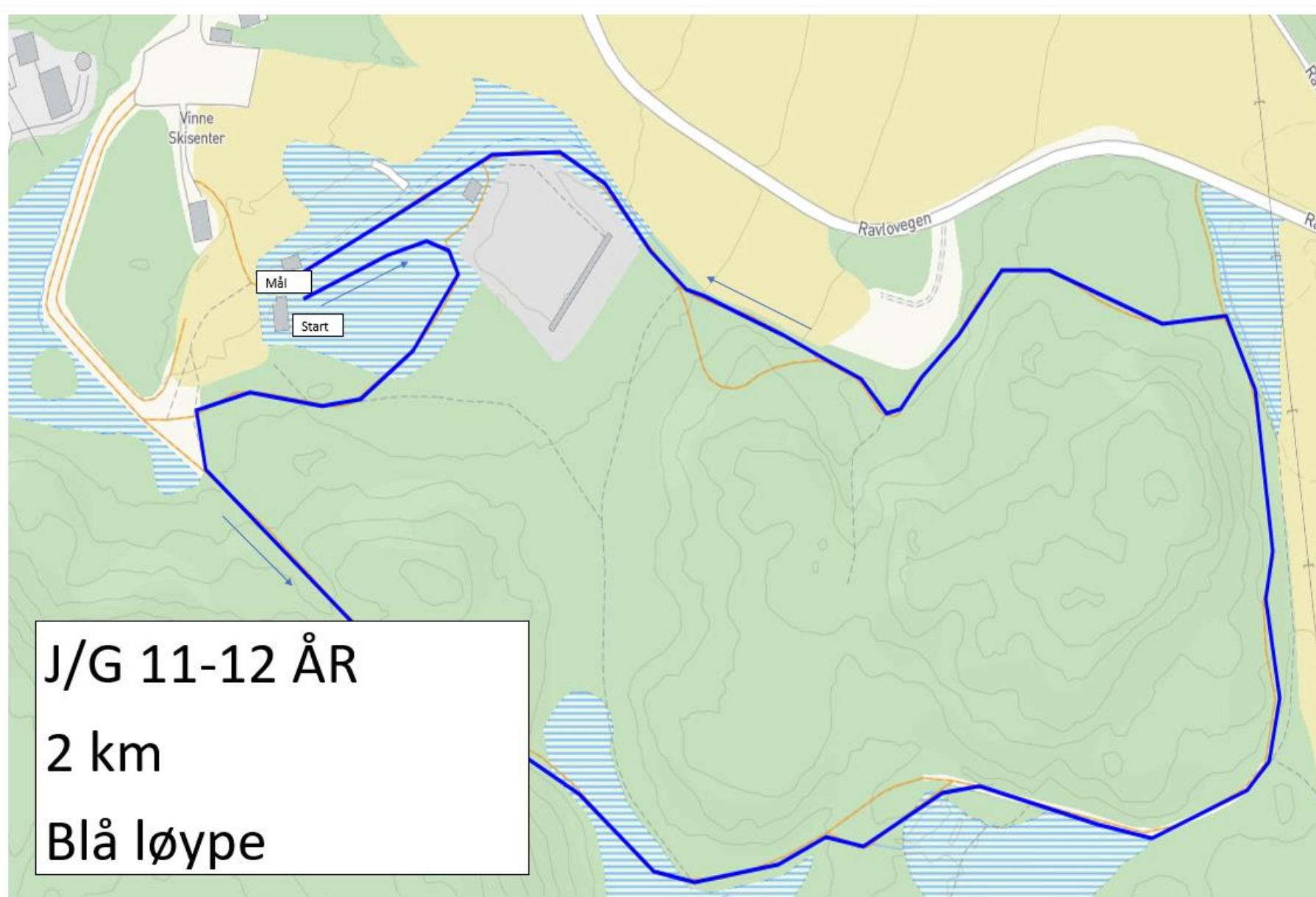
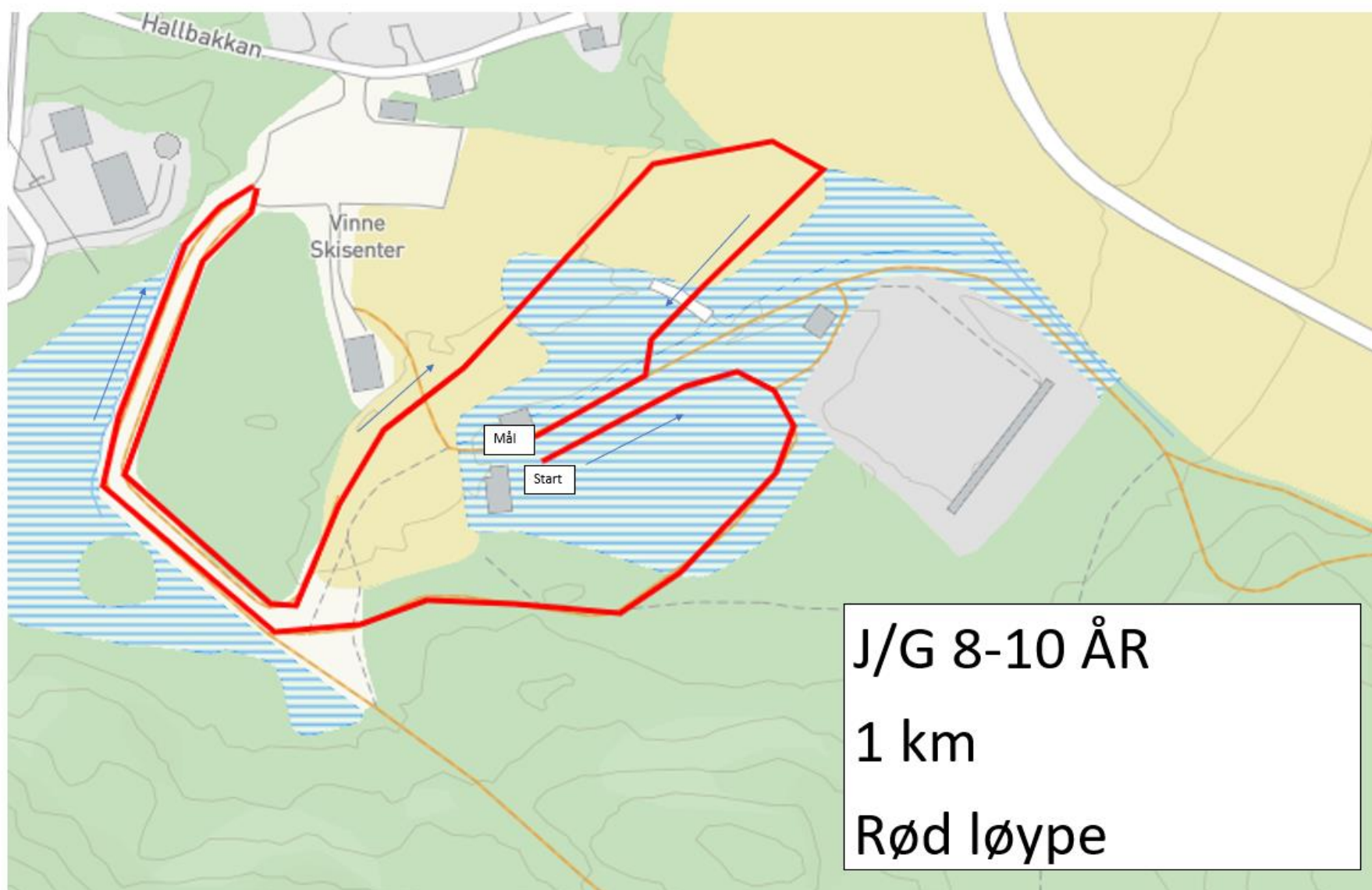
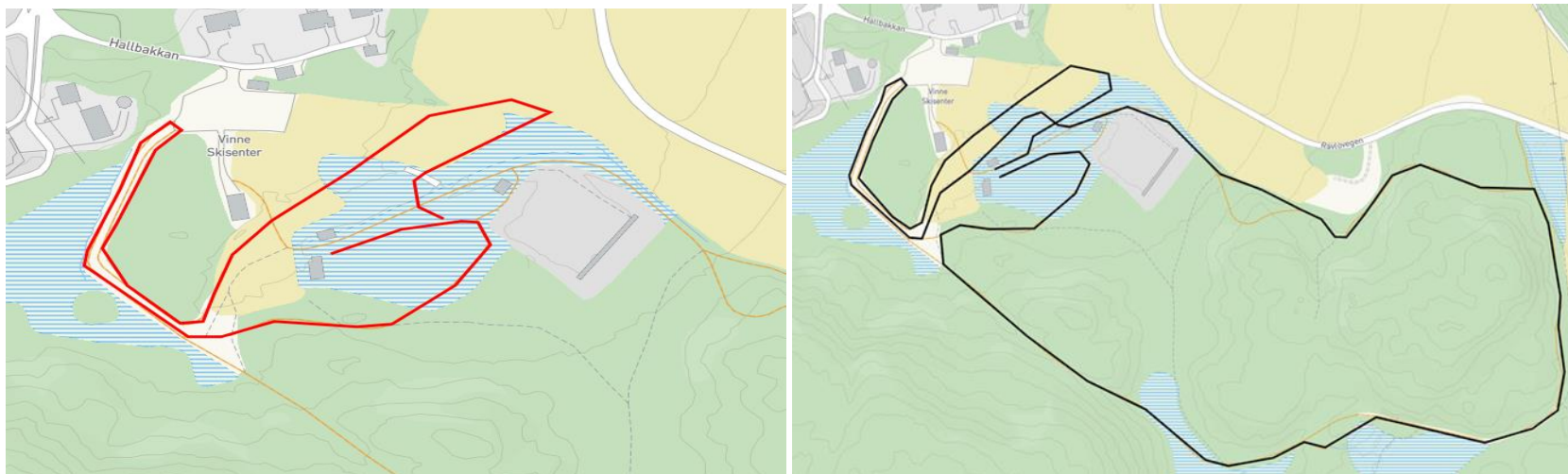




J/G 13-14 ÅR

4 km (1+3 km)

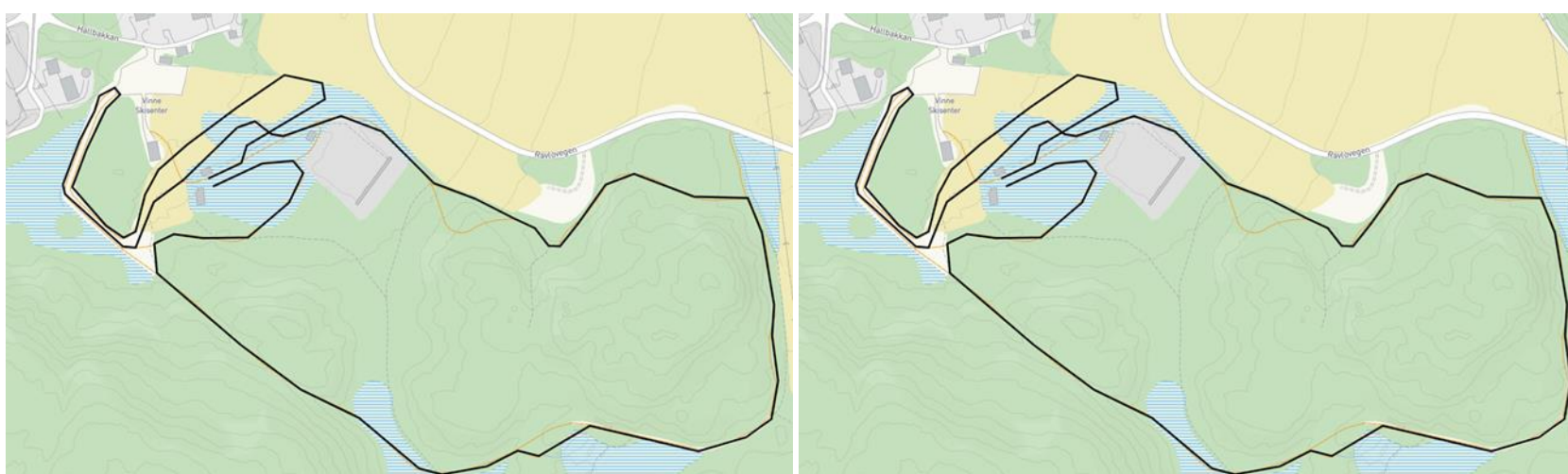
Rød + Sort



J/G 15-16 ÅR og K 17 og K 18

6 km (3+3 km)

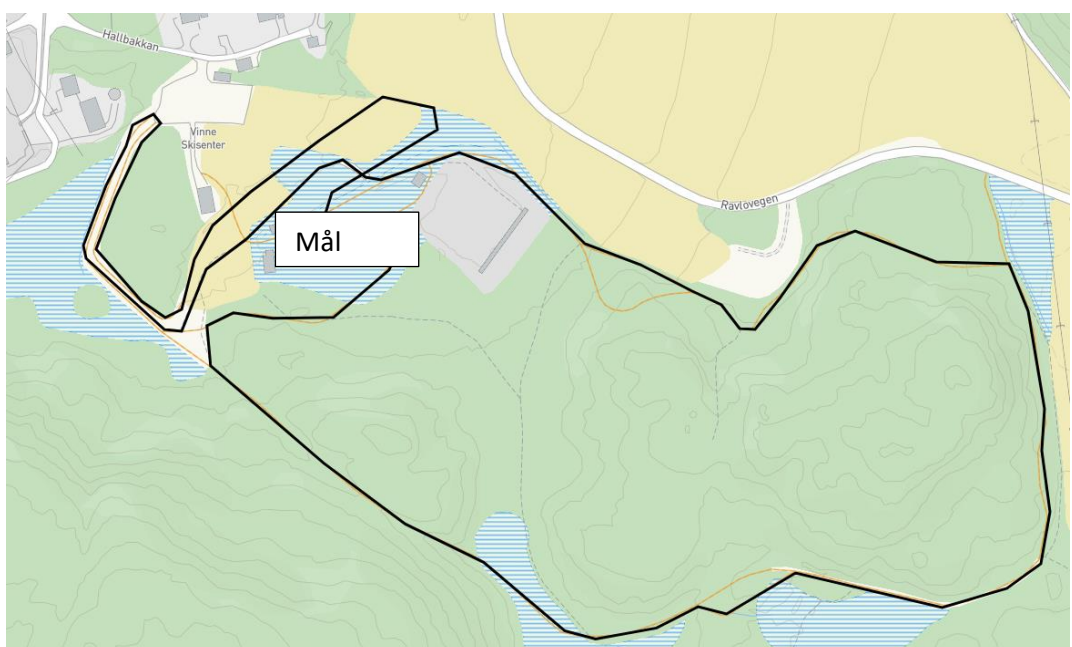
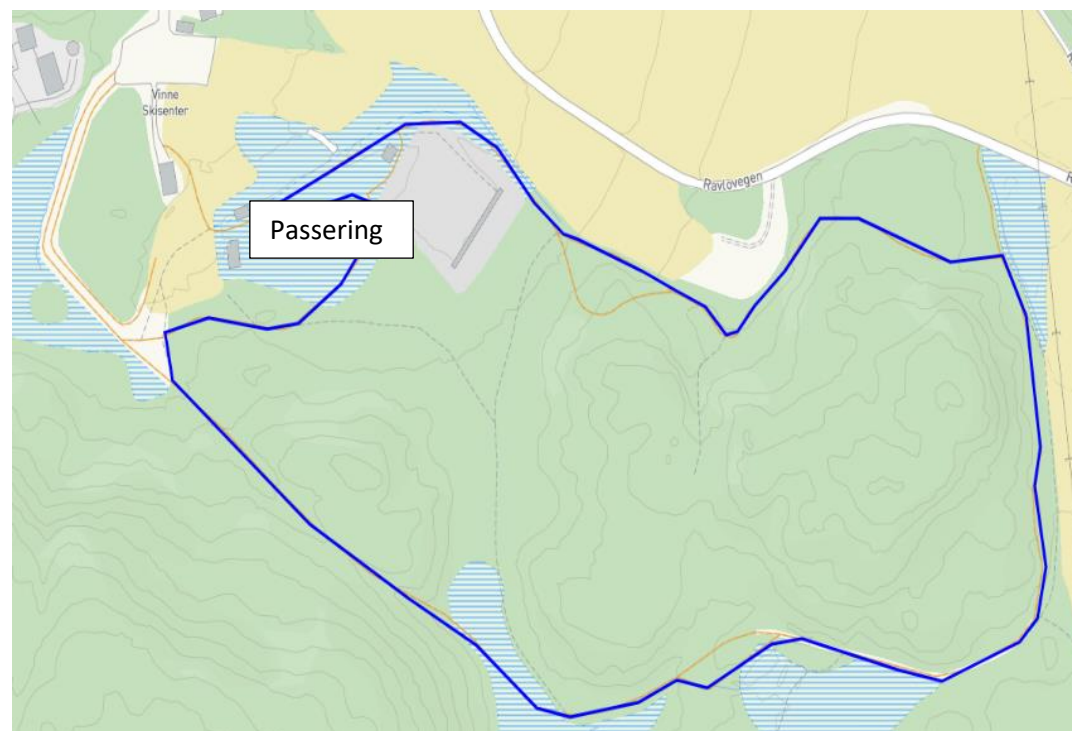
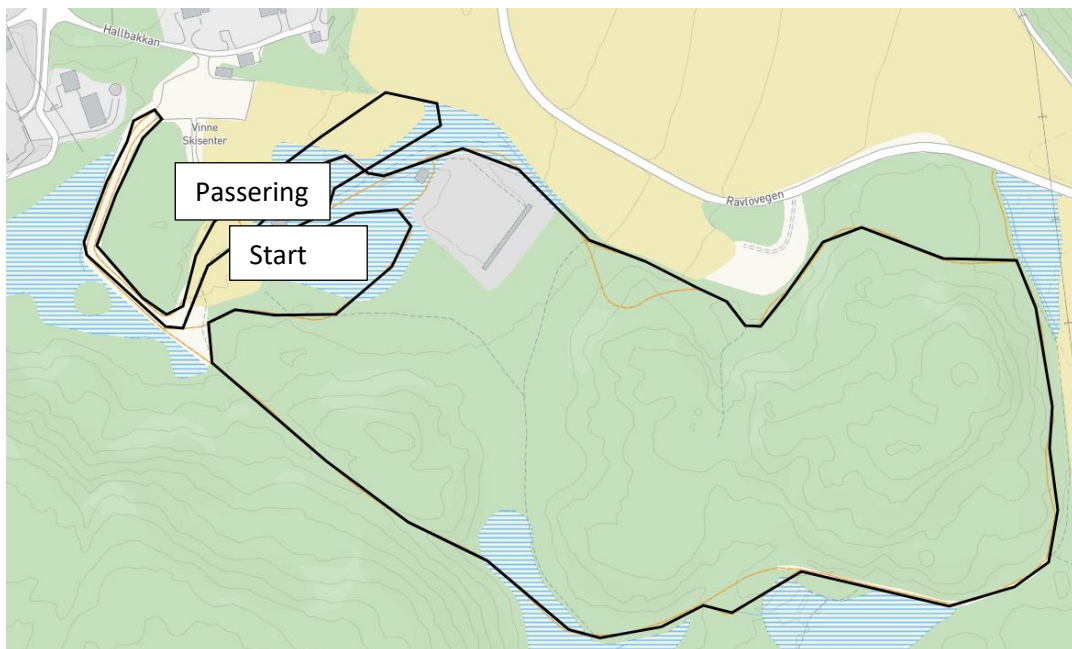
Sort x 2



K 19/20 ÅR, K sen og M 17 og M 18 ÅR

8 km (3 + 2 + 3 km)

Sort + Blå + Sort



M 19/20 ÅR og M sen
10 km (1+ 3+ 3+ 3 km)
1 x Rød + 3 x Sort

