

Statistikk Fredrikstadmarka Rundt, 1974 - 2025
med tider fra 1998 - 2025

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG	
1	Navn	Lag	Ant	2026	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	ant tom 1997	
2	Abraham, Leith		2																	02:09:27	2:03:22													
3	Abrahamsen, Erling Hopen	MOSS	1						01:38:08																									
4	Adam, Brit	Krårerøy	1			02:18:12																												
5	Adamskj, Magne	Østbygda IL	2							01:33:23																				01:37:49				
6	Adolfson, Morgan	Rye Sp.KI.	2							01:36:53												1:42:06												
7	Agullaume, Regis	Sørum	3			02:13:11											01:56:30			02:08:39														
8	Ahdi, Zabiullah	KILDEN AFGHAN STARS	1														01:50:47																	
9	Ahlsen, Anne-K.	Fredrikstad IF	1																											02:09:37				
10	Akre, Anne-Mette		1									02:21:40																						
11	Akre, Morten	Krårerøy	2			01:49:48						02:04:42																						
12	Akselsen, Andreas	IACKON	2												01:37:11	1:35:06																		
13	Akselsen, Bjørn	NSB	1														02:26:59																	
14	Akselsen, Henrik	Fredrikstad	1	02:41:25																														
15	Akselsen, Magnus	Watshoo	4	01:37:59		01:43:42										1:34:53	01:50:57																	
16	Aleksandersen, David	Projectiondesign	2															2:10:53				1:50:21												
17	Aleksandersen, Jan	Fredrikstad IF	13																														13	
18	Aleksandersen, Kristine	Fredrikstad	4	01:58:24															01:51:29	01:52:43							02:08:04							
19	Aleksandersen, Lars Chr.	Fredrikstad Skiklubb	1																							01:32:13								
20	Aleksandersen, Per Ivar	Nordea BIL	6																						01:52:44	01:41:11	01:39:48	01:38:28	01:44:47		01:46:29			
21	Aleksandersen, Solbjørg	Fredrikstad Skiklubb	2																								01:55:33	01:53:09						
22	Alexandersen, Bertil	Fredrikstad Skiklubb	1																				1:25:17											
23	Alexandersen, Eva	Ekhoit Ballklubb	1																01:46:01															
24	Alexandersen, Håvar	Oslo	1			01:53:40																												
25	Alexandersen, Markus	Råde	2	01:41:05		01:46:04																												
26	Alexandersen, Stine	Fredrikstad Skiklubb	1																				1:42:23											
27	Alfheim, Hans Olav	Fredrikstad IF	1									01:31:36																						
28	Almqvists, Trond	Norcool BIL	5																												01:25:46	01:27:00	3	
29	Alnaes, Hanne	Fredrikstad IF	1															4:00:04																
30	Alnaes, Tom Christian	-	1																															
31	Alspar, Martin	APA IF	4																															
32	Amdal, Jim Werner	Sandnes Ultratril/ Prosjek	1			01:39:38																												
33	Amlien, Håvard	BUNDEBYGG	5											01:43:59		01:33:57	1:31:27	01:35:39	1:49:01															
34	Amundsen, Anita	Tren Saltnes	1					01:48:43																										
35	Amundsen, Dennis	Klavestadhaugen	2	01:30:36				01:43:49																										
36	Amundsen, Edvard	Linjegods BIL	1																														1	
37	Amundsen, Erik	Posten BIL	2																									02:16:26				01:56:55		
38	Amundsen, Freddy	Sarpsborg	8		01:34:09			01:38:36	01:40:59							01:41:06			01:40:52	01:37:23	01:40:01	1:35:37												
39	Amundsen, Gisle		1													01:52:54																		
40	Amundsen, Gro-Margrethe		1													2:30:18																		
41	Amundsen, Kjell	Trøsken IL	1																													01:29:36		
42	Amundsen, Marie Solgård	Fredrikstad IF	2																									02:01:42	02:06:43					
43	Amundsen, Marte		2																															
44	Amundsen, Per	Fredrikstad IF	7																					1:45:26	01:35:26	01:33:43	01:30:20	01:30:19		01:39:06			1	
45	Amundsen, Pia-Helene		1																															
46	Amundsen, Simen	KVERNHUSET BIL	3											01:25:53	01:26:27					01:31:51														
47	Amundsen, Stian	Hafslund Kraft BIL	1	01:51:55																														
48	Amundsen, Thor-Anders	Rolvsey	2				01:40:45			01:58:58																						01:37:59		
49	Andersen, Anders Harald	Fredrikstad IF	3					01:28:35		01:33:43	01:36:33																							
50	Andersen, Anne Marie	Fredrikstad IF	2															2:08:33	02:06:00															
51	Andersen, Arnleif	Trio Ving	1																														1	
52	Andersen, Daniel	Oslo	1			01:32:39																												
53	Andersen, Egon	Böckmann A/S	1																															
54	Andersen, Fredrik	Fredrikstad IF	3						01:29:31	01:28:11		01:31:17																						
55	Andersen, Halvor	I.L Borgar	2		01:26:22												01:31:47																	
56	Andersen, Ingunn		1										02:17:51																					
57	Andersen, Kasper	FREDRIKSTAD FK	1											01:40:53																				
58	Andersen, Kent	MOSS SVØMMEKLUBB	1														01:41:38																	
59	Andersen, Kjell	Danzas Asg	9																												01:29:38			8
60	Andersen, Kjersti Gram	SKIMILAJØGGEN	2										02:08:00						1:53:58															
61	Andersen, Kjetil		1																															
62	Andersen, Knut	Stabburet BIL	1																										01:58:28					1
63	Andersen, Knut Viggo	Fredrikstad IF	10											01:37:03	01:29:27	01:27:25	1:42:47	01:29:48	1:28:20	01:35:31		01:34:01	1:30:29			01:27:35								
64	Andersen, Kristin	Oslo	2		01:52:26	01:47:50																												
65	Andersen, Lars Håkon	Krårerøy	4	01:35:36																01:27:31		1:37:54	1:36:20											
66	Andersen, Lars Vincent	Osi	3							01:17:39		01:21:58	01:20:02																					
67	Andersen, Line	STOREMYR IL	1													01:55:24																		

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68	Andersen, Magnus Cato	Yt og Nyt/Team Gubberget	3			01:29:29						01:20:26	01:31:08							01:47:34														
69	Andersen, Martin Sagen		1																															
70	Andersen, Mette Dahle		1											01:54:27																				
71	Andersen, Mette Lill Dahle	SMILEY	2									02:04:13	02:03:41																					
72	Andersen, Morten	Langhusløperne	1				02:00:11																											
73	Andersen, Nicolai	Manstad	1			01:53:40																												
74	Andersen, Ole Christian		1									01:35:34																						
75	Andersen, Pål Cato	Bane Nor, Team Gubbeberget	3			01:30:06				01:26:03			01:31:03																					
76	Andersen, Pål Christian	Projectiondesign	1																	02:01:43														
77	Andersen, Reidar	Tønsberg	4																											01:40:56		3		
78	Andersen, Richard	Team Tunge Steg	1			01:45:19																												
79	Andersen, Roy Freddy	Fredrikstad IF	3															1:29:31	01:28:22	01:31:14														
80	Andersen, Sannah Fredrikke	Rakkestad	1		01:55:39																													
81	Andersen, Terje	Stasjonskam. NSB	3																											01:49:51	01:39:43	1		
82	Andersen, Thomas	Projectiondesign	1																	01:51:05														
83	Andersen, Thomas	Engelsviken	1				01:27:14																											
84	Andersen, Tommy	Fredrikstad Sykkelklubb	3						01:28:24		01:32:04		01:40:53																					
85	Andersen, Tony Nyquist	Grålum	1				02:12:26																											
86	Andersen, Wibekke	Staples	2																	01:40:36	01:47:18													
87	Andersson, Bo	Båstad GIF	1																														1	
88	Andersson, Frode	JIL Oslo	3																											01:43:17		2		
89	Andersson, Marit	Fredrikstad IF	2														03:12:16	4:00:05																
90	Andreassen, Eivind	GREÅKER IF	1															1:25:17																
91	Andreassen, Eyvind	NRK	18																						1:33:41	01:30:38		01:26:39			01:24:06		14	
92	Andreassen, Julie	Apa IF	2																					1:54:56	1:41:38									
93	Andreassen, Laila Fredrikke		1												01:51:41																			
94	Andreassen, Liss Marie	NVE-BIL	1																	01:47:29														
95	André, Jacob	KRÅKERØY	1					02:40:45																										
96	Andresen, Atle	KF Entreprenør AS	1						02:13:26																									
97	Andresen, Knut	Stabburet	3																														3	
98	Andresen, Per Erik		1																														1	
99	Andresen, Stig	Fredrikstad IF	18	01:49:24	01:47:55	01:46:22	01:44:50	01:51:54	01:41:12	01:45:19	01:41:15	01:42:07			01:37:44	1:36:10			01:44:43	01:35:38	01:37:32	1:38:24	1:43:27	1:39:21	01:46:59									
100	Andresen, Thomas	Varteig IL	1																	01:33:54														
101	Andresen, Thorleif	Vestby	1																														1	
102	Andresen, Viktor	Fredrikstad IF	1			01:23:07																												
103	Andresen, Ørnulf	Gressvik	2	01:41:45	01:48:58																													
104	Andresen, Øystein Jurgen	Fredrikstad Triathlonklubb	1					02:41:54																										
105	Anfinnsen, Wenche	Fredrikstad Skiklubb	1																														1	
106	Angelskår, Steinar	Fredrikstad IF	9								01:47:20		01:49:20		01:49:20		1:45:08	01:53:59			01:42:06		1:53:18			01:39:21	01:38:56	01:40:51						
107	Angeltveit Baltzersen, Marte	KONDIS	1												01:39:03																			
108	Angvoll, Pål	Fredrikstad Skiklubb	7												01:54:50	1:54:55			01:56:20	02:13:26	01:54:02		2:06:29	02:06:27										
109	Anshus, Knut	Fredrikstad IF	1																									01:52:28						
110	Antonsen, Finn	Fredrikstad Skiklubb	5																														5	
111	Antonsen, Gjermund	Råde	2	02:03:34	01:59:17																													
112	Antonsen, Hilde	Paulsbo	1																														1	
113	Antonsen, Rune		1																														1	
114	Antonsen, Thomas	Grålum	1				01:39:56																											
115	Antonsen, Tore Johnny	Fredrikstad IF	1																														1	
116	Antonsen, Trond	Halmås & Omegn Skilag	1																					1:41:04										
117	Appelgren, Bjørn	KIL-Trim	5																				1:44:56	1:43:00	01:45:25					01:44:24	01:37:52			
118	Aresvik, Lars	Brummundal	6																			01:41:05	01:42:32	1:48:10	1:39:08	01:34:37	01:35:55							
119	Arnesen, Allan	Fredrikstad	1	01:48:19																		01:41:05	01:42:32	1:48:10	1:39:08	01:34:37	01:35:55							
120	Arnesen, Jon Vidar	Skogens Snegle	3			01:51:42	01:56:10	01:56:42																										
121	Arnesen, Julian Lucas	FREDRIKSTAD	1							01:33:35																								
122	Arnesen, Mads	FREDRIKSTAD SKIKLUBB	1												01:28:19																			
123	Arnesen, Magnus	ROLVSØY VEKTLØFTERKLUBB	1										01:51:57																					
124	Arnesen, Monica	KVERNHUSET BIL	1									02:07:22															</							

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135	Asbjørnsen, Jonatan		1												01:43:42																			
136	Ask, Morten	Reinertsen BIL / Varde IL	1																	01:24:40														
137	Aster, Bente	RIKSKONSERTENE	1												01:36:17																			
138	Auganes, Anna	Fredrikstad Kommune, Byg	1		02:08:04																													
139	Augustin, Ida	Gressvik	3			01:51:06		01:47:49	01:51:26																									
140	Augustin, Vidar	GRESSVIK	7								01:57:32		01:56:05				01:56:20		01:56:20	01:46:31		2:04:04			02:03:06									
141	Aurebekk, Ingvald	Fredrikstad Skiklubb	3												01:43:20		01:38:27		01:53:01															
142	Aurebekk, Lars	FREDRIKSTAD SKIKLUBB	6										01:24:20	01:21:53	01:20:54		01:18:32	1:22:33	01:24:18															
143	Authen, Jonas	HALDEN	1							01:23:20																								
144	Axner Ims, Gunvald	Nykirke IF / Gunvald Axner	1				01:43:38																											
145	Bach Dal, Erik	Knees for Speed	1		01:46:58																													
146	Bach, Pål Gjermund	TISTEDAL	3							01:41:45	01:48:00	01:53:05																						
147	Bache-Wiig, Andreas	Oslo	1		01:40:27																													
148	Bae, Torstein	NRC Flyktninghjelpen	2				01:53:32	01:47:19																										
149	Bahar, Ayham Mohammad S	Krårerøy IL	1		02:00:19																													
150	Baker, Michael	MOSS SYKKEL KLUBB	2											01:55:54	01:52:40																			
151	Bakke, Siri	Moss Skiklubb	2																				2:04:15	2:18:37										
152	Bakke, Terje	Statsbygg	2				01:27:58											1:33:50																
153	Bakke-Divenah, Morten	TÅRNÅSEN	1					02:06:33																										
154	Bakken, Jørn M.	Høvik Jogg	1																														1	
155	Bakken, Knut Bjørn	Linjegods	3																														3	
156	Bakker, Ole	Fredrikstad	1			02:05:58																												
157	Bakker, Tore	Martha-Kam.	6																														6	
158	Balchen, Jon		1														02:00:23																	
159	Baltzersen, Martin Angeltvei	Kondis	6								01:40:19					1:43:12	01:40:05		01:52:08	01:49:17	01:47:33													
160	Banfi, Peter	Fredrikstad Roklub	4														01:27:43				02:07:22		1:34:03	1:56:07										
161	Bangor, Knut Richard		2																					2:06:29	01:52:17									
162	Bankerud, Mina Ebrahimi	VESTERØY	1					01:36:03																										
163	Banyai, Katalin		1										02:05:17																					
164	Barchim, James	FREDRIKSTAD	1						01:51:10																									
165	Barmen, Andreas	Leif Grimsrud as	3		01:48:47		01:56:09			01:33:55																								
166	Barstad, Ida Cecilie	Fredrikstad IF	2								01:41:35	01:39:48																						
167	Barth-Hansen, Oda		1		02:01:53																													
168	Basberg, Steinar	Fredrikstad IF	6								01:38:21						01:41:31				01:31:09				01:32:25	01:32:49						01:33:15		
169	Bech, Camilla	Fredrikstad	1			01:52:02																												
170	Bech, Stein Frode	Bryn & Aarflot	1																									01:34:16						
171	Beck, Jon Ølving	Fredrikstad Blad	2																															
172	Becken, Sarah	Krårerøy	1			01:50:06																												
173	Been, Anne Signe	Moss Skiklubb	3																															
174	Bekkevold, Nicklas	Oslo	1	01:50:09																			1:41:58	1:57:34			01:52:20							
175	Bekkstrand, Rolf Henrik	LANTERNE ROUGE VELO CL	1									01:46:08																						
176	Beldo, Silja	FREDRIKSTAD	1									01:51:21																						
177	Belstad, Marius Alexander	Onsøy Runners	7	01:56:48	01:59:12	01:50:55	01:47:27	01:47:09	01:43:56		01:55:32																							
178	Bendiksbj, Axel	Fredrikstad Triathlonklubb	2				01:37:35																											
179	Benediktsdottir, Agnes	Team Sportsmanden/Siltus	4			01:53:47			01:54:44		01:56:37				01:50:46																			
180	Berg Hamre, Signe	Fredrikstad IF	4	01:57:50	01:57:40	01:56:33	01:59:33																											
181	Berg, Emilie	Fredrikstad IF	1																															
182	Berg, Kai	Gressvik	21	01:35:59	01:47:59	01:30:40	01:31:38		01:33:28	01:29:46	01:29:47		01:30:55	01:36:41			01:31:24	1:30:43	01:30:40	01:29:20	01:28:43	1:24:49		1:27:38	01:22:53	01:23:09	01:22:27	01:22:03	01:29:15					
183	Berg, Maria	Fredrikstad IF	5																															
184	Berg, Nicolas		1												01:41:09								2:09:38	1:58:46	2:06:54									
185	Berg, Per Anton	Rådejoggen	1																							01:54:15								
186	Berg, Per Ivar	Saugbrugs BIL	1																											01:28:15				
187	Berg, Roar	Greåker IF	1																														1	
188	Berg, Terje	Torsnes	2																														2	
189	Berg, Thomas André	Rolvsey	1	02:00:31																														
190	Berg, Thormod	Greåker	1																														1	
191	Berg, Victoria	Rolvsey	1	02:08:27																														

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202	Berger, Line		1															2:01:40															
203	Berger, Tomas	Ørje IL	1																			1:36:07											
204	Bergersen, Ole	GRESSVIK	1							01:43:47																							
205	Bergersen, Stian	IL TYRVING	1													1:20:36																	
206	Berget, Eirik	Fredrikstad	3			01:20:45		01:20:55													01:23:56												
207	Berget, Håvard	FREDRIKSTAD SKIKLUBB	1										01:24:58																				
208	Berget, Terje		2																														
209	Bergfjord, Jonas Røsten	Gamle Fredrikstad	1		02:00:44																					01:46:05	01:44:48						
210	Berghagen, Martine Bergan	Ringerike Friidrettsklubb	1			01:31:07																											
211	Bergheim, Emilie Klev	FOSSUM	1									01:53:15																					
212	Bergheim, Geir	FOSSUM IL/GENAS BIL	1									01:51:02																					
213	Bergmann, Magnus		1																										01:47:28				
214	Berg-Nilsen, Robin	Engalsvik	1																														1
215	Bergsletten, Vibeke	SVINNDAL	1					02:01:19																									
216	Bergstrøm, Tina	Fredrikstad IF	2										01:51:26		01:56:08																		
217	Berje, Per A.	Rådet	1																											02:00:59			
218	Berntsen, Stig	Eidanger	1																														1
219	Berntsen, Tord	PPM Prosjekt	1				02:10:10																										
220	Bertheussen, Ida	Manstad	1						01:58:11																								
221	Bertheussen, Øystein	Manstad	6		01:17:46	01:16:26		01:19:01	01:58:12					01:24:55	01:26:31																		
222	Billing, Svein	ØSD Horten	13																														13
223	Birkeland, Malena	Fredrikstad IF	1					02:06:46																									
224	Birkeli, Håvard	Krik-Råde	2																			1:37:54	1:44:35										
225	Birkeli, Maria	Spensst Halden	2																			2:09:23	2:04:01										
226	Birkelund, Mikael	BORGEN	1					01:21:49																									
227	Birkely, Tanja	LANGHUS	1					02:25:05																									
228	Bjercke-Johansen, Fredrik	Sarpsborg IL	1		01:22:32																												
229	Bjerk, Trond	BIERKEN	1											01:57:18																			
230	Bjerke, Hans Fredrik		1																														1
231	Bjerke, Marte	Fredrikstad	4			01:40:30	01:43:34	01:43:08	01:44:35																								
232	Bjerke, Thomas	TEAM KJEKKAS	2													1:28:21	1:32:24																
233	Bjerkeli, Fredrik	Oslo	1		01:53:07																												
234	Bjerkenes, Birgitte		2												01:44:37				02:01:32														
235	Bjerkholt	SOL	1																														1
236	Bjerkholt, Jon	Greåker IF	3																			01:31:54	01:35:06		1:35:00								
237	Bjerkholt, Linda		1																			02:00:35											
238	Bjerknes, Linnea	GIJENSIDIGE SPORT ØST	1												02:10:22																		
239	Bjur, Magnus	BUPP FREDRIKSTAD	3											01:28:45	01:39:09		1:41:44																
240	Bjønness, Rune		1			02:04:05																											
241	Bjørge, Mads	Grålum	1			01:58:20																											
242	Bjørge, Åge Kristian	Fredrikstad IF	6														01:45:37	1:47:21	01:42:22	01:48:59	01:47:31	1:53:06											
243	Björgulfsen, Siri	Hvaler Bootcamp	1			02:27:10																											
244	Bjerk, Ann Kristine	Rygge IL	2					01:47:37			01:40:53																						
245	Bjærke-Hill, Jon	Klinikkdrift As	3						01:42:38					01:31:35	01:44:35																		
246	Bjærkenes, Espen	DRAMMEN	1						01:51:56																								
247	Bjærkenes, Thor Helge	Fredrikstad Kommune	4																											01:50:19			3
248	Bjærkevoll, Bjørn	Vesterøy	1			01:47:16																											
249	Bjærkheim, Terje	TEAM KONJAKK	1													01:54:15																	
250	Bjærklund, Andreas	Fredrikstad IF	1				01:37:02																										
251	Bjærkå, Remi		2											01:57:43	01:52:06																		
252	Bjærland, Frode	Frode Bjærland / Kvernhus	10	01:30:27		01:21:42	01:24:21	01:22:01	01:39:09	01:23:45	01:24:58	01:25:39		01:26:05		1:40:32																	
253	Bjærling, Trond		1														02:00:12																
254	Bjærlo, Kjetil	BFG Fana	2																														2
255	Bjærndal, Torgert	STOREMYR IL	4												01:44:02	01:46:45		01:51:56		02:03:47													
256	Bjærnerud, Atle	Romerike Ultraløperklubb	1				01:27:36																										
257	Bjærnli, Henrik	Bjærnli Fysio	1			01:43:19																											
258	Bjærnstad, Andreas	Sellebakk	1		01:54:09																												
259	Bjærnstad, Tor Gunnar		1																														
260	Bjærshol, Stian	Oslo	1					01:30:09																									
261	Bjærsvik, Arvid	T.I.F.VIKINF	1											01:58:19																			
262	Blegvad,																																

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269	Blomqvist, Thomas	Skjeberg	2		02:01:11	02:04:18																											
270	Borg, Øystein Lauen		1									01:19:49																					
271	Borge, Atle	LYN REGNSKAP AS	3												02:00:38	02:09:13	2:18:47																
272	Borge, Camilla	LYN REGNSKAP AS	3												02:07:37	02:10:13	2:30:55																
273	Borge, Frank	Fredrikstad	1			01:58:13																											
274	Borge, Morten	YVEN	1								01:29:30																						
275	Borge, Terje	Tolvsrød	1				02:18:25																										
276	Borgen, Lise Lavoll	TEAM ROBUST	1													01:30:24																	
277	Borger, Marius	Spydeberg IL	1					01:17:44																									
278	Borgersen, Edgar	Fredrikstad IF	10																														
279	Borgersen, Henning	Fredrikstad Skiklubb	1																														1
280	Borgersen, Raymond		1																								01:30:47						
281	Borgaas, Nina		1														01:57:14																
282	Borgås, Per Olav	Trøsken IL	2													2:06:53	02:09:27																
283	Borgås, Sigurd	SKAGERRAK SPORTSKLUBB	1													1:47:50																	
284	Borud, Anders	Hamar	1			02:11:31																											
285	Borud, Fredrik	Borregaard	2			02:14:28		01:55:40																									
286	Borud, Turid	Hamar	1			02:13:00																											
287	Bossum, Rasmus	Gressvik	1	01:30:36																													
288	Bossum, Tor Erling	TEAM FYSEO	1													1:49:35																	
289	Bottlstrud, Thomas	Sarpsborg Kommune - Kor	1								02:27:31																						
290	Bragstad, Linda		1									01:44:27																					
291	Bratbakken, Anette Desiree	Hafslundsøy	1		02:15:07																												
292	Brattsett, Per	Varteig IL	2																				1:24:45									1	
293	Bredesen, Nils Olav Fjæraa	Nittedal IL	2	01:31:01	01:31:35																												
294	Bredesen, Sondre	Gjensidige Sport Øst	1					01:45:02																									
295	Breigan, Bo	Fredrikstad IF	2																01:37:13		01:41:51												
296	Brevik, André	Fredrikstad	2			01:43:37	02:03:21																										
297	Brekka, Trine Eide		1																		02:06:40												
298	Brenden, Helge	SOON TRIATHLON KLUBB	1										01:28:06																				
299	Brenden, Helge Petter	Rygge IL	3							01:26:33						1:29:03	01:36:33																
300	Brenna, Magne		1																														
301	Brenne, Jon Sigurd	SARPSBORG IL	3										01:28:46	01:24:17	01:25:07																		
302	Brenne, Odd	Varteig IL	2																														2
303	Bretteville, Silje	Svartskog	1			01:43:03																											
304	Brevik, Håkon	Kråkerøy	2				01:49:06	01:48:13																									
305	Brevik, Ole-Martin	Gressvik	1		01:33:19																												
306	Brevold, Ole-Henrik		1																														
307	Brevold, Sindre	SK Rye	5												01:20:44	1:23:28		1:56:38															
308	Broch, Georg	BYGDØY IDRETTSLAG	1													1:44:26																	
309	Brodal Dahl, Inger Johanne	Sarpsborg	1		02:32:05																												
310	Broen, Vilde	Fredrikstad	1		02:03:06																												
311	Brogaard, Lene Fisker	Yven	1			01:46:19																											
312	Brolev, Krisatian		1																														
313	Bromander, Svein	MSK	2																														2
314	Brovold, Henrik	Gamle Fredrikstad Golfklub	3														01:27:20		01:34:41	01:36:23													
315	Brovold, Jens	Meditek A/S	2																														2
316	Brovold, Lars Petter	Fredrikstad Skiklubb	1																														
317	Brox, Knut Ansgar	NORDREISA IL	1														01:31:00																
318	Bruheim, Morten	Torp	1			01:45:39																											
319	Bruknapp, Mia	Flint	1																														1
320	Bruland, Kristoffer	Greåker IF	1					01:25:58																									
321	Brun, Tonje		1												02:24:32																		
322	Brun-Svendsen, Per H.	IK Stolpen	1																									01:26:13					
323	Bruu, Johs	NTP BIL	5																														5
324	Bruun, Ivar	Fjellhug / Vereide	2																			01:50:34		1:48:32									
325	Brynildsen, Anders	Fredrikstad Skiklubb	15	01:41:48	01:37:55	01:41:51	01:37:56		01:40:41	01:36:48	01:43:42	01:46:55	01:43:27	01:39:32	01:39:59	1:42:24	01:55:50	1:49:42		02:04:58													
326	Brynildsen, Anne-Sofie Hox	Fredrikstad Skiklubb	3		02:14:14	02:12:31																											
327	Brynildsen, Robin	FREDRIKSTAD	1																														
328	Brødholt, Åse	ASKIM IF	1													01:44:48																	
329	Brødsjø, Anders	Sarpsborg SK	1																														1
330	Bråten, Ida	VEIDEKKE BIL	3																														

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336	Buer, Stein Olav	Østbygda IL	1							01:42:17																							
337	Bukholm, Trond-Reidar	Halden IL	10					01:59:11							01:39:47			1:27:09	01:27:29	01:30:58	01:39:39		1:34:39										3
338	Bull, Håkon	Fredrikstad IF	1									01:35:31																					
339	Bunes, Maria		1													2:10:22																	
340	Buran, Øystein	Fredrikstad	6	01:31:44		01:29:43	01:31:26	01:46:43	01:44:11	01:39:29																							
341	Bye, Andreas	Ørje IL	1							01:46:19																							
342	Bye, Ragnhild	MOSS CK	1													1:44:03																	
343	Bye, Stian		1												01:44:19																		
344	Byrkjeland, Eirik	Nittedal	1	02:12:19																													
345	Bækken, Trond Ivar	TEAM KONJAKK	1												01:45:35																		
346	Bø, Alf	M/L-Joggen	9																												01:31:13	01:27:37	7
347	Bø, Jørgen Frost	Oppegård IL	1																01:16:29														
348	Bøhaugen, Jonas	Fredrikstad Skiklubb	1																														1
349	Bøhaugen, Tore	Fredrikstad Skiklubb	9																														7
350	Bøhn, Rolf E.	Halden IL	4												01:32:02							1:25:32		01:24:03		01:36:55		01:35:49					
351	Bøkeid, Therese	BODØ BAUTA	1									01:31:06																					
352	Bønegård, Camilla	Gimle IF / Team Dæhlie	1				01:21:47																										
353	Børke, Monica		1																01:47:39														
354	Børresen, Oddvar	Jøtul BIL	2																														2
355	Baadsvig, Mona	Fredrikstad IF	1																					2:21:47									
356	Baarstad, Per Kristian	Oslo	3			01:49:14						01:44:43		01:46:33																			
357	Baarstad, Pk	BUNS OF STEEL	1												01:55:47																		
358	Båserud, Rune	Sarpsborg SK	2																														2
359	Cantin, Vivianne		2						02:06:48				02:06:58																				
360	Carlsen, Jon	Fredrikstad IF	2					01:34:20				01:48:04																					1
361	Carlsen, Jon E.	Havna	1																														
362	Carlsen, Per Arne	Fredrikstad IF	15																												01:35:08	01:33:40	13
363	Carlsen, Trond Inge	RUSTAD IL	1															1:25:15															
364	Carlson, Jon	Fredrikstad IF	1												01:40:46																		
365	Caspersen, Pål		8																									01:38:44					7
366	Christell, Marie	Kråkerøy	1	02:27:40																													
367	Christensen, Bjørn	MOSS SKIKLUBB	1													1:21:49																	
368	Christensen, Carina		1												02:13:40																		
369	Christensen, Daniel	Fredrikstad	1				01:31:17																										
370	Christensen, Erik Oskar	Moss Roklubb	1							01:40:29																							
371	Christensen, Jarle		2																														2
372	Christiansen, Dan	Fredrikstad IF	1																							01:40:57							
373	Christiansen, Elin	Gamle Fredrikstad	1			02:53:04																											
374	Christiansen, Frode	BRUA FYSIKALSKE	1													1:45:56																	
375	Christiansen, Ida Martine		1																														
376	Christiansen, Magne	Fredrikstad IF	4																			01:44:26											
377	Christoffersen, Trine Eker		1																	01:50:06													
378	Cindahl, Frode	Felleskjøpet Kambo	1								02:14:11																						
379	Claussen, Simon Kolstad	Setskog IF	1			01:45:19																											
380	Closs, Ole	Lørenskog	1			02:32:39																											
381	Collet, Isak	Bergen Turn fridrett	1																														
382	Collett, Henrik Nicolay	Rexim 027	1				01:34:18															01:59:30											
383	Collett, Karin	BERGEN	2							01:59:18																							
384	Collett, Torbjørn	Viking	1							01:54:21																							
385	Collier, Stephen	Halden	6				02:08:56									01:39:51	1:40:46	01:44:02	1:56:45	02:04:52													
386	Conradi, Eva Sjørdahl	Fredrikstad IF	1																														
387	Cooper, Charles	BI	1																														1
388	Corthay, Alexandre	Tore Berg Fitness Club	1				02:09:09																										
389	Cwyk, Maciej	SARPSBORG	2						01:39:45	01:42:50																							
390	Dahl, Birgitte Wold	Fredrikstad IF	2													02:18:44	2:05:28																
391	Dahl, Erling		2											01:33:30							01:31:09												
392	Dahl, Julie		1													1:42:51																	
393	Dahl, Lars Rino		1																						01:43:52								
394	Dahl, Rune	Oslo	1	01:48:49																													
395	Dahl, Tom Rino	Østbygda IL / Øil	3			01:46:03	01:41:37	01:38:04																									
396	Dahlberg, Viljar	Fredrikstad IF	1			01:28:46																											
397	Dahlberg, Viljar Solum	Fredrikstad IF	1				01:29:13																										
398	Dahlby, Bjørn	Friskis & Svettis	1																														
399	Dahle, Haakon A.	Fredrikstad	1			02:12:06																											
400	Dahle-Johansen, Sander	Norgesnett	2			01:51:37		01:50:49																									
401	Dahlstrøm, Emilie	Fredrikstad IF	1																														
402	Dahlvist, Thea		1												01:58:23																		

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403	Dalen, Vebjørn	Sellebakk	1		02:17:08																												
404	Dalby Amundsen, Marie		1									01:51:29																					
405	Dalen, Frithjof	Rolvsgy	1				01:44:17																										
406	Dalen, Pauline	Hafslundsgøy	1	01:47:48																													
407	Dalland, Kjell Arne	Sønniscen BIL	1																		02:08:00												
408	Dalseth, Lars Andre	Lett på tå	3	01:32:13	01:29:44				01:38:47																								
409	Damas, Jorge		1																		01:42:26												
410	Danielsen, Erling		4																														4
411	Danielsen, Jon Inge		1											01:51:41																			
412	Danielsen, Kai Arne		1																														1
413	Danielsen, Leif Rune		1																														1
414	Danielsen, Aasmund	Superløpsteget-Team	1				01:44:06																										
415	de Flon, Halvor	FRISKIS OG SVETTIS	4												01:42:48		1:40:13		01:38:23	01:39:30													
416	Dege, Anders	Fredrikstad	3		01:50:56	01:51:22			01:42:59																								
417	Dege, Anders F.	FREDRIKSTAD SKIKLUBB	2											01:45:03					01:43:21														
418	Degnes, Bjørnar	CowI BIL	2					01:21:48	01:20:38																								
419	Deighan, John Christian	Frogner Runners/Advokatf	2			01:10:55		01:10:08																									
420	Deiås, Fredrik	Fredrikstad Skiklubb	1																											01:23:39			
421	Didrichsen, Elin	Gressvik	3		01:50:45			01:49:10	01:56:48																								
422	Dilling, Erik	Fredrikstad IF	15																													01:29:43	14
423	Dreierstad, Jarle	Kondis	3																						01:53:08								2
424	Dueholen, Linda Annette		1																02:13:08														
425	Dybvik, André	Oslo	2	02:07:31	01:58:35																												
426	Eckhoff, Nils Petter Willem	Lyn Ski	1		01:58:38																												
427	Edvardsen, Arne Edvard		1																							02:15:20							
428	Edvardsen, Svein Tore		1									01:27:10																					
429	Effestøl, Einar	ASKIM IF	1									01:23:38																					
430	Eggerud, Marius		1														1:32:37																
431	Eide, Kent Jøran		1													02:21:16																	
432	Eide, Monica	Svartskog IF	1			02:20:48																											
433	Eidissen, Tage	SARPSBORG O-LAG	4										01:45:37	01:46:23	01:44:56	1:36:13																	
434	Eidsnes, Sigbjørn	DnB NOR BIL	1																						1:54:10								
435	Eilertsen, Anton	Sellebakk	1			02:11:57																											
436	Eilertsen, Audun	Fredrikstad IF	2																														
437	Einstabland, August	Oslo	1			01:39:03																			1:42:26	1:40:17							
438	Ekeberg, Martin	Samemafaaen Futsal	1																	01:34:59													
439	Ekeberg-Malmli, Daniel	Oslo	1	02:11:24																													
440	Ekelberg, Janicke	Skiløperne	1																														
441	Eker, Anne Synnøve	Ås IL	4																														4
442	Ekerholt, Karen Anette	Team Driv Trening	2						01:49:09			01:48:54																					

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470	Engen, Fredrik		1										01:46:57																					
471	Engen, Olav	Romerike Ultraløperklubb	2																	01:48:50													1	
472	Engen, Terje	Varteig IL	5								01:28:41																				01:15:05			3
473	Enger, Rolf		1																														1	
474	Enger, Steve		1																															
475	Engh Emil	TFL-Halden	2																														2	
476	Engh, Lars Erik	Sarpsborg IL	2																														2	
477	Engh, Tor-Arne	HALDEN	1							01:47:27																								
478	Enghaug, Pål-Andre		1													2:03:03																		
479	Engkvist, Monica	TEAM MOTO	1														02:46:31																	
480	Engseth, Fredrik	Rolvsgøy	2				01:40:20		01:42:22																									
481	Engstrøm, Marcus		1																							01:35:54								
482	Enoksen, Roy Harry	RYGGEJOGGEN	23									01:55:05	01:53:53	01:44:55	01:44:35	1:48:27	01:34:38	1:41:36		01:33:07							01:31:25	01:39:09	01:28:54				12	
483	Ensrud, Viggo	Drøbak Frogn	4																														4	
484	Ericson, Jörgen	LILLESTRØM	1								01:57:05																							
485	Eriksen, Bjarne		2																			1:44:35	1:50:38											
486	Eriksen, Frank		1																	01:21:55														
487	Eriksen, Geir L.	Friskis & Svettis	1																													02:03:43		
488	Eriksen, Heine	Greåker IF	1						01:46:08																									
489	Eriksen, Inger-Marie		1												02:04:02																			
490	Eriksen, Jens	Greåker	1			01:34:38																												
491	Eriksen, Jørn	Projectiondesign	1																	02:06:40														
492	Eriksen, Kirsti	Fredrikstad IF	6												01:48:09	01:49:48	1:51:35	01:48:27	1:51:34		01:59:22													
493	Eriksen, Kjell Reinert		3																															
494	Eriksen, Knut	Greåker IF	2																		01:39:34	01:45:39												
495	Eriksen, Kristoffer		1												01:42:11																			
496	Eriksen, Lars-Kristian	Team Salomon Norway	1				01:14:06																											
497	Eriksen, Magnus	Bolavi	1	01:52:45																														
498	Eriksen, Odd	Fredrikstad Kommune	1																														1	
499	Eriksen, Patrick	SKJEBERG CK	1														01:33:58																	
500	Eriksen, Rune	Rygge IL	1					01:29:17																										
501	Eriksen, Svein	Fredrikstad	6																														6	
502	Eriksen, Thomas	Fredrikstad IF	1																														1	
503	Eriksrud, Jonas	GRESSVIK	1								01:45:58																							
504	Eriksson, Carl	Halden	3				01:37:27	01:35:37			01:45:46																							
505	Erstad, Magnus	Kamp/Vestheim IF	4		01:11:27				01:09:42	01:12:03						1:18:59																		
506	Ervøy, Lars Erik	Spydeberg	1																														1	
507	Eskedal, Harald	Noblikk	1																														1	
508	Espenes, Arild	Lyn Ski	1				01:37:22																											
509	Espenes, Hans	Skriptvet IL	2																														2	
510	Eva, Lindskog		1																	01:53:51														
511	Evensen, Anne Helen	Rygge IL	2				02:11:05				02:19:21																							
512	Evensen, Lelf	Fredrikstad IF	1																															
513	Evensen, Ole	Titan	1																										02:08:36					
514	Evensen, Ole Christian	FREDRIKSTAD SKIKLUBB	8									01:39:31			01:30:02	1:32:53	01:32:42	1:34:31	01:34:55	01:34:08	01:35:10												1	
515	Evensen, Ole Jacob		1														01:56:26																	
516	Evensen, Tor	Granås	4																														4	
517	Evensen, Ulrikka		2										01:55:06																				1	
518	Evjen, Siri Anette	Kondis	1																														1	
519	Eyde, Birk	Oi Triathlon	1				01:23:46																											
520	Fylertsen, Caroline	HALDEN IL	1												01:37:23																			
521	Fagermes, Frida A. Sletmoen	Asker Skiklubb	1	01:49:08																														
522	Falch Alsos, Edvart	LAUKVIKA LØPEKLUBB	1									01:26:16																						
523	Fardal, Helge		1																													01:45:13		
524	Faraasen, Erik	HALDEN	1								01:27:41																							
525	Fause Hovind, Erik	Halden	1			01:44:46																												
526	Fauske, Håkon	Kråkerøy	1			01:37:02																												
527	Feet, Ronny	SKIFORENINGEN	1														01:30:12																	
528	Felde, Jan	Moss IL	2																														2	
529	Ferder, Harald	Titan BIL	1																															
530	Ferguson, Stine	Fredrikstad IF	2																															
531	Ferstad, Marius	FREDRIKSTAD	1								01:54:06				01:48:02						02:06:38													
532	Fillingsnes, Gry		1																								</							

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG
537	Finstad, Ole Kristian		2									01:52:38											1:39:20										
538	Fischer, Andreas Sola	RELEX SOLUTIONS	1									01:30:28																					
539	Fiskum, Espen	Namdal Lepeklubb	1							01:13:23																							
540	Fjeld, Terje		1																														1
541	Fjeldberg, Marit Bech	Friskis & Sveltis	1																														1
542	Fjeldbo, Ivar	IK Granit	3																						01:50:55			01:33:42					1
543	Fjeldstad, Lars Helge	Ulefoss S.F.	1																	01:38:39													
544	Fjellanger, Jarle	Norske Skog Saugbruks	1																		02:06:49												
545	Fjellanger, Randi	Halden Kommune	1																		02:06:49												
546	Fjellstad, Birgit		1																		02:08:32												
547	Fjellstad, Jo Inge	Ås IL	4	01:45:34												01:24:25										01:21:21	01:27:49						
548	Fjellstad, Wendy	Ås IL	7	01:39:09				01:39:23											01:28:13				1:32:18		01:36:09	01:29:58	01:37:59						
549	Fjellstad, Lars Helge	Abb / Ulefoss	1																														
550	Fjæraa, Ann Mari	NILU BIL	5																1:44:15														
551	Fjæraa, Øivind	Fredrikstad IF	37									02:13:42	02:18:23	02:12:41	02:07:13	2:07:45	02:00:50	2:03:45	01:57:52	01:52:53	01:55:57	1:50:07	1:46:38	1:52:43	01:50:00	01:47:26	01:36:43	01:38:07	01:36:30	01:32:14	01:30:49	01:28:58	6
552	Flatekvål, Maria	Rygge	1				02:18:29																										
553	Flaten Langøy, Eirik	Balders Lepeklubb	1	01:28:12																													
554	Flaten, Øivind	Visma BIL	6				01:58:08																								01:33:01		4
555	Flatin, Christoffer	Sarpsborg	3	02:37:17							01:42:18										01:34:11												
556	Flatin, Johann	Sarpsborg	2	02:10:07			01:37:17																										
557	Flatin, Øyvind	Fredrikstad IF	4			02:02:46	02:17:47													01:51:53	02:00:18												
558	Flatland, Baard	GIF Joggen	6						01:48:45	01:44:25	01:49:46	01:46:54	01:49:22	01:44:01																			
559	Flatland, Håvard		1																		01:46:34												
560	Flatland, Marie		1									02:02:02																					
561	Fledsberg, Dagrun	Mosselærerne	6																														6
562	Fledsberg, Tor	Moss Skiklubb	5																														5
563	Fleisje, Erlend	OSLO	1						01:27:20																								
564	Flemming, Lelf	Fredrikstad	3		01:50:51		01:45:14	01:53:14																									
565	Flesjø, Jon	Askim IF	9																														
566	Flodin, Pål		3								01:55:12		01:47:35	01:50:21								1:33:42	1:31:32	1:37:39	01:31:46			01:27:04	01:29:20			2	
567	Fluge, Eskil	Team Fluge	1		01:55:39																												
568	Flynn, Russell	Custardlabs	2	01:32:53	01:37:26																												
569	Flø, August	Fredrikstad IF	5				01:19:41							01:10:53	1:11:54	01:12:56		01:24:49															
570	Folmer, Arne Christian	Berg IL	2																01:31:45		01:34:36												
571	Fon, Ragnar	Vivestad IV	11																														11
572	Fondevik, Kristian	Fredrikstad	1	02:48:20																													
573	Fondevik, Torbjørn	Fredrikstad	8	02:48:21	02:12:08							01:57:01											1:40:53		01:49:03		01:45:02		01:44:05	01:52:21			
574	Forgard, Olivia	Åseral IL	1			01:34:31																											
575	Formoe, Erik	BIC	2																														2
576	Forsberg, Geir	Selmer BIL	1																														1
577	Forsberg, Ida Martine		1									01:51:02																					
578	Forsberg, Tommy	Borgenhaugen	1		01:46:44																												
579	Forsbom, Kjell	Fredrikstad IF	7																														7
580	Forsell, Arne Willy	Midgard Hinderløpsklubb	1	01:33:23																													
581	Forsetlund, Ole Martin	Fredrikstad IF	6					01:45:49		01:46:41	01:51:50	01:48:43	01:54:43	01:52:12																			
582	Foss, Dorte	Raufoss IL -Friidrett	2				01:40:08							01:29:04																			
583	Foss, Henrik	Berg Sporting	1	01:38:07																													
584	Foss, Roald	Stabburet BIL	2																				2:22:08		02:15:31								
585	Fossbekk, Truls Roar	Kjelsås IL / Kondis	1							01:47:22																							
586	Fosse, Lars	Fpil	2	01:31:52	01:31:03																												
587	Fossheim, Alf	Sano Avd. Halden	1																														1
588	Fossheim, Emil Ruud	Asker Skiklubb Orientering	1				01:25:31																										
589	Fossheim, Mari	TEAM SOLBERG	1									02:00:20																					
590	Fossheim, Tor	Nk'S IL Halden	1																														1
591	Fransson, Magnus	GÖTEBORG	1											01:52:38																			
592	Fredly, Rikke Sofie	Sarpsborg	1	01:51:34																													
593	Fredriksen, Bjørn	Fredrikstad IF	5																												01:40:07		4
594	Fredriksen, Knut	Fredrikstad IF	5																														2
595	Fredriksen, Marit	Family Sportsclub	5																		01:54:17		1:53:19		01:50:17		01:26:58		01:32:25	01:37:19		01:51:39	1
596	Fredriksen, Morten Olav	Fredrikstad	3	01:31:19		01:33:35	01:37:31																										
597	Fredriksen, Ole Petter	Fredrikstad	4	01:48:13	01:48:12	01:51:26			01:49:07																								
598	Fredriksen, Sindre	Sarpsborg IL	3	01:18:23	01:17:23	01:19:24																											
599	Fredriksen, Stian	Sarpsborg IL	1			01:35:34																											
600	Fredriksen, Synnøve	Fredrikstad IF	5																									02:09:39		01:53:53	01:51:40		2
601	Fredriksen, Vilde	Sarpsborg IL	1			01:48:49																											
602	Fredriksen, Åge Sten	Fredrikstad IF	11																							01:48:34		01:47:41	01:49:55	01:49:58	01:43:08		6
603	Fremo, Thomas	TRARABERGET LØPEKLUBB	1												1:28:27																		

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604	Friberg, Tomas	SPERREBOTN	3								01:40:41	01:41:10	01:43:22																				
605	Frivold, Sunniva	GAMLE FREDRIKSTAD	1					02:00:05																									
606	Frydenberg, Roy Erik	Kondis	6																														
607	Frølandshagen, Anne-Lene	Fredrikstad IF	2												2:21:23	02:10:57			01:57:29	01:49:41	01:54:48			1:48:45		01:44:14	01:43:19						
608	Frølich-Olsen, Henriette	FREDRIKSTAD SKIKLUBB	1												01:45:09																		
609	Frønningen, Hilmar	Skjebergelærerne	10																														10
610	Frøyland, Anette	Sats Sarpsborg	1								02:27:59																						
611	Frøyland, Jon	Skjeberg CK	1								01:48:39																						
612	Fugas, Konrad		1										01:48:06																				
613	Fugleneb, Astrid K.	Fredrikstad Skiklubb	1																													01:47:35	
614	Fuglesang, Grete Roaldseth	Gamle Fredrikstad	3	01:42:23	01:46:52			01:48:33																									
615	Furset, Petter	Sellebakk	3			01:50:28										01:32:38	01:31:42																
616	Furuheim, Knut Magne	Fredrikstad IF	14		01:39:19	01:37:45	01:35:23				01:32:23	01:32:45	01:29:04	01:31:05	01:36:55	1:40:00	01:44:16		01:48:20		01:51:56			1:50:56								1	
617	Furunes, Jo	Oppdal FIK	3																											01:35:50			2
618	Furå, Bernt		1														01:51:39																
619	Fylling, Sondre	Oslostudentenes IK - Fridre	4								01:16:25	01:13:45	01:17:45	01:15:10																			
620	Følling, Marianne	Treningscamp	1																01:39:58														
621	Følvik, Marthe	Bodø	1				01:28:48																										
622	Førde, Erik	Fredrikstad IF	2																														2
623	Gabestad, Lars Erik		1																01:53:39														
624	Gangestad, Stephen	Fredrikstad IF	2												1:45:42						01:32:11												
625	Garder, Steffen		1																01:27:45														
626	Garsrud, Iver		1															2:14:20															
627	Gartmann, Gjermund	OSLO	1						01:38:41																								
628	Gathen, Hege	Fredrikstad IF	4													01:43:49						1:50:55					01:48:16				01:53:06		
629	Gathen, Jan Marius	Koll, IL	3	01:25:37	01:24:18	01:26:36																											
630	Gati, Robert		1																							01:24:28							
631	Gaustad, Anders	Lervik IF	5		01:21:19								01:20:39		01:20:35	1:21:53	01:25:05																
632	Gaustad, Håvard	SVINESUND B.I.L	1													2:09:31																	
633	Gaustad, Jon-Vidar		1																					1:55:30									
634	Gautesen, Kristian	Sportsklubben Vidar	1																				1:22:20										
635	Gautun, Preben		3												1:26:59		1:32:33		01:35:51														
636	Gebrehileet, Teklu	MOSS IL	1																														
637	Gholizad, Parviz	Brogaten Fysioterapi AS	1						02:13:26																								
638	Gilberg, Runar	Sportsklubben Vidar	1																				1:17:10										
639	Gilhuus, Martin Wølgen	Team Stoppen	1			01:27:21																											
640	Gimse, Håkon	Heming	1																	01:26:43													
641	Gjendem, Jan	Fredrikstad IF	2					01:54:48			02:03:26																						
642	Gjerdet, Kristian	Greåker	1				01:48:32																										
643	Gjerløw, Jan	Fredrikstad IF	2													1:47:36			01:42:50														
644	Gjerløw, Thor	GRESVIK IF	5											01:57:16				1:49:22								01:50:23		01:45:36	01:48:21				
645	Gjesdal, Kari-Marie	Fredrikstad IF	3													2:09:42	02:05:42	2:10:12															
646	Gjulem Lund, Sivert		1								01:39:15																						
647	Gjølberg, Anne B.	Rygge	2																														2
648	Gjølberg, Mari		2														01:33:42	1:43:52															
649	Gjølberg, Sigrun	RYGGEIOGGEN	3									01:28:54				01:38:33	1:50:03																
650	Gjølberg, Torgeir	Rygge	2																														2
651	Gjølme, Kari		1																														
652	Gjølstad, Ketil Rudolf	Gif-Joggen	12		02:57:04											1:46:08	01:43:43		01:38:47	01:45:14	01:47:00	1:47:55	1:43:58	2:10:56	02:00:17		01:35:44		01:44:50				
653	Glesnes, Linda Renate	OSLOFJORD TRIATLON	1															2:14:20															
654	Glinski, Przemysław	Halden	1	01:54:25																													
655	Glomsrød, Hedda	Fredrikstad IF	2														01:53:46				02:02:00												
656	Glomsrød, Thale	Fredrikstad IF	1																		01:57:10												
657	Glorvigen, Marius	RELEX SOLUTIONS AS	2								01:39:21		01:31:48																				
658	Gluckstad, Ragnar	Fredrikstad IF	4																														4
659	Glørksen, Herman	FREDRIKSTAD SKIKLUBB	2								01:24:26			01:28:01																			
660	Glørksen, Knut	FREDRIKSTAD SKIKLUBB	1								01:43:51																						

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671	Granli, Oddbjørn	Sarpsborg Sykkellubb	1																														1
672	Granlund, Per-Øyvind	LIFE KIROPRAKTIKK	2											01:22:15	01:24:15																		
673	Granly, Camilla	Sellebakk	2		01:56:05	01:51:30																											
674	Gravnås, Stian	Yven	2				02:04:43														01:47:28												
675	Gravnås, Tor	Karlshus Bruk	1																														1
676	Grefsrud Søfting, Karianne C	Østmarka Triathlon	1																	01:23:27													
677	Gregersen, Halvor	Fredrikstad IF	1																														1
678	Grenan, Håvard	Høvik IF / Team Bvrt	1							01:23:35																							
679	Grende, Vibeke	Sandvika	1		02:03:45																												
680	Greggerud, Matias	Skanska Norge AS	1				01:32:03																										
681	Gresslås, Erik	Fredrikstad IF	13																														13
682	Gresslås, Nina	Varteig IL	5																										01:26:32				4
683	Gresslås, Svein	Sarpsborg IL	12																														12
684	Gresslås, Trine Lise		1													01:51:24																	
685	Grethe, Kopperud	Fredrikstad IF	1																03:58:20														
686	Gretland, Jon-Erik	Sarpsborg	1		02:01:19																												
687	Gretland, Tom		2																											01:23:04	01:20:52		
688	Grigson, Matilde	Grålum	2			01:49:59	01:48:47																										
689	Grigson, Richard	Tune IL	6									01:27:57				1:26:55	01:30:22			01:32:14	01:33:01				1:31:47								
690	Grimsoen, Raimonda	Skjeberg	2		01:56:47	02:07:05																											
691	Grimstad, Jan	Vannverket Oslo	6																														6
692	Grimstad, Jon G.		1																														1
693	Grimseth, Ingerid	Rolvøy	1		02:07:06																												
694	Grindahl, Espen Kristofferse	Fredrikstad																															

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805	Hansen, Kristine		2													1:52:23	01:47:23																	
806	Hansen, Lars-Erik		1											01:28:43																				
807	Hansen, Magnus Winther	Fredrikstad	3	01:34:39	01:34:21	01:41:30																												
808	Hansen, Maria Lund		1								01:51:47																							
809	Hansen, Marius		2												01:54:00		01:54:30																	
810	Hansen, Marius	TEAM BALDER	1																															
811	Hansen, Nina Bakke	OCR NORWAY	1											02:14:43																				
812	Hansen, Ole Johnny	Stjernen	3			01:40:16			01:36:23	01:41:51																								
813	Hansen, Ole Kristian	Titan IL	1			01:58:53																												
814	Hansen, Rolf	Trimutvalget	7																											02:09:21				
815	Hansen, Rolf W.	Råde	6																														6	
816	Hansen, Ronny	Suene IL	1																1:27:25															
817	Hansen, Sigurd	Fredrikstad IF	3																													01:56:44	01:57:09	1
818	Hansen, Svein	Rye Sp.Kl.	1								02:01:57																							
819	Hansen, Terje	Gamle Fredrikstad	21	02:15:56		02:15:16	02:01:55	02:08:42	01:54:55	01:47:39	01:47:42	01:45:28	01:46:43	01:37:06	01:41:08	1:41:20		1:38:46	01:37:04	01:39:29	01:36:00	1:34:02	1:37:50		01:32:34	01:35:31	01:42:00							
820	Hansen, Thomas Uwe	COWI BIL	3													1:32:35	01:37:40	1:43:55																
821	Hansen, Torunn		1													2:15:21																		
822	Hansen, Tove Lier		1																02:01:27															
823	Hansen, Trond-Vidar Due		3																															
824	Hansen, Åge Norman	Fr.Stad Legeforening	1																				1:46:40	1:50:35									1	
825	Hansen, Åsmund	Gressvik	1			01:35:35																												
826	Hanssen, Georg	FIF-trim	1																										01:47:34					
827	Hanssen, Jan Einar	Moss Skiklubb	2							01:59:19																						01:23:39		
828	Hanssen, Jan Frode		7									02:01:59			01:54:24		01:57:52			01:59:18	01:59:49	1:50:00	1:59:10											
829	Hanssen, Marius Røed	FSK	1																												01:22:15			
830	Hanssen, Mona		1																	02:01:07														
831	Hanssen, Morten Åge	Origosenteret	1																														1	
832	Hanssen, Wenche	FIF-trim	1																											01:47:33				
833	Hansson, Bård	CHG B.I.L.	1			01:58:31																												
834	Hansteen, Cato	Romerike Ultraløperklubb	4								01:33:40		01:35:34	01:34:55	01:41:21																			
835	Haraldsen, Anders	TEAM UNITED BAKERIES	2									01:49:58							01:42:52															
836	Haraldsen, Cato	Fredrikstad IF	2																			01:27:46	1:33:50											
837	Haraldsen, Terje	Landbrukstilsynet	2																										01:55:09	01:49:51				
838	Harbin, Nicolay	KRÅKERØY	4					01:25:24	01:28:12	01:33:15	01:37:04																			01:55:09	01:49:51			
839	Hardisty, Ralph	OSLO	1					01:41:32																										
840	Haslerud Stjern, Sondre		1													01:55:47																		
841	Hasselgård, Vegard Ringsby		1													01:41:35																		
842	Hasselgård, Ølstein	Askim IF	2																															2
843	Hasselstrøm, Kaja		3								01:51:19	01:47:44		01:46:40																				
844	Hassing, Egil	Fredrikstad IF	5																															5
845	Hassing, Tove	Fredrikstad IF	11																															
846	Hatvik, Roy	Stabburet	6																							02:17:52		01:52:59				02:03:43		
847	Hauer, Robert	Teamrh1984	1					01:42:36																										5
848	Hauer, Thor	Brynild	6																															6
849	Haug, Joachim	SARPSBORG SYKLEKLUBB	1														1:29:34																	
850	Haugan, Stein	Hydro Aluminium	1																															1
851	Hauge, Anette	Oslo	4			01:25:24			01:27:28																				02:01:43	02:06:42				
852	Hauge, Asbjørn		1																															1
853	Hauge, Lars	Greåker IF	18			01:34:58		01:41:55	01:34:00		01:29:58	01:30:20	01:29:23	01:29:46	01:28:18	01:25:24		1:28:53		01:28:42		1:33:54	1:30:17	1:31:18	01:28:59		01:27:14		01:31:34	01:31:23				
854	Hauge, Mats	Oslo	2			01:37:23	01:41:32																											
855	Hauge, Morten	Gressvik	1			02:02:40																												
856	Haugen, Bjørnar	ROLVSØY	2								02:06:54	02:11:16																						
857	Haugen, Kim	BLODSMAK SK	2																															
858	Haugen, Siri Helen	MOSS	1							02:07:18																								
859	Haugen, Thorstein	Fredrikstad IF	1																															
860	Haugland, Morten	Kvernhuset Allstars	1			01:47:44																				01:46:11								
861	Haugland, Per Ove	Nylende IF	5								01:25:13	01:27:59	01:33:39		01:28:27	1:39																		

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939	Holme, Gard		1										02:33:08																				
940	Holmgren, Elinor		1									02:02:13																					
941	Holmskau, Kristine	BRYNE CYKLEKLUBB	1												02:06:11																		
942	Holst, Viktoria		1											02:34:06																			
943	Holstad, Eivind	Pensjonistforeninga	1							01:24:15																							
944	Holt, Selmer Ringstad	Rolvsvy	1				01:26:17																										
945	Holt, Thor-Erik	Thor-Erik Holt	1			01:52:02																											
946	Holte, Hans Ole		1														01:32:48																
947	Holte, Henrik	Kråkerøy	3	01:40:12				01:41:35									01:38:44																
948	Holten, Line Henriette		1											01:56:54																			
949	Holter, André	Eleiko	1			01:43:27																											
950	Holter, Theodor	Greåker	1	01:20:00																													
951	Holter, Tonje	FREDRIKSTAD BLAD	5												01:49:34	2:00:09	01:51:17	2:01:45	01:54:38														
952	Holth, Jonas		1										01:48:34																				
953	Holum Telen, Andreas Arvid	Leif Grimsrud as	1			01:53:41																											
954	Holum, Anne Skauen	KRÅKERØY	1								02:13:42																						
955	Homstvedt, Oddbjørn	Trøgstad HC-gruppe	5																				1:22:28					01:19:37	01:20:45	01:20:51	01:25:08		
956	Hongve, Torkjel	Siggerud IL	3					01:42:28		01:32:38		01:40:08																					
957	Honkanen, Susanna	Fredrikstad Skiklubb	1				01:33:16																										
958	Hopen, Kjell	Gjøvik	1																														1
959	Horrigmo, Arne		1										02:01:31																				
960	Horrigmo, Beate		1										02:06:58																				
961	Horvei, Atle	Eiendomsmegler Krogsvæe	2			01:26:52	01:35:33																										
962	Hossein, Nazim	Moss Skiklubb	3																														3
963	Hovd, Atle	Oslo	1			02:32:39																											
964	Hovde, Jan	BRUMUND DAL	1								01:28:13																						
965	Hovind, Einar		1																01:43:22														
966	Hovland, Ivar		12										01:43:04			01:28:50		01:29:59	01:30:10				1:30:04			01:26:10	01:21:50	01:22:45				4	
967	Hovland, Tor	Drøbak	5																														5
968	Hovland, Tore	Fredrikstad IF	5	02:30:59	02:24:22																										01:34:18		2
969	Hox, Bjørn Erik	Oslo	1			01:54:59																											
970	Hox, Lars	Fredrikstad IF	11		01:35:31	01:33:28			01:34:09	01:31:40				01:34:34	01:38:26	1:38:07		1:42:54		01:40:47		1:45:17	1:51:35										
971	Hugoson, Berit		1														01:59:36																
972	Hult, Christer	LIRE BK	2									01:25:58	01:29:27																				
973	Humlevik, Giskén	VEDBÆK	1						01:58:33																								
974	Humlevik, Lorentz	BERGEN	2						01:54:21												01:59:30												
975	Hunstad, Marco	OSLO	1					01:27:47																									
976	Hurthi, Ingvald	Yven	1	01:42:01																													
977	Hurum, Harald		7									01:48:48		01:51:15	01:48:19	1:45:56		1:42:15		01:42:00		1:46:33											
978	Husa, Eirik	Moss	1	01:38:04																													
979	Husa, Kristin	TØNSBERG TRIATLON	1										02:26:28																				
980	Hustad, Sofie Nordsveen	Kjelsås IL	1				01:19:08																										
981	Hustoft, Yngve	Mosselærerne	6																											01:34:23		5	
982	Hustoft,Eva	Moss Avis BIL	6																														6
983	Husvik, Lars		2											01:58:30	01:57:32																		
984	Huuse, Adelheid Mortensen	FUTT'N FART RUNNING	1													01:51:24																	
985	Hvoslef, Lars	Martha-Kam.	22																							02:21:48		02:48:58	02:51:17	02:46:45		18	
986	Hystad Melleby, Mia		1											01:52:06																			
987	Hystad, Ellen Pauline	Tønsberg Triathlon Klubb	1																		01:59:14												
988	Hystad, Inger Lise	Østbygda IL	2				01:36:55						01:36:04																				
989	Håbler, Morten	Fredrikstad IF	14							01:48:46		01:38:52	01:35:47		1:40:58	01:33:34	01:33:36	01:29:53	1:35:06	1:34:08	01:34:33											4	
990	Hæger, Linda		1												1:55:33																		
991	Harreid, Bjørn	NTP BIL	9																														9
992	Hætta, Isak M.	SK Vidar	2																								01:24:53						1
993	Høe, Thomas	Sportymeny	2						01:48:53	01:48:51																							
994	Høe, Ølvind	Ryggejoggen	5																			1:37:04									01:36:55	3	
995	Høgberg Johansen, Jan Mikael		2									01:45:24	01:59:28																				
996	Høgmo, Hanne		3			01:55:05							02:07:51							01:53:22													
997	Høgstad, Rune	Larkollen IL	1																			01:41:30											
998	Høgstad, Are	Mysen	1																														1
999	Høiden, Sigmund	Stabburet BIL	1																														

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1006	Hayden, Sigmund	Stabburet	3																														3
1007	Haye, Andreas	Kristiansand OK	5																			1:10:13	1:13:17	1:14:49	01:11:54			01:18:53					
1008	Haye, Christian	GAMLE FREDRIKSTAD	4					01:44:40	01:36:28	01:36:57	01:48:18																						
1009	Haye, Geir		2																												01:31:02	01:35:11	
1010	Haye, Geir Arne	TEAM EUROPRIS	1									01:38:19																					
1011	Heyum, Anders	Fredrikstad IF	1																						01:35:23								
1012	Heyum, Oddvar	Posten BIL	5																														5
1013	Haabeth Brox, Julie Marie	TJALVE	2													1:25:16								1:33:56									
1014	Haabeth, Jørn	Fredrikstad IF	3		01:39:06			01:35:40		01:32:17																							
1015	Haagensen, Kjetil		1														01:57:08																
1016	Haartveit, Erlend Ystrøm	FREDRIKSTAD	1							01:52:52																							
1017	Ibsen, Pernille Ottilie	Gressvik	2	01:56:00		01:49:14																											
1018	Idland, Tone		1																		01:44:35												
1019	Imrik, Lasse		1																	01:48:40													
1020	Ingebrigtsen, Storm	Fredrikstad Skiklubb	1								01:58:35																						
1021	Ingebrigtsen, Albert	Sarpsborg	1		01:49:08																												
1022	Ingebrigtsen, Sandra Merete	Hosle	1		02:03:59																												
1023	Ingebrigtsen, Sverre	CK ØST	1															1:43:33															
1024	Ingwersen, Helge	FREDRIKSTAD	5															1:50:50		01:45:34		1:46:00	1:49:39	1:56:40									
1025	Innvær, Simon		1									01:49:33																					
1026	Isegran, Mathias	Fredrikstad	1			01:46:15																											
1027	Iversby, Kristian Lorentz		1									01:56:41																					
1028	Iversen Dag		1																													01:35:14	
1029	Iversen, Arne B.	K-jogg Sarpsborg	5																											02:00:02		01:53:55	3
1030	Iversen, Petter	Fredrikstad Skiklubb	1																														1
1031	Iversen, Rune	Askim IF	1																														
1032	Iversen, Tore	Fredrikstad IF	8												01:54:02		1:52:39	01:42:41	01:43:02	01:40:37	1:49:36	1:43:29	1:40:14						01:36:36				
1033	Jacobsen, Andreas	Trosvik IF	1																01:37:32														
1034	Jacobsen, Bård	KJEKKAS IF	1								01:38:18																						
1035	Jacobsen, Bård Eirik	Kjekkas IF	3					01:33:31					01:41:46	01:29:34																			
1036	Jacobsen, Dag	Opil	1																														1
1037	Jacobsen, Egil	Titan	20																														20
1038	Jacobsen, Eivind	Gressvik IF	1		01:29:18																												
1039	Jacobsen, Elin	Sarpsborg	5		01:55:18								01:57:24		01:46:42	1:53:48					01:46:47												
1040	Jacobsen, Håkon	Gressvik	16																														16
1041	Jacobsen, Jacob Wierenfeldt	Slowmotion	3	02:11:32											01:56:12		2:05:49																
1042	Jacobsen, Kristin Ravin	Eleiko	1		01:49:32																												
1043	Jacobsen, Lise-Marie B.		2													2:02:42	2:03:26																
1044	Jacobsen, Marius	Tråskan IL	1																														1
1045	Jacobsen, Per-Robert		1													1:39:23																	
1046	Jacobsen, Roger	MOSS CK	2													2:11:50			02:08:45														
1047	Jacoby, Petra	Øvrevoll Hosle IL / Team Ja	2		01:26:39			01:30:47																									
1048	Jagestad, Dennis	OSLO	1							02:02:04																							
1049	Jahle, Lars Erik	DIRECTA SKIPTVET AS	1									01:54:05																					
1050	Jahrman, Per	Fredrikstad IF	15																		01:58:20												14
1051	Jakobsen, Aleksander Thers	MOSS	1					01:44:04																									
1052	Jakobsen, Espen	Fredrikstad Skiklubb	1																							01:27:48							
1053	Jakobsen, Espen	AKP 1664	1												01:20:29																		
1054	Jakobsen, Lav		1										01:31:21																				
1055	Jakobsen, Ole Gunnar	SKJEBERG CK	2									01:49:36										01:47:11											
1056	Jakobsen, Yngvar	Kraft	1																								01:46:44						
1057	Jamissen, Leif Morten	SATS SARPSBORG	2									01:43:13									01:41:49												
1058	Janitz, Magne	MOSS MULTICHALLENGERS	4													1:26:10	01:22:32	1:26:14	01:24:09														
1059	Jannestad, Henrik	Tråskan	1																														1
1060	Jansen, Svein Oskar	Fredrikstad IF	20									02:31:18	02:22:33	02:16:56	02:05:04	2:09:15	02:05:28	2:13:23	02:07:06	01:59:09	01:56:36	1:54:01	2:00:40	2:09:50	02:02:53	01:47:15	01:48:00	01:49:06	01:44:30	01:45:26		1	
1061	Jarbeaux, Kaare	Oslo Sportlager	1																														1
1062	Jarl, Rune	Rygge Kommune	6																														6
1063	Jeksrud, Arne Aleksander	LEEDS UTD.	1													1:46:556																	

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1073	Jensen, Morten	C H Evensen	8	02:07:04	01:55:03			02:01:22	01:50:25					01:52:45		1:35:33		1:41:52	01:45:07															
1074	Jensen, Sander	Moss	1			01:36:29																												
1075	Jensen, Simon Rw	Manstad	1			01:57:43																												
1076	Jensen, Stein	FREDRIKSTAD	5						01:46:42			01:47:26	01:51:50		01:38:22	1:44:17																		
1077	Jensen, Stein	Onsøy Kommune	3																														3	
1078	Jensen, Sverre	Team Kondis	1							01:27:54																								
1079	Jensen, Tom-Freddie		1																01:36:12															
1080	Jernberg, Vigdis		1												01:54:01																			
1081	Joansson	Jøtul	1																														1	
1082	Joelsen, Ole	Kråkerøy IL	1																														1	
1083	Johannessen, Geir Runar	Fredrikstad IF	1																	01:32:59														
1084	Johannessen, Harald	Drøbak	1																														1	
1085	Johannessen, John	Moss Skiklubb	6																			1:33:33	1:30:08	1:32:18						01:26:55			2	
1086	Johannessen, Bjørn	Halden IL	10					01:48:19		01:47:42											01:17:36	1:18:39	1:17:14		01:17:20	01:15:29	01:19:00						2	
1087	Johannessen, Cornelia	Rolvsey IF	1						01:52:48																									
1088	Johannessen, Emil	Scooterviken IL	3							01:34:56	01:46:31	01:43:37																						
1089	Johannessen, Freddy		1												02:13:38																			
1090	Johannessen, Geir P.		1																							01:39:20								
1091	Johannessen, Hans Gustav	Kråkerøy IL	1																			01:27:55												
1092	Johannessen, Johs.	Drøbak	13																														13	
1093	Johannessen, Jørgen	Rolvsey	2			01:47:52						01:44:20																						
1094	Johannessen, Ketil	Fredrikstad Skiklubb	2																01:38:43		01:37:42													
1095	Johannessen, Martin	Kråkerøy	5			01:34:27	01:35:35		01:37:53	01:36:38		01:40:24																						
1096	Johannessen, Ola Daniel	Fredrikstad IF / Wang Fred	2				01:22:00																											
1097	Johannessen, Per- Ølvin	St Croix Huset	1							01:57:26																								
1098	Johannessen, Petter		1																							01:37:41								
1099	Johannessen, Pål Espen	FRONTLITE	1													02:15:38																		
1100	Johansen Roar	Borg Mc-Klubb	1																						2:05:31									
1101	Johansen Rune	Førø Moss	2																														2	
1102	Johansen, Anette Hovind		2									01:59:21	02:04:02																					
1103	Johansen, Christian	Halden IL	1																				1:33:51											
1104	Johansen, Eirik Solberg	Kråkerøy	2			01:38:32			01:47:24																									
1105	Johansen, Else-Marie	Posten Tønsberg	6																														6	
1106	Johansen, Erik	Fredrikstad IF	1																												01:51:55			
1107	Johansen, Erik Solberg	Kråkerøy	1				01:41:42																											
1108	Johansen, Espen		2																														2	
1109	Johansen, Finn Markus	Fredrikstad IF	5		01:26:32										01:25:06	1:23:20	01:20:29	1:26:08																
1110	Johansen, Frank		1									01:49:33																						
1111	Johansen, Frode	Kambo IL	1		01:55:22																													
1112	Johansen, Grunde Weum		1																	01:38:05														
1113	Johansen, Gunnar	Moss Værft	16																														16	
1114	Johansen, Hans P		1																											01:39:02				
1115	Johansen, Heidi	FIF-trim	1																												02:11:25			
1116	Johansen, Hilde	Haga IF	1																			01:50:59												
1117	Johansen, Hjalmar	TEAM EUROPRIS	1									02:01:55																						
1118	Johansen, Håvard Rochman	WANG TOPPIDRETT	1														02:14:39																	
1119	Johansen, Inger		1																						03:21:35									
1120	Johansen, Jan Roger	Grålum	2			01:57:52		02:02:56																										
1121	Johansen, Janne Kjellberg	Fredrikstad IF	5														01:33:58			01:34:06	01:31:15	1:32:39	1:38:16											
1122	Johansen, Jannicke	Halden	1						01:54:35																									
1123	Johansen, Johan M.	IL Flint	12																														12	
1124	Johansen, Jørgen Sande	Fredrikstadsarpsborg Løp	1		01:29:28																													
1125	Johansen, Karl		1															02:07:00																
1126	Johansen, Karl Morten	Fredrikstad	2																														2	
1127	Johansen, Kim		3									02:01:26	02:04:01		01:59:43																			
1128	Johansen, Kine	Oslo	1				01:41:59																											
1129	Johansen, Kjell Arne	Fredrikstad IF	1																							01:48:30								
1130	Johansen, Loyd	Kråkerøy	2			01:36:02	01:38:56																											
1131	Johansen, Marius		1																			01:26:10												
1132	Johansen, Mats		1																			01:27:53												
1133	Johansen, Mona	COWI BIL	1											</																				

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1140	Johansen, Roar		1																				1:53:36											
1141	Johansen, Sigleif	Statskraft Norge	2																							01:18:21		01:16:53						
1142	Johansen, Tage		1																														1	
1143	Johansen, Terje	Jøtul	1																														1	
1144	Johansen, Therese Høgberg		1									01:46:56																						
1145	Johansen, Tore André		1												01:37:50																			
1146	Johansen, Trude		1																			02:23:49												
1147	Johansen, Turid	FREDRIKSTAD SKIKLUBB	3												02:01:34	2:07:18	02:00:25																	
1148	Johansen, Vegard Ulrik		2								02:19:42																							
1149	Johansen, Øystein	Halden IL	5																		01:24:27						01:19:46				01:14:35		2	
1150	Johansson, Andreas	Halden SK	2							01:15:15																		01:09:44						
1151	Johansson, Ulf	Stenungsund Friidrott	1																							01:27:05								
1152	Johsen, Christina Rønning	Sentrum Kampsportsenter	1																					1:48:10										
1153	Johsen, Elisabeth		1									01:58:27																						
1154	Johsen, Heidi	Fredrikstad IF	1																														1	
1155	Johsen, Helge	Borre	1																														1	
1156	Johsen, John Andreas	Fredrikstad	1			01:54:51																												
1157	Johsen, Marius	Hvaler IL	1				01:33:07																											
1158	Johsen, Runar	Rafsnes BIL	1																														1	
1159	Johsen, Øyvind	Kråkerøy	1			01:56:17																												
1160	Johsson, Helge	Borre IF	2																														2	
1161	Joki, Reidar Kvale	Lisleby FK	9			01:34:18	01:27:29						01:28:05	01:32:29	01:28:14	1:31:11	01:29:06		01:38:02	01:43:47														
1162	Joki, Sverre Magnus Elvenes	Fredrikstad Taekwon-Do Kl	1			01:44:16																												
1163	Jonassen, Christoffer	NOBIA	2										01:36:00											1:32:37										
1164	Jonassen, Rune Myhre	KODAL	1							01:51:14																								
1165	Jonsson, Gunnar	Team Sportsmanden / Slitu	4			01:38:58		01:37:46				01:47:23			01:35:39																			
1166	Joranger, Alf-Georg	Fredrikstad IF	1					01:27:37																										
1167	Jordet, Andreas	Scotterviken IL	1								01:21:41																							
1168	Josefsen, Amund	Fredrikstad Skiklubb	1																					1:45:28										
1169	Josefsen, Christina		1											02:07:35																				
1170	Josefsen, Knut	Fredrikstad IF	2																03:58:20	03:36:30														
1171	Josefsen, Kristin	Fredrikstad IF	6																		01:45:46	2:00:53	1:49:14			01:54:51	01:48:02	01:55:13						
1172	Juell, Benjamin	Fredrikstad	3				01:36:34	01:40:07	01:43:27																									
1173	Juell, Espen	Drøbak-Frogn IL	1				01:56:50																											
1174	Juliusen, Stig	HALDEN IL	4												01:35:01	01:37:24	1:41:17			01:38:51														
1175	Juliusen, Terje	Varteig IL	10																												01:25:24	01:23:22	8	
1176	Julsen, Pernille	Borgenhaugen	3			01:34:46	01:38:03	01:42:04																										
1177	Jøndal, Jonas		1												01:41:56																			
1178	Jønland, Endre		3																			1:54:40	1:52:56		01:51:07									
1179	Jørgensen, Christian	Fredrikstad	1			01:51:34																												
1180	Jørgensen, Geir	Fredrikstad IF	5			01:44:11		01:44:38	01:42:02	01:39:39	01:45:31																							
1181	Jørgensen, Hilde	Fredrikstad IF	1																															
1182	Jørgensen, Jarle	Manstad	7			01:54:56				01:33:03		01:35:38	01:42:16	01:36:23	01:52:46	2:05:23																		
1183	Jørgensen, Kari Anne B.	FTK	1																		02:21:27													
1184	Jørgensen, Kristine	Fredrikstad	1			02:08:05																												
1185	Jørgensen, Nicklas	Manstad	2			02:11:01				02:21:19																								
1186	Jørgensen, Petter	BRAASPORT	1									01:34:42																						
1187	Jørstad, Erik	POWERED BY PLANTS / MA	5									01:28:45	01:31:25		01:32:29	1:41:18	02:16:03																	
1188	Kahr, Marianne Riddervold	Fredrikstad Skiklubb	3																			1:24:14	1:23:18	1:29:45										
1189	Kahr, Alf Peter	Nors Luftambulanse	1																									01:31:40						
1190	Kahr, Christian	NTNUI	1																						1:16:10									
1191	Kahr, Julia Lossius	Ås IL	1																									01:31:39						
1192	Kahr, Marianne R.	FREDRIKSTAD SKIKLUBB	1														01:26:32																	
1193	Kahr, Marit Kirknes	Cowil BIL	6					01:30:15			01:31:22				01:25:26						01:33:50		1:36:53	1:50:43										
1194	Kairellis, Irmantas		1										01:28:01																					
1195	Kalgraff, Andreas	LARKOLLEN IL	1									02:18:17																						
1196	Kalsnes Jørstad, Gudleik	FC WANKEL BEIN	1											01:34:52																				
1197	Kalsøy, Roger	Ik Felt&treig	3																			01:51:36	1:57:30	2:17:45				</						

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1207	Karlsen, Kai R.	Plastarmatur BIL	3																													01:52:19	01:42:48	1
1208	Karlsen, Maria Dahle	GRESSVIK	6					02:03:15	02:04:42	01:58:51	02:04:03	02:11:11		02:06:48																				
1209	Karlsen, Mathias	Fredrikstad IF / Skogens, Kd	4	01:20:36	01:19:04	01:21:49	01:24:25																											
1210	Karlsen, Morten	KS	1																01:28:55															
1211	Karlsen, Morten	Fredrikstad IF	1			01:52:52																												
1212	Karlsen, Roar	CK ØST	11											01:41:22	01:43:47					01:37:57	01:49:13	1:38:03	1:45:25	1:44:52		01:32:36		01:27:23	01:36:36	01:38:25				
1213	Karlsen, Rolf	Idrottslaget i BUL	1			01:36:17																												
1214	Karlsen, Silje		1																															
1215	Karlsen, Svein-Åge	RYGGEJOGGEN	2										01:22:04	01:22:20																				
1216	Karlsen, Vidar Lothe	GRESSVIK	1						01:43:56																									
1217	Karlsrud Roger	Rygge Flystasjon	1																														1	
1218	Karlsson, Kjaerstin		3										02:27:03	01:57:27	02:09:24																			
1219	Karlsson, Maria	Oslo Kommune Bedriftsidre	3			02:16:49	02:11:07						01:55:53																					
1220	Karlsson, Mattias	SLEVIK IL	1														01:10:45																	
1221	Karstensen, Kai	Borregaard	3																														3	
1222	Karstensen, Kjell	Borregaard	11																														11	
1223	Karstensen, Rune	Fredrikstad	4																														4	
1224	Kaspersen, Steve	FREDRIKSTAD	2												01:26:28	1:32:18																		
1225	Kaste, Per Øyvind	Jurulen IL	2	01:59:13	02:07:29																													
1226	Kathrud, Anders	Driv idrettslag	1			01:34:35																												
1227	Kavli, Kristine	Krik	4																															
1228	Kavli, Micheline		2											01:51:31				01:47:07																
1229	Kavli, Stig	BLODSMAK SPORTSKLUBB	1																															
1230	Keats, Willow		1											01:45:17																				
1231	Kedziora, Norbert	Sarpsborg	6				01:33:38	01:34:21	01:34:40	01:31:07	01:34:06	01:35:26																					1	
1232	Kessinger, Tommy	Norcool BIL	1																															
1233	Khogyanaï, Numan	Fredrikstad IF	3											01:28:23	01:25:38		01:35:06																	
1234	Kieding, Annika		1																															
1235	Kieding-Kummervold, Ivar	Fredrikstad IF	6																	01:36:16	01:35:34	01:26:51	1:27:28			1:41:09								
1236	Kielland, Erling	UDI_BIL	4												01:56:28	01:55:35		01:48:18	1:49:23															
1237	Kirkebak, Ingvald		2									02:07:05	01:58:01																					
1238	Kirkebak, Jakob	MOSS	1									01:40:10																						
1239	Kirkeng, Ingar	Tråskan IL	4																														4	
1240	Kirkerud, Marius	Tomter	1					01:41:32																										
1241	Kirkerød, Arild	Cowi BIL	2			01:44:18																												
1242	Kivedal, Bjørnar Karlsen	Gamle Fredrikstad	7				01:54:38				01:50:09	01:48:43	01:54:55	01:48:38	01:52:04		01:56:29																	
1243	Kjell, Dyberh		1																															
1244	Kjell, Feldt	Fredrikstad IF	1																	02:24:26													1	
1245	Kjellberg, Thomas	Sportsklubben Vidar	2			01:16:46		01:22:39																										
1246	Kjellesvig, Tellef	Fredrikstad Skiklubb	8								01:53:08	01:46:11	01:44:43		01:44:24	1:48:57	1:45:03					1:45:40				01:39:53								
1247	Kjellvik, Richard	MANSTAD SPRINT/ULTRA/	2																															
1248	Kjeve, Helle Gabrielsen	FREDRIKSTAD	1									01:54:14																						
1249	Kjeve, Knut Henrik	Fredrikstad	2			01:34:35					01:35:25																							
1250	Kjeve, Ole Magnus Myhre	Rakkestad IF	1			01:35:29																												
1251	Kjäll-Ohlsson, Martin	SK Vidar	1																			01:11:47												
1252	Kjelberg Klonteig, Eirik	TEAM BRYNILD GRUPPEN	1											01:29:19																				
1253	Kjell, Øystein	ØSTBYGDA IL	2										01:58:37		02:03:25																			
1254	Kjellesdal, Jon Steinar		1														02:08:45																	
1255	Kjølstad, Tore	Fredrikstad IF	5																							02:18:34		01:34:42	01:38:07	01:34:12	01:35:23			
1256	Kjøniksen, Anders	Manstad	1			01:39:41																												
1257	Kjervik, Tormod	Fredrikstad IF	3																															
1258	Klass, Krystian	Team FNB	1			01:46:32																												
1259	Klausen, Glenn	Sarpsborg IL	2					01:32:03		01:34:20																								
1260	Klausen, Per Kristian		3										02:14:19		01:56:12		1:53:15																	
1261	Klavestad Hansen, Marius	Sarpsborg	1			01:19:06																												
1262	Klavestad, Truls	Sarpsborg Fotballklubb	2																															
1263	Kleggetveit, Inge	OVS-BIL	1													01:32:29																		

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1341	Krumsvik Kirkeboen, Torgeir		1														01:49:23																	
1342	Kruse, Erik Lindbæk	KVERNHUSET BIL	5							01:41:30					01:46:39	01:33:40	1:42:42	01:45:25																
1343	Kullberg-Marcussen, Just		1														1:56:55																	
1344	Kullerud, Emil	Sarpsborg IL	3						01:19:10					01:28:50	01:33:01																			
1345	Kullerud, Hege	Varteig IL	1																	01:47:58														
1346	Kullerud, Kristian	Sarpsborg O-Lag	1																											01:30:26				
1347	Kullerud, Pål Asbjørn	Sarpsborg IL	3						01:17:06								1:13:49	01:17:21																
1348	Kumela, Domink	POLEN	1												01:31:31																			
1349	Kumle, Svein Erik	Sarpsborg IL	1																														1	
1350	Kumin, Calle	Hakadal	1					01:37:09																										
1351	Kummervold, Ivar	Kvik Tønsberg	1	01:43:16																														
1352	Kure, Hans Magnus	Cowi BIL	5						01:31:54		01:33:46	01:29:44		01:27:37		01:26:42																		
1353	Kuremyr, Tone		1																							02:18:33								
1354	Kurin, Sergei	Oslo	1		01:33:59																													
1355	Kurtzhals, Per	Køge Atletik (Danmark)	2																		01:39:32	1:43:51												
1356	Kusmierz, Robert	Oslo	1	02:07:41																														
1357	Kvalsund, Ronald	Langhusløperne	1					01:59:59																										
1358	Kvalsvik, Geir	KRÅKERØY IL	9												01:48:19		1:53:51	01:57:27					1:55:20				01:45:57	01:44:15	01:45:30	01:42:59	01:50:09			
1359	Kvalsvik, Lars	KVALSVIK BYGG AS	1															01:57:41																
1360	Kvalsvik, Magnus	FREDRIKSTAD	2													01:36:03	01:47:44																	
1361	Kvam, Sigmund	Tistedalen Friluftslag	1																				1:59:34											
1362	Kvame, Anders	Saltnes Jøgg&Trim	3				01:26:39			01:22:02				01:27:56																				
1363	Kvammen, Fredrik		1									01:42:10																						
1364	Kvarsnes, Anne Toril Bjørk	MOSS SKIKLUBB	1											02:07:06																				
1365	Kverneng, Hans	Uni	3																														3	
1366	Kvernstuen, Johanne	STOREMYR / FKBIL	1														2:05:26																	
1367	Kvisberglien, Håvar	MOSS	1						02:00:19																									
1368	Kvisvik, Kjell Normann	Fredrikstad IF	14													01:48:44			01:39:57		01:43:41	1:45:48	1:41:55	1:44:52				01:39:57				7		
1369	Kvitvik, Sidsel		1														02:06:10																	
1370	Køhn, Svein Mathias	Askim IF	2																							02:00:02	01:53:36							
1371	Kaastad, Kristian	Midgard Hinderløpsklubb	2				02:01:17	02:11:11																										
1372	Kacandler, Tommy	TEAM MOTO	1															02:46:31																
1373	Ladstein, Christoffer	TEAM SPORTSMANDEN/SK	1												01:28:58																			
1374	Lae, Vilhelm	WANG TOPPIDRETT	1														01:26:17																	
1375	Lahnstein, Erik	Røa Allianseidrettslag	1		01:45:23																													
1376	Lamo, Fredrik	Nittedal Sykkellubb	14																														14	
1377	Lande Johansen, Sverre	Sarpsborg IL	2		01:26:19			01:34:57																										
1378	Lande, Thomas		1										01:27:58																					
1379	Landeklint, Henrik	Fredrikstad IF	5			01:33:12						01:33:46	01:28:04			1:38:03	01:40:12																	
1380	Langebeck, Tor-Einar	Fredrikstad IF	1									01:52:30																						
1381	Langedal, Simon	Skjeberg	1		02:08:07																													
1382	Langeland, Åge	Nasjonal	2																														2	
1383	Langerud, Cicilie	Stasjonskam.	1																														1	
1384	Langmyren, Ole Kjell	Gjensidige Nor	1																						01:19:19									
1385	Langnes, Rune	FTBIL	1														01:33:02																	
1386	Langsholdt, Elisabeth	TEAM ACTIC	1														01:57:53																	
1387	Langsholdt, Sara		1														01:54:35																	
1388	Larsen, Andreas	ASIK FLAMES	1														1:37:34																	
1389	Larsen, Arne	Fredrikstad IF	5																														5	
1390	Larsen, Christin	Fredrikstad IF	1																															
1391	Larsen, Christoffer Nesteng	Gressvik	1	02:20:28																														
1392	Larsen, Ed B.	Fredrikstad IF	14																								01:56:05	01:47:56	01:31:41	01:36:12	01:29:58	01:26:32		8
1393	Larsen, Einar	Dsv Sport & Fritid	2																			1:52:47		1:53:07										
1394	Larsen, Elisabeth		1																01:51:26															
1395	Larsen, Fred Morgan	Fredrikstad IF	1									01:30:48																						
1396	Larsen, Fredrik	Fredrikstad Skiklubb	1																											01:33:34				
1397	Larsen, Hans	Begby	1							01:45:54																								
1398	Larsen, Henning	Hvaler	2			01:34:08	01:28:27																											
1399	Larsen, Knut-Andre		1													01:25:24																		
1400	Larsen, Kristian																																	

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1542	Marcussen, Christine	Bnbil	1						01:54:59																								
1543	Martinez, Ruben	FREDRIKSTAD TRIATLON	1										01:41:02																				
1544	Martinsen, Adam	Hemsedal	1		01:42:04																												
1545	Martinsen, Arne-Johan	FREDRIKSTAD RØNNERS	3												01:27:19					01:26:18			1:22:59										
1546	Martinsen, Bjørn Arild	Fredrikstad IF	6			02:10:25			02:19:42	02:05:07			01:54:47		1:51:04	01:59:29																	
1547	Martinsen, Cathrine	OSLO	1					01:54:44																									
1548	Martinsen, Fredrik	Trøsken IL	1						01:46:43																								
1549	Martinsen, Herman Ryen	Fredrikstad SK	2				01:15:20	01:15:45																									
1550	Martinsen, Ingar	Fredrikstad	7											01:44:20		1:50:34	02:09:48	1:48:05					1:44:04									2	
1551	Martinsen, Jens André	Vestergøy	2	01:41:58	01:48:52																												
1552	Martinsen, Ole Jacob	Varteig IL	2																								01:21:15						1
1553	Martinsen, Per Arne	Rygge	14																														12
1554	Martinsen, Petter	FREDRIKSTAD	5						01:39:24						01:24:53	1:26:43			01:32:24				1:50:14							01:30:21	01:25:33		
1555	Martinsen, Rina	Hakadal	1				02:01:22																										
1556	Martinsen, Rino	KIL-Trim	2																											01:41:29	01:49:58		
1557	Martinsen, Sissel		1																														1
1558	Martinsen, Stine	Gressvik	1			02:03:30																											
1559	Martinsen, Tore Viggo		3															1:57:01															2
1560	Martinsen, Victor	Fredrikstad IF	1													1:26:34																	
1561	Martinussen, Bjørn-Tore	FREDRIKSTAD	4												01:23:36	1:21:18	01:24:10	1:25:21															
1562	Martinussen, Jan-Henrik	Kråkerøy IL	1																														1
1563	Mathiasen, Ingrid Oldervik	FBIL	5						01:43:19	01:44:35			01:40:02	01:39:08	01:43:53																		
1564	Mathisen, Anders Prestegaard		1											01:54:26																			
1565	Mathisen, Svein	Mills BIL	1																														1
1566	Mathisen, Thea	Fredrikstad IF	3	01:29:57													01:31:51		01:38:45														
1567	Matland, Christian Bro	Fredrikstad	9	01:38:46	01:34:00	01:38:02	01:35:24	01:34:30	01:30:37	01:35:15	01:46:23	01:52:19																					
1568	Matland, Lene Bro	FREDRIKSTAD	4						01:47:52	01:50:01	01:51:29	01:53:46																					
1569	Matre, Bjørg	Oslo Vann og Avløp	1																														1
1570	Matre, Trygve		1																														1
1571	Matr, Jonas	OSLO	2						01:46:22	01:53:10																							
1572	Matthiesen, Kurt	Trømborg IL	2																			01:18:23	1:25:56										
1573	Mauseith, Hege		1											02:34:06																			
1574	McGrath, Margaret	Halden	5	01:52:07	01:50:44										01:48:19			2:11:43	02:04:51														
1575	Meen, Helge Dyre	Hakadal IL	1																												01:30:32		
1576	Meistad, Øivind		1																													01:37:05	
1577	Melby, Knut Olav		1																														1
1578	Melby-Olsen, Lena	Fredrikstad IF	2			01:58:22									01:49:19																		
1579	Mellberg, Eva Marie		3									02:08:09	02:23:52	02:00:09																			
1580	Melleby, Line		1											01:54:00																			
1581	Mellem, Kristine Jensen	Sofiemyr	2	02:01:33	02:04:59																												
1582	Mentzen, Kjell	Fredrikstad Kommune	13																														13
1583	Mesøy, Rune Mo		1																			01:33:46											
1584	Mevik, Lina Maria	Sarpsborg	7		01:55:03							01:41:31	01:47:31	01:48:05	01:50:41	1:48:37	1:53:45						01:33:46										
1585	Michaelsen, Otto Edv.	Oslo	15																														15
1586	Midtbø, Gro		1														01:51:41																
1587	Midtthaugen, Per	1357	1					01:43:33																									
1588	Midttun, Beate	Fredrikstad IF	1																			02:00:00											
1589	Mihailov, Mihail	TEAM EUROPRIS	1									01:53:37																					
1590	Mikalsen, Martin	CK-ØST	1													1:48:37																	
1591	Mikkelsen, Sigurd	KRÅKERØY	1					01:36:58																									
1592	Mill, Hans Jørgen	FIL Bamse	1																														
1593	Minge, Alf	Tune IL	20																														20
1594	Minge, Eirik	Varteig IL	1																														1
1595	Minge, Jørn		1																				1:37:15										
1596	Minge, Martin		1																			01:46:36											
1597	Minge, Ulf	Sarpsborg	3	01:49:07	01:57:29	02:01:20																											
1598	Mingem Stig	Norcool	4																														4
1599	Mirzai, Reza	Haslum	1	01:34:44																													
1600	Mjølnerød, Jens Erik	Halden Skiklubb	1																		</												

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1609	Moe, Ole Christian		1									01:20:58																					
1610	Moen, Aleksander	Halden IL	2					01:36:13	01:28:32																								
1611	Moen, Alexander	Øvrevoll Hosle IL / Eks-Rolv	1		01:29:57																												
1612	Moen, Alexander Stene	Hosle	1					01:30:47																									
1613	Moen, Kristian	GAMLE FREDRIKSTAD	1								01:48:41																						
1614	Moen, Marianne	Fredrikstad Skiklubb	2																														2
1615	Moen, Morten	GRÅLUM	1					02:16:37																									
1616	Moen, Olav		1													2:11:18																	
1617	Moen, Thor		4																						1:57:32	01:49:04		01:48:55	01:53:26				
1618	Mohyuddin, Nazifa	Shagle	1	01:33:13																													
1619	Mojord, Ingebrøt	KRÅKERØY	3						02:17:25	02:12:04						2:08:55																	
1620	Mojord, Sigurd	FREDRIKSTAD	1							01:29:38																							
1621	Mojord, Sigurd Gedde	FREDRIKSTAD	2						01:26:45							1:31:04																	
1622	Mojord, Sverre Gedde	DRAMMEN	1						02:00:46																								
1623	Molander, Line		1												01:53:46																		
1624	Molander, Thea		1												01:53:44																		
1625	Monkvik, Adrian	Ullensaker/Kisa IL	1	01:08:40																													
1626	Monkvik, Per-Owe	Fredrikstad Sykkellubb	8																		01:31:32						01:31:08						6
1627	Monro, Heather	Eiker-Kvik	1																										01:18:55				
1628	Monsen, Frode	Team Sportsmanden	1		01:44:05																												
1629	Montgomery, Ove	OKF	1																														1
1630	Morfjord, Thomas	Vear	1				01:45:27																										
1631	Mortensen, Kåre	Arne Lund BIL	2																														2
1632	Mortensen, Marius	Sarpsborg og Omegn Hobb	1						02:16:36																								
1633	Moseby, Kristian	Trøgstad	2				01:33:56	01:34:48																									
1634	Moslått, Per Kristian		1																														
1635	Moss, Kristen Joy	ÅSGÅRDSTRAND	1						02:30:24						02:03:07																		
1636	Mosseros, Camilla		1															2:10:05															
1637	Mostad Hansen, Jonas	Fredrikstad	3			02:15:06	02:01:55	02:07:48																									
1638	Mostue, Sverre	Flintjoggen	1																						01:41:06								
1639	Moulund, Sverre	TIRC	7																										01:51:58	01:43:41			5
1640	Moum, Bjørn	Msk	3																														3
1641	Movik, Bjarne	Fredrikstad IF	13																														13
1642	Moxnes, Eldbjørg	OSI FRIDRETT	2											01:24:46			01:27:52																
1643	Mukkaden, Stephane		1												01:34:39																		
1644	Muller, Olav Sigurd	OSLO	1							02:56:15																							
1645	Munika, Mahesh	Krakerøy	4	01:31:48	01:29:29	01:37:41		01:36:12																									
1646	Munkeboe-Nygaard, Thor	EUROPIS	2										02:04:49		02:01:02																		
1647	Mvnoz, Federico		1								01:41:28																						
1648	Mwakimako, Johanna	Oslo	1				01:51:41																										
1649	Mydske, Kjell Reidar	Fredrikstad Skiklubb	6							01:46:27					01:38:35	01:47:00	1:47:55	01:46:12	1:48:30														
1650	Mydske, Oliver	FREDRIKSTAD SKIKLUBB	1												01:46:22																		
1651	Myhre-Nielsen, Trude	Halden	1		01:59:35																												
1652	Myhrvold, Kjell	Philips Sp.F.	1																														1
1653	Myklebust, Stein	Rådet	9																														9
1654	Myran, Ida	RELEX SOLUTIONS AS	1											01:53:59																			
1655	Myrvold, Bjørn	Storebrand BIL	1																				2:03:27										
1656	Mægster, Marianne	Fredrikstad Kommune, KM	2						02:09:36	02:03:38																							
1657	Møklegård, Terje	Fredrikstad IF	1																							01:48:05							
1658	Møller, Andrea	Fredrikstad	1			02:38:55																											
1659	Møller, Lars Petter	Bankettløperne	3			02:12:58				01:56:00		02:00:27																					
1660	Mørch, Knut Tore	Sarpsborg	6																														6
1661	Mørseth, Christoffer Strøm	Krakerøy	1	01:40:36																													
1662	Måwe, Thomas	Gressvik	1			01:54:47																											
1663	Nandedkar, Kiran		1																														
1664	Narmo, Ole Kristian	Rygge IL	2						01:36:28			01:33:04																					
1665	Neathley, Kristine	FREDRIKSTAD SK	1														1:53:28																
1666	Nesby, Torstein	CROSSFIT DRØBAK	2									01:38:10					1:38:26																
1667	Nese, Olav Lian	Grunners IL	2																														
1668	Nesengen, Bjørge	FREDRIKSTAD TRIATLONKL	1													01:23:47																	
1669	Neset, Lillian	Våler i Østfold	1			01:51:07																											
1670	Nestande, Håkon Hanssen		3													01:52:36		01:39:08	1:51:00														
1671	Nesteng-Larsen, Kia	Krakerøy	1	02:41:46																													

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1676	Nicolaysen, Kent	Fredrikstad	4				01:52:11			01:39:26	01:55:49	01:51:11																						
1677	Nicolaysen, Ragnar	Gressvik Ungdomsskole	12																						2:04:43					01:49:22	01:43:17	01:46:58		8
1678	Nielsen, Anne Kristine	Student KRIK Oslo	1																			02:09:46												
1679	Nielsen, Hanne	Køge Atletik (Danmark)	2																			01:38:48	1:41:07											
1680	Nielsen, Henrik K.	Imås	1																												01:22:00			
1681	Nielsen, Joakim	Moss Skiklubb	1																														1	
1682	Nielsen, Lasse	Manstad	2				01:39:33					01:40:03																						
1683	Nielsen, Per	COWI BIL	1													1:39:28																		
1684	Nielsen, Rolf	PsBIL	1																											01:42:48				
1685	Nilsen, Aksel S	Hole Kommune	1				01:54:06																											
1686	Nilsen, Albert Fiddan	Norges Banks Idrettslag	1				01:30:52																											
1687	Nilsen, Anne Lise		1															2:21:55																
1688	Nilsen, Arnt Inge	Heia Moss ??	1			01:48:15																												
1689	Nilsen, Ellen		1																			02:07:46												
1690	Nilsen, Helene	Torp	1				01:46:02																											
1691	Nilsen, Johnny		1																														1	
1692	Nilsen, Jørn Espen	Fredrikstad IF	5		01:31:16		01:21:28			01:22:36	01:27:03		01:33:53																					
1693	Nilsen, Karl-Ann	Fredrikstad IF	3																			01:45:16	1:50:00	1:53:08										
1694	Nilsen, Kjetil Fuglestad	Fredrikstad IF	7		01:36:00	01:37:38	01:46:54			01:40:54						01:46:02	1:42:54	01:51:40																
1695	Nilsen, Knut	Mosselærerne	3																														3	
1696	Nilsen, Lars Tore		1																															
1697	Nilsen, Lene		2							01:46:27				01:58:58																				
1698	Nilsen, Morten	Fredrikstad Taekwon do Kl	1			01:41:22																												
1699	Nilsen, Per Harald	Fredrikstad IF	3		01:55:24									01:50:57	01:48:49																			
1700	Nilsen, Pål	Runaway	3										01:43:32					1:41:49	01:42:58															
1701	Nilsen, Roald	Linjegods	16																					1:41:55		01:41:29	01:34:26		01:31:25		01:33:05	01:26:57	10	
1702	Nilsen, Roger	Torsdagsløpet	1									01:44:19																						
1703	Nilsen, Rune	Sarpsborg	6	01:29:40	01:27:15		01:30:32		01:29:19		01:25:28	01:25:22																						
1704	Nilsen, Sigurd Roger	ØSS	1																														1	
1705	Nilsen, Thormod	Fredrikstad IF	5																										01:26:14		01:27:52	01:27:04	2	
1706	Nilsen, Tom	MOSSJONISTENE	2														1:54:13	02:00:07																
1707	Nilsen, Trond	Fredrikstad IF	9						01:43:33		01:45:49	01:43:05		01:34:10	01:43:25	1:31:23		1:31:00	01:31:56				1:23:40											
1708	Nilsen, Ture	Fredrikstad Skiklubb	23																														23	
1709	Nilsen, Vidar Riser	Rygge	20																								01:39:28				01:33:28	01:32:12	17	
1710	Nilsen, Aksel	VALNESFJORD IL	2													02:02:21		1:57:21										01:39:28				01:33:28	01:32:12	17
1711	Nilsen, Pål-Helge	Northern Runners	8						01:40:34	01:36:05	01:46:22		01:29:19		01:30:45	1:53:25			01:26:27	01:33:37														
1712	Nitavskis, Gard Eirik Dahle	Halden	1				01:37:19																											
1713	Nome, Astrid	Sørum IL	5		01:45:48													02:02:11	1:53:23	02:00:52	02:00:40													
1714	Nome, Caroline	Ås	1		02:10:43																													
1715	Nome, Torfinn	Oslo	5		01:47:12												01:55:50	1:45:49	01:34:57	01:30:05														
1716	Nomell, Roy	Tistedalen Friluftslag	2																												01:41:21		1	
1717	Nordahl, Anders		1																														1	
1718	Nordbråden, Hallvard	Tromsø Klatreklubb	1							01:28:31																								
1719	Nordbråden, Hanna Fiskum	FREDRIKSTAD	1							01:43:57																								
1720	Nordby, Audun Pettersen	Fredrikstad Skiklubb	3		01:24:33		01:25:33	01:35:58																										
1721	Nordbye, Christian		2																										01:41:55				1	
1722	Nordbø, Cecilie	CAP GEMINI	1											01:46:28																				
1723	Nordeng, Mikael	Oslo	1				01:35:39																											
1724	Nordgaard, Ranveig	Moss	1				01:50:10																											
1725	Nordheim, Carl Fredrik	Skrye	1																		01:35:02													
1726	Nordheim, Kristoffer	Kristoffer Nordheim / Equi	1								01:42:39																							
1727	Nordhus, Gunnar	AKS-77	1													3:05:11																		
1728	Nordhus, Terje		1																									01:55:10						
1729	Nordlie, Henrik	Sarpsborg	2						01:55:13		01:49:46																							
1730	Nordstrand, Marvin		1																														1	
1731	Norenberg, Freddy	Gif-Joggen	3							02:05:18	01:51:29	02:00:14																						
1732	Normann, Monica	Rolvsey	1		02:03:42																													
1733	Norvald, Svein	Trafo BIL	10																														10	
1734	Norvik,																																	

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1743	Nyborg, Thor Erik	Spydeberg	1					01:29:47																										
1744	Nyegaard-Larsen, Thomas	FREDRIKSTAD	1					01:52:48																										
1745	Nygaard, Anne Mette		4																															
1746	Nygaard, Baard	Nycomed	3															1:55:48	01:57:28			2:05:57											1	
1747	Nygaard, Baard		1													2:34:33																	3	
1748	Nygaard, Morten	Begby IL	2			01:49:36								01:44:34																				
1749	Nygaard, Niels	Aspelin-Stormbull	6																														6	
1750	Nygård, Rune	Eleiko	2		01:46:03	01:48:00																												
1751	Nygaard, Siv Elisabeth	Fredrikstad IF	2												1:55:20	02:09:24																		
1752	Nyheim, Ole Rasmus	GAMLE FREDRIKSTAD	1							01:57:35																								
1753	Nylende, Thor Emil	Oslo	1				01:48:25																											
1754	Nypan, Magnus	Fredrikstad Skiklubb	1																														1	
1755	Nystad, Arne T.	Knapstad	12																														12	
1756	Nystad, Espen		4												01:44:11	01:41:24			01:37:10		01:39:52													
1757	Nysted, Arild	Kråkerøy	4		01:39:46		01:42:02	01:39:00		01:41:35																								
1758	Næss, Karoline	BJERKE IL SKISKYTING	3										01:22:47		01:29:38	1:30:09																		
1759	Næss, Kristian		1																										01:26:43					
1760	Næss, Thorbjørn	ULL KISA	1														1:30:13																	
1761	Næss, Frode		1														2:08:56																	
1762	Ohla, Mirko		1																						1:56:40									
1763	Olafsen, Jørn Willy	Tønsberg Triatlonklubb	11	01:43:30	01:40:41	01:42:10	01:38:57	01:38:49	01:38:03	01:40:01	01:36:03	01:38:11	02:13:58								01:30:45													
1764	Olaussen, Einar		1																														1	
1765	Olaussen, Per	Halden Skiklubb	3																														3	
1766	Olaussen, Trine	Halden Skiklubb	1																														1	
1767	Olavsen, Jan Egil	Fredrikstad IF	1																							02:15:20								
1768	Oliversen, Daniel Skauge	Sarpsborg	5	01:36:41		02:01:09											01:28:04					01:30:51	1:25:50											
1769	Oliversen, Magnus Oliver Sk	Trøsken IL	10	01:35:26	01:33:42	02:01:08	01:45:19		01:31:04			01:29:21	01:39:00		01:30:56	01:38:15				01:28:59														
1770	Olsen Saxegård, Anne-Kari	Fredrikstad IF	2														02:25:22																	
1771	Olsen, Aina Elise	Fredrikstad IF	1																							02:22:55								
1772	Olsen, Alexander	Gressvik	1			01:25:04																				03:58:20								
1773	Olsen, Andreas Garder	KVERNHUSET BIL FREDRIKS	3										01:21:45		01:16:26	1:24:28																		
1774	Olsen, Anne-Kari Saxegård	Fredrikstad IF	1														2:30:47																	
1775	Olsen, Bjørn Arild		1																														1	
1776	Olsen, Fanny	KRÅKERØY	1					02:40:46																										
1777	Olsen, Frode	Fredrikstad IF	4																							01:54:54	01:47:37		01:36:43				1	
1778	Olsen, Geir	Fredrikstad IF	1																									01:25:32						
1779	Olsen, Harald	NTP BIL	12																														12	
1780	Olsen, Hedda	Torp	1			02:04:46																												
1781	Olsen, Håkon	Fredrikstad Skiklubb	6																														5	
1782	Olsen, Håkon Strand	Fredrikstad IF	6												01:46:07	01:48:17	1:38:32			01:34:29	01:33:53	1:37:45					1:36:57							
1783	Olsen, Jan Chr. Naas	F.Sykeh. Kr.Sund	1																														1	
1784	Olsen, John Vidar	Tele	7																														7	
1785	Olsen, Jonny	GUBBETRIM	1											01:32:57																				
1786	Olsen, Kim	Fredrikstad IF	6																															
1787	Olsen, Lars Erik	Fredrikstad IF	31	02:48:27		02:38:59	01:51:00	02:42:25		01:43:50	01:45:42	01:45:11	01:41:22	01:51:36	01:44:01	1:52:33	01:49:07	1:45:17	01:39:45	01:41:55	01:38:54	1:42:53	1:52:13	1:43:23	01:35:46	01:37:05	01:33:48	01:28:14	01:28:37	01:25:28	01:23:02		5	
1788	Olsen, Lars Erik	GRESSVIK	5				01:45:28				01:45:17																	01:38:59						
1789	Olsen, Lars Ivar	Fredrikstad	1			02:02:41																												
1790	Olsen, Lars Jørgen	PROJECTIONDESIGN	1														01:55:15																	
1791	Olsen, Lars Petter	GRESSVIK	2							01:59:43	01:47:47																							
1792	Olsen, Ludvig	Sarpsborg Brannvesen	10																															
1793	Olsen, Mads	Trondheim Triatlonklubb	1		01:46:18																									02:02:16	02:04:37	01:55:17		7
1794	Olsen, Magne Strand	Fredrikstad IF	8													2:30:47	01:46:02		01:47:48	01:46:57	01:44:25	1:51:48	1:50:34	1:59:53										
1795	Olsen, Ole Christian Øverby	Gamle Fredrikstad	1			01:45:19																												
1796	Olsen, Per S.	Fredrikstad IF	7																														7	
1797	Olsen, Petter	Askim IF	2																														2	
1798	Olsen, Pål Gerhard	Asker Sk. Friidrett	1							01:41:00																								
1799	Olsen, Roger	Råde Kommune BIL	3																														3	
1800	Olsen, Saxeg																																	

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1810	Olsvik, Magnus	Santor IL	1							01:28:44																								8
1811	Olsvik, Roald	Nobilkk Sannem	8																															2
1812	Olsvik, Stein	Moss Skiklubb	2																															
1813	Olufsen, Glenn	RYGGEJOGGEN	2											01:34:31								1:31:04												
1814	Omberg, Kirsti	SKILØPERNE	2												02:08:54	2:08:12																		
1815	Omberg, Ørnulf	Vag Dahls BIL	2																														2	
1816	Ommedal, Audun	RENNEBU IL	1												01:39:07																			
1817	Opdahl, Lars Lieng	HEMING	1													01:34:30																		
1818	Opsahl Bredesen, Anders	TEAM INTERCREDZ	1										01:30:24																					
1819	Opsahl, Marianne	Ullensaker/Kisa IL	1																01:35:00															
1820	Opstad, Fredrik		1													1:51:09																		
1821	Opstad, Ole-Håkon	Rygge IL	2		01:36:24	01:39:51																												
1822	Orzel, Karol Dawid	Langhusløperne	1							02:00:11																								
1823	Orzel, Zofia Maria	Langhusløperne	2			02:20:48	02:23:41																											
1824	Ostad, Tom	MOSS	1								02:19:17																							
1825	Oterholt, Christoffer	NORDEA ACTIVE	1									01:42:11																						
1826	Ottersen, Henrik		2										01:49:45	01:51:40																				
1827	Ottesen, Henrik	Fredrikstad Skiklubb	1																		01:19:55													
1828	Overskeid, Anne Grethe	Askim IF	7																											02:11:02	02:05:20	01:58:56		4
1829	Overskeid, Stian	lgøik	1																				1:34:27											
1830	Owen, Thomas	Fredrikstad IF	3																	01:42:03				1:42:15	01:47:53									
1831	Paulsberg, André	FREDRIKSTAD	1								01:53:19																							
1832	Paulsen, Robin Holt		2							01:32:55																								
1833	Paulsen, Stian	Fredrikstad IF	1															1:25:06																
1834	Paulsen, Ulf Ivar	Fredrikstad IF	1						02:51:45																									
1835	Paulsrud, Bjørn	Østfold Slakteri	17																															17
1836	Paulsrud, Jo-Inge	BORGENHAUGEN	1								01:46:37																							
1837	Pauna, Valentina	Fredrikstad IF	1	02:14:46																														
1838	Pedersen	Titan BIL	1																															1
1839	Pedersen, Aleksander	Trosvik IL	1						01:58:26																									
1840	Pedersen, Asbjørn O	Varteig IL	3																							01:33:04			01:39:56	01:26:03				
1841	Pedersen, Bjørn-Erik	Ås IL	2																			01:28:10	1:27:46											
1842	Pedersen, Camilla Tenvig	TORSHOV SPORT	1											02:05:30																				
1843	Pedersen, Daniel	Fredrikstad	14				02:01:34	01:58:00	01:58:33					01:39:12	01:41:35	01:36:57	1:48:50												01:41:37	01:38:48		02:04:34	4	
1844	Pedersen, Hans	BIC	2																															2
1845	Pedersen, Henning	Msk	3																															3
1846	Pedersen, Hilde	Fredrikstad	2	01:52:35	01:50:41																													
1847	Pedersen, Jon	MOSS	4								01:24:20					1:20:36	01:20:19									01:15:35								
1848	Pedersen, Morten	Team Pedersen	2		01:50:21				01:39:42																									
1849	Pedersen, Oda Kristin	GRESSVIK	1					01:57:52																										
1850	Pedersen, Oddbjørn	GLSU	8												02:07:40	01:55:00	01:51:23		01:52:05	01:53:49	01:51:04	1:50:18										1		
1851	Pedersen, Ole-Richard	SLEVIK IBK	2								01:53:57		01:59:59																					
1852	Pedersen, Ragnar	Onsøy Kommune	21																															21
1853	Pedersen, Stian	FREDRIKSTAD	3				02:02:57				01:27:29			01:49:47																				
1854	Pedersen, Terje Willy	Kreditkassen	16																															16
1855	Pedersen, Tom Lippert	Fredrikstad IF	2																															2
1856	Pedersen, Øyvind	WANG TOPPIDRETT OSLO	1														01:28:14																	
1857	Pedersen, Tom	Titan	11																													01:24:16		10
1858	Pederstad, Kay	Fredrikstad IF	10																															10
1859	Pederstad, Lars	CK ØST	4									01:31:02				1:30:51	01:29:19			01:34:03														
1860	Pejby, Martin		1													01:42:46																		
1861	Pereira, Steven	Sarpsborg Fotballklubb	2																															
1862	Persson, Daniel	Borgenhaugen	2	01:42:26	01:45:27																													
1863	Petersen, Corinna	SON	1					02:04:33																										
1864	Petersen, Leif A.	Fredrikstad IF	9																															
1865	Petersen, Morten	KRÅKERØY	1							01:56:35																								
1866	Pettersen, Camilla	Sarpsborg Idrettslag Friidre	1																01:44:49															
1867	Pettersen, Christian	SARPSBORG	1				02:05:41																											
1868	Pettersen, Eilev R.	Rygge Flystasjon	1																															1
1869	Pettersen, Eli Birgitte		1																															

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1944	Ringstad, Linda		2						02:03:51			02:00:24				2:03:18																	
1945	Risan Frøland, Ole Marius		1																														
1946	Rive, Jan Olav	Nexans BIL	1				01:35:46																										
1947	Roe, Kari	Flint	1																														1
1948	Røed Hansen, Mathius	TÆSSELADEN IL	2													01:37:17	1:51:26																
1949	Rogndalen, Ole	Varteig IL	5																														5
1950	Rohde-Moe, Tom	Fredrikstad IF	1																							01:50:59							
1951	Roncoroni, Luca	CIVELLO ITALIA	2													1:28:48	01:29:11																
1952	Roos, Katrine	Råde	3	02:28:16		02:04:00	02:04:41																										
1953	Roos, Mariann	Oslo	3	02:28:17		02:04:00	02:04:41																										
1954	Rosengren, Ole		1														01:25:19																
1955	Rosengren, Per Øyvind	NIKE	1														01:33:08																
1956	Rosnes, Helge		16													1:39:25	01:34:13	1:44:00		01:33:42	01:32:53		1:34:38	1:44:20	01:27:31	01:27:28	01:26:27	01:24:24				5	
1957	Rosnes, Magne	COWI	10									01:43:51		01:39:33	1:39:48	01:35:09	1:38:23	01:35:13															
1958	Rosnes, Olav Dag	Skatt Øst	1																	01:47:06													
1959	Rostad, Hans	Rikshospitalets BIL	11																									01:41:04					10
1960	Rostad, Ingolv	Fredrikstad Skiklubb	10																														10
1961	Rostad, Kristoffer	Råde	5			01:22:36		01:23:00		01:23:16		01:25:54			01:22:37																		
1962	Rostad, Rene	Begbyjoggen	1	02:16:41																													
1963	Rugstland, Knut Andreas	Holmen IF	1							01:23:05																							
1964	Rummelhoff, Carl Jørgen	Kværner Montering	1																														1
1965	Rundgren, Truls		3								01:39:57	01:59:22	02:01:00																				
1966	Runhovde, Gerd		1													02:24:09																	
1967	Runhovde, Siv		1													02:24:07																	
1968	Rustad, Anders	Fredrikstad Skiklubb	1																														1
1969	Rusten, Frerik	Fredrikstad Skiklubb	1																														1
1970	Ruud, Anne Therese		1														02:10:57																
1971	Ruud, Per Ole	Diplom-Is	9																														9
1972	Ruud, Øystein	Kronos Titan	1																														1
1973	Ruyter, Johanne	Johanne Ruyter	1							01:56:52																							
1974	Ruyter, Thomas	Askim	10			02:06:33		02:00:59		01:55:09	02:02:47	01:56:49		01:45:50	1:45:13	02:00:43	1:52:52	01:59:20															
1975	Ruyter, Werner	Cicignon Old Boys	14	02:26:59	02:14:04		02:18:11	02:07:04		02:12:26	02:04:18	02:17:58	02:09:40	01:52:02	01:45:30	1:52:04	02:08:10	1:44:14	01:43:24	01:54:16													
1976	Ryan, Jostein	Fredrikstad IF	1																														
1977	Ryen Martinsen, Herman	FREDRIKSTAD SKIKLUBB	1												01:17:58																		
1978	Ryholt, Grete	Fredrikstad IF	9																						2:00:08		02:12:50			01:53:06	02:03:43		5
1979	Ryste, Andrea	Fredrikstad	2			02:18:06		02:36:31																									
1980	Ryste, Thomas	Bankettløperne	2	02:13:27		02:12:11																											
1981	Rød, Terje	Fredrikstad IF	8			01:48:17	01:51:02						01:46:38		1:44:25			01:41:50	01:36:44	01:40:49				1:53:11									
1982	Rødset, Pål	SKEDSMO FK	1																														
1983	Røds, Katrine		1														02:01:37																
1984	Røed Hansen, Marius	Fredrikstad Skiklubb	1																								01:13:14						
1985	Røed Hansen, Mathias	GAMLE FREDRIKSTAD	3								01:32:17	01:42:33			01:39:32																		
1986	Røed, Eiolf	Fredrikstad IF	6																														
1987	Røhr, Ole-Hermann	Rygge IL	4							01:16:42	01:16:31	01:37:37						1:18:32	01:17:33	01:20:44	01:17:44	1:21:56	1:19:02										
1988	Rønne, Marius	Østerås	3	02:12:22			02:00:58	02:11:18										1:21:41															
1989	Rønning Vatne, Rasmus	FREDRIKSTAD	1								01:31:06																						
1990	Rønning, Jan Inge	Fjellørn	1								02:06:43																						
1991	Rørberg, Alexander	GAMLEVEIEN AKTIEBRYGG	5											01:28:13		1:37:07	01:29:37		01:36:38	01:36:30													
1992	Rørby, Torstein	MOSS CK	1													2:11:49																	
1993	Røsler, Monica	Ytre Enebakk	1			02:09:29																											
1994	Røsвик, Beate	Barkåker	1					02:23:33																									
1995	Røsæg, Thore		1																														
1996	Røyneberg, Elias	SARPSBORG IL	1										01:31:13																		02:04:00		
1997	Rådahl, Rino	Fredrikstad IF	6						01:46:16	01:45:47		01:48:56	01:48:19	01:48:10	01:51:31																		
1998	Raadal, Hanne	Fredrikstad Skiklubb	2																														2
1999	Raagaard, Henrik Lund	Fredrikstad IF	10			01:48:56	01:51:36		01:47:33	01:40:11	01:41:36	01:44:36	01:44:44	01:52:11	02:05:21	02:05:05																	
2000	Sagmo, Bjørn	Trones IL	1																			01:40:23											
2001	Salminen, Kaisa	Halden IL	1																														
2002	Samdal, Hans-Olav	Friskis	2																									01:22:56					
2003	Sampson, Phillip		1																			01:29:53								01:53:46		02:03:43	
2004	Samuelsen, Gunnar	Eiker O-Lag	6			01:50:03					01:41:49	01:42:27		01:34:50		1:36:16	01:35:56																
2005	Sanchez Tellez, Yair	MCLOVIN	1											01:57:57																			
2006	Sandberg, Fredrik Klokk	Tromsø Klatreklubb	1								01:13:27																						
2007	Sandberg, Pål Dixon	MOSS	1								01:51:16																						
2008	Sandbu, Maren		1																			01:53:34											
2009	Sandersen, Tom	Titan	10																														10
2010	Sandholtbråten, Anders		1																						01:42:58								

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2011	Sandnes, Arne	Fredrikstad IF	1																	03:31:30													
2012	Sandnes, Tarjei	Fredrikstad Skiklubb	2																								01:16:42						1
2013	Sandnes, Øyvind	Kråkerøy IL	1				01:51:11																										
2014	Sandvik, Anders	Askim IF	1																	01:23:26													
2015	Sandvik, Elvind	Gressvik	4		01:53:37			01:44:02	01:36:15												01:44:12												
2016	Sandvik, Fredrik	ASKIM FRIDRETT	2												1:25:02				01:45:25														
2017	Sandvik, Helge	Fredrikstad IF	38								01:47:37	01:43:56	01:39:21	01:41:37		01:39:56		01:38:10				1:35:51	1:35:41			01:32:28	01:30:36	01:32:06	01:35:55	01:32:31	01:30:34	01:28:38	23
2018	Sandvik, Jorunn	Askim IF	1																	02:10:07													
2019	Sandvik, Kåre	Gjensidige Sport	18																														
2020	Sandøy, Henrik	BARCO	2									02:01:55			1:44:22																01:30:46	17	
2021	Sanengen, Sverre	Fredrikstad IF	35								02:37:46	02:26:04	02:23:03	02:17:10		2:13:06	02:04:05	2:10:21	02:02:54	02:01:12		1:54:05	1:50:21	1:49:12	01:48:43	01:55:45	01:51:17	01:44:45	01:47:14			17	
2022	Sanna, Ove	Fredrikstad Skiklubb	1																	01:44:33													
2023	Sannes, Arne	Fredrikstad IF	2															4:00:05	03:58:20														
2024	Santo (Mike), Maican Iara		1																														
2025	Saxegård Olsen, Elin	Sats	1																	01:27:22													
2026	Saxegård, Charlotte	Fredrikstad IF	4														01:52:15		01:44:50		01:43:00		1:52:13										
2027	Saxegård, Simon Alexander	Fredrikstad IF	1	02:14:42																													
2028	Schaeffer, Maria Ødegaard	Sarpsborg	7	02:23:55	02:00:50	02:38:58	02:31:54	01:48:25	01:46:04	02:03:14																							
2029	Schaeffer, Thor-Inge	Sarpsborg	4	02:23:57	02:44:31	02:27:50			02:21:55																								
2030	Schneider, Jan Øyvind	BUNDEBYGG A/S	1										01:32:00																				
2031	Schei Alsgaard, Rønnehaug	SK Vidar	1																	01:31:01													
2032	Schei, Thormod		1																													1	
2033	Schrøder, Glenn	Sandefjord TIF / Visma Exs	1								01:32:21																						
2034	Selisse, Tom	FET SKIKLUBB	1									01:28:03																					
2035	Sellaeg, Lene	SKEDSMO TENNISFORENING	1													01:50:47																	
2036	Selvaratnam, Senthuran		1														1:49:11																
2037	Semb, Ruby	SKILØPERNE/TEAM SPORTS	1											01:59:30																			
2038	Sendstad, Marte		1									01:28:46																					
2039	Sezemov, Alexander	Leif Grimsrud as	1		01:38:01																												
2040	Sie, Kjetil		1															1:35:04															
2041	Siebenherz, Anette	KRÅKERØY	2						02:07:29	02:20:43																							
2042	Simensen, Anders R		1													1:37:34																	
2043	Simensen, Andre	Fredrikstad IF	1																						01:13:49								
2044	Simensen, Andres	BRYNJE	1												01:26:46																		
2045	Simensen, Svein Roar		1														01:56:18																
2046	Simensen, Øystein		3									02:03:05	01:52:03		1:55:06																		
2047	Simons, Nick		1												01:44:53																		
2048	Simonsen, Helge		1																			1:54:57											
2049	Simonsen, Karsten Holt		1														01:57:19																
2050	Simonsen, Kent	GRESSVIK	1					01:43:53																									
2051	Simonsen, Lasse	TEAM HALK	3										01:23:01				01:25:27		01:35:49														
2052	Simonsen, Simon	Sellebakk	6	01:51:48		02:00:10		01:49:36			01:49:16	01:50:22	01:51:47																				
2053	Simonsen, Siv		2										01:53:34		01:45:55																		
2054	Simonsen, Sven	Fredrikstad IF	25		01:44:08	01:43:48	01:51:51	01:41:06	01:38:52	01:40:13	01:34:23	01:53:34	01:32:40	01:30:56	1:34:31	01:34:06	1:39:29	01:33:09	01:39:19	01:38:20	1:38:58	1:33:32	1:28:59	01:28:54	01:29:15	01:33:24	01:26:49	01:32:07	01:35:24				
2055	Simonsen, Bobby	Projectiondesign	2													01:52:05		01:55:15															
2056	Simonsen, Trine	Oslo	2		01:47:53	01:48:50																											
2057	Simonsen, Øystein	TRØSKEN IL	1												1:22:25																		
2058	Sire, Thorleif	FLOWIT AS	1														1:45:56																
2059	Siyad, Saynab	Halden løpeklubb	1				02:01:31																										
2060	Sjurseth, Andreas	Sportsklubben Vidar	1		01:10:58																												
2061	Sjurseth, Andreas Myhre	SK VIDAR	4												01:09:55	01:09:57					1:16:29		1:13:30										
2062	Sjødahl, Helge Ronny	TEAM SMILEY	3			01:38:22							02:15:45	02:21:52																			
2063	Sjågren, Oddbjørn	Fredrikstad	2		01:37:08			01:44:06																									
2064	Sjålander, Andrea	Ryge	2		01:39:49		01:56:09																										
2065	Sjelli, Per Oscar	Klavestadhaugen	1				02:48:11																										
2066	Sjellie, Njål	Julelogen af Fredrikstad	1								01:51:02																						
2067	Sjaastad, Jørgen	Nitteløp	1				01:20:03																										
2068	Skaftun, Frank	Team Sportsmanden	2			01:48:41					01:48:29																						
2069	Skallist, Gro-Iren	Equinor	1	01:57:37																													
2070	Skar, Einar	Fredrikstad IF	10											01:53:37		02:05:50			02:03:47	02:02:49	2:03:21	2:01:13	2:06:51	02:05:14	01:59:02	02:12:51							
2071	Skari-Hansen, Hans Martin		2												1:43:14		1:55:32																
2072	Skarpenes, Tron André	Saltnes	5		01:46:27		01:33:33		01:36:02	01:40:29	01:42:53																						
2073	Skaug, Arne	Fredrikstad IF	3																													3	
2074	Skaug, Daga	Dilling	11																													11	
2075	Skaug, Jan Tore	Svinndal	1		01:53:18																												
2076	Skaug, Jon	GAMLE FREDRIKSTAD	2				02:03:00					01:44:30																					
2077	Skaug, Jørn Sveinung	Martha-Kam.	9																													9	

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2145	Solberg, Tor	Søndre Sandøy Øi & Vin	4																															
2146	Solberg, Øivind	Soonløp	3								01:28:46				01:44:19	1:53:42						1:48:02	1:37:12				01:34:17	01:36:37						
2147	Solerød, Even		1																01:58:43															
2148	Solheim, Inge	DFI	1																														1	
2149	Solheim, Sjur		11																														11	
2150	Solhøy, Jan H.	CISCO	3											01:23:37	01:23:54				01:25:44															
2151	Solstad Broen, Balder	Nittedal	1			01:56:09																												
2152	Soltvedt, Åshild		1																	2:25:50														
2153	Solvang Fuglesteg, Ella	Fredrikstad IF	3			01:35:54	01:38:10	01:46:53																										
2154	Solvang, Mats	Kråkerøy	2					02:27:58	02:19:34																									
2155	Solvi, Ole Jakob	Skjeberg	1			02:09:21																												
2156	Sondaj, Martin		5																															
2157	Songli, Øystein		1									01:25:09	01:31:17		01:28:27	1:31:12	01:30:00																	
2158	Spange, Steinar		1											01:56:57																			1	
2159	Spilkerud, Erlend	Landbrukstilsynet	2																										01:49:36	01:51:06				
2160	Spydevold, Anders	Engelsviken	1		01:42:11																													
2161	Stafne-Torp, Jan Robert	Fredrikstad IF	4																			01:43:53	1:35:05			1:41:31	01:49:46							
2162	Stang, Joakim	Centrum Advokatkontor	1																		01:53:19													
2163	Stang, Lars Henning		1																		01:42:11													
2164	Stang, Ulf Joachim	Centrum Advokatkontor	1																			01:59:20												
2165	Stavn, Rune	Stavn Grøtvedt	1			01:40:58																												
2166	Steen, Hanna	Rasta	1				01:35:06																											
2167	Steen, Knut Willy	GREÅKER	1									01:34:59																						
2168	Steen, Øyvind	Denofa	2																														2	
2169	Stefanac, Tommy	Moss	1				01:46:29																											
2170	Steffen, Michael	GRESSVIK	1					01:59:49																										
2171	Steinsland, Bernt Inge	Fredrikstad Skiklubb	2								01:38:03		01:52:26																					
2172	Steilwer, Gaute	FREDRIKSTAD SKIKLUBB	2						01:10:56				01:44:17																					
2173	Steilwer, Gaute Hallan	Gaute Hallan Steilwer / Frec	1									01:10:25																						
2174	Stenbekk, André	NETTJENESTER	1										01:51:13																					
2175	Stenbrendsen, Magnus	SK VIDAR	1												01:25:38																			
2176	Stene, Ole Martin Grundstrø	GTR	2		01:38:49		01:51:02																											
2177	Stenersen, Linda T.	FIF	1								01:49:18																							
2178	Stenhaug, Tor-Arne	ROMERIKE RUNNERS TEAM	1										01:45:08																					
2179	Stenseth, Johnny	Moss privat	2																		01:39:33	01:35:52												
2180	Stensholm, Terje	Askim	1																														1	
2181	Stensland, Anne Berit		1																														1	
2182	Stensland, Kristin	Halden IL	1																				2:05:02											
2183	Stensrud, Jarl	KONDIS	1																															
2184	Stensrud, Johnny	Rygge IL	1						01:24:31									01:44:47																
2185	Stensrud, Kåre M.	Fredrikstad Skiklubb	10																														10	
2186	Sternfoss, Kristoffer	Bright Rådgivende Ingeniør	1		01:42:04																													
2187	Steve, Lasse	F.P.II	1																														1	
2188	Stevenson, Jo	Halden IL	1																										01:32:51					
2189	Stien, Rune	Fredrikstad IF	1																	01:46:58														
2190	Stigen, Erik	FREDRIKSTAD SKIKLUBB	1									01:20:07																						
2191	Stigen, Jørgen	FREDRIKSTAD SKIKLUBB	1												01:20:16																			
2192	Stigen, Rolf	FREDRIKSTAD SKIKLUBB	1																	1:28:32														
2193	Stigen, Torbjørn Aasen	Moss Skiklubb	1																				1:44:21											
2194	Stoa Johannesen, Stian		1															02:05:02																
2195	Stokkeland, Lise	KRÅKERØY	1					01:53:16																										
2196	Stokseth, Øyvind	VEUM CK	7																									01:13:37	01:12:34			01:16:20		2
2197	Storbugt, Elvind	National Industri	9																															
2198	Storeheier, Even	ØSTBYGDA LØPEGRUPPE	1										01:22:41																					
2199	Storehjem, Leander	Fredrikstad	2		01:29:54	01:36:02																												
2200	Storehjem, Thine	Fredrikstad	3			01:48:56			01:44:42			01:47:20																						
2201	Storås, Geir	Porsgrunn	1																															
2202	Strand, Bente	Asker CK	1																															
2203	Strand, Hilde	Halden IL	1						02:13:07												01:37:09							02:06:45						
2204	Strandberg, Fredrik		1										02:13:13																					
2205	Strandenæs, Martha	Oslo	1					03:01:29																										
2206	Strandvik, Martin	Fredrikstad	9			01:39:58		01:29:10	01:34:49	01:31:20	01:30:10	01:29:39	01:32:46	01:43:28	01:42:45																			

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2212	Strøm, Lars	Fredrikstad Multisportklubb	1																									01:34:52					
2213	Strøm, Rikke	Sarpsborg	1		01:53:40																												
2214	Strømberg, Gunnar	Fredrikstad IF	2																														2
2215	Strømdland, Lars Frode	LUKE THE DRIFERTS RUNN	1											01:31:18																			
2216	Strømen, Jan	Bastøfergene	1																														1
2217	Strømmes, Tor Erik	Gamle Fredrikstad	2		01:40:22			01:53:54																									
2218	Strømsborg, Helene	Rolvspy	1		01:37:12																												
2219	Strømstad, Ina	FOSSUM	1									01:41:57																					
2220	Stubberud, Ole Christian		2														01:30:14	1:32:50															
2221	Sture, Martin	Kråkerøy	13		01:30:38	01:35:09		01:32:46	01:31:46				01:25:41	01:24:38	1:27:56	01:27:24	1:27:48	01:29:14	01:36:24			1:42:32	1:45:40										
2222	Sture, Therese		2										01:48:13	01:48:35																			
2223	Sture, Victor	SKOGSTRAND	2									01:30:54	01:31:20																				
2224	Sturød Olsen, Roar	Gif-Joggen	8	02:17:54						02:05:43	02:10:09	02:13:05				2:23:05																	3
2225	Styve, Josefin	SKI	1				01:55:03																										
2226	Stølan, Helge	JACKON	1														01:39:00																
2227	Stølen, Ketil	SINTEF	2											02:03:20									1:40:25										
2228	Størset, Rubi		1														01:44:11																
2229	Størset, Terje	ØSTMARKA	1														01:29:32																
2230	Størseth, Tore	TEAM EUROPRIS	1								02:13:31																						
2231	Støtzer, Glenn	Halden	1			01:54:35																											
2232	Støwer-Kabo, Lars	Sarpsborg Sykleklubb	1							01:45:48																							
2233	Sundell, Jan Raymond	Fredrikstad IF	3													1:27:37			01:22:44	01:25:35													
2234	Sundell, Per Ølwind	ØRJE IL	1															1:27:58															
2235	Sundt, Kåsa Kire	Gressvik	2	01:52:21	01:53:44																												
2236	Sundt, Tanja	KIWI HEISTAD	1														01:47:55																
2237	Svandal, Magne	Fredrikstad	11	01:47:42	01:44:12	01:51:56	01:42:52		01:46:40	01:45:24	01:45:24	01:44:14				1:33:42	01:43:41				01:41:35												
2238	Svang, Marianne	Moss	1				02:00:15																										
2239	Sveen, Arild	Gamle Fredrikstad	1	01:55:30																													
2240	Sveen, Julie	SKIPTVET	1						02:04:25																								
2241	Sveen, Kjetil André	Moelv	1	01:56:39																													
2242	Sveipe, Marius Røed	Sår-Fron IL	1		01:26:15																												
2243	Svendgård, Vegar	Ren-Eng FIK	1		01:26:27																												
2244	Svendsby, Jan Erik	CUTRIN NORGE	2													1:45:14	01:52:31																
2245	Svendsen, Arne	Østfold Energi	1																														1
2246	Svendsen, Erik	Østfold Fylke	13																							01:51:58	01:51:08	01:55:46	01:50:39	01:50:08	01:45:20		
2247	Svendsen, Runar	Jøtul BIL	3																														3
2248	Svendsen, Signy		1								02:01:14																						
2249	Svendsen, Terje	Stabburet-Nora	4																														4
2250	Svenkerud, Trine	GRESSVIK	2					02:42:22		02:38:08																							
2251	Svensen, Kari	Fredrikstad IF	1																		03:18:32												
2252	Svensen, Morten	Asker	1		01:49:34																												
2253	Svensen, Øyvind	BARCO	2												01:56:23				02:04:21														
2254	Svensson, Terje	Fredrikstad IF	26		01:52:48	01:57:47	01:56:45		01:54:07	01:55:07	01:45:57	01:52:31	01:47:55	01:45:15	01:37:39	1:42:56	01:43:27	1:47:59	01:42:42	01:41:25	02:54:21	1:47:08	1:42:41	1:43:49	01:50:43	01:46:01		01:42:50	01:40:35	01:41:53	01:52:23	1	
2255	Svindal, Rachel	Gamle Fredrikstad	1		02:53:05																												
2256	Sydengen, Tom	Skiptvet IL	1																														1
2257	Syed Ahmad, Fairuz	Fredrikstad IF	10	02:02:26		01:44:36	01:45:56	01:40:42	01:41:43	01:58:20	01:50:16	01:55:25	02:16:50	02:02:15																			
2258	Syse, Bjørn Chr.	Kolbotn	1																														1
2259	Syversen Arild R.	Fredrikstad IF	10																								01:45:17	01:43:28	01:51:57	01:42:25			6
2260	Syversen, Janne	FREDRIKSTAD	1														02:10:28																
2261	Syversen, Roger	Fredrikstad IF	10		01:34:05					01:37:11		01:29:16	01:26:42	01:27:41		01:28:43	1:27:31	01:31:13	01:31:39					1:32:36									
2262	Syversen, Stig Ove	TRANSCOM	2								02:07:04			01:47:27																			
2263	Syversen, Svein	Fredrikstad IF	1																			1:44:07											
2264	Syverstad, Vidar	Trøsken IL	1						01:36:24																								
2265	Syvertsen, Svein Helge		1																														
2266	Szuffil, Mark	Fredrikstad IF	2	01:41:54		01:46:43																				01:54:45							
2267	Søkingstad, Ketil Larsen		1																					1:53:15									
2268	Sæter, Kim		1													2:10:57																	
2269	Sæterøy, Ivar	Posten	10																														
2270	Sæther, Rune	TFL-Halden	1																												01:32:20		
2271	Sædal, Eva	Fredrikstad IF	1												02:20:09																		
2272	Sølland, Tomas		1																	01:32:01													
2273	Sørby, Lise Aagaard	FREDRIKSTAD	1								01:50:05																						
2274	Sørensen, Eirik Strand	Jevnaker	2			01:30:54	01:37:10																										
2275	Sørensen, Øyvind Strand	Jevnaker	1				01:51:07																										
2276	Sørensen, Øyvind Strand	Jevnaker IF	1			01:50:15																											
2277	Sørensen, Beate	SALTNES	1								02:09:50																						
2278	Sørensen, Lars Erik	MANSTAD	1					01:38:13																									

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2279	Sørensen, Ole Kristian		3									01:42:38			01:43:29	1:52:50																		
2280	Sørensen, Petter	FREDRIKSTAD SK	1									01:29:31																						
2281	Sørgård, Tina Sofie	Fredrikstad	1		02:32:14																													
2282	Sørli, Arnfinn	Sarpsborg Sykkelklubb	12													1:46:19	1:50:54																10	
2283	Sørli, Johnny		9													1:52:18	01:52:51	01:50:05						1:44:42		01:42:19		01:35:42		01:39:38	01:36:21	01:37:36		
2284	Sørstad, Gjermund	SK Vidar	1																			1:12:29												
2285	Språdsdekkkan, Roger	Reichhold BIL	1																		01:48:47													
2286	Tallis, Kathrine		1												02:17:15																			
2287	Tandberg, Anette	Fredrikstad	1	02:12:28																														
2288	Tandberg, Pål		1																														1	
2289	Tandrevold, Elvind	SAGENE IF SYKKEL	1										01:44:17																					
2290	Tangen, Pål	Rederiforbundet Sport	1							01:31:47																								
2291	Tangen, Åsmund	MOSS GAZELLES	1											01:58:15																				
2292	Tegner, Anne Grethe	Fredrikstad IF	8																		01:58:20						01:45:13					6		
2293	Tegner, Edgar	Fredrikstad IF	1																													1		
2294	Teigland, Jarle	Fredrikstad Skiklubb	1																													01:21:30		
2295	Teistung, Dag	Sparebank1 Østlandet BIL	1	01:36:06																														
2296	Tharaldsen, Ann Kristin	Fredrikstad IF	1				02:48:11																											
2297	Tharaldsen, Ole	Fredrikstad IF	2						01:46:02		01:46:35																							
2298	Tharaldsen, Rune		1																							01:45:00								
2299	Thauland, Magne	Jody L. Oslo	1																														1	
2300	Theodoridis, Nikolaos	Sarpsborg	2	01:29:05	01:29:05																													
2301	Theodorsen, Bjørn	MOSS CK	1											01:33:24																				
2302	Thomassen, Christoffer	FTK	1													1:44:47																		
2303	Thonqvist, Bjørn		1																															
2304	Thorvald, Eli	ROMERIKE FRIDRETT	1													2:06:28									2:02:05									
2305	Thorbjørnsen, Erik W.	DFI	4																														4	
2306	Thoreid, Renate		1													02:56:37																		
2307	Thoreid, Rune		1													02:56:37																		
2308	Thoresen, Gry		1																			02:07:45												
2309	Thoresen, Kamilla		1									02:05:59																						
2310	Thoresen, Ketil	Greåker Industri	4																														4	
2311	Thoresen, Ole Jørgen	Fredrikstad IF	8																														8	
2312	Thoring-Strømner, Åsmund	Rygge IL	2								01:48:03		01:48:21																					
2313	Thorjussen, Åge	OK Skeidi	1																02:08:40															
2314	Thornquist, Bjørn	Borregaard	7																														7	
2315	Thorsen, Magnus	Sarpsborg IL	1			01:35:34																												
2316	Thorsen, Nils	SOON SKI	5												01:43:55													01:38:57				01:41:41	2	
2317	Thorvaldsen, Kai		2																											01:41:49			1	
2318	Thygesen, Ine Anette	Horten	1				02:14:30																											
2319	Thøgersen, Martine	Rolvsey	1		02:21:40																													
2320	Tilberg, Arne	Sportsklubben Vidar	1																				1:22:52											
2321	Tinbod, Tommy		1										01:54:34																					
2322	Tingstad, Elin Måleng	Moss Skiklubb	4															01:55:41				1:46:57	1:46:54										1	
2323	Tjerbo-Andersen, Trine Anita	Leif Grimsrud as	1		02:27:00																					01:35:40								
2324	Tjernsbekk, Lasse	Trøsken IL	1																									01:22:31						
2325	Tjernsbekk, Per Arne	Varteig IL	1																															
2326	Tjernshaugen, Jon Ivar	VARTEIG IL	5											01:21:17	01:22:50	01:23:01	1:24:13	01:31:04																
2327	Tjølland, Tormod	Undheim IL	1		01:27:36																													
2328	Tofte, Leif	Jøtul	25																															
2329	Tofteberg, Roar	Fredrikstad IF	1																								01:36:35						21	
2330	Tokerud, Hege	Fredrikstad IF	2																			01:49:49	1:52:04					01:36:35						
2331	Tollfsrud, Knut	Sarpsborg SK	1																														1	
2332	Tollfesen, Anders	CREW BOLTELØKKA	1											01:39:42																				
2333	Tollersrud, Simen	Asics Frontrunner	1		01:34:08																													
2334	Tolstrup, Tore	Gjensidige	1																														1	
2335	Tomasgaard, Trine Sogn	DFI Langrenn	1				01:48:57																											
2336	Tomter, Roar	Askim IF	2																															
2337	Torgersen, Tor-Erik	T&T	1									01:56:53						1:24:46	01:25:59															
2338	Torgersen, Trond	Oslo	4		01:30:05	01:36:40						01:32:02				01:30:19																		
2339	Torp, Leni Wilhelms	CK ØST	2													01:52:22	2:08:06																	
2340	Torp, Mads	KOMPETANSE EIENDOM	1																															

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2346	Totland, Andrea	Sarpsborg IL	1			02:04:33																											
2347	Tovan, Knut	Fredrikstad IF	1																								01:20:39						
2348	Tran, Duoc	Tran Service	1			01:39:29																											
2349	Treimo, Finn	Libro	11																														11
2350	Treimo, Snorre	MULTICONSULT BIL	1									01:41:26																					
2351	Trenum Ellertsen, Therese	Fredrikstad IF	3																			2:19:19				02:17:52							1
2352	Tresselt, Line	FORSVARSDEPARTEMENT	1														01:52:54																
2353	Tretterud, Øyvind	Bts	1								01:50:29																						
2354	Tronsen, Andreas Engelbrek	Traramoen Løpsclub	3	01:41:53		01:39:54	01:40:42																										
2355	Tronstad, Anders	Moss	17	02:07:45	02:07:40	01:59:04	01:58:12	01:57:54	02:05:53	02:02:46	02:11:51	02:13:03	02:17:29	01:59:26		1:58:38				01:50:48	01:41:13		1:43:25		01:39:54	01:37:28							
2356	Try, Lars	Tvedestrand Turn og Idrett	5													2:16:56	02:58:15	2:35:42	02:35:13	02:38:31				1:43:25		01:39:54	01:37:28						
2357	Trædal, Øystein	OSLO	1								01:34:24										01:50:48	01:41:13		1:43:25		01:39:54	01:37:28						
2358	Tufta, Roger		1																		01:21:26												
2359	Tukkensæter, Brage	GRESSVIK	1								01:44:42																						
2360	Tvedt, Karl Johan	KFUM Kam.	1																														1
2361	Tveit, Lasse Andre	Fredrikstad IF	2	01:31:40							01:30:27																						
2362	Tveit, Per	MOSS SKIKLUBB	2						01:45:12							1:34:09																	
2363	Tvete, Frøydis	Fredrikstad IF	1																														
2364	Tvete, Ingunn		1																														
2365	Tveten, Magne		1																														
2366	Tveten, Ole Kristian	Trøgstad	8				01:32:27	01:34:25		01:36:25					01:37:41	1:41:41	01:41:08					1:48:19	2:07:18										
2367	Tveter, Eivind Ole	Fet Skiklubb	1					01:49:21																									
2368	Tveter, Jens Kristian	Moss Skiklubb	1																														
2369	Tveter, Magne	KIL-Trim	9																														
2370	Tveter, Tor K.	Heming	5																														
2371	Tytlandsvik, Sigrun	ÅS IL	2																														
2372	Tømte, Sjur	Fredrikstad IF	29	02:04:51	01:57:51	01:51:05	01:49:50	01:47:06	01:43:11	01:41:37	01:46:41	01:43:53	02:34:23	01:37:04	01:33:36	1:36:18	01:34:28	1:33:18	01:31:47	01:35:31	01:30:19	1:33:56	1:35:59	1:33:28	01:30:15	01:28:53	01:32:29	01:30:29	01:34:48	01:38:14	01:38:04	01:39:31	
2373	Tønnesen, Steinar	Norkjøl BIL	12																														
2374	Tønnessen, Frode	Varteig IL	1																														
2375	Tørnqvist, Anders	Fredrikstad IF	2		01:53:21		01:52:24																										
2376	Tørring, Frøydis Helen		2																														
2377	Tørstad, Eirik	LØRENSKOG MARATONRUI	1													1:48:24																	
2378	Tørstad, Marit	Rye Sp.KI.	1							01:51:47																							
2379	Udnæs, Ivar-H.	Fredrikstad IF	1																														
2380	Uglebakken, Steinar	Gresvik	4			01:20:09	01:20:57	01:26:36		01:23:53																							
2381	Ulleng, Lene	FREDRIKSTAD SK	1																														
2382	Ullsrød, Thomas	EUOPRIS	1												01:58:07																		
2383	Ulvåen, Lars Christian	PROJECTIONDESIGN	1																														
2384	Ulvåen, May	Fredrikstad IF	14																														
2385	Unneberg, Martin Gunnerius	EY BIL - TEAM SCOOTERVIK	1										01:38:42		02:00:14		1:55:50	01:54:23	01:54:26	01:49:44	1:49:41		1:52:13	01:50:09	01:48:22			01:50:35	01:53:46	01:56:38	02:03:41	1	
2386	Urdal, Håkon	EUOFINS MOSS	2											01:17:12	01:18:06																		
2387	Urstad, Ann Kristine Bjørk	MOSS SKIKLUBB	1											02:07:06																			
2388	Urstad, Johanne Bjørk	Moss Skiklubb	1					01:57:24																									
2389	Uteng, Marius	Knees for Speed	1		01:46:55																												
2390	Utgaard, Alexandra		1																														
2391	Utgaard-Haugbro, Alexandra	ENGELSVIKEN	1							02:05:18																							
2392	Utgaard-Haugbro, Tom	ENGELSVIKEN	1							01:59:18																							
2393	Utne, Høgne Aaberge	Fredrikstad	1		01:56:57																												
2394	Utne, Terje	Rådejøggen	1																														
2395	Valdemarsson, Ari	Kaldnes BIL	1																														
2396	Valleyce, Irefel		1					02:11:31																									1
2397	Valle, Amalie	TEAM EUROPRIS	2									02:05:37		01:55:58																			
2398	Valner, Yvonne Brynildsen		1													02:00:15																	
2399	Varsi, Hjalmar	Vinterbro	2			01:42:08						02:27:31																					
2400	Vatne, Joakim	Team Jokkessen	1					01:26:02																									
2401	Vatvedt, Tormod	Fredrikstad IF	2		01:51:15	01:52:15																											
2402	Vedal, Inge O.		1																														
2403	Veggeland, Turid	TSS-BIL	1																														1
2404	Veland, Petter	Spydeberg IL	4	01:38:57	01:30:00		01:45:10</																										

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2413	Veum, Bjørn	Trio Ving	1																														1	
2414	Viberg, Sindre	LILLEHAMMER CK	1													1:20:09																		
2415	Vidnes, Jonas	KRÅKERØY	1						01:41:40																									
2416	Vigander, Hanne	Rye Sp.Kl. / Team Kondis/S	1							01:39:00																								
2417	Viggen Olsen, Trine	Gressvik	1		02:31:59																													
2418	Viggen, Per	MOSSE KARUSELLEN	3									01:47:37									01:33:37											1		
2419	Vik, Arne Håkon		4																														3	
2420	Vik, Martin		1				01:35:19																				01:16:14							
2421	Viken, Terje	Fredrikstad	9																														9	
2422	Viksaas Grandal, Christer	PRIVAT	1									01:38:36																						
2423	Viktorsson, Karolina	Oslo	1				01:52:23																											
2424	Vingelsgaard, Ole	TEAM EUROPRIS	2									01:39:19		01:41:18																				
2425	Vissebråten, Lene	Andebarkji TSK	1																		01:59:52													
2426	Viste, Sigurd	Manstad	2			01:41:11																		1:53:40										
2427	Vister, Sigmund	Borg Bryggeri BIL	1																														1	
2428	Vold-Andersen, Lars	Oslo	1				01:46:47																											
2429	Volden, Erland Per	Kondis	1							01:51:38																								
2430	Volden, Remi	Kristiansand S	1		01:52:28																													
2431	Vollan, Hans-Martin	G-Unit	3	01:42:21	01:43:15			01:48:58																										
2432	Værnesbranden, Jo Bertil	Råde	1				01:37:55																											
2433	Værnesbranden, Magdalena	Råde	1				01:48:35																											
2434	Værrø, Thomas	Terrengtigarne	1																		01:31:06													
2435	Vaa, Tor Dyre	Skiptvet	1																														1	
2436	Vågdal, Dag Eirik	EDB ErgoGroup	2																	01:32:37		01:31:08												
2437	Våset, Solfrid	FRISKIS & SVETTIS	4											02:05:19	02:13:28	2:15:08	02:17:26																	
2438	Wagell, Espen	Vesterøy	1			01:54:56																												
2439	Wahlgren, Tom	SOL	2								02:22:24																						1	
2440	Wahlgren, Tove	SOL	1								02:36:23																							
2441	Wakelin, Ross	Tistedalen Friluftslag	1																										01:19:08					
2442	Walbom, Therese Løvås	MOSS SKIKLUBB	1													1:48:34																		
2443	Wang, Øyvind	SKIBOTN IL	4										01:21:10	01:18:25	01:22:12	1:31:48																		
2444	Wasenius, Jørgen	Moss	1			01:44:19																												
2445	Wasenius, Stine		1													01:39:02																		
2446	Watsveen, Ron-Werner	Fredrikstad Skiklubb	2																						01:32:10								1	
2447	Weberg-Larsen, Fredrik	Fredrikstad Skiklubb	1																							01:32:55								
2448	Weel, Sverre	HUMLEKJØER GÅRD	1												01:43:37																			
2449	Weel, Tore	KRIGSSKOLEN	1												01:36:40																			
2450	Welinder, Tor-Åge	MOSS SKIKLUBB	3												2:03:46	2:03:01							1:56:48											
2451	Wenberg, Daniel	FAUSKE SPRINT	1												02:03:13																			
2452	Wenberg, Geir	FAUSKE ATLETIKLUBB	1												01:57:52																			
2453	Wennersten, Christel	ONE STEP AHEAD	2						01:59:46				01:57:00																					
2454	Werbrouck, Oelrik	KRÅKERØY	1							01:44:53																								
2455	Wernersen, Regin	Fredrikstad IF	6		01:33:58		01:28:55		01:30:14	01:32:51	01:33:42	01:42:07																						
2456	Westad, Lasse		1												01:35:25																			
2457	Westberg, Raymond		3												01:34:10	01:34:09							1:41:48											
2458	Westby, Jonny		1																											01:46:42				
2459	Westgaard, Frode	AIF	1																														1	
2460	Westgaard, Markus Johansen	Solid Entreprenør AS	3		01:19:13						01:21:13														01:38:00									
2461	Westlund, Aleksander	GAMLE FREDRIKSTAD	1					01:52:34																										
2462	Wetrhus, Astrid		1																															
2463	Wetteland, Beate		1								02:13:07														02:25:46									
2464	Wetting, Morten	Moss IL	2																														2	
2465	Wetting, Walter	Alpharma	9																														9	
2466	Wettre, Even	FREDRIKSTAD	1							01:42:27																								
2467	Weum Johansen, Sondre		1													01:52:53																		
2468	Wiberg, Hilde	DILLING	1								02:27:59																							
2469	Wiborg, Erik Leopold	Moss Skiklubb	1																														1	
2470	Wiersholm, Lars Amund	Fredrikstad	2	01:34:23		01:37:15																												
2471	Wig, Vidar	Indre Østfold	1																														1	
2472	Wijg, Kenneth Thunshelle	Soonløp	4			01:27:00	01:27:32	01:28:31	01:28:41																									
2473	Wijg, Marthe		1																2:10:03															
2474	Wijg, Nils	FRIKSIS OG SVETTIS	4												01:55:56	2:01:15	1:54:33	01:57:16																
2475	Wiik, Elisabeth		1																															

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2480	Wilhelmsen, Nina Merete Stene		2														01:51:39	1:57:03															
2481	Wilhelmsen, Petter Stene	WANG TOPPIDRETT	2														01:47:14	1:55:10															
2482	Wilkins, Susanne	HVALER I.L.	1															1:58:35															
2483	Willadsen, Geir Aa.	ØSTFOLD POLITIHDRETTSLA	2													1:21:58	01:25:18																
2484	Willassen, Aleksander	Gamle Fredrikstad	1		02:10:30																												
2485	Wilson, Thomas Kristian		2												01:37:21		1:55:10																
2486	Wingstedt, Emil	Halden IL	1																									01:11:28					
2487	Winsnes, Henning		1															1:44:08															
2488	Winsvold, Ida	Sarpsborg	1		02:18:21																												
2489	Winther Gjerløw, Helene	Grålum	1			02:24:17																											
2490	Winther, Camilla	Fredrikstad	10	02:24:37	02:24:43	02:16:02	02:36:31	02:20:00	02:21:53	02:20:38	02:17:15				02:07:40				01:58:33														
2491	Wold, Monica Kristin	FREDRIKSTAD TRIATLON KL	2												01:28:19	1:35:32																	
2492	Wold, Nora	Fredrikstad IF	1		01:29:46																												
2493	Wold, Per Henning	Capgemini	1																									01:56:23					
2494	Wöhni, Rebekka	Sarpsborg	1		02:56:54																												
2495	Waagen, Elisabeth	FIF-trim	1																										02:09:58				
2496	Wägsås, Knut Olav	Veterankompaniet Akershu	2		02:00:21	02:01:57																											
2497	Waaler, Elizabeth	SALTNES	1					01:50:00																									
2498	Waatsveen, Ron-Werner	Fredrikstad Skiklubb	3												01:26:59	1:31:18					01:30:28												
2499	Zwirko, Piotr	Halden	1		01:45:32																												
2500	Ø. Elvestad, Marcus	Fredrikstad	1	02:11:43																													
2501	Øby Schottmann, William	Sellebakk	1			02:11:58																											
2502	Øby, Kai	Varteig IL	10																														10
2503	Øby, Tore	Varteig IL	5																														5
2504	Ødegaard, Christian	Gressvik	1				01:24:25																										
2505	Ødegaard, Henry Michael	Aurskog - Høland Friidretts	1						01:40:52																								
2506	Ødegaard, Hilde	Sarpsborg	7	02:23:54	02:09:23		02:07:59	02:00:48	02:05:36	02:07:41	02:11:08																						
2507	Ødegaard, Lisbeth	Kråkerøy	4				02:31:54		02:14:27	02:14:28	02:15:22																						
2508	Ødegaard, Tor Øyvind	Fredrikstad IF	7																01:16:56	01:18:22	01:37:36					01:17:21						3	
2509	Ødegård, Øyvind	Trøsken IL	2																												01:41:10		1
2510	Øidvin, Stian	Romerike Ultraløperklubb	1							01:44:24																							
2511	Øien, Einar	Fredrikstad IF	2																														2
2512	Øien, Geir Myhr	Brumunddal	1			01:49:17																											
2513	Øiern, Jørgen		2																														2
2514	Øieroset, Håvard	FREDRIKSTAD UNGDOMSS	1											02:00:20																			
2515	Øren, Kine	Fredrikstad IF	2			02:07:11		02:09:33																									
2516	Øren, Stig-Ove	HALDEN POLITIIDRETTSKL	1										01:41:40																				
2517	Ørseng, Thor	Sarpsborg IL	1																														1
2518	Ørås, Arne	Mascot BIL	1																														1
2519	Ørås, Terje	FREDRIKSTAD	2													1:30:23	01:31:19																
2520	Østby, Jakob	Moss	1			01:38:42																											
2521	Østerås, Gunhild		1																														
2522	Østhagen, Sindre	Slevik IL	3							01:17:04												02:00:16				1:17:18	01:17:59						
2523	Østlie, Laurence	Ramnes IL	11																														11
2524	Øverby Hans Georg		1																														
2525	Øversveen, Sissel	Gressvik	2	01:49:37	01:52:59																												
2526	Øvre, Stein		1																			1:26:48											
2527	Øvrebust, Liv-Janne	Team Driv Trening	1				01:37:11																										
2528	Øvretveit, Gjertrud	Sellebakk	1		02:40:35																												
2529	Øvrevik, Tony	FREDRIKSTAD	1																														
2530	Øvreås, Ole Malvin	SON	1								01:56:51																						
2531	Øvstedal, Ola	Ås IL	1																														
2532	Øy, Johan	GJELLERÅSEN IF	1												01:45:04																		
2533	Øy, Lars	GJELLERÅSEN IF	1												01:21:31																		
2534	Aaberg, Inger	Sky Blazers	1				01:32:44																										
2535	Aaberg, Tore	Askim	1																														1
2536	Alerud, Mari Gjølborg	Rygge IL	1				01:27:38																										
2537	Aalerud, Per-Johan	Ås	1			01:33:41																											
2538	Aamodt, Bent Olav	Fredrikstad Skiklubb	2														01:15:54												01:12:00				
2539	Aamodt, Torstein	Tollernes IL	1																														1
2540	Anestad, Stine	Varhaug	1	02:06:12																													

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med tider fra 1998 - 2025

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG
2547	Aas, Heine	KLAVESTADHAUGEN	2					01:57:43						01:55:04																			
2548	Aas, Robert	Borg Bryggerier	3																														3
2549	Aas, Svein Kåre		1															1:51:47															
2550	Aas, Thor	Sarpsborg Sykkelklubb	6																														6
2551	Aasberg Johansen, Stian	Kroken Running Club	2			01:31:32	01:37:49																										
2552	Aasbrenn, Amund	Fredrikstad	2		01:53:11	01:54:11																											
2553	Aasbrenn, Martin	København N	2		01:53:11	01:54:11																											
2554	Aasbrenn, Torbjørn	Kdø	5																														5
2555	Åsbø, Dag	Ski	1			02:08:03																											
2556	Aase, Bjørn Petter	Moss Skiklubb	2																														2
2557	Aase, Ingerid Bøyum	Soon Triathlonklubb	1			01:52:17																											
2558	Aase, Kine		1												01:59:02																		
2559	Aasen, Henning		1														01:40:01																
2560	Aasen, Jan Ivar		8																									01:59:10					7
2561	Aasen, Ole Johnny	ISE	3							02:04:44				02:20:35	02:11:12																		
2562	Aaserud, Magnus	Varteig IL	1																														1
2563	Åsheim, Karianne		1															2:04:35															
2564	Aasland, Vetle	Ullensaker/Kisa IL	2																01:15:03			1:23:55											
2565	Aasterud, Jorunn	Nesodden	1																														1
2566	Åstorp, Bjørn	Sarpsborg O-Lag	3								01:49:05		01:44:20												1:48:56								
2567	Aasum, Knut Eivind	Leif Grimsrud as	1			01:50:13																											
2568	Antall deltatt			188	283	222	221	197	165	179	195	205	206	188	279	248	236	190	189	188	148	127	114	108	77	98	83	86	93	73	104	82	