

Statistikk Fredrikstadmarka Rundt, 1974 - 2025
med tider fra 1998 - 2025

A		B		C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	AJ	AK	AL	AM	AN	AO	AP	AQ	AR	
1	Navn	Lag	Ant	2026	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	ant tom 1997	Korr ant	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10		
2	Holme, Egil	Fredrikstad IF	40				01:53:57	01:44:09	01:39:37	01:38:09	01:44:21	01:43:56	02:34:24	01:31:11	01:32:12	1:32:17	01:31:36	1:31:04	01:32:14	01:33:20	01:36:33	1:34:43	1:29:24	1:30:50	01:27:13	01:30:02	01:26:36	01:24:53	01:25:32	01:27:16	01:27:24	01:28:33	14			04	05	--	--	--	--	--	02	03		
3	Sandvik, Helge	Fredrikstad IF	38															01:39:56	01:38:10		1:35:51	1:35:41				01:32:28	01:30:36	01:32:06	01:35:55	01:32:31	01:30:34	01:28:38	23			95	96	97	98	99	00	01	02	03	04	
4	Fjorås, Bjørnd	Fredrikstad IF	37				02:19:42	02:18:23	02:13:41	02:07:13	2:07:45	02:00:50	2:03:45	01:57:52	01:52:53	01:55:57	1:50:07	1:46:36	1:52:43	01:50:09	01:47:26	01:36:43	01:38:07	01:36:30	01:32:14	01:30:46	01:28:58							10	02	03	04	05	--	--	--	--	--	--	01	
5	Saengeren, Sveire	Fredrikstad IF	35								02:37:46	02:26:04	02:23:03	02:17:10	2:13:06	02:04:05	2:10:21	02:02:54	02:01:12	1:54:05	1:50:21	1:49:12	01:48:43	01:55:45	01:51:17	01:44:45	01:47:14							17	1	04	05	--	--	--	--	96	97	01	02	03
6	Oliven, Lars Erik	Fredrikstad IF	31	02:48:27		02:38:59	01:51:00	02:42:25		01:43:50	01:45:42	01:45:11	01:41:22	01:51:36	1:44:01	1:52:33	01:49:07	1:45:17	01:39:45	01:41:55	01:38:54	1:42:53	1:52:13	1:43:23	01:35:46	01:37:05	01:33:48	01:28:14	01:28:37	01:25:28	01:23:02	5			04	05	--	--	--	--	--	--	02	03		
7	Lund, Morten E.	Hamar Skiklubb	29		01:38:15	01:39:17	01:34:35	01:35:51	01:36:43	01:33:19	01:33:25	01:30:41	01:32:21	01:32:04	01:30:26	1:29:22	01:24:28	1:24:54	01:26:33	01:26:54	01:25:36	1:25:12	1:25:42		01:33:11	01:30:06	01:29:50	01:29:34	01:36:32		5		90	89	94	96	97	00	01	03	04	05				
8	Tjente, Sjur	Fredrikstad IF	29	02:04:51	01:57:51	01:51:05	01:49:50	01:47:06	01:43:11	01:41:37	01:46:41	01:43:53	02:34:23	01:37:04	01:33:36	1:36:18	01:34:28	1:33:18	01:31:47	01:35:31	01:30:19	1:33:56	1:35:59	1:33:28	01:30:15	01:28:53	01:32:29	01:30:29	01:34:48	01:38:14	01:38:04	01:39:31			98	99	00	01	02	03	04	05				
9	Refsgård, Ulf	Fredrikstad IF	27		03:16:52	04:02:02	03:01:29		02:56:31	02:23:41	02:38:46	02:32:02	01:58:58	02:34:11	02:56:35	3:05:15	2:25:50					02:54:21	2:54:16	1:52:26	1:57:37		01:59:22	01:37:58	01:41:19	01:39:32	01:30:44	01:29:35	6	-1	04	05	--	--	--	--	99	00	01	02		
10	Arntsen, Ketil	Ck øst	26	02:01:10	02:03:21	01:46:52	01:46:00	01:42:38	01:43:16	01:42:16	01:46:45	01:54:58	01:48:48	01:37:16	01:38:57		01:37:58	1:42:15	01:45:53	01:37:29	01:38:40	1:42:02	1:43:14	1:40:56	01:40:22	01:37:11	01:38:07	01:37:32			2		95	97	02	03	04	05	--	--	--	--				
11	Karlsen, Helge	Posten	26					02:03:40	02:02:42	01:59:21					01:51:44	1:55:10	01:48:16	1:53:72	01:45:43	01:40:27	01:42:01	1:41:03	1:44:03	1:42:32	01:40:59	01:38:21	01:51:30	01:32:49	01:35:51	01:36:37	01:27:53	01:28:55	5		02	03	04	05	--	--	--	--	--	01		
12	Magnussen, Ernst	Fredrikstad IF	26								02:38:46	01:34:49	01:36:41	01:35:26	01:37:26	1:35:25	01:39:08	1:33:25	01:41:19	01:37:05	01:30:42	1:34:14	1:38:29	1:39:36	01:38:23	01:36:52	01:29:12	01:30:46	01:37:50	01:40:28	01:36:01		5		02	04	05	--	--	--	--	--	00	01		
13	Sjølten, Tone	Fredrikstad IF	26			01:52:48	01:57:47	01:56:45		01:54:07	01:55:07	01:45:57	01:52:31	01:47:55	01:45:15	01:37:39	1:42:56	01:43:27	1:47:59	01:42:42	01:41:25	02:54:21	1:47:08	1:42:41	1:43:49	01:50:43	01:46:01	01:42:50	01:40:35	01:41:53	01:52:23		1		04	05	--	--	--	--	01	02	03			
14	Swenson, Terje	Fredrikstad IF	26																																											
15	Gurandrud, Jørgen	Fredrikstad IF	25	02:47:50	02:38:44	02:39:27	02:32:34	02:33:46	02:24:47	02:22:52	02:14:08	02:19:17	02:12:28	02:02:50	2:05:09	02:01:45	2:05:34		1:49:18	1:53:59	1:55:06	01:51:07	01:44:45	01:43:18	01:41:41	01:44:37	01:41:53							99	01	02	03	04	05	--	--	--	--			
16	Lyhmann, Dag	Norcontrol	25																																	95	98	00	01	--	--	--	--	--	85	
17	Simonsen, Sven	Fredrikstad IF	25			01:44:08	01:43:48	01:51:51	01:41:06	01:38:52	01:40:13	01:34:23	01:53:34	01:32:40	01:30:56	1:34:31	01:34:06	1:39:29	01:33:09	01:39:19	01:38:20	1:38:58	1:33:32	1:28:59	01:28:54	01:29:15	01:33:24	01:26:49						00	01	02	03	04	05	--	--	--	--			
18	Tofte, Leif	Jøtul	25																																											
19	Encksen, Roy Harry	RYGGEJØGGEN	23												01:55:05	01:53:53	01:44:55	01:44:35	1:48:27	01:34:38	1:41:36																									
20	Nilsen, Ture	Fredrikstad Skiklubb	23																																											
21	Ris, Gunn-Tove	Fredrikstad IF	23	01:49:17	01:52:35	01:50:02	01:49:58	01:47:59	01:58:11	01:44:52	01:52:05		01:51:47	01:44:37	01:43:31				01:43:13	1:44:21																										
22	Hosdal, Lars	Martha-Kam.	23																																											
23	Karlsen, Bjørn	Fredrikstad Skiklubb	22																																											
24	Berg, Kai	Gresvik	21	01:35:59	01:47:59	01:30:40	01:31:38		01:33:28	01:29:46	01:29:47				01:30:55	01:36:41																														
25	Pedersen, Ragnar	Osmy Kommune	21																																											
26	Hansen, Terje Holstad	Fredrikstad IF	20		02:15:16	02:01:55	02:08:42	01:54:55	01:47:39	01:47:42	01:45:28	01:46:43	01:37:06	01:41:08	1:41:20		1:38:46	01:37:04	01:39:29	01:36:00	1:34:02	1:37:50																								
27	Heggernes, Einar	Horten Verft	20																																											
28	Jacobsen, Egil	Titan	20																																											
29	Jansen, Sven Oskar	Fredrikstad IF	20																																											
30	Mørge, Alf	Ture IL	20																																											
31	Nilsen, Vidar Riser	Bygge	20																																											
32	Krosby, Anders Johan	Fredrikstad Skiklubb	19			02:04:34	02:14:30		01:56:47	01:58:36	01:48:28	01:49:35	01:55:09		01:44:12	1:45:19	01:46:36	1:45:44	01:40:15	01:44:28	01:45:05	1:44:30																								
33	Oliven, Thorbjørn	Fredrikstad IF	19																																											
34	Andreassen, Eivind	NRK	18																																											
35	Andresen, Stig	Fredrikstad IF	18	01:49:24	01:47:55	01:46:22	01:44:50	01:51:54	01:41:12	01:45:19	01:41:15	01:42:07			01:37:44	1:36:10																														
36	Hauge, Lars	Gresliker IF	18		01:34:58		01:41:55	01:34:00	01:29:58	01:30:20	01:29:23	01:29:46	01:28:18	01:25:24			1:28:53																													
37	Sandvik, Kåre	Gjensidige Sport	18																																											
38	Løken, Per	Fredrikstad IF	17																																											
39	Pedruvi, Bjørn	Betfild Skatøi	17																																											
40	Tronstad, Anders	Moss	17	02:07:45	02:07:40	01:59:04	01:58:12	01:57:54	02:05																																					

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	AJ	AK	AL	AM	AN	AO	AP	AQ	AR					
85	Olsen, Harald	NTP Bil	12																															12															
86	Pettersen, Kjell	Kvarner installasjon	12																															12															
87	Pettersen, Leif	Sarpsborg Sykkeklubb	12																															12															
88	Sælie, Arnfinn	Sarpsborg Sykkeklubb	12																																														
89	Tønnesen, Steinar	Norkjøll Btl.	12																																														
90	Fon, Ragnar	Vivestad IV	11																																														
91	Frederiksen, Åge Sten	Fredrikstad IF	11																																														
92	Gutthard, Tor-ivar	Fredrikstad IF	11		01:57:02	01:57:20	02:07:33	01:51:19	01:54:16	01:47:22	01:54:19	01:49:12	01:43:11			01:39:54	1:45:39										01:48:34			01:47:41	01:49:55	01:49:58	01:43:08	6		91	--	--	--	--	--	--	98	99	00	01			
93	Hassing, Tove	Fredrikstad IF	11																																														
94	Hilmen, Arne-Erik	Nesodden IF	11																																														
95	Hox, Lars	Fredrikstad IF	11			01:35:31	01:33:28			01:34:09	01:31:40					01:38:26	1:38:07		1:42:54							01:40:47			1:45:17	1:51:35																			
96	Karlsen, Roar	OK ØST	11													01:41:22	01:43:47									01:37:57	01:49:13	1:38:03	1:45:25	1:44:52		01:32:36		01:27:23	01:36:36	01:38:25				99	00	01	03						
97	Karstenen, Kjell	Borregaard	11																																														
98	Krogstad, Lars	Gresvik	11		01:32:01	01:32:36	01:25:20	01:24:42				01:23:13		01:25:01	01:22:46	01:22:44										01:27:12	1:26:37	01:32:22																					
99	Løvli, Knut	Sarpsborg Sykkeklubb	11																																														
100	Olafsen, Jørn Willy	Tønsberg Triathlonklubb	11		01:43:30	01:40:41	01:42:10	01:38:57	01:38:49	01:38:03	01:40:01	01:36:03	01:38:11	02:13:58												01:30:45																							
101	Pedersen, Tom	Titan	11																																														
102	Baumstien, Per	Diplom-Is	11																																														
103	Rostad, Hans	Rikshospitalets Btl.	11																																														
104	Skaug, Daga	Dilling	11																																														
105	Solheim, Sjur		11																																														
106	Svandal, Magne	Fredrikstad	11		01:47:42	01:44:12	01:51:56	01:42:52		01:46:40	01:45:24	01:45:24	01:44:14													1:33:42	01:43:41																						
107	Treimo, Finn	Libro	11																																														
108	Wilhelmsen, Helge	Tele	11																																														
109	Bølle, Laurence	Ramelles IL	11																																														
110	Andersen, Knut Viggo	Fredrikstad IF	10																																														
111	Bjergland, Frode	Frode Bjergland / Kvernhus	10		01:30:27		01:21:42	01:24:21	01:22:01	01:39:09	01:23:45	01:24:58	01:25:39		01:37:03	01:29:27	01:26:05	1:42:47	01:29:48	1:28:20	01:35:31					01:34:01	1:30:29																						
112	Bjergsen, Edgar	Fredrikstad IF	10																																														

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	AJ	AK	AL	AM	AN	AO	AP	AQ	AR					
169	Serle, Johnny		9															1:52:18	01:52:51	01:50:05			1:44:42			01:42:19		01:35:42			01:39:38	01:36:21	01:37:36			98	99	00	01	05									
170	Tvetter, Magne	KIL-Trim	9																													01:46:34	8			77	86	88	93	94	96	97	99	01					
171	Viken, Terje	Fredrikstad	9																													9	76	78	79	81	84	90	91	92	97								
172	Wetting, Walter	Alphama	9																													9	79	82	86	87	90	88	89	95	96								
173	Amundsen, Freddy	Sarpsborg	8		01:34:09			01:38:36	01:40:59						01:41:06			01:40:52	01:37:23	01:40:01	1:35:37									01:38:44																			
174	Casperen, Pål		8																																														
175	Evensen, Ole Christian	FREDRIKSTAD SKIKLUBB	8								01:39:31		01:57:01		01:30:02	1:32:53	01:32:42	1:34:31	01:34:55	01:34:08	01:35:10			1:40:53		01:49:03			01:45:02		01:44:05	01:52:21			99	00	02	05											
176	Fondrevik, Torbjørn	Fredrikstad	8	02:48:21	02:12:08					01:26:52		01:26:52		01:26:11	01:34:01		01:27:29	1:32:42																															
177	Grindahl, Espen Kristofersen	Fredrikstad Triathlonklubb	8	01:31:38	01:29:13			01:26:30		01:26:52		01:26:11	01:34:01		01:27:29	1:32:42			4:00:05	03:58:20									02:04:13			02:12:34	02:03:42	3		83	84	91	98	99	02								
178	Gunheim, Berit	Fredrikstad IF	8																																														
179	Gurthe, Gev Ole	Fredrikstad IF	8		01:36:26	01:31:00	01:27:31	01:27:58	01:28:39	01:31:39	01:27:08	01:36:26																																					
180	Iversen, Tore	Fredrikstad IF	8												01:54:02	1:35:33	1:52:39	01:42:41	01:43:02	01:40:37	1:49:36	1:43:29	1:40:14																										
181	Jensen, Morten	C H Evensen	8	02:07:04	01:55:03			02:01:22	01:50:25					01:52:45		1:41:52	01:45:07																																
182	Jøllewag, Tellef	Fredrikstad Skiklubb	8								01:53:08	01:46:11	01:44:43		01:44:24	1:48:57	1:45:03						1:45:40				01:39:53					02:12:34	02:03:42	4		94	99	01	02	03	04								
183	Copperud, Grethe	Fredrikstad	8																																														
184	Brattås Bar Ogeir	Kristoffersen, Per Arne	8																																														
185	Moe, Ariflon	Fredrikstad Skiklubb	8														01:43:39					01:42:04																											
186	Monvik, Per-Owe	Fredrikstad Sykkleklubb	8																																														
187	Nilsen, Pål-Heide	Northern Runners	8					01:40:34	01:36:05	01:46:22		01:29:19		01:30:45	1:53:25		01:26:27	01:33:37																															
188	Olson, Magne Strand	Fredrikstad IF	8													2:30:47	01:46:02	01:47:48	01:46:57	01:44:25	1:51:48	1:50:34	1:59:53																										
189	Olsvik, Røald	Noblikk Sannem	8																																														
190	Pedersen, Oddbjørn	GLSU	8												02:07:40	01:55:00		01:51:23	01:52:05	01:53:49	01:51:04	1:50:18																											
191	Pettersen, Per-Erik	Mfv	8																																														
192	Rød, Terje	Fredrikstad IF	8		01:48:17	01:51:02									01:46:38		1:44:25		01:41:50	01:36:44	01:40:49																												
193	Haug, Sindre	GIJ Jørgen	8										01:28:19	01:28:06	01:24:59		01:23:44	1:22:16		01:37:37	1:40:02																												
194	Hørdt Olsen, Roar	GIJ Jørgen	8	02:17:54						02:05:43	02:10:09	02:13:05				2:23:05		01:20:44																															
195	Tegner, Anne Grethe	Fredrikstad IF	8																																														
196	Thoresen, Ole Jørgen	Fredrikstad IF	8																																														
197	Tveten, Ole Kristian	Trøgstad	8				01:32:27	01:34:25		01:36:25					01:37:41	1:41:41	01:41:08						1:48:19	2:07:18																									
198	Aasen, Jan Ivar	Fredrikstad IF	8																																														
199	Amundsen, Per	Fredrikstad IF	7																																														
200	Angvold, Pål	Fredrikstad Skiklubb	7													01:54:50	1:54:55		01:56:20	02:13:26	01:54:02			1:45:26		01:35:26	01:33:43	01:30:20	01:30:19		01:59:10																		
201	Augustin, Vidar	GRESSVIK	7															01:56:20	01:56:20	01:46:31		2:04:04																											
202	Beitstad, Marius Alexander	Ornøy Runners	7		01:56:48	01:59:12	01:50:55	01:47:27	01:47:09	01:43:56			01:57:32		01:56:05		01:56:20																																
203	Elingsen, Bjørn	NORISK LUFTAMBUANSJE B	7														01:26:54																																
204	Fjellstad, Wendy	Ås IL	7	01:39:09			01:39:23											01:28:13		01:25:45																													
205	Forsbom, Kjell	Fredrikstad IF	7																																														
206	Gylvik, Morten	Fredrikstad IF	7												01:45:31			1:38:33	01:40:27																														
207	Halle, Alexander Brausth	Fredrikstad	7			01:30:27		01:30:49	01:30:41	01:34:36	01:39:58		01:36:29	01:33:45																																			
208	Hansen, Rolf	Trimutvalget	7																																														
209	Hanssen, Jan Frode		7												02:01:59		01:54:24		01:57:52		01:59:18	01:59:49	1:50:00	1:59:10						02:09:21																			
210	Hurum, Harald		7												01:48:48		01:51:15	01:48:19	1:45:56	1:42:15		01:42:00																											
211	Hjeder, Frank	Fredrikstad IF	7																																														
212	Jørgensen, Jarle	Minstad	7		01:54:56								01:33:03	01:35:38	01:42:16	01:36:23	01:52:46	2:05:23														01:50:27	01:31:42	01:31:54	3		92	94	96	98	99	00							
213	Kevstad, Bjørnar Karlsen	Gamle Fredrikstad	7					01:54:38							01:50:09	01:48:43	01:54:55	01:48:38	01:52:04																														
214	Kland, Even Bae	Fredrikstad IF	7	01:26:32						01:22:41					01:22:41		01:18:38		01:56:29		1:18:28	01:16:10			01:19:18		01:18:37																						
215	Kristiansen, Astrid Movik	Askim	7																												01:53:20									</									

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	AJ	AK	AL	AM	AN	AO	AP	AQ	AR		
253	Grimstad, Jan	Vannverket Oslo	6																																		79	80	81	82	M	91				
254	Hansen, Jan	Moss Skiklubb	6																											01:28:09						5	78	79	94	96	98	01				
255	Hansen, Rolf W.	Råde	6																																6	81	82	83	87	90	88					
256	Hatvik, Roy	Stabburet	6																																5	89	93	94	95	96	97					
257	Hauer, Thor	Brynild	6																									01:47:57							6	78	79	81	83	93	94					
258	Hersch, Malte Sebastian	Northern Runners / Sisses	6			01:27:23																																								
259	Hustoft, Trage	Moskøerene	6																																		79	82	84	91	92	99				
260	Hustoft, Eva BIL	Moss Årvå Bil	6																																	6	81	82	83	84	86	91				
261	Iari, Rune	Bygge Kommune	6																																6	80	82	84	87	90	92					
262	Johannesen, John	Moss Skiklubb	6																					1:31:33	1:30:08	1:32:18								2	95	97	00									
263	Johansen, Else-Marie	Posten Tjønsberg	6																																6	82	84	85	86	93	95					
264	Josefsen, Kristin	Fredrikstad IF	6													01:25:26						01:45:46	2:00:53	1:49:14			01:54:51	01:48:02	01:55:13							02	03	04								
265	Kahrs, Mark Kirknes	Cowi BIL	6																																											
266	Karlsen, Maria Dahle	GRESSVIK	6																																											
267	Kedziora, Norbert	Sarpborg	6																																											
268	Kjelding-Kummervold, Ivar	Fredrikstad IF	6																																											
269	Kristiansen, Kjell	Bjørnsgård BIL	6																																	6		86	87	88	89	91	92			
270	Kro, Tore August	Bingby	6																																											
271	Lorentzen, Tommy	Fredrikstad IF	6																																											
272	Lundblad, Vidar	CKØST	6																																											
273	Løkke, Anders	CK ØST	6																																											
274	Martinsen, Bjørn Arild	Fredrikstad IF	6																																											
275	Mydskje, Kjell Reidar	Fredrikstad Skiklubb	6																																											
276	March, Knut Tore	Sarpborg	6																																											
277	Nilsen, Rune	Sarpborg	6																																											
278	Nygård, Nels	Aspeid-Sjorøen	6																																											
279	Olsen, Håkon	Fredrikstad Skiklubb	6																																											
280	Olsen, Håkon Strand	Fredrikstad IF	6																										</																	

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337	Krucz, Erik Lindbak	IVERNHUSET BIL	5						01-31-30				01-46:39	01-33:40	1-42-42	01-45:25																																				
338	Kure, Hans Magnus	CowI BIL	5					01:31:54	01:33:46	01:29:44		01:27:37		01:26:42																																						
339	Landekint, Henrik	Fredrikstad IF	5			01:33:12				01:33:46			01:28:04			1:38:03	01:40:12																																			
340	Larsen, Arne	Fredrikstad IF	5																																																	
341	Marco Arroyo, Ruben	Fredrikstad IF	5			01:15:12		01:13:31	01:14:53	01:15:44		01:22:30																																								
342	Martinsen, Petter	FREDRIKSTAD	5					01:39:24								01:24:53	1:26:43																																			
343	Mathiesen, Ingrid Oldervik	FBI	5						01:43:19	01:44:35		01:40:02	01:39:08	01:43:53																																						
344	McGrath, Margaret	Halden	5		01:52:07	01:50:44																																														
345	Nilsen, Jørn Espen	Fredrikstad IF	5			01:31:16		01:21:28				01:22:36	01:27:03		01:33:53																																					
346	Nilsen, Thorodd	Fredrikstad IF	5																																																	
347	Norne, Astrid	Sørum IL	5			01:45:48																																														
348	Norne, Torfinn	Oslo	5			01:47:12																																														
349	Oliveresen, Daniel Skauge	Sarpsborg	5		01:36:41	02:01:09																																														
350	Olsen, Lars Erik	GRESSVIK	5					01:45:28				01:45:17																																								
351	Pladsen, Solvæg	Varteig IL	5						01:39:48	01:51:44	01:53:08		01:43:13	01:44:55																																						
352	Rognås, Ole	Råde	5			01:22:36		01:23:00		01:23:16		01:25:54																																								
353	Rosdal, Kristoffer	Råde	5																																																	
354	Rørberg, Alexander	GAMLEVEIEN AKTIEBYRGGE	5																																																	
355	Skarpenes, Tron André	Saltnes	5			01:46:27		01:33:33		01:36:02	01:40:29	01:42:53																																								
356	Skeie, Lars Martin	Fredrikstad IF	5																																																	
357	Skjølhuug, Turid	Fredrikstad IF	5																																																	
358	Skogby, Bjørn Reidar	Marthakameratene	5																																																	
359	Slettnoen, Tore	Eneidken IL	5		01:55:10							01:51:43		01:46:01	01:40:31	1:48:37																																				

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	AJ	AK	AL	AM	AN	AO	AP	AQ	AR									
421	Lyngbo, Kristian	Lundelagerne	4								01:40:54	01:38:18		01:47:06		1:41:22																																					
422	Løken, Thore	ØSS	4																																																		
423	Levik, Tomas	Kragerø	4			01:37:17	01:41:29		01:45:01	01:49:43																																											
424	Magnussen, Emil Orten	Lundelagerne	4									01:22:46	01:28:53		01:24:05	01:28:54																																					
425	Magnussen, Heine	FREDRIKSTAD TRIATLONKLUBB	4												01:32:51	01:28:37	1:32:36	01:35:55																																			
426	Martinsen, Bjørn-Tore	FREDRIKSTAD	4												01:23:36	1:21:18	01:24:10	1:25:21																																			
427	Matland, Lene Bro	FREDRIKSTAD	4					01:47:52	01:50:01	01:51:29	01:53:46																																										
428	Mingem Slig	Norrcol	4																																																		
429	Moen, Thor		4																																																		
430	Munkkar, Mahesh	Kragerø	4		01:31:48	01:29:29	01:37:41		01:36:12															1:57:32	01:49:04		01:48:55	01:53:26																									
431	Nicolaysen, Kent	Frederikstad	4					01:52:11			01:39:26	01:55:49	01:51:11																																								
432	Nygård, Anne Mette		4																																																		
433	Nystad, Espen		4												01:44:11	01:41:24																																					
434	Nysted, Arild	Kragerø	4		01:39:46		01:42:02	01:39:00			01:41:35																																										
435	Ølsen, Frode	Frederikstad IF	4																																																		
436	Ølsen, Ulf Roger	Torp	4		01:43:00							01:35:30			01:35:33		01:41:06																																				
437	Pedersen, Jon	MOSS	4								01:24:20					1:20:36	01:20:19											01:54:54	01:47:37		01:36:43																						
438	Pedersen, Lars	OK ØST	4									01:31:02				1:30:51	01:29:19																																				
439	Pettersen, Ragnar	Vestby IL	4																						01:34:03																												
440	Pind, Fredrik	Frederikstad IF	4		01:13:15	01:17:45	01:25:52	01:30:27																																													
441	Rasmussen, Thomas E.	Frederikstad IF	4												01:34:59		1:34:04	01:41:19	1:40:36																																		
442	Rekkedal, Jonunn	Ås IL	4																																																		
443	Ruhr, Ole-Hermann	Rygge IL	4								01:16:42	01:16:31	01:37:37																																								

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589	Lindskog, Eva	Fredrikstad IF	3													1:51:32	01:47:39	1:48:33												01:42:47			01:47:32	1		95	98	01													
590	Lippert, Bjørn Arild	Råde	3																																																
591	Liak, Joshua	FREDRIKSTAD	3						01:31:15	01:34:07	01:54:07																																								
592	Lofthus, Ola	Vestby F.H. Skole	3																														01:36:00	2		96	97	98													
593	Lund, Lars Petter	Sateba Norway	3			01:47:25	01:51:28	01:49:55																																											
594	Martinsen, Arne-Johan	FREDRIKSTAD RØNNERS	3												01:27:19					01:26:18			1:22:59																												
595	Martinson, Tore Viggo		3														01:31:51		1:57:01		01:38:45											2			94	96															
596	Mathisen, Thea	Fredrikstad IF	3		01:29:57																																														
597	Melberg, Eva Marie		3										02:08:09	02:23:52	02:00:09																																				
598	Minge, Ulf	Sarpsborg	3		01:49:07	01:57:29	02:01:20																																												
599	Mojord, Ingebreit	KOLJEÅBY	3						02:17:25	02:12:04							2:08:55																																		
600	Mostad Hansen, Jonas	Fredrikstad	3				02:15:06	02:01:55	02:07:48																																										
601	Moum, Bjørn	Mok	3																															3			90	91	93												
602	Møller, Lars Petter	Bankettløperne	3			02:12:58			01:56:00		02:00:27																																								
603	Nesland, Håkon Hanssen		3												01:52:36		01:39:08	1:51:00																																	
604	Nicholson, Colin	W Grant	3							01:45:52		01:45:20	01:41:47																																						
605	Nilsen, Karin Ann	Fredrikstad IF	3																																																
606	Nilsen, Knut	Mosseløperne	3																																																
607	Nilsen, Per Harald	Fredrikstad IF	3			01:55:24						01:50:57	01:48:49																																						
608	Nilsen, Pål	Runaway	3											01:43:32																																					
609	Nordby, Audun Pettersen	Fredrikstad Skiklubb	3		01:24:33		01:25:33	01:35:58																																											
610	Noremberg, Freddy	Gil-Jøkken	3									02:05:18	01:51:29	02:00:14																																					
611	Norås, Gunnar	Kolberg VBK	3			01:25:42	01:29:51	01:32:19																																											
612	Noteng, Peder	Fredrikstad IF	3		01:50:15	01:58:21	01:52:28																																												
613	Nygård, Børud	Nycomed	3																																																
614	Nana, Karoline	BERKE IL SKISKYTING	3										01:22:47		01:29:38	1:30:09																																			
615	Olussen, Per	Halden Skiklubb	3																																																
616	Olson, Andreas Garder	KVERNHUSET BIL FREDRIKS	3										01:21:45		01:16:26	1:24:28																																			
617	Olson, Roger	Råde Kommune Bil	3																																																
618	Olson, Tor Ellert	Fredrikstad IF	3														1:45:30																																		
619	Olsen, Thomas	Fredrikstad IF	3																																																
620	Pedersen, Asbjørn O	Varteg IL	3																																																
621	Pedersen, Henning	Mok	3																																																
622	Pedersen, Stian	FREDRIKSTAD	3																																																
623	Pettersen, Per Åge	CGJengen old Boys	3		02:02:44	02:07:12		02:02:57				01:27:29		01:49:47																																					
624	Banetvedt, Bjørn Erik	CK Øst	3															1:35:16			01:34:04	01:37:09																													
625	Revelshøy, Amfinn	Varteg IL	3																																																
626	Rhode-Moe, Tom	Fredrikstad IF	3																																																
627	Rian, Olav Loss	MÅLET ER LÅS	3														1:50:55	02:00:05	1:52:32					1:50:53		01:49:17		01:46:26																							
628	Roos, Katrine	Råde	3		02:28:16		02:04:00	02:04:41																																											
629	Roos, Mariann	Oslo	3		02:28:17		02:04:00	02:04:41																																											
630	Rundgren, Truls		3																																																
631	Røed Hansen, Mathias	GAMLE FREDRIKSTAD	3									01:39:57	01:59:22	02:01:00																																					
632	Rønne, Marius	Østerås	3									01:32:17	01:42:33																																						
633	Simonsen, Øystein	TEAM	3		02:12:22		02:00:58	02:11:18																																											
634	Simonsen, Lasse	TEAM HALK	3											02:03:05	01:52:03	1:55:06																																			
635	Sjødahl, Helge Ronny	TEAM SMILEY	3											02:15:45	02:21:52																																				
636	Skaug, Arne	Fredrikstad IF	3																																																

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757	Foss, Dorte	Raufoss IL - Fridrett	2					01:40:08						01:29:04										2:22:08		02:15:31									05											
758	Foss, Roald	Stabburøt BIL	2																																											
759	Fosse, Lars	FpiI	2	01:31:52	01:31:03																																									
760	Freilandshagen, Anne-Lene	Fredrikstad IF	2												2:21:23	02:10:57																														
761	Færde, Erik	Fredrikstad IF	2																														2			94	95									
762	Gangerstad, Stephen	Fredrikstad IF	2												1:45:42							01:32:11																								
763	Gjendems, Jan	Fredrikstad IF	2					01:54:48		02:03:26																																				
764	Gjorlie, Jan	Fredrikstad IF	2												1:47:36				01:42:50																											
765	Gjelberg, Anne B.	Bygge	2																														2				90	95								
766	Gjelberg, Mari		2												01:33:42	1:43:52																														
767	Gjelberg, Torgeir	Bygge	2																																											
768	Glomsrød, Hedda	Fredrikstad IF	2														01:53:46				02:02:00												2				82	95								
769	Glørvidgen, Marius	RELEX SOLUTIONS AS	2								01:39:21		01:31:48																																	
770	Glversen, Herman	FREDRIKSTAD SKIKLUBB	2								01:24:26										01:28:01																									
771	Graham, Kari Elisabeth	Fredrikstad IF	2												02:04:35	02:03:52																														
772	Granlund, Per Øyvind	LIFE KIRKPRAKTISK	2												01:22:15	01:24:15																														
773	Grønly, Camilla	Sellebaakk	2	01:56:05	01:51:30																																									
774	Grandis, Stian	Iven	2				02:04:43																																							
775	Gretland, Tom		2																																											
776	Grigson, Matilde	Grålum	2				01:49:59	01:48:47																								01:23:04	01:20:52				99	00								
777	Grimsoen, Ramonda	Skjeberg	2			01:56:47	02:07:05																																							
778	Grundekjøn, Christian	Fredrikstad	2			02:04:22				02:02:35																																				
779	Grønhaug, Gudmund	FREDRIKSTAD	2					02:11:34		02:25:06																																				
780	Grønhaug, Kirsten Marie	FREDRIKSTAD	2							02:15:53		02:17:24																																		
781	Gulbrandsen, Kaja	MANSTAD	2								01:42:46																																			
782	Gulbrandsen, Jan Erik	Sprøyberg	2					01:48:54	02:06:00																																					
783	Gundersen, Torje	Bygge Idrettslag	2								02:02:31		01:55:02																																	
784	Gustland, Erling	Kondis	2																															2			95	96								
785	Gustavsen, Tore	Sarpsborg Papp	2																														2			90	94									
786	Gøthesen, Hilde		2												02:15:04		02:10:20																													
787	Haffan, Erlend	Fredrikstad IF	2																		01:34:08	01:38:17																								
788	Hagen, Leif	Drøbak Maraton	2																														2				92	97								
789	Hagen, Morten	Lundelperne	2								01:36:56	01:42:02																																		
790	Haglund, Stig	Torp	2			02:00:59	02:05:28																																							
791	Hakvonen, Rolf Erik	ABA Installasjon Sarpsborg	2																																											
792	Håkons, Inger Annie	Fredrikstad IF	2																						2:19:18		2:12:19																			
793	Hammervang Lund, Mari	KVERNHUSET BIL	2											01:39:03	01:40:31																															
794	Hansen, Egil	Team Iver	2																		01:27:28	01:26:32																								
795	Hansen, Kai	Kråkerøy Verk	2																															2				82	93							
796	Hansen, Kristine		2													1:52:23	01:47:23																													
797	Hansen, Marius		2												01:54:00	01:54:30																														
798	Hansen, Jan Einar	Moss Skiklubb	2					01:59:19																																						
799	Haraldsen, Anders	TEAM UNITED BAKERIES	2										01:49:58								01:42:52																									
800	Haraldsen, Cato	Fredrikstad IF	2																																											
801	Haraldsen, Torje	Lundbrøkkstøyen	2																																											
802	Hasselgård, Øistein	Askim IF	2																																											
803	Hauge, Mats	Oslo	2			01:37:23	01:41:32																																							
804	Haugen, Bjørnar	ROLVSØY	2							02:06:54	02:11:16																																			
805	Haugen, Kim	BLOODMAK SK	2														1:44:56	01:58:29																												
806	Havdahl, Sigfred	Borgenhaugen	2				01:40:58				01:45:31																																			
807	Heia, Helene	Rasta	2				02:00:48	01:50:48																																						
808	Heien, John	Rolvøy IF	2																																											
809	Helgesen, Erik Magster	Fredrikstad	2			01:31:23	01:36:29																																							
810	Henriksen, Roar	TOKE	2					02:04:51																																						
811	Henriksen, Øyvind		2																															01:50:00												
812	Hermansen, Jonas	Fredrikstad	2			01:47:24	02:36:																																							

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841	Johansen, Loyd	Kragerø	2		01:36:02	01:38:56																																												
842	Johansen, Sigleif	Statkraft Norge	2																								01:18:21		01:16:53							02	04													
843	Johansen, Vegard Ulrik		2								02:19:42						02:02:19																																	
844	Johansson, Andreas	Halden SK	2							01:15:15																			01:09:44																					
845	Johnsson, Helge	Borre IF	2																															2		01	92													
846	Jonassen, Christoffer	NOBIA	2										01:36:00											1:32:37																										
847	Joselien, Knut	Fredrikstad IF	2															03:58:20	03:36:30																															
848	Jørgensen, Nicklas	Manstad	2			02:11:01				02:21:19																																								
849	Karlsen, Anne Grethe	FIF-trim	2																													01:43:42	01:43:29																	
850	Karlsen, Hanne		2											01:59:00	01:22:20	2:01:59																																		
851	Karlsen, Svein-Åge	RYGGEJOGGEN	2										01:22:04	01:22:20																																				
852	Kaspersen, Steve	FREDRIKSTAD	2												01:26:28	1:32:18																																		
853	Kaste, Per Øyvind	Jurulen IL	2		01:59:13	02:07:29																																												
854	Kavli, Micheline		2										01:51:31				01:47:07																																	
855	Kirkebak, Ingvald		2								02:07:05		01:58:01																																					
856	Kjæstad, Arvid	Cow BIL	2				01:44:18		01:22:39								1:36:56																																	
857	Kjellberg, Thomas	Sportsklubben Vidar	2		01:16:46			01:22:39										1:36:56																																
858	Kjølvik, Richard	MANSTAD SPRINT/ULTRA	2									01:33:18	01:38:28																																					
859	Kjølve, Knut Henrik	Fredrikstad	2				01:34:35				01:35:25																																							
860	Kjølvi, Øystein	ØSTBYGDA IL	2										01:58:37		02:03:25																																			
861	Klausen, Glenn	Sarpsborg IL	2						01:32:03	01:34:20																																								
862	Klavestad, Truls	Sarpsborg Fotballklubb	2															01:59:00						1:52:26																										
863	Klevås, Tora	Skjærhalden	2		02:12:04	02:07:55																																												
864	Knold, Kirsti	Fredrikstad IF	2																	01:18:33										02:09:40																				
865	Knutsen, Per	Sportsklubben Rye	2																																															
866	Kolbenansen, Jon	LYN	2													2:23:11	01:47:47																																	
867	Koroma, Frode	MOSELVEN IL	2									01:29:55	01:32:49																																					
868	Kraggerud, Anne Glesaaen	SPYDEBERG IL	2															02:05:03	2:02:30																															
869	Kristensen, Brian		2												01:51:07	01:51:52																																		
870	Kristiansen, Anders	MOSS SKIKLUBB	2														2:01:13		02:00:07																															
871	Kristiansen, Anders	Fredrikstad Politi	2																																															
872	Kristiansen, Lasse	Gamle Fredrikstad	2			01:39:42	01:45:05																																											
873	Kristoffersen, Thomas	BRAVIDA	2										01:31:26				1:43:20																																	
874	Krønsty, Magnus	HVALER STILØPPERLAUG	2														01:40:33	1:49:57																																
875	Kurtzuba, Per	Køge Atletik (Danmark)	2																						01:39:32	1:43:51																								
876	Kvalvik, Magnus	FREDRIKSTAD	2												01:36:03	01:47:44																																		

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9225	Magster, Marianne	Fredrikstad Kommune, KM2	2					02:09:36	02:03:38																																							
9226	Narmo, Ole Kristian	Rygge IL	2					01:36:28			01:33:04																																					
9227	Nesby, Torstein	CROSSFIT DRØBAK	2								01:38:10					1:38:26																																
9228	Nese, Olav Lian	Grunners IL	2																																													
9229	Nielsen, Hanne	Køge Atletik (Danmark)	2																		01:38:48	1:41:07														1												
9230	Nielsen, Lasse	Manstad	2																																													
9231	Nilsen, Lene		2				01:39:33			01:46:27				01:40:03	01:58:58																																	
9232	Nilsen, Tom	MOSSJONISTENE	2																																													
9233	Nilsen, Aksel	VALNESFJORD IL	2												02:02:21	1:54:13	02:00:07	1:57:21																														
9234	Nomeit, Roy	Tistedalen Friluftslag	2																																													
9235	Nordbye, Christian		2																																													
9236	Nordlie, Henrik	Sarpsborg	2					01:55:13		01:49:46																				01:41:55																		
9237	Noosen, Henrik Lund	Norconsult BIL	2		01:34:42	01:33:50																																										
9238	Nysaard, Morten	Begby IL	2													01:44:34																																
9239	Nygaard, Rune	Elkeo	2			01:46:03	01:48:00																																									
9240	Nysgard, Siv Elisabeth	Fredrikstad IF	2													1:55:20	02:09:24																															
9241	Olsem Svaagård, Anne-Kari	Fredrikstad IF	2														02:25:22			02:32:55																												
9242	Olsem, Lars Petter	GRESSVIK	2							01:59:43	01:47:47																																					
9243	Olsem, Petter	Askim IF	2																																													
9244	Olsem, Tobias	Krakerøy	2				01:19:22								01:19:56																																	
9245	Olsem, Tove	Halden Skiklubb	2																																													
9246	Olsvik, Stein	Moss Skiklubb	2																																													
9247	Olufsen, Glenn	RYGGEJOGGEN	2											01:34:31										1:31:04																								
9248	Omberg, Kirsti	SKILBJERNE	2												02:08:54	2:08:12																																
9249	Omberg, Ørnulf	Vag Dahl BIL	2																																													
9250	Opstad, Ole-Håkon	Rygge IL	2		01:36:24	01:30:51																																										
9251	Orzai, Zofia Maria	Langhusløperne	2			02:20:48	02:23:41																																									
9252	Ottersen, Henrik		2																																													
9253	Paulsen, Robin Holt		2							01:32:55											01:47:14																											
9254	Pedersen, Bjørn-Erik	Ås IL	2																		01:28:10	1:27:46																										
9255	Pedersen, Hans	BIC	2																																													
9256	Pedersen, Hilde	Fredrikstad	2		01:52:35	01:50:41																																										
9257	Pedersen, Morten	Team Pedersen	2			01:50:21			01:39:42																																							
9258	Pedersen, Ole-Richard	SELEV BIL	2								01:53:57		01:59:59																																			
9259	Pedersen, Tom Lippert	Fredrikstad IF	2																																													
9260	Pereira, Steven	Sarpsborg Fotballklubb	2																																													
9261	Persson, Daniel	Borgenhaugen	2		01:42:26	01:45:27															02:07:39				2:19:04																							
9262	Pettersen, Jørgen	Fredrikstad	2		01:47:21																																											
9263	Pettersen, Per	Krakerøy IL	2																																													
9264	Pettersen, Tone	Mossjonistene/Lapeskjert	2																																													
9265	Poppe, Hilde	FREDRIKSTAD SKIKLUBB	2											01:58:16		2:04:57		2:58:10	02:23:27																													
9266	Praltz, Tommy	Terrengtjagerne	2																																													
9267	Rantvedt, Erik Næsset		2													1:26:23	1:28:57		01:25:33	01:27:00																												
9268	Reian, Knut	Oppingård	2																																													

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1681	Jahle, Lars Erik	DIRECTA SKIPTVET AS	1																																															
1682	Jakobsen, Aleksander Thers	MØSS	1					01:44:04																																										
1683	Jakobsen, Espen	Fredrikstad Skiklubb	1																								01:27:48																							
1684	Jakobsen, Espen	AKP 1664	1																																															
1685	Jakobsen, Lav		1										01:31:21			01:20:29																																		
1686	Jakobsen, Yngvar	Kraft	1																																															
1687	Jarnerstad, Henrik	Frøken	1																																															
1688	Jarbræk, Kåre	Oslo Sportlager	1																																															
1689	Jekrud, Arne Aleksander	LEDS UTD.	1														1:46:55																																	
1690	Jensen, Elisabeth		1																																															
1691	Jensen, Frode	Saltnes Sportsklubb	1																																															
1692	Jensen, Gunnar	SF Grei	1																																															
1693	Jensen, Henrik		1																																															
1694	Jensen, Sander	Moss	1																																															
1695	Jensen, Simon Rø	Manstad	1																																															
1696	Jensen, Sverre	Team Kondis	1																																															
1697	Jensen, Tom-Fredrik		1																																															
1698	Jensberg, Vigdis		1																																															
1699	Joansson	Jøtul	1																																															
1700	Joelsen, Ole	Kragerø IL	1																																															
1701	Johannessen, Geir Runar	Fredrikstad IF	1																																															
1702	Johannessen, Harald	Drøbak	1																																															
1703	Johannessen, Cornelia	Rolvøy IF	1																																															
1704	Johannessen, Freddy		1																																															
1705	Johannessen, Geir P.		1																																															
1706	Johannessen, Hans Gustav	Kragerø IL	1																																															
1707	Johannessen, Per- Øyvind	St Croix Huset	1																																															
1708	Johannessen, Petter		1																																															
1709	Johannessen, Pål Espen	FRONTLUTE	1																																															

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1849	Kummervold, Ivar	Kvik Tønsberg	1	01:43:16																						02:18:33										04											
1850	Kuremyr, Tone		1																																												
1851	Kurin, Sergei	Oslo	1		01:33:59																																										
1852	Kusmierz, Robert	Oslo	1	02:07:41																																											
1853	Kvalund, Ronald	Langhuslågperne	1				01:59:59																																								
1854	Kvalvik, Lars	KVALSVIK BYGG AS	1													01:57:43								1:59:34																							
1855	Kvam, Sigmund	Tistedalen Friidrettslag	1																																												
1856	Kvammen, Fredrik		1									01:42:10																																			
1857	Kværnes, Anne Toril Bjørk	MOSS SKIKLUBB	1										02:07:06																																		
1858	Kvernstuen, Johanne	STOREMYR / FKBL	1													2:05:26																															
1859	Kvisberglen, Håvar	MOSS	1						02:00:19																																						
1860	Kvitvik, Sidsel		1																			02:06:30																									
1861	Lacandier, Tommy	TEAM MOTO	1																			02:46:31																									
1862	Lachstein, Christoffer	TEAM SPORTSMANDEN/SK	1										01:28:58																																		
1863	Lac, Wilhelm	WANG TOPPDRETT	1																			01:26:17																									
1864	Lahrosten, Erik	Raa Allanseidrettslag	1		01:45:23																																										
1865	Lunde, Thomas		1									01:27:58																																			
1866	Langebeck, Tor-Einar	Fredrikstad IF	1								01:52:30																																				
1867	Langedal, Simon	Skjeberg	1		02:08:07																																										
1868	Langerud, Cicile	Stasjonskam	1																																												
1869	Langmyren, Ole Kjell	Gjensidige Nor	1																							01:19:19																					
1870	Langnes, Rune	FTBL	1													01:33:02																															
1871	Langsholdt, Elisabeth	TEAM ACTIC	1													01:57:53																															
1872	Langsholdt, Sara		1													01:54:35																															
1873	Larsen, Andreas	ASK FLAMES	1														1:37:34																														
1874	Larsen, Christin	Fredrikstad IF	1																			03:00:46																									
1875	Larsen, Christoffer Nesteng	Gressvik	1	02:20:28																																											
1876	Larsen, Elisabeth		1																																												
1877	Larsen, Fred Morgan	Fredrikstad IF	1									01:30:48																																			
1878	Larsen, Fredrik	Fredrikstad Skiklubb	1																																												
1879	Larsen, Hans	Begby	1						01:45:54																																						
1880	Larsen, Knut-Andre		1													01:25:24																															
1881	Larsen, Kristian	Grålum	1				01:41:54																																								
1882	Larsen, Martin	Leif Grimsrud as	1		01:55:26																																										
1883	Larsen, Martin Syver	HALDEN	1								01:43:51																																				
1884	Larsen, Pål		1																																												
1885	Larsen, Terje	Posten	1																																												
1886	Larsen, Tonje		1																																												
1887	Larsen, Trym	Gressvik	1		01:30:03																	01:57:13																									
1888	Larsen, Willy	Fredrikstad IF	1																																												
1889	Larsson, Jonas		1									01:46:42																																			
1890	Laursen, Stig	Vesterøy	1					01:41:10																																							
1891	Lavik, Kristoffer	SPORTWENTY	1									01:43:22																																			
1892	Lehaker, Sverre	PROJECTIONDESIGN	1																			02:02:45																									
1893	Leganger, Erlend		1										01:46:31																																		
1894	Lein, John Erik	Sintef IBL	1																						1:39:41																						
1895	Leira, Hilde		1																																												
1896	Leivestad, Trygve	SARPSBORG O-LAG	1										01:53:01																																		
1897	Lerengen, Morten		1																																												
1898	Lersch, Albert	Østtiden IL	1		01:30:51																																										
1899	Lervik, Andreas	SARPSBORG	1					02:01:09																																							
1900	Lervik, Tonje	Sellebakk	1		01:55:45																																										
1901	Levstik, Florian		1										02:09:40																																		
1902	Lien, Søren	Borregård	1																																												

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2268	Skovli, Steinar	Ditt Tempo	1																									01:24:36								02													
2270	Skrimstad, Espen	Storebrand Sport	1					01:38:23																																									
2271	Skrimstad, Nina	Nit/Hak hbk	1					02:03:08																																									
2272	Skullerud, Marius	S&TRE	1					01:25:51																																									
2273	Skydahl, Jonas	Sarncissen BIL	1																	01:55:21																													
2274	Klaar, Espen	Tune IL	1						01:39:08																																								
2275	Klaar, Leif Arne	Trøsken IL	1																																														
2276	Klaarer, Ingrid	Køll IL	1																		01:34:44																												
2277	Klårland, Arnfinn	Trøsken IL	1																																														
2278	Klether, Dag	TUNE I.L	1											02:07:35																																			
2279	Klether, Ronny	SKEDSMO BIL	1															1:56:43																															
2280	Kletteemoen, Asle	IL I BUL	1												1:14:49																																		
2281	Kletten, Eirik		1										01:49:26																																				
2282	Kletvold, Hege	Fredrikstad IF	1																	4:00:05																													
2283	Klydahl, Aril	Borgenhaugen	1				01:49:00																																										
2284	Korshell, Conrad Eiv	Øst	1																													01:27:54																	
2285	Kremby-Diederich, Andreas	BANKID	1												01:23:12																																		
2286	Kremby, Andreas L.	Fredrikstad Sykkleklubb	1																									02:02:37																					
2287	Smås, Martin	WASPIK	1							01:30:27																																							
2288	Solarak, Kacper	Darzbór Szczecinek	1			01:45:42																																											
2289	Solberg Johansen, Eirik		1				01:44:15																																										
2290	Solberg, Emilie	Fredrikstad IF	1					01:42:39																																									
2291	Solberg, Henning	Arnadal IL	1		01:49:06																																												
2292	Solberg, Linda Mari	Cowi BIL	1					01:43:39																																									
2293	Solberg, Tage	Sarpsborg Sykkleklubb	1																																														
2294	Solerød, Even		1																		01:58:43																												
2295	Solheim, Hege	Øst	1																																														
2296	Soltstad Bruen, Balder	Nittedal	1			01:56:09																																											
2297	Soltvedt, Åshild		1																																														
2298	Solvi, Ole Jakob	Skjeberg	1			02:09:21																																											
2299	Songli, Øystein		1											01:56:57																																			
2300	Spange, Steinar		1																																														
2301	Spjdevold, Anders	Engeløviken	1		01:42:11																																												
2302	Stang, Joakim	Centrum Advokatkontor	1																																														
2303	Stang, Lars Henning		1																		01:53:19																												
2304	Stang, Ulf Joachim	Centrum Advokatkontor	1																		01:42:11																												
2305	Stang, Rune	Stavn Grøftvedt	1			01:40:58																01:59:20																											
2306	Steen, Hanna	Rasta	1			01:35:06																																											
2307	Steen, Knut Willy	GRÆKER	1								01:34:59																																						
2308	Stefanac, Tommy	Moss	1			01:46:29																																											
2309	Steffen, Michael	GRESSVIK	1					01:59:49																																									
2310	Steiner, Gaute Hallan	Gaute Hallan Steiwer / Fred	1								01:10:25																																						
2311	Stenbekk, André	NETTIENESTER	1									01:51:13																																					
2312	Stenbrendsen, Magnus	SK VIDAR	1											01:25:38																																			
2313	Stenbrendsen, Linda T.	Fir	1						01:49:18																																								
2314	Stenhus, Tor Arne	ROMERIKE RUNNERS TEAM	1									01:45:08																																					
2315	Stensholm, Terje	Askim	1																																														
2316	Stensland, Anne Berit		1																																														
2317	Stensland, Kristin	Halden IL	1																																														
2318	Stensrud, Jari	KONDIS	1																		01:44:47																												
2319	Stensrud, Johnny	Bygge IL	1					01:24:31																																									
2320	Stenrøss, Kristoffer	Bright Rådgivende Ingenier	1		01:42:04																																												
2321	Steve, Lasse	F.P.Ø	1																																														
2322	Stevenson, Jo	Halden IL	1																																														
2323	Sten, Rune	Fredrikstad IF	1																																														

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