

Statistikk Fredrikstadmarka Rundt, 1974 - 2025
med tider fra 1998 - 2025

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	
1	Navn	Lag	Ant	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	
2	Abraham, Leith		2																02:09:27	2:03:22												
3	Abrahamsen, Erling Hopen	MOSS	1					01:38:08																								
4	Adam, Brit	Kråkerøy	1		02:18:12																											
5	Adamski, Magne	Østbygda IL	2						01:33:23																		01:37:49					
6	Adolfson, Morgan	Rye Sp.Kl.	2					01:36:53												1:42:06												
7	Agullaume, Regis	Særum	3	02:13:11												01:56:30		02:08:39														
8	Ahdi, Zabiullah	KILDEN AFGHAN STARS	1													01:50:47																
9	Ahlson, Anne-K.	Fredrikstad IF	1																								02:09:37					
10	Akre, Anne-Mette		1								02:21:40																					
11	Akre, Morten	Kråkerøy	2	01:49:48							02:04:42																					
12	Akselsen, Andreas	JACKON	2											01:37:11	1:35:06																	
13	Akselsen, Bjørn	NSB	1													02:26:59																
14	Akselsen, Magnus	Gamle Fredrikstad	3		01:43:42										1:34:53	01:50:57																
15	Aleksandersen, David	Projectiondesign	2														2:10:53															
16	Aleksandersen, Jan	Fredrikstad IF	13																													
17	Aleksandersen, Kristine	Fredrikstad Skiklubb	3															01:51:29	01:52:43								02:08:04					
18	Aleksandersen, Lars Chr.	Fredrikstad Skiklubb	1																						01:32:13							
19	Aleksandersen, Per Ivar	Nordea BIL	6																					01:52:44	01:41:11	01:39:48	01:38:28	01:44:47			01:46:29	
20	Aleksandersen, Solbjørg	Fredrikstad Skiklubb	2																							01:55:33	01:53:09					
21	Alexandersen, Bertil	Fredrikstad Skiklubb	1																				1:25:17									
22	Alexandersen, Eva	Ekhoit Ballklubb	1															01:46:01														
23	Alexandersen, Håvar	Oslo	1		01:53:40																											
24	Alexandersen, Markus	Oslo	1		01:46:04																											
25	Alexandersen, Stine	Fredrikstad Skiklubb	1																				1:42:23									
26	Alfheim, Hans Olav	Fredrikstad IF	1								01:31:36																					
27	Almqvists, Trond	Norcool BIL	5																											01:25:46	01:27:00	
28	Alnæs, Hanne	Fredrikstad IF	1														4:00:04															
29	Alnæs, Tom Christian	-	1											02:06:30																		
30	Alspar, Martin	APA IF	4							01:56:29	01:48:12				1:44:50								1:54:55									
31	Amdal, Jim Werner	Sandnes Ultratrail/ Prosjekt	1		01:39:38																											
32	Amlien, Håvard	BUNDEBYGG	5								01:43:59			01:33:57	1:31:27	01:35:39	1:49:01															
33	Amundsen, Anita	Tren Saltnes	1				01:48:43																									
34	Amundsen, Dennis		1				01:43:49																									
35	Amundsen, Edvard	Linjegods BIL	1																													
36	Amundsen, Erik	Posten BIL	2																								02:16:26				01:56:55	
37	Amundsen, Freddy	Sarpsborg	8	01:34:09			01:38:36	01:40:59						01:41:06			01:40:52	01:37:23	01:40:01	1:35:37												
38	Amundsen, Gisle		1											01:52:54																		
39	Amundsen, Gro-Margrethe		1												2:30:18																	
40	Amundsen, Kjell	Trøsken IL	1																												01:29:36	
41	Amundsen, Marie Solgård	Fredrikstad IF	2																							02:01:42	02:06:43					
42	Amundsen, Marte		2								01:44:04					01:41:39																
43	Amundsen, Per	Fredrikstad IF	7																			1:45:26		01:35:26	01:33:43	01:30:20	01:30:19		01:39:06			
44	Amundsen, Pia-Helene		1												2:20:19																	
45	Amundsen, Simen	KVERNHUSET BIL	3										01:25:53	01:26:27					01:31:51													
46	Amundsen, Thor-Anders	Rolvøy	2		01:40:45			01:58:58																								
47	Andersen, Anders Harald	Fredrikstad IF	3				01:28:35		01:33:43	01:36:33																						
48	Andersen, Anne Marie	Fredrikstad IF	2												2:08:33	02:06:00																
49	Andersen, Arnleif	Trio Ving	1																													
50	Andersen, Daniel	Oslo	1		01:32:39																											
51	Andersen, Egon	Böckmann A/S	1																												01:37:59	
52	Andersen, Fredrik	Fredrikstad IF	3					01:29:31	01:28:11		01:31:17																					
53	Andersen, Halvor	I.L Borgar	2		01:26:22									01:31:47																		
54	Andersen, Ingunn		1								02:17:51																					
55	Andersen, Kasper	FREDRIKSTAD FK	1									01:40:53																				
56	Andersen, Kent	MOSS SVØMMEKLUBB	1													01:41:38																
57	Andersen, Kjell	Danzas Asg	9																									01:29:38				
58	Andersen, Kjersti Gram	SKIMILAJOGGEN	2									02:08:00					1:53:58															
59	Andersen, Kjetil		1																									01:58:28				
60	Andersen, Knut	Stabburet BIL	1																													
61	Andersen, Knut Viggo	Fredrikstad IF	10									01:37:03	01:29:27	01:27:25	1:42:47	01:29:48	1:28:20	01:35:31		01:34:01	1:30:29				01:27:35							
62	Andersen, Kristin	Oslo	2		01:52:26	01:47:50																				01:27:31						
63	Andersen, Lars Håkon		3																													

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE
64	Andersen, Lars Vincent	Osi	3						01:17:39		01:21:58	01:20:02		01:55:24																	
65	Andersen, Line	STOREMYR IL	1																												
66	Andersen, Magnus Cato	Yt og Nytt/Team Gubberget	3		01:29:29						01:20:26	01:31:08																			
67	Andersen, Martin Sagen		1															01:47:34													
68	Andersen, Mette Dahle		1										01:54:27																		
69	Andersen, Mette Lill Dahle	SMILEY	2								02:04:13	02:03:41																			
70	Andersen, Morten	Langhusløperne	1			02:00:11																									
71	Andersen, Nicolai	Manstad	1		01:53:40																										
72	Andersen, Ole Christian		1								01:35:34																				
73	Andersen, Pål Cato	Bane Nor, Team Gubbeberg	3		01:30:06				01:26:03			01:31:03																			
74	Andersen, Pål Christian	Projectiondesign	1															02:01:43													
75	Andersen, Reidar	Tønsberg	4																											01:40:56	
76	Andersen, Richard	Team Tunge Steg	1	01:45:19																											
77	Andersen, Roy Freddy	Fredrikstad IF	3														1:29:31	01:28:22	01:31:14												
78	Andersen, Terje	Stasjonskam. NSB	3																										01:49:51	01:39:43	
79	Andersen, Thomas	Projectiondesign	1																01:51:05												
80	Andersen, Thomas	Engelsviken	1			01:27:14																									
81	Andersen, Tommy	Fredrikstad Sykkellubb	3					01:28:24		01:32:04		01:40:53																			
82	Andersen, Tony Nyquist	Grålum	1		02:12:26																										
83	Andersen, Wibeke	Staples	2															01:40:36	01:47:18												
84	Andersson, Bo	Båstad GIF	1																												
85	Andersson, Frode	JIL Oslo	3																										01:43:17		
86	Andersson, Marit	Fredrikstad IF	2													03:12:16	4:00:05														
87	Andreassen, Elvind	GREÅKER IF	1														1:25:17														
88	Andreassen, Eyvind	NRK	18																												
89	Andreassen, Julie	Apa IF	2																				1:33:41	01:30:38		01:26:39			01:24:06		
90	Andreassen, Laila Fredrikke		1																			1:54:56	1:41:38								
91	Andreassen, Liss Marie	NVE-BIL	1											01:51:41				01:47:29													
92	Andréén, Jacob	KRÅKERØY	1				02:40:45																								
93	Andresen, Atle	KF Entreprenør AS	1					02:13:26																							
94	Andresen, Knut	Stabburet	3																												
95	Andresen, Per Erik		1																												
96	Andresen, Stig	Fredrikstad IF	17	01:47:55	01:46:22	01:44:50	01:51:54	01:41:12	01:45:19	01:41:15	01:42:07			01:37:44	1:36:10			01:44:43	01:35:38	01:37:32	1:38:24	1:43:27	1:39:21	01:46:59							
97	Andresen, Thomas	Varteig IL	1															01:33:54													
98	Andresen, Thorleif	Vestby	1																												
99	Andresen, Viktor	Fredrikstad IF	1		01:23:07																										
100	Andresen, Ørnulf	Gressvik	1		01:48:58																										
101	Andresen, Øystein Jorgen	Fredrikstad Triathlonklubb	1				02:41:54																								
102	Anfinsen, Wenche	Fredrikstad Skiklubb	1																												
103	Angelskår, Steinar	Fredrikstad IF	9							01:47:20		01:49:20			1:45:08	01:53:59			01:42:06		1:53:18				01:39:21	01:38:56	01:40:51				
104	Angeltveit Baltzersen, Martin	KONDIS	1											01:39:03																	
105	Angvoll, Pål	Fredrikstad Skiklubb	7											01:54:50	1:54:55			01:56:20	02:13:26	01:54:02				2:06:29	02:06:27						
106	Anshus, Knut	Fredrikstad IF	1																								01:52:28				
107	Antonsen, Finn	Fredrikstad Skiklubb	5																												
108	Antonsen, Gjermund	Råde	1		01:59:17																										
109	Antonsen, Hilde	Paulsbo	1																												
110	Antonsen, Rune		1																												
111	Antonsen, Thomas	Grålum	1			01:39:56																									
112	Antonsen, Tore Johnny	Fredrikstad IF	1																												
113	Antonsen, Trond	Halmsås & Omegn Skilag	1																				1:41:04								
114	Appelgren, Bjørn	KIL-Trim	5																			1:44:56	1:43:00	01:45:25				01:44:24	01:37:52		
115	Åresvik, Lars	Brummundal	6																01:41:05	01:42:32	1:48:10	1:39:08	01:34:37	01:35:55							
116	Årnesen, Jon Vidar	Skogens Snegle	3	01:51:42	01:56:10	01:56:42																									
117	Årnesen, Julian Lucas	FREDRIKSTAD	1						01:33:35																						
118	Årnesen, Mads	FREDRIKSTAD SKIKLUBB	1											01:28:19																	
119	Årnesen, Magnus	ROLVSØY VEKTLØFTERKLUBB	1									01:51:57																			
120	Årnesen, Monica	KVERNHUSET BIL	1								02:07:22																				
121	Årnesen, Morten	Nectron	2																												
122	Årnesen, Ole Petter	KIL-Trim	1																												
123	Årnesen, Rune	Fredrikstad IF	1																	01:31:11											
124	Årnfinsen, Wenche	Fredrikstad IF	1																						01:45:16						
125	Årntsen, Ketil	Ck gst	25	02:03:21	01:46:52	01:46:00	01:42:38	01:43:16	01:42:16	01:46:45	01:54:58	01:48:48	01:37:16	01:38:57		01:37:58	1:42:15	01:45:53	01:37:29	01:38:40	1:42:02	1:43:14	1:40:56	01:40:22	01:37:11	01:38:07	01:37:32				
126	Årntsen, Martin	GUBBETRIM	2										01:28:13	01:26:10																	

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127	Arntsen, Øystein		1											02:05:50											01:50:47						
128	Arntzen, Olav		1																												
129	Aronsen, Kine	MOSS	1							01:50:46																					
130	Asbjørnsen, Jonatan		1											01:43:42																	
131	Ask, Morten	Reinertsen BIL / Varde IL	1															01:24:40													
132	Aster, Bente	RIKS KONSERTENE	1										01:36:17																		
133	Auganes, Anna	Fredrikstad Kommune, Bygg	1	02:08:04																											
134	Augustin, Ida	Gressvik	3		01:51:06			01:47:49	01:51:26																						
135	Augustin, Vidar	GRESSVIK	7							01:57:32		01:56:05				01:56:20	01:56:20	01:46:31			2:04:04			02:03:06							
136	Aurebekk, Ingvild	Fredrikstad Skiklubb	3											01:43:20	01:38:27	01:53:01															
137	Aurebekk, Lars	FREDRIKSTAD SKIKLUBB	6								01:24:20	01:21:53	01:20:54	01:18:32	1:22:33	01:24:18															
138	Authen, Jonas	HALDEN	1						01:23:20																						
139	Axner Ims, Gunvald	Nykirke IF / Gunvald Axner	1			01:43:38																									
140	Bach Dal, Erik	Knees for Speed	1	01:46:58																											
141	Bach, Pål Gjermund	TISTEDAL	3						01:41:45	01:48:00	01:53:05																				
142	Bache-Wiig, Andreas	Oslo	1	01:40:27																											
143	Bae, Torstein	NRC Flyktninghjelpen	2			01:53:32	01:47:19																								
144	Bahar, Ayham Mohammad S	Kråkergøy IL	1	02:00:19																											
145	Baker, Michael	MOSS SYKKEL KLUBB	2										01:55:54	01:52:40																	
146	Bakke, Siri	Moss Skiklubb	2																			2:04:15	2:18:37								
147	Bakke, Terje	Statsbygg	2		01:27:58												1:33:50														
148	Bakke-Divenah, Morten	TÅRNÅSEN	1				02:06:33																								
149	Bakken, Jørn M.	Høvik Jogg	1																												
150	Bakken, Knut Bjørn	Linjegods	3																												
151	Bakker, Ole	Fredrikstad	1		02:05:58																										
152	Bakker, Tore	Martha-Kam.	6																												
153	Balchen, Jon		1													02:00:23															
154	Baltzersen, Martin Angeltveit	Kondis	6						01:40:19					1:43:12	01:40:05		01:52:08	01:49:17	01:47:33												
155	Banfi, Peter	Fredrikstad Roklub	4													01:27:43		02:07:22			1:34:03	1:56:07									
156	Bangor, Knut Richard		2																			2:06:29	01:52:17								
157	Bankerud, Mina Ebrahimi	VESTERØY	1				01:36:03																								
158	Banyai, Katalin		1									02:05:17																			
159	Barchim, James	FREDRIKSTAD	1					01:51:10																							
160	Barmen, Andreas	Leif Grimsrud as	3	01:48:47		01:56:09			01:33:55																						
161	Barstad, Ida Cecilie	Fredrikstad IF	2							01:41:35	01:39:48																				
162	Barth-Hansen, Oda		1	02:01:53																											
163	Basberg, Steinar	Fredrikstad IF	6								01:38:21				01:41:31				01:31:09				01:32:25	01:32:49						01:33:15	
164	Bech, Camilla	Fredrikstad	1		01:52:02																										
165	Bech, Stein Frode	Bryn & Aarflot	1																								01:34:16				
166	Beck, Jon Øivind	Fredrikstad Blad	2															01:39:26	01:48:04												
167	Becken, Sarah	Kråkergøy	1		01:50:06																										
168	Been, Anne Signe	Moss Skiklubb	3																			1:41:58	1:57:34		01:52:20						
169	Bekkstrand, Rolf Henrik	LANTERNE ROUGE VELO CL	1								01:46:08																				
170	Beldo, Silja	FREDRIKSTAD	1							01:51:21																					
171	Belstad, Marius	Onsøy Runners	6	01:59:12	01:50:55	01:47:27	01:47:09	01:43:56		01:55:32																					
172	Bendiksbj, Axel	Fredrikstad Triathlonklubb	2			01:37:35											1:27:44														
173	Benediktsdottir, Agnes	Team Sportsmanden/Slitus	4	01:53:47			01:54:44			01:56:37			01:50:46								1:49:24										
174	Berg Hamre, Signe	Fredrikstad IF	3	01:57:40	01:56:33	01:59:33																									
175	Berg, Emilie	Fredrikstad IF	1																												
176	Berg, Kai	Gressvik	20	01:47:59	01:30:40	01:31:38		01:33:28	01:29:46	01:29:47		01:30:55	01:36:41			01:31:24	1:30:43	01:30:40	01:29:20	01:28:43	1:24:49		1:27:38	01:22:53	01:23:09	01:22:27	01:22:03	01:29:15			
177	Berg, Maria	Fredrikstad IF	5															2:09:56			2:09:38	1:58:46	2:06:54		02:17:52						
178	Berg, Nicolas		1										01:41:09																		
179	Berg, Per Anton	Rådejoggen	1																				01:54:15								
180	Berg, Per Ivar	Saugbrugs BIL	1																									01:28:15			
181	Berg, Roar	Greåker IF	1																												
182	Berg, Terje	Torsnes	2																												
183	Berg, Thormod	Greåker	1																												
184	Bergan, Jonas	MOSS	2				01:35:30				01:27:53																				
185	Bergan, Stein		1								01:59:45																				
186	Bergby, Dag	Fredrikstad IF	3	02:03:36				02:19:41								1:42:42															
187	Berge Hansen, Bjørn		1											02:18:26																	
188	Berge, Olav Sverre	KRÅKERØY	1					01:34:46																							
189	Berge, Per Anton	AF Gruppen Norge AS	1																02:00:42												

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253	Blom Olrud, Bendik	FREDRIKSTAD SKIKLUBB	1											01:40:04																		
254	Blomberg, Ole	Borregaard	3																													
255	Blomkvist, Jan E.	Norske Liv	2																													
256	Blomqvist, Thomas	Skjeberg	2	02:01:11	02:04:18																											
257	Borg, Øystein Lauen		1								01:19:49																					
258	Borge, Atle	LYN REGNSKAP AS	3										02:00:38	02:09:13	2:18:47																	
259	Borge, Camilla	LYN REGNSKAP AS	3										02:07:37	02:10:13	2:30:55																	
260	Borge, Frank	Fredrikstad	1		01:58:13																											
261	Borge, Morten	YVEN	1							01:29:30																						
262	Borge, Terje	Tolvsrød	1			02:18:25																										
263	Borgen, Lise Lavoll	TEAM ROBUST	1											01:30:24																		
264	Borger, Marius	Spydeberg IL	1				01:17:44																									
265	Borgersen, Edgar	Fredrikstad IF	10																													
266	Borgersen, Henning	Fredrikstad Skiklubb	1																													
267	Borgersen, Raymond		1																													
268	Borgaas, Nina		1													01:57:14									01:30:47							
269	Borgås, Per Olav	Trøsken IL	2												2:06:53	02:09:27																
270	Borgås, Sigurd	SKAGERRAK SPORTSKLUBB	1												1:47:50																	
271	Borud, Anders	Hamar	1		02:11:31																											
272	Borud, Fredrik	Borregaard	2		02:14:28		01:55:40																									
273	Borud, Turid	Hamar	1		02:13:00																											
274	Bossum, Tor Erling	TEAM FYRIO	1												1:49:35																	
275	Botilsrud, Thomas	Sarpsborg Kommune - Korp	1							02:27:31																						
276	Bragstad, Linda		1									01:44:27																				
277	Bratbakken, Anette Desiree	Hafslundsøy	1	02:15:07																												
278	Brattsett, Per	Varteig IL	2																			1:24:45										
279	Bredesen, Nils Olav Fjæraa	Nittedal IL	1	01:31:35																												
280	Bredesen, Sondre	Gjensidige Sport Øst	1				01:45:02																									
281	Breigan, Bo	Fredrikstad IF	2															01:37:13		01:41:51												
282	Breivik, André	Fredrikstad	2		01:43:37	02:03:21																										
283	Brekka, Trine Eide		1																02:06:40													
284	Brenden, Helge	SOON TRIATHLON KLUBB	1									01:28:06																				
285	Brenden, Helge Petter	Rygge IL	3					01:26:33							1:29:03	01:36:33																
286	Brenna, Magne		1														1:30:58															
287	Brenne, Jon Sigurd	SARPSBORG IL	3									01:28:46	01:24:17	01:25:07																		
288	Brenne, Odd	Varteig IL	2																													
289	Bretteville, Silje	Svartskog	1		01:43:03																											
290	Brevik, Håkon	Kråkery	2			01:49:06	01:48:13																									
291	Brevik, Ole-Martin	Gressvik	1	01:33:19																												
292	Brevold, Ole-Henrik		1																													
293	Brevold, Sindre	SK Rye	5											01:20:44	1:23:28	1:25:12	01:26:22	01:31:07														
294	Broch, Georg	BYGDØY IDRETTSLAG	1												1:44:26																	
295	Brodal Dahl, Inger Johanne	Sarpsborg	1	02:32:05																												
296	Broen, Vilde	Fredrikstad	1	02:03:06																												
297	Brogaard, Lene Fisker	Yven	1		01:46:19																											
298	Brolev, Krisatian		1																													
299	Bromander, Svein	MSK	2																													
300	Brovold, Henrik	Gamle Fredrikstad Golfklub	3													01:27:20		01:34:41	01:36:23													
301	Brovold, Jens	Meditek A/S	2																													
302	Brovold, Lars Petter	Fredrikstad Skiklubb	1																	01:36:01												
303	Brox, Knut Ansgar	NORDREISA IL	1													01:31:00																
304	Bruheim, Morten	Torp	1		01:45:39																											
305	Bruknaapp, Mia	Flint	1																													
306	Bruland, Kristoffer	Greåker IF	1				01:25:58																									
307	Brun, Tonje		1											02:24:32																		
308	Brun-Svendsen, Per H.	IK Stolpen	1																								01:26:13					
309	Bruu, Johs	NTP BIL	5																													
310	Bruun, Ivar	Fjellhug / Vereide	2																		01:50:34		1:48:32									
311	Brynildsen, Anders	Fredrikstad Skiklubb	14	01:37:55	01:41:51	01:37:56		01:40:41	01:36:48	01:43:42	01:46:55	01:43:27	01:39:32	01:39:59	1:42:24	01:55:50	1:49:42		02:04:58													
312	Brynildsen, Anne-Sofie Hox	Fredrikstad Skiklubb	3	02:14:14	02:12:31																02:04:57											
313	Brynildsen, Robin	FREDRIKSTAD	1																													
314	Brødhoit, Åse	ASKIM IF	1											01:44:48																		
315	Brødsjæ, Anders	Sarpsborg SK	1																													

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316	Bråten, Ida	VEIDEKKE BIL	3											01:41:15	1:47:12	1:49:00																
317	Bråten, Ole Bjørn	Vestre Lier	1																													
318	Bråthen, Frank Robert		3												1:38:45	01:32:34	1:45:52															
319	Braathen, Ole Bjørn	Sjåstad / V. Lier	2														1:35:26						1:34:17									
320	Buckholm, Lars	Halden	1			01:21:36																										
321	Budalen, Pål	Østbygda IL	1						01:27:51																							
322	Buer, Stein Olav	Østbygda IL	1						01:42:17																							
323	Bukholm, Trond-Reidar	Halden IL	10				01:59:11							01:39:47			1:27:09	01:27:29	01:30:58	01:39:39		1:34:39										
324	Bull, Håkon	Fredrikstad IF	1								01:35:31																					
325	Bunes, Maria		1												2:10:22																	
326	Buran, Øystein	Fredrikstad	5		01:29:43	01:31:26	01:46:43	01:44:11	01:39:29																							
327	Bye, Andreas	Ørje IL	1						01:46:19																							
328	Bye, Ragnhild	MOSS CK	1												1:44:03																	
329	Bye, Stian		1											01:44:19																		
330	Bækken, Trond Ivar	TEAM KONJAKK	1											01:45:35																		
331	Bø, Alf	M/L-Joggen	9																										01:31:13	01:27:37		
332	Bø, Jørgen Frost	Oppegård IL	1															01:16:29														
333	Bøhaugen, Jonas	Fredrikstad Skiklubb	1																													
334	Bøhaugen, Tore	Fredrikstad Skiklubb	9																							01:36:55	01:35:49					
335	Bøhn, Rolf E.	Halden IL	4											01:32:02								1:25:32		01:24:03		01:21:51						
336	Bøkeid, Therese	BODØ BAUTA	1							01:31:06																						
337	Bønggård, Camilla	Gimle IF / Team Dæhlie	1			01:21:47																										
338	Børke, Monica		1															01:47:39														
339	Børresen, Oddvar	Jøtul BIL	2																													
340	Baardvig, Mona	Fredrikstad IF	1																													
341	Baarstad, Per Kristian	Oslo	3		01:49:14						01:44:43		01:46:33										2:21:47									
342	Baarstad, Pk	BUNS OF STEEL	1											01:55:47																		
343	Båserud, Rune	Sarpsborg Sk	2																													
344	Cantin, Vivianne		2					02:06:48				02:06:58																				
345	Carlsen, Jon	Fredrikstad IF	2				01:34:20				01:48:04																					
346	Carlsen, Jon E.	Havna	1																													
347	Carlsen, Per Arne	Fredrikstad IF	15																													
348	Carlsen, Trond Inge	RUSTAD IL	1														1:25:15												01:35:08	01:33:40		
349	Carlson, Jon	Fredrikstad IF	1											01:40:46																		
350	Caspersen, Pål		8																								01:38:44					
351	Christensen, Bjørn	MOSS SKIKLUBB	1												1:21:49																	
352	Christensen, Carina		1											02:13:40																		
353	Christensen, Daniel	Fredrikstad	1			01:31:17																										
354	Christensen, Erik Oskar	Moss Roklubb	1						01:40:29																							
355	Christensen, Jarle		2																													
356	Christiansen, Dan	Fredrikstad IF	1																						01:40:57							
357	Christiansen, Elin	Gamle Fredrikstad	1		02:53:04																											
358	Christiansen, Frode	BRUA FYSIKALSKE	1												1:45:56																	
359	Christiansen, Ida Martine		1																													
360	Christiansen, Magne	Fredrikstad IF	4																								01:57:57			01:43:36	01:49:32	
361	Christoffersen, Trine Eker		1															01:50:06														
362	Cindahl, Frode	Felleskjøpet Kambo	1							02:14:11																						
363	Claussen, Simon Kolstad	Setskog IF	1		01:45:19																											
364	Closs, Ole	Lørenskog	1		02:32:39																											
365	Collet, Isak	Bergen Turn friidrett	1																													
366	Collett, Henrik Nicolay	Rexim 027	1			01:34:18																										
367	Collett, Karin	BERGEN	2						01:59:18																	01:51:20						
368	Collett, Torbjørn	Viking	1						01:54:21																							
369	Collier, Stephen	Halden	6			02:08:56								01:39:51	1:40:46	01:44:02	1:56:45	02:04:52														
370	Conradi, Eva Slørdahl	Fredrikstad IF	1																								01:37:54					
371	Cooper, Charles	BI	1																													
372	Corthay, Alexandre	Tore Berg Fitness Club	1			02:09:09																										
373	Cwyk, Maciej	SARPSBORG	2					01:39:45	01:42:50																							
374	Dahl, Birgitte Wold	Fredrikstad IF	2												02:18:44	2:05:28																
375	Dahl, Erling		2										01:33:30																			
376	Dahl, Julie		1													1:42:51																
377	Dahl, Lars Rino		1																								01:43:52					
378	Dahl, Tom Rino	Østbygda IL / Øil	3		01:46:03	01:41:37	01:38:04																									

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379	Dahlberg, Viljar	Fredrikstad IF	1	01:28:46																											
380	Dahlberg, Viljar Solum	Fredrikstad IF	1		01:29:13																										
381	Dahlby, Bjørn	Friskis & Svettis	1																							01:48:31					
382	Dahle, Haakon A.	Fredrikstad	1	02:12:06																											
383	Dahle-Johansen, Sander	Norgesnett	2	01:51:37		01:50:49																									
384	Dahlstrøm, Emilie	Fredrikstad IF	1																		1:49:47										
385	Dahlvist, Thea		1											01:58:23																	
386	Dalan, Vebjørn	Sellebakk	1	02:17:08																											
387	Dalby Amundsen, Marie		1								01:51:29																				
388	Dalen, Frithjof	Rolvøy	1			01:44:17																									
389	Dalland, Kjell Arne	Sønniscen BIL	1																		02:08:00										
390	Dalseth, Lars Andre	Råde IL / Lett på tå	2	01:29:44				01:38:47																							
391	Damas, Jorge		1																		01:42:26										
392	Danielsen, Erling		4																												
393	Danielsen, Jon Inge		1											01:51:41																	
394	Danielsen, Kai Arne		1																												
395	Danielsen, Lelf Rune		1																												
396	Danielsen, Aasmund	Superløpstegeteam	1				01:44:06																								
397	de Flon, Halvor	FRISKIS OG SVETTIS	4											01:42:48		1:40:13		01:38:23	01:39:30												
398	Dege, Anders	Fredrikstad	3	01:50:56	01:51:22			01:42:59																							
399	Dege, Anders F.	FREDRIKSTAD SKIKLUBB	2										01:45:03				01:43:21														
400	Degnes, Bjørnar	CowI BIL	2			01:21:48	01:20:38																								
401	Deighan, John Christian	Frogner Runners/Advokatf	2		01:10:55	01:10:08																									
402	Delås, Fredrik	Fredrikstad Skiklubb	1																										01:23:39		
403	Didrichsen, Elin	Gressvik	3	01:50:45		01:49:10	01																								

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442	Elvevoll, Tonje		1									02:33:07																					
443	Elvik, Heidi	RÅDE	1						01:54:53																								
444	Emanuelsson, Anna	SARPSBORG	1							02:27:59																							
445	Emrat, Duangrudee	GREÅKER	1						02:02:50																								
446	Enersen, Arve	Martha-Kam.	4																														
447	Enersen, Jørn	Fredrikstad Kommune	1																											02:01:24			
448	Enersen, Leif A.J.	Fredrikstad IF	3																										02:05:43	01:48:47			
449	Engelbretsen, Hans Arild	Dolphin Bill	3																01:21:09		1:21:03		1:24:17										
450	Engel, Sophia	NIEDERÖFFLINGEN	1				01:30:27																										
451	Engen, Fredrik		1									01:46:57																					
452	Engen, Olav	Romerike Ultraløperklubb	2																01:48:50														
453	Engen, Terje	Varteig IL	5							01:28:41																				01:15:05			
454	Enger, Rolf		1																														
455	Enger, Steve		1													01:23:21																	
456	Engh Emil	TFL-Halden	2																														
457	Engh, Lars Erik	Sarpsborg IL	2																														
458	Engh, Tor-Arne	HALDEN	1						01:47:27																								
459	Enghaug, Pål-Andre		1												2:03:03																		
460	Engkvist, Monica	TEAM MOTO	1													02:46:31																	
461	Engseth, Fredrik	Rolvøy	2			01:40:20		01:42:22																									
462	Engstrøm, Marcus		1																						01:35:54								
463	Enoksen, Roy Harry	RYGGEJØGGEN	23									01:55:05	01:53:53	01:44:55	01:44:35	1:48:27	01:34:38	1:41:36		01:33:07							01:31:25	01:39:09	01:28:54				
464	Ensrud, Viggo	Drøbak Frogn	4																														
465	Ericson, Jörgen	LILLESTRØM	1							01:57:05																							
466	Eriksen, Bjarne		2																														
467	Eriksen, Frank		1													01:21:55						1:44:35	1:50:38										
468	Eriksen, Geir L.	Friskis & Sveltis	1																												02:03:43		
469	Eriksen, Heine	Greåker IF	1					01:46:08																									
470	Eriksen, Inger-Marie		1									02:04:02																					
471	Eriksen, Jens	Greåker	1		01:34:38																												
472	Eriksen, Jørn	Projectiondesign	1															02:06:40															
473	Eriksen, Kirsti	Fredrikstad IF	6										01:48:09	01:49:48	1:51:35	01:48:27	1:51:34		01:59:22														
474	Eriksen, Kjell Reinert		3																			1:48:55		01:42:01	01:46:09								
475	Eriksen, Knut	Greåker IF	2																01:39:34	01:45:39													
476	Eriksen, Kristoffer		1											01:42:11																			
477	Eriksen, Lars-Kristian	Team Salomon Norway	1			01:14:06																											
478	Eriksen, Odd	Fredrikstad Kommune	1																														
479	Eriksen, Patrick	SKJEBERG CK	1													01:33:58																	
480	Eriksen, Rune	Rygge IL	1				01:29:17																										
481	Eriksen, Svein	Fredrikstad	6																														
482	Eriksen, Thomas	Fredrikstad IF	1																														
483	Eriksrud, Jonas	GRESSVIK	1						01:45:58																								
484	Eriksson, Carl	Halden	3			01:37:27	01:35:37			01:45:46																							
485	Erstad, Magnus	Kamp/Vestheim IF	4		01:11:27			01:09:42	01:12:03						1:18:59																		
486	Erøy, Lars Erik	Spydeberg	1																														
487	Eskeidal, Harald	Nobilikk	1																														
488	Espenes, Arild	Lyn Ski	1			01:37:22																											
489	Espenes, Hans	Skiptvet IL	2																														
490	Eva, Lindskog		1																01:53:51														
491	Evensen, Anne Helen	Rygge IL	2			02:11:05				02:19:21																							
492	Evensen, Leif	Fredrikstad IF	1																									02:08:36					
493	Evensen, Ole	Titan	1																														
494	Evensen, Ole Christian	FREDRIKSTAD SKIKLUBB	8								01:39:31			01:30:02	1:32:53	01:32:42	1:34:31	01:34:55	01:34:08	01:35:10													
495	Evensen, Ole Jacob		1												01:56:26																		
496	Evensen, Tor	Granås	4																														
497	Evensen, Ulrikka		2									01:55:06																					
498	Evjen, Siri Anette	Kondis	1																														
499	Eyde, Birk	Ol Triathlon	1			01:23:46																											
500	Eylertsen, Caroline	HALDEN IL	1											01:37:23																			
501	Falch Alsos, Edvart	LAUKVIKA LØPEKLUBB	1								01:26:16																						
502	Fardal, Helge		1																													01:45:13	
503	Faraasen, Erik	HALDEN	1							01:27:41																							
504	Fause Hovind, Erik	Halden	1		01:44:46																												

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505	Fauske, Håkon	Kråkery	1	01:37:02																											
506	Feet, Ronny	SKIFORENINGEN	1													01:30:12															
507	Felde, Jan	Moss IL	2																												
508	Ferder, Harald	Titan BIL	1																								01:40:27				
509	Ferguson, Stine	Fredrikstad IF	2												01:48:02				02:06:38												
510	Ferstad, Marius	FREDRIKSTAD	1							01:54:06																					
511	Fillingsnes, Gry		1																												
512	Fillingsnes, Per		1																												
513	Finnerud, Fredrik	CROSSFIT FREDRIKSTAD	1									01:59:40																			
514	Finnestad, Astrid	Sarpsborg IL	1		01:33:32																										
515	Finstad, Geir		4								01:58:43			01:47:40	1:51:59	01:47:51															
516	Finstad, Ole Kristian		2								01:52:38											1:39:20									
517	Fischer, Andreas Sola	RELEX SOLUTIONS	1								01:30:28																				
518	Fiskum, Espen	Namdal Løpeklubb	1					01:13:23																							
519	Fjeld, Terje		1																												
520	Fjeldberg, Marit Bech	Friskis & Svelts	1																												
521	Fjeldbo, Ivar	IK Granit	3																					01:50:55			01:33:42				
522	Fjeldstad, Lars Helge	Ulefoss S.F.	1																01:38:39												
523	Fjellanger, Jarle	Norske Skog Saugbruks	1																		02:06:49										
524	Fjellanger, Randi	Halden Kommune	1																		02:06:49										
525	Fjellstad, Birgit		1																		02:08:32										
526	Fjellstad, Jo Inge	Ås IL	3													01:24:25									01:21:21	01:27:49					
527	Fjellstad, Wendy	Ås IL	6			01:39:23												01:28:13				1:32:18		01:36:09	01:29:58	01:37:59					
528	Fjellstad, Lars Helge	Abb / Ulefoss	1														1:44:15														
529	Fjærå, Ann Mari	NILU BIL	5													01:51:31	1:53:47	01:59:35							01:49:37	01:46:57					
530	Fjærå, Øyvind	Fredrikstad IF	37							02:13:42	02:18:23	02:12:41	02:07:13	2:07:45	02:00:50	2:03:45	01:57:52	01:52:53	01:55:57	1:50:07	1:46:38	1:52:43		01:50:00	01:47:26	01:36:43	01:38:07	01:36:30	01:32:14	01:30:49	01:28:58
531	Flatekval, Maria	Rygge	1			02:18:29																									
532	Flaten, Øyvind	Visma BIL	6				01:58:08																							01:33:01	
533	Flatin, Christoffer	SARPSBORG	2							01:42:18										01:34:11											
534	Flatin, Johann	Molde	1		01:37:17																										
535	Flatin, Øyvind	Fredrikstad IF	4		02:02:46	02:17:47												01:51:53	02:00:18												
536	Flatland, Baard	GIF Joggen	6					01:48:45	01:44:25	01:49:46	01:46:54	01:49:22	01:44:01																		
537	Flatland, Håvard		1																01:46:34												
538	Flatland, Marie		1									02:02:02																			
539	Fledsberg, Dagrun	Mosselærerne	6																												
540	Fledsberg, Tor	Moss Skiklubb	5																												
541	Fleisje, Erlend	OSLO	1						01:27:20																						
542	Flemming, Leif	Fredrikstad	3	01:50:51		01:45:14	01:53:14																								
543	Flesjø, Jon	Askim IF	9															01:39:48			1:33:42	1:31:32	1:37:39	01:31:46			01:27:04	01:29:20			
544	Flodin, Pål		3							01:55:12		01:47:35	01:50:21																		
545	Fluge, Eskil	Team Fluge	1	01:55:39																											
546	Flynn, Russell	Custardlabs	1	01:37:26																											
547	Flø, August	Fredrikstad IF	5					01:19:41						01:10:53	1:11:54	01:12:56		01:24:49													
548	Folmer, Arne Christian	Berg IL	2															01:31:45		01:34:36											
549	Fon, Ragnar	Vivestad IV	11																												
550	Fondevik, Torbjørn	Fredrikstad	7	02:12:08								01:57:01										1:40:53		01:49:03		01:45:02		01:44:05	01:52:21		
551	Forgard, Olivia	Åseral IL	1		01:34:31																										
552	Formoe, Erik	BIC	2																												
553	Forsberg, Geir	Selmer BIL	1																												
554	Forsberg, Ida Martine		1								01:51:02																				
555	Forsberg, Tommy	Borgenhaugen	1	01:46:44																											
556	Forsbom, Kjell	Fredrikstad IF	7																												
557	Forsetlund, Ole Martin	Fredrikstad IF	6					01:45:49		01:46:41	01:51:50	01:48:43	01:54:43	01:52:12																	
558	Foss, Dorte	Raufoss IL -Friidrett	2				01:40:08						01:29:04																		
559	Foss, Roald	Stabburet BIL	2																			2:22:08		02:15:31							
560	Fossbekk, Truls Roar	Kjelsås IL / Kondis	1						01:47:22																						
561	Fosse, Lars	Fpil	1	01:31:03																											
562	Fossheim, Alf	Sano Avd. Halden	1																												
563	Fossheim, Emil Ruud	Asker Skiklubb Orientering	1				01:25:31																								
564	Fossheim, Mari	TEAM SOLBERG	1									02:00:20																			
565	Fossheim, Tor	Nkl'S IL Halden	1																												
566	Fransson, Magnus	GÖTEBORG	1											01:52:38																	
567	Fredriksen, Bjørn	Fredrikstad IF	5																											01:40:07	

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568	Fredriksen, Knut	Fredrikstad IF	5																								01:26:58		01:32:25	01:37:19			
569	Fredriksen, Marit	Family Sportsclub	5																	01:54:17			1:53:19		01:50:17						01:51:39		
570	Fredriksen, Morten Olav	Fredrikstad	2			01:33:35	01:37:31																										
571	Fredriksen, Ole Petter	Multiconsult	3		01:48:12	01:51:26		01:49:07																									
572	Fredriksen, Sindre	Sarpsborg IL	2		01:17:23	01:19:24																											
573	Fredriksen, Stian	Sarpsborg IL	1			01:35:34																											
574	Fredriksen, Synnøve	Fredrikstad IF	5																									02:09:39		01:53:53	01:51:40		
575	Fredriksen, Vilde	Sarpsborg IL	1			01:48:49																											
576	Fredriksen, Åge Sten	Fredrikstad IF	11																						01:48:34		01:47:41	01:49:55	01:49:58	01:43:08			
577	Fremo, Thomas	TRARABERGET LØPEKLUBB	1												1:28:27																		
578	Friberg, Tomas	SPERREBOTN	3							01:40:41	01:41:10	01:43:22																					
579	Friivold, Sunniva	GAMLE FREDRIKSTAD	1				02:00:05																										
580	Frydenberg, Roy Erik	Kondis	6																01:57:29	01:49:41	01:54:48		1:48:45		01:44:14	01:43:19							
581	Frølandshagen, Anne-Lene	Fredrikstad IF	2												2:21:23	02:10:57																	
582	Frølich-Olsen, Henriette	FREDRIKSTAD SKIKLUBB	1											01:45:09																			
583	Frønningen, Hilmar	Skjebergglærerne	10																														
584	Frøyland, Anette	Sats Sarpsborg	1							02:27:59																							
585	Frøyland, Jon	Skjeberg CK	1							01:48:39																							
586	Fugas, Konrad		1									01:48:06																					
587	Fugleneb, Astrid K.	Fredrikstad Skiklubb	1																													01:47:35	
588	Fuglesang, Grete Roaldseth	Gamle Fredrikstad	2		01:46:52			01:48:33																									
589	Furset, Petter	Sellebakk	3			01:50:28								01:32:38	01:31:42																		
590	Furuheim, Knut Magne	Fredrikstad IF	14	01:39:19	01:37:45	01:35:23				01:32:23	01:32:45	01:29:04	01:31:05	01:36:55	1:40:00	01:44:16		01:48:20		01:51:56			1:50:56						01:35:50				
591	Furunes, Jo	Oppdal FIK	3																														
592	Furø, Bernt		1													01:51:39																	
593	Fylling, Sondre	Oslostudentenes IK - Friidre	4							01:16:25	01:13:45	01:17:45	01:15:10																				
594	Felling, Marianne	Treningscamp	1																		01:39:58												
595	Følvik, Marthe	Bodø	1			01:28:48																											
596	Fjorde, Erik	Fredrikstad IF	2																														
597	Gabestad, Lars Erik		1																01:53:39														
598	Gangestad, Stephen	Fredrikstad IF	2												1:45:42						01:32:11												
599	Garder, Steffen		1																01:27:45														
600	Garsrud, Iver		1														2:14:20																
601	Gartmann, Gjermund	OSLO	1						01:38:41																								
602	Gathen, Hege	Fredrikstad IF	4												01:43:49							1:50:55				01:48:16				01:53:06			
603	Gathen, Jan Marius	Koll, IL	2		01:24:18	01:26:36																											
604	Gati, Robert		1																							01:24:28							
605	Gaustad, Anders	Lervik IF	5		01:21:19							01:20:39		01:20:35	1:21:53	01:25:05																	
606	Gaustad, Håvard	SVINESUND B.I.L	1												2:09:31																		
607	Gaustad, Jon-Vidar		1																														
608	Gautesen, Kristian	Sportsklubben Vidar	1																				1:22:20										
609	Gautun, Preben		3												1:26:59	1:32:33		01:35:51															
610	Gebrehileet, Tekiu	MOSS IL	1													1:15:41																	
611	Gholizad, Parviz	Brogaten Fysioterapi AS	1					02:13:26																									
612	Gilberg, Runar	Sportsklubben Vidar	1																			1:17:10											
613	Gilhuus, Martin Wøien	Team Stoppen	1			01:27:21																											
614	Gimse, Håkon	Heming	1																01:26:43														
615	Gjendem, Jan	Fredrikstad IF	2					01:54:48		02:03:26																							
616	Gjerdet, Kristian	Greåker	1			01:48:32																											
617	Gjerløw, Jan	Fredrikstad IF	2												1:47:36			01:42:50															
618	Gjerløw, Thor	GRESVIK IF	5										01:57:16				1:49:22								01:50:23		01:45:36	01:48:21					
619	Gjesdal, Kari-Marie	Fredrikstad IF	3												2:09:42	02:05:42	2:10:12																
620	Gjulem Lund, Sivert		1								01:39:15																						
621	Gjølberg, Anne B.	Rygge	2																														
622	Gjølberg, Mari		2											01:33:42	1:43:52																		
623	Gjølberg, Sigrun	RYGGEJOGGEN	3									01:28:54		01:38:33	1:50:03																		
624	Gjølberg, Torgeir	Rygge	2																														
625	Gjølme, Kari		1																	01:54:18													
626	Gjølstad, Ketil Rudolf	Gif-Joggen	12		02:57:04										1:46:08	01:43:43		01:38:47	01:45:14	01:47:00	1:47:55	1:43:58	2:10:56	02:00:17		01:35:44		01:44:50					
627	Glesnes, Unda Renate	OSLOFIORD TRIATLON	1														2:14:20																
628	Glomsrød, Hedda	Fredrikstad IF	2												01:53:46				02:02:00														
629	Glomsrød, Thale	Fredrikstad IF	1																01:57:10														
630	Glørvigen, Marius	RELEX SOLUTIONS AS	2								01:39:21		01:31:48																				

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631	Gluckstad, Ragnar	Fredrikstad IF	4																														
632	Gløersen, Herman	FREDRIKSTAD SKIKLUBB	2								01:24:26			01:28:01																			
633	Gløersen, Knut	FREDRIKSTAD SKIKLUBB	1								01:43:51																						
634	Goval, Dérick		1											01:34:32																			
635	Graham, Kari Elisabeth	Fredrikstad IF	2										02:04:35	02:03:52																			
636	Gran, Sigrun	Moss	6																														
637	Grandahl, Rune	Fredrikstad IF	1														1:23:44																
638	Grandal, Christer Viksaas	GAMLE FREDRIKSTAD	1							01:49:16																							
639	Grandal, Jon Petter	Fredrikstad IF	4				01:46:56			01:42:04	01:44:59	01:41:35																					
640	Granholt, Ivar		5																						02:03:43								
641	Granholt, Morten	Kråkerøy Ungdomsskole	1																02:12:29														
642	Granholt, Ole-Christian		1															01:35:06															
643	Granholt, Torill Helene	Fredrikstad IF	3														3:18:11								02:33:26	02:13:51							
644	Granli, Oddbjørn	Sarpsborg Sykkleklubb	1																														
645	Granlund, Per-Øyvind	LIFE KIROPRAKTIKK	2										01:22:15	01:24:15																			
646	Granly, Camilla	Kråkerøy	1	01:51:30																													
647	Gravnås, Stian	Yven	2		02:04:43																01:47:28												
648	Gravnås, Tor	Karlshus Bruk	1																														
649	Grefsrud Søfting, Karianne C	Østmarka Triathlon	1															01:23:27															
650	Gregersen, Halvor	Fredrikstad IF	1																														
651	Grenan, Håvard	Høvik IF / Team Bvrt	1						01:23:35																								
652	Grepperud, Matias	Skanska Norge AS	1			01:32:03																											
653	Gresslås, Erik	Fredrikstad IF	13																														
654	Gresslås, Nina	Varteig IL	5																									01:26:32					
655	Gresslås, Svein	Sarpsborg IL	12																														
656	Gresslås, Trine Lise		1											01:51:24																			
657	Grethe, Kopperud	Fredrikstad IF	1															03:58:20															
658	Gretland, Tom		2																										01:23:04	01:20:52			
659	Grigson, Matilde	Grålum	2		01:49:59	01:48:47																											
660	Grigson, Richard	Tune IL	6									01:27:57			1:26:55	01:30:22			01:32:14	01:33:01				1:31:47									
661	Grimsoen, Raimonda	Skjeberg	2	01:56:47	02:07:05																												
662	Grimstad, Jan	Vannverket Oslo	6																														
663	Grimstad, Jon G.		1																														
664	Grimsaeth, Ingerid	Rolvøy	1	02:07:06																													
665	Grindahl, Espen	Fredrikstad Triathlonklubb	7	01:29:13			01:26:30		01:26:52		01:26:11	01:34:01		01:27:29	1:32:42																		
666	Grindahl, Jon Anders	Cowi BIL	1				01:58:28																										
667	Grindahl, Ole M.	Fredrikstad Skiklubb	3																														
668	Grindstad, Kristin D	Sol	1																														
669	Grindstad, Torvald Fr.	Sol	1																														
670	Grottenberg, Sissel	Sportsklubben Vidar	1																														
671	Grundeikjen, Christian	Fredrikstad	2	02:04:22			02:02:35																										
672	Grundeikjen, Frederik	Oslo	1	01:46:02																													
673	Grundstad, Thomas	Borge Fysioterapi	1																														
674	Grundt-Ileby, Helene Louise	Fredrikstad IF	8	02:01:57	02:00:10	02:04:09	02:13:23		02:07:28	02:14:29	02:18:01	01:59:34					1:55:42																
675	Grundvig, Susanne Mørk		1											02:21:16																			
676	Grøn, Ellen H.	Mil Jogg	5																														
677	Grønhaug, Gudmund	FREDRIKSTAD	2				02:11:34		02:25:06																								
678	Grønhaug, Kirsten Marie	FREDRIKSTAD	2						02:15:53		02:17:24																						
679	Grønli, Harald		1																														
680	Grønli, Jon Vegard	DNB	1														1:43:35												01:59:09				
681	Grønli, Rune		1																						1:39:41								
682	Grønneberg, Ketil	Fredrikstad Skiklubb	4									01:40:13		01:32:48	1:44:07				01:56:17														
683	Grønneberg, Marie	Fredrikstad IF	3									01:31:39	01:29:52		1:37:45																		
684	Grønvold, Christian	Lillomarka Skiklubb	1							01:23:05																							
685	Grønvold, Christian Katt	INTERCREDZ	1									01:25:59																					
686	Grøvle, Lars		1																														
687	Graarud, Harald		1																														
688	Gucwa, Gregor	ROMERIKE ULTRALØPERKLU	3											01:52:17	2:04:34	02:31:34												01:20:25					
689	Gudim, Ingvild	OSLO	1						01:55:14																								
690	Gudmestad, Thomas	Kvernhuset BIL	3	01:32:02													1:32:01		01:36:01														
691	Gudmundstuen, Tor	Fredrikstad IF	1																						2:15:14								
692	Gulbrandsen, Cecilie	BRUA FYSIKALSKE	1												2:06:06																		
693	Gulbrandsen, Jan Ivar	Ryggejøggen	1																					1:47:33									

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694	Gulbrandsen, Kaja	MANSTAD	2							01:42:46										01:40:58												
695	Gulbrandsen, Syver Strand	Fredrikstad IF	1			01:13:50																										
696	Gulbrandsen, Trond	KRÅKERØY IL	1									01:39:05																				
697	Gulbrandsen, Dyre Martin	Fredrikstad Skiklubb	1																	01:33:24												
698	Gullaksen, Frank	Skk	1						02:16:27																							
699	Gullaksen, Jan Erik	Spydeberg	2			01:48:54	02:06:00																									
700	Gulliksen, Ragnar-Sten	Saltnes	1			01:55:20																										
701	Gundersen, Dan		1																													
702	Gundersen, Martin	Hardt som Betong	5	01:17:45	01:18:24		01:23:29	01:21:10				01:48:50																				
703	Gundersen, Mikael	Fredrikstad	1	01:35:01								01:33:36																				
704	Gundersen, Stig Aimar	DILLING	1						01:52:43																							
705	Gundersen, Terje	Rygge Idrettslag	2							02:02:31		01:55:02																				
706	Gundersen, Tom-Johnny	Kråkerøy IL	1							02:01:41																						
707	Gundrosen, Kim	MOSS	3				02:06:34							01:43:05	1:49:34																	
708	Gunheim, Berit	Fredrikstad IF	8														4:00:05	03:58:20									02:04:13			02:12:34	02:03:42	
709	Gunheim, Lars Fredrik	Sarpsborg Sk	1																													
710	Gunnarsson, Johannes		1																													
711	Gurandsrud, Jørgen	Fredrikstad IF	24	02:38:44	02:39:27	02:32:34	02:33:46	02:24:47		02:22:52	02:14:08	02:19:17	02:12:28	02:02:50	2:05:09	02:01:45	2:05:34	01:57:36	01:56:19		1:49:18	1:53:59	1:55:06	01:51:07	01:44:45	01:43:18	01:41:41	01:44:37		01:41:53		
712	Gurung, Ozzy	Fredrikstad	14	01:20:47	01:19:50		01:24:07	01:20:08	01:26:56		01:20:49	01:37:14	01:17:07	01:18:16	1:23:55	01:22:58	1:24:54	01:26:59	01:29:00													
713	Gusland, Erling	Kondis	2																													
714	Gustavsen, Joachim	Rolvøy	1	01:52:40																												
715	Gustavsen, Tore	Sarpsborg Papp	2																													
716	Guthu, Geir Ole	Fredrikstad IF	8	01:36:26	01:31:00	01:27:31	01:27:58	01:28:39	01:31:39	01:27:08	01:36:26																					
717	Guttormsen, Emilie	Gressvik	1	02:09:55																												
718	Guttulsrud, Ole	Ryggejøggen	10															01:37:47		01:31:43		1:32:26	1:31:07	01:28:21			01:27:18			01:25:41		
719	Guttulsrød, Tor-Ivar	Fredrikstad IF	10	01:57:20	02:07:33	01:51:19	01:54:16	01:47:22	01:54:19	01:49:12	01:43:11			01:39:54	1:45:39																	
720	Gylvik, Morten		7								01:45:31						1:38:33	01:40:27		01:44:05	1:41:49	1:39:50	1:44:04									
721	Günther, Erik		3																													
722	Gøthesen, Hilde		2											02:15:04	02:10:20																	
723	Gaarder, Eirik Berge	Rpil	1				01:28:36																									
724	Gåsbakk, Svein	Moss cykle klubb	1															01:25:14														
725	Habbestad, Martin	Drøbak Frogn	1					01:37:49																								
726	Haflan, Erlend	Fredrikstad IF	2															01:34:08	01:38:17													
727	Hafskjold, Lene Hanche	MOSS SK	1												1:43:01																	
728	Hafstad, Ragnhild	Fredrikstad IF	1																03:21:23													
729	Hagberg, Lise		1																			02:01:17										
730	Hagberg, Ronny		1																				01:38:06									
731	Hagberg, Trond Erik	Brdr. Bøckmann	1																													
732	Hagen, Eirik Methlie	Askim IF	3					01:12:46		01:14:37																	01:25:53					
733	Hagen, Jon Ove	Askim IF	5															01:34:43														
734	Hagen, Kjell Ove	Bryn	1																								01:30:32					
735	Hagen, Leif	Drøbak Maraton	2																													
736	Hagen, Morten	Lundeløperne	2						01:36:56	01:42:02																						
737	Hagle, Andreas	Fredrikstad IF	1																01:40:52													
738	Hagle, David	COWI BIL	5									01:53:08		1:47:47	01:44:37	1:49:20	01:44:20															
739	Haglund, Jonas	Sandefjord	1	01:53:37																												
740	Haglund, Kim	Torp	1		01:55:07																											
741	Haglund, Mathias	Torp	1		02:15:21																											
742	Haglund, Stig	Torp	2	02:00:59	02:05:28																											
743	Hald, Kennet	HALD	1											01:44:53																		
744	Haldin, Mads	Slevik IL - Friidrett	3						01:20:19							01:13:52											01:07:08					
745	Halland, Jan	Statskraft Norge	1																								01:15:51					
746	Halle, Alexander Braseth	Fredrikstad	7		01:30:27		01:30:49	01:30:41	01:34:36	01:39:58		01:36:29	01:33:45																			
747	Hallstensen, Per Åge		5							01:41:08	01:36:33		01:34:35	1:38:23				01:42:10														
748	Halvorsen, Ellen Therese Skau	Ellen Therese Skau Halvorsen	1							02:15:37																						
749	Halvorsen, Rolf Erik	ABB Installasjon Sarpsborg	2																													
750	Halvorsen, Øyvind	Fredrikstad IF	3									01:46:30	02:04:59				1:45:51															
751	Halaas, Inger Annie	Fredrikstad IF	2																		2:19:18		2:12:19									
752	Hamaideh, Abdulkader	Fredrikstad	1	01:57:48																												
753	Hamaideh, Shaker	Gamle Fredrikstad	1	02:27:29																												
754	Hammer, Tom Erik	Hakadal	1			02:01:22																										
755	Hammer-Dybvad, Alexander	Heil Ultraløperklubb / Sbil	1	01:20:19																												
756	Hammerseng Lund, Mari	KVERNHUSET BIL	2										01:39:03	01:40:31																		

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757	Hammerstad, Lars	SKJEBERG CK	4						01:52:04	01:45:05				01:41:07	1:46:50																
758	Hammerstad, Pauline	Sarpsborg	1			02:04:06																									
759	Hammerstad, Tom Henning	FREDRIKSTAD ENERGI	1												1:52:07																
760	Hannes, Egil	Team Iver	2																01:27:28	01:26:32											
761	Handeland, Øyvind		1									01:46:57																			
762	Handsgård, Espen	Fredrikstad IF	3															01:42:24	01:47:46	01:54:47											
763	Hannen, Odd Holm		1																												
764	Hansen, Anne-Karine		1																												
765	Hansen, Arild Bjørn	Nordea BIL	1																			1:37:29									
766	Hansen, Cato		1																												
767	Hansen, Esben		3					01:52:22	01:50:54	01:54:40								01:47:25													
768	Hansen, Frank	Tistedalen Friluftslag	1																												
769	Hansen, Geir Normann	Cloudberries	1						01:37:18																						
770	Hansen, Georg	Fredrikstad IF	1																							01:38:49					
771	Hansen, Inger Johanne	Sarpsborg	1			02:28:16																									
772	Hansen, Jan	Moss Skiklubb	6																								01:28:09				
773	Hansen, Kai	Kråkerøy Verk	2																												
774	Hansen, Kathrine Ruud	Kvernhuset Allstars	11	01:40:11	01:40:24	01:42:28	01:39:16	01:42:31	01:38:07	01:40:26	01:38:59	01:39:07	01:38:43	01:36:48																	
775	Hansen, Ketil	Jøtul BIL	3																												
776	Hansen, Kristine		2												1:52:23	01:47:23															
777	Hansen, Lars-Erik		1										01:28:43																		
778	Hansen, Magnus Winther	Fredrikstad	2	01:34:21	01:41:30																										
779	Hansen, Maria Lund		1							01:51:47																					
780	Hansen, Marius		2											01:54:00	01:54:30																
781	Hansen, Marius	TEAM BALDER	1												02:21:12																
782	Hansen, Nina Bakke	OCR NORWAY	1										02:14:43																		
783	Hansen, Ole Johnny	Stjernen	3	01:40:16			01:36:23	01:41:51																							
784	Hansen, Ole Kristian	Titan IL	1	01:58:53																											
785	Hansen, Rolf	Trimutvalget	7																									02:09:21			
786	Hansen, Rolf W.	Råde	6																												
787	Hansen, Ronny	Suene II	1														1:27:25														
788	Hansen, Sigurd	Fredrikstad IF	3																										01:56:44	01:57:09	
789	Hansen, Svein	Rye Sp.Kl.	1						02:01:57																						
790	Hansen, Terje	Fredrikstad IF	20		02:15:16	02:01:55	02:08:42	01:54:55	01:47:39	01:47:42	01:45:28	01:46:43	01:37:06	01:41:08	1:41:20	1:38:46	01:37:04	01:39:29	01:36:00	1:34:02	1:37:50		01:32:34	01:35:31	01:42:00						
791	Hansen, Thomas Uwe	COWI BIL	3												1:32:35	01:37:40	1:43:55														
792	Hansen, Torunn		1												2:15:21																
793	Hansen, Tove Lier		1															02:01:27													
794	Hansen, Trond-Vidar Due		3														1:33:40				1:46:40	1:50:35									
795	Hansen, Åge Norman	Fr.Stad Legeforening	1																												
796	Hansen, Åsmund	Gressvik	1		01:35:35																										
797	Hanssen, Georg	FIF-trim	1																								01:47:34				
798	Hanssen, Jan Einar	Moss Skiklubb	2					01:59:19																						01:23:39	
799	Hanssen, Jan Frode		7								02:01:59			01:54:24	01:57:52			01:59:18	01:59:49	1:50:00	1:59:10										
800	Hanssen, Marius Røed	FSK	1																									01:22:15			
801	Hanssen, Mona		1																02:01:07												
802	Hanssen, Morten Åge	Origosenteret	1																												
803	Hanssen, Wenche	FIF-trim	1																								01:47:33				
804	Hansson, Bård	CHG B.I.L.	1	01:58:31																											
805	Hansteen, Cato	Romerike Ultraløperklubb	4							01:33:40		01:35:34	01:34:55	01:41:21																	
806	Haraldsen, Anders	TEAM UNITED BAKERIES	2									01:49:58						01:42:52													
807	Haraldsen, Cato	Fredrikstad IF	2																	01:27:46	1:33:50										
808	Haraldsen, Terje	Landbruksstilsynet	2																								01:55:09	01:49:51			
809	Harbin, Nicolay	KRÅKERØY	4				01:25:24	01:28:12	01:33:15	01:37:04																					
810	Hardisty, Ralph	OSLO	1				01:41:32																								
811	Haslerud Stjern, Sondre		1											01:55:47																	
812	Hasselgård, Vegard Ringsby		1										01:41:35																		
813	Hasselgård, Øistein	Askim IF	2																												
814	Hasselstrøm, Kaja		3						01:51:19	01:47:44		01:46:40																			
815	Hassing, Egil	Fredrikstad IF	5																												
816	Hassing, Tove	Fredrikstad IF	11																03:31:00						02:17:52		01:52:59			02:03:43	
817	Hatvik, Roy	Stabburet	6																								01:47:57				
818	Hauer, Robert	Teamrh1984	1				01:42:36																								
819	Hauer, Thor	Brynild	6																												

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820	Haug, Joachim	SARPSBORG SYKLEKLUBB	1												1:29:34																
821	Haugan, Stein	Hydro Aluminium	1																												
822	Hauge, Anette	Oslo	4	01:25:24			01:27:28																				02:01:43	02:06:42			
823	Hauge, Asbjørn		1																												
824	Hauge, Lars	Greåker IF	18	01:34:58		01:41:55	01:34:00		01:29:58	01:30:20	01:29:23	01:29:46	01:28:18	01:25:24		1:28:53		01:28:42			1:33:54	1:30:17	1:31:18	01:28:59		01:27:14		01:31:34	01:31:23		
825	Hauge, Mats	Oslo	2	01:37:23	01:41:32																										
826	Hauge, Morten	Gressvik	1	02:02:40																											
827	Haugen, Bjørnar	ROLVSØY	2						02:06:54	02:11:16																					
828	Haugen, Kim	BLODSMAK SK	2												1:44:56	01:58:29															
829	Haugen, Siri Helen	MOSS	1						02:07:18																						
830	Haugen, Thorstein	Fredrikstad IF	1																						01:46:11						
831	Haugland, Morten	Kvernhuset Allstars	1	01:47:44																											
832	Haugland, Per Ove	Nylende IF	5						01:25:13	01:27:59	01:33:39		01:28:27	1:39:16																	
833	Hauglid, Remi	Titan IL	1	02:07:02																											
834	Haugsrud, Bård	Begby IL	9																	01:44:24	1:50:40	1:38:47	1:41:55		01:38:53	01:41:59					
835	Haugsten Hansen, Henry	KRÅKERØY	1						01:40:53																						
836	Hauken, Kjetil	Ulefoss SP	1																			1:37:40									
837	Havdahl, Sigfred	Borgenhaugen	2		01:40:58			01:45:31																							
838	Heed, Mia	BLODSMAK SPORTSKLUBB	1												01:50:52																
839	Hegg, Jo Magnus	TREDVEÅRSKRISA IL	1								01:49:00																				
840	Hegg, Kristoffer	Rolvøy	1			01:33:14																									
841	Hegge, Per Willy	Kongsberg	1	02:04:22																											
842	Hegge, Rene	Den ene Gale i 34	5			02:01:52							01:51:55			1:51:54		01:47:02		1:57:09											
843	Heggedal, Tony		1																												
844	Heggelund, Nina	BÆRUMS VERK IF	1												01:43:32																
845	Heggernes, Einar	Horten Verft	20																												
846	Hegna, Bendik		1								01:21:07																				
847	Hegreberg, Jostein		1																												
848	Heia, Helene	Rasta	2		02:00:48	01:50:48																									
849	Heiberg, Anette Vikeraug	HVALER STILØPERLAUG	1											02:09:24																	
850	Heidenstrøm, Bjørn	Fredrikstad Skiklubb	3																		1:40:50					01:35:17	01:38:02				
851	Heidenstrøm, Nina		1												2:09:19																
852	Heien, John	Rolvøy IF	2																	01:45:24											
853	Heier, Andreas Johansen		1							01:42:37																					
854	Heiestad, Henrik	OPPEGÅRD KENYANS	1												01:35:26																
855	Heimdal, Arne	Tine	1				01:58:48																								
856	Heimdal, Bente		1																						01:59:01						
857	Hein, Jesper		3											01:47:28	01:49:00	1:47:16															
858	Heltmann, Trond	FREDRIKSTAD	1					01:30:10																							
859	Heitmann, Vilde	Fredrikstad	1		01:55:00																										
860	Helgesen, Eirik Møgster	Fredrikstad	2	01:31:23	01:36:29																										
861	Helgesen, Jack André		1													1:45:32															
862	Helgesen, Joachim	MULTICONSLT BIL	3												01:37:20					01:44:07	1:37:59										
863	Helgesen, Kjell Vidar	Varteig IL	1																					01:19:24							
864	Hellerud, Mats	Moss IL	1		01:12:57																										
865	Hela, Ellen	Ås IL	3																		1:34:02	1:34:46	1:35:12								
866	Hendset, May Kristin	ROLVSØY	1							02:17:14																					
867	Henrik, Glenn	TROSVIK IF	1									01:49:48																			
868	Henriksen, Andreas	SARPSBORG	3				01:26:54	01:23:19	01:31:07																						
869	Henriksen, Arne	Borregaard BIL	10																												
870	Henriksen, Carsten	HKM	1	01:59:51																											
871	Henriksen, Dag	Fredrikstad IF	1		01:51:27																										
872	Henriksen, Kai	Borregaard	14																												
873	Henriksen, Marte	Ytre Enebakk	1	01:54:41																											
874	Henriksen, Roar	TORP	2				02:04:51																								
875	Henriksen, Tom	Tella	1		01:33:40																										
876	Henriksen, Øyvind		2																												
877	Henriksson, Kristin	Lennartsfors IF	1														01:35:40														
878	Henrysson, Boris		1																												
879	Herlovsen, Laila	Fredrikstad IF	3																							02:04:12			02:12:34	02:03:43	
880	Hermansen, Claes	KVERNHUSET BIL	1								01:46:47																				
881	Hermansen, Jonas	Fredrikstad	1	02:36:53																											
882	Hermansen, Kristine	Fredrikstad IF	1										01:39:36																		

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883	Hermansen, Per	Ryggejoggen	1			01:54:39																										
884	Hermansen, Vidar	Fredrikstad Skiklubb	14	01:42:31	01:42:30	01:44:15				01:40:16		01:39:09			01:34:40	1:39:33	01:38:17	1:41:59				1:51:44										01:44:58
885	Higraff, Ingrid	MOSS	1						01:49:21																							
886	Hildenes, Christian	NORDFJORDEID	1					01:35:58																								
887	Hill, Øivind	Fredrikstad IF	1																													
888	Hilmen, Arne-Erik	Nesodden IF	11																													
889	Hinsch, Malte Sebastian	Northern Runners / Sissies	6		01:27:23			01:26:57	01:30:30	01:34:44	01:30:06	01:33:21																				
890	Hjardar, Espen	Kvernhuset BIL	9			01:41:52		01:42:20	01:36:09			01:34:35	01:34:00	01:41:00					01:55:13						01:52:43	01:52:09						
891	Hjelkrem, Rino	Moss	1		01:28:54																											
892	Hjemdal, Ingeborg		1												02:03:40																	
893	Hjorth, Lars Erik	MOSS SVØMMEKLUBB	1													01:41:36																
894	Hobbelstad, Katrine		1															02:00:08														
895	Hodt, Arvid	Linderud II	1																		2:33:31											
896	Hoff, Anne Linn	Spydeberg	1		02:12:52																											
897	Hoff, Hans Morten	Jøtul	1																		1:52:51											
898	Hofgaard, Hans-Martin	TISTEDAL	1						01:42:44																							
899	Hofstrom, Mikael	STRØMSTAD LØPARKLUBB	1														1:42:10															
900	Holen, Hans Christian	FREDRIKSTAD	1							02:00:28																						
901	Holen, Kjell Terje	IL Driv	1									02:00:28										1:24:27										
902	Holje, Christian	Fredrikstad IF	1																													
903	Holm, Kirsti	ØSS	1																03:18:34													
904	Holme, Cathrine		2																01:35:50		1:35:19											
905	Holme, Egil	Fredrikstad IF	40			01:53:57	01:44:09	01:39:37	01:38:09	01:44:21	01:43:56	02:34:24	01:31:11	01:32:12	1:32:17	01:31:38	1:31:04	01:32:14	01:33:20	01:36:33	1:34:43											

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946	Hustoft, Eva	Moss Avis BIL	6																													
947	Husvik, Lars		2										01:58:30	01:57:32																		
948	Huuse, Adelheid Mortensen	FUTT'N FART RUNNING	1													01:51:24																
949	Hvoslef, Lars	Martha-Kam.	22																						02:21:48		02:48:58	02:51:17	02:46:45			
950	Hystad Melleby, Mia		1										01:52:06																			
951	Hystad, Ellen Pauline	Tønsberg Triathlon Klubb	1																	01:59:14												
952	Hystad, Inger Lise	Østbygda IL	2			01:36:55						01:36:04																				
953	Håbler, Morten	Fredrikstad IF	14						01:48:46			01:38:52	01:35:47				1:40:58	01:33:34	01:33:36	01:29:53	1:35:06	1:34:08	01:34:33									
954	Hæger, Linda		1														1:55:33															
955	Hæreid, Bjørn	NTP BIL	9																													
956	Hætta, Isak M.	SK Vidar	2																						01:24:53							
957	Høe, Thomas	Sportymeny	2							01:48:53	01:48:51																					
958	Høe, Øivind	Ryggejoggen	5																			1:37:04									01:36:55	
959	Høgberg Johansen, Jan Mikael		2								01:45:24	01:59:28																				
960	Høgmo, Hanne		3		01:55:05							02:07:51							01:53:22													
961	Høgstad, Rune	Larkollen IL	1																		01:41:30											
962	Høidal, Are	Mysen	1																													
963	Høiden, Sigmund	Stabburet BIL	1																													
964	Høier, Frank	Fredrikstad IF	7																		1:51:19						01:50:27	01:31:42	01:31:54			
965	Høier, Maria Therese		1											02:07:57																		
966	Høili, Lasse R.	Fredrikstad IF	9														02:03:46		02:01:38	1:56:51	1:49:14					01:43:01		01:38:58				
967	Høvik, Alexander	Halden	1	02:08:29																												
968	Høvik, Geir Arne	Kynningsrud	1	02:08:29																												
969	Høyden, Sigmund	Stabburet	3																													
970	Høyde, Andreas	Kristiansand OK	5																		1:10:13	1:13:17	1:14:49	01:11:54		01:18:53						
971	Høyde, Christian	GAMLE FREDRIKSTAD	4				01:44:40	01:36:28	01:36:57	01:48:18																						
972	Høyde, Geir		2																										01:31:02	01:35:11		
973	Høyde, Geir Arne	TEAM EUROPRIS	1								01:38:19																					
974	Høyum, Anders	Fredrikstad IF	1																				01:35:23									
975	Høyum, Oddvar	Posten BIL	5																													
976	Haabeth Brox, Julie Marie	TJALVE	2											1:25:16								1:33:56										
977	Haabeth, Jørn	Fredrikstad IF	3	01:39:06			01:35:40		01:32:17																							
978	Haagensen, Kjetil		1													01:57:08																
979	Haartveit, Erlend Ystrøm	FREDRIKSTAD	1						01:52:52																							
980	Ibsen, Pernille Otille	Gressvik	1		01:49:14																											
981	Idland, Tone		1																		01:44:35											
982	Imrik, Lasse		1															01:48:40														
983	Ingebrigtsen, Storm	Fredrikstad Skiklubb	1						01:58:35																							
984	Ingebrigtsen, Albert	Sarpsborg	1	01:49:08																												
985	Ingebrigtsen, Sandra Merete	Hosle	1	02:03:59																												
986	Ingebrigtsen, Sverre	CK ØST	1														1:43:33															
987	Ingwersen, Helge	FREDRIKSTAD	5													1:50:50		01:45:34		1:46:00	1:49:39	1:56:40										
988	Innvær, Simon		1							01:49:33																						
989	Isegran, Mathias	Fredrikstad	1		01:46:15																											
990	Iversby, Kristian Lorentz		1								01:56:41																					
991	Iversen Dag		1																												01:35:14	
992	Iversen, Arne B.	K-Jogg Sarpsborg	5																									02:00:02		01:53:55		
993	Iversen, Petter	Fredrikstad Skiklubb	1																													
994	Iversen, Rune	Askim IF	1																									01:36:36				
995	Iversen, Tore	Fredrikstad IF	8										01:54:02			1:52:39	01:42:41	01:43:02	01:40:37	1:49:36	1:43:29	1:40:14										
996	Jacobsen, Andreas	Trosvik IF	1															01:37:32														
997	Jacobsen, Bård	KJEKKAS IF	1								01:38:18																					
998	Jacobsen, Bård Eirik	Kjekkas IF	3				01:33:31					01:41:46	01:29:34																			
999	Jacobsen, Dag	Opil	1																													
1000	Jacobsen, Egil	Titan	20																													
1001	Jacobsen, Elvind	Gresvik IF	1	01:29:18																												
1002	Jacobsen, Elin	Sarpsborg	5	01:55:18								01:57:24	01:46:42	1:53:48						01:46:47												
1003	Jacobsen, Håkon	Gressvik	16																													
1004	Jacobsen, Jacob Wierenfeldt	DANISH DYNAMITE	2										01:56:12			2:05:49																
1005	Jacobsen, Kristin Ravin	Eleiko	1	01:49:32																												
1006	Jacobsen, Lise-Marie B.		2													2:02:42	2:03:26															
1007	Jacobsen, Marius	Trøsken IL	1																													
1008	Jacobsen, Per-Robert		1												1:39:23																	

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1009	Jacobsen, Roger	MOSS CK	2												2:11:50			02:08:45													
1010	Jacoby, Petra	Øvrevoll Hosle IL / Team Ja	2	01:26:39			01:30:47																								
1011	Jagestad, Dennis	OSLO	1						02:02:04																						
1012	Jahle, Lars Erik	DIRECTA SKIPTVET AS	1								01:54:05																				
1013	Jahrman, Per	Fredrikstad IF	15																	01:58:20											
1014	Jakobsen, Aleksander Thers	MOSS	1				01:44:04																								
1015	Jakobsen, Espen	Fredrikstad Skiklubb	1																						01:27:48						
1016	Jakobsen, Espen	AKP 1664	1											01:20:29																	
1017	Jakobsen, Lav		1									01:31:21																			
1018	Jakobsen, Ole Gunnar	SKJEBERG CK	2								01:49:36										01:47:11										
1019	Jakobsen, Yngvar	Kraft	1																						01:46:44						
1020	Jamissen, Leif Morten	SATS SARPSBORG	2									01:43:13								01:41:49											
1021	Janitz, Magne	MOSS MULTICHALLENGERS	4												1:26:10	01:22:32	1:26:14	01:24:09													
1022	Jannestad, Henrik	Trøsken	1																												
1023	Jansen, Svein Oskar	Fredrikstad IF	20									02:31:18	02:22:33	02:16:56	02:05:04	2:09:15	02:05:28	2:13:23	02:07:06	01:59:09	01:56:36	1:54:01	2:00:40	2:09:50	02:02:53	01:47:15	01:48:00	01:49:06	01:44:30	01:45:26	
1024	Jarbeaux, Kaare	Oslo Sportlager	1																												
1025	Jarl, Rune	Rygge Kommune	6																												
1026	Jeksrud, Arne Aleksander	LEEDS UTD.	1												1:46:55																
1027	Jelsnes, Henriette	Østbygd IL	2				02:03:15	01:50:24																							
1028	Jensen, Arild	Fredrikstad IF	16															01:55:54	01:51:00	01:47:56	1:52:11		1:45:03		01:44:06	01:47:04		01:54:17	01:50:41	01:45:03	01:44:34
1029	Jensen, Edgar	Fiø	12																												
1030	Jensen, Elisabeth		1																												
1031	Jensen, Frode	Saltnes Sportsklubb	1						01:36:54																						
1032	Jensen, Gunnar	SF Grei	1																				1:56:40								
1033	Jensen, Henrik		1														2:12:50														
1034	Jensen, Kristoffer Reinholt	Team Eurobrigtsen	2				01:49:02	01:52:59																							
1035	Jensen, Lasse	NTP BIL	3																												
1036	Jensen, Morten	C H Evensen	7	01:55:03			02:01:22	01:50:25					01:52:45		1:35:33		1:41:52	01:45:07											01:37:14	01:41:29	
1037	Jensen, Sander	Moss	1		01:36:29																										
1038	Jensen, Simon Rw	Manstad	1		01:57:43																										
1039	Jensen, Stein	FREDRIKSTAD	5					01:46:42			01:47:26	01:51:50		01:38:22	1:44:17																
1040	Jensen, Stein	Onsøy Kommune	3																												
1041	Jensen, Sverre	Team Kondis	1						01:27:54																						
1042	Jensen, Tom-Freddie		1															01:36:12													
1043	Jernberg, Vigdis		1											01:54:01																	
1044	Joansson	Jøtul	1																												
1045	Joelsen, Ole	Kråkerøy IL	1																												
1046	Johannesen, Geir Runar	Fredrikstad IF	1																01:32:59												
1047	Johannesen, Harald	Drøbak	1																												
1048	Johannesen, John	Moss Skiklubb	6																												
1049	Johannessen, Bjørn	Halden IL	10				01:48:19		01:47:42												01:17:36	1:18:39	1:17:14		01:17:20	01:15:29	01:19:00		01:26:55		
1050	Johannessen, Cornelia	Rolvøy IF	1				01:52:48																								
1051	Johannessen, Emil	Scotterviken IL	3					01:34:56	01:46:31	01:43:37																					
1052	Johannessen, Freddy		1											02:13:38																	
1053	Johannessen, Geir P.		1																						01:39:20						
1054	Johannessen, Hans Gustav	Kråkerøy IL	1																		01:27:55										
1055	Johannessen, Johs.	Drøbak	13																												
1056	Johannessen, Jørgen	Rolvøy	2	01:47:52							01:44:20																				
1057	Johannessen, Ketil	Fredrikstad Skiklubb	2															01:38:43		01:37:42											
1058	Johannessen, Martin	Kråkerøy	5	01:34:27	01:35:35		01:37:53	01:36:38		01:40:24																					
1059	Johannessen, Ola Daniel	Fredrikstad IF / Wang Fredr	2		01:22:00			01:28:42																							
1060	Johannessen, Per-Øivind	St Croix Huset	1					01:57:26																							
1061	Johannessen, Petter		1																						01:37:41						
1062	Johannessen, Pål Espen	FRONTLITE	1													02:15:38															
1063	Johansen Roar	Borg Mc-Klubb	1																				2:05:31								
1064	Johansen Rune	Fjæro Moss	2																												
1065	Johansen, Anette Hovind		2								01:59:21	02:04:02																			
1066	Johansen, Christian	Halden IL	1																			1:33:51									
1067	Johansen, Eirik Solberg	Kråkerøy	2	01:38:32			01:47:24																								
1068	Johansen, Else-Marie	Posten Tønsberg	6																												
1069	Johansen, Erik	Fredrikstad IF	1																										01:51:55		
1070	Johansen, Erik Solberg	Kråkerøy	1		01:41:42																										
1071	Johansen, Espen		2																												

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1072	Johansen, Finn Markus	Fredrikstad IF	4											01:25:06	1:23:20	01:20:29	1:26:08															
1073	Johansen, Frank		1								01:49:33																					
1074	Johansen, Grunde Weum		1															01:38:05														
1075	Johansen, Gunnar	Moss Værft	16																													
1076	Johansen, Hans P		1																													
1077	Johansen, Heidi	FIF-trim	1																													
1078	Johansen, Hilde	Haga IF	1																		01:50:59											
1079	Johansen, Hjalmar	TEAM EUROPRIS	1								02:01:55																					
1080	Johansen, Håvard Rochman	WANG TOPPIDRET	1													02:14:39																
1081	Johansen, Inger		1																		03:21:35											
1082	Johansen, Jan Roger	Grålum	2	01:57:52		02:02:56																										
1083	Johansen, Janne Kjellberg	Fredrikstad IF	5													01:33:58				01:34:06	01:31:15	1:32:39	1:38:16									
1084	Johansen, Jannicke	Halden	1			01:54:35																										
1085	Johansen, Johan M.	IL Flint	12																													
1086	Johansen, Karl		1													02:07:00																
1087	Johansen, Karl Morten	Fredrikstad	2																													
1088	Johansen, Kim		3								02:01:26	02:04:01		01:59:43																		
1089	Johansen, Kine	Oslo	1		01:41:59																											
1090	Johansen, Kjell Arne	Fredrikstad IF	1																						01:48:30							
1091	Johansen, Loyd	Kråkergøy	2	01:36:02	01:38:56																											
1092	Johansen, Marius		1																		01:26:10											
1093	Johansen, Mats		1																		01:27:53											
1094	Johansen, Mona	COWI BIL	1												1:48:07																	
1095	Johansen, Morten	Fredrikstad	4																													
1096	Johansen, Odd Hilberg		1														1:45:39															
1097	Johansen, Oddvar	ØIK	4																													
1098	Johansen, Otto Aleksander	Origo	1																													
1099	Johansen, Per Å. W.	FREDRIKSTAD	1														1:38:36															
1100	Johansen, Reidar	Martha-Kam.	10																													
1101	Johansen, Roar		1																			1:53:36										
1102	Johansen, Sigleif	Statskraft Norge	2																						01:18:21		01:16:53					
1103	Johansen, Tage		1																													
1104	Johansen, Terje	Jøtul	1																													
1105	Johansen, Therese Høgberg		1								01:46:56																					
1106	Johansen, Tore André		1											01:37:50																		
1107	Johansen, Trude		1																		02:23:49											
1108	Johansen, Turid	FREDRIKSTAD SKIKLUBB	3											02:01:34	2:07:18	02:00:25																
1109	Johansen, Vegard Ulrik		2							02:19:42						02:02:19																
1110	Johansen, Øystein	Halden IL	5																		01:24:27					01:19:46				01:14:35		
1111	Johansson, Andreas	Halden SK	2						01:15:15																							
1112	Johansson, Ulf	Stenungsund Friidrott	1																						01:27:05		01:09:44					
1113	Johnsen, Christina Rønning	Sentrum Kampsportsenter	1																				1:48:10									
1114	Johnsen, Elisabeth		1								01:58:27																					
1115	Johnsen, Heidi	Fredrikstad IF	1																													
1116	Johnsen, Helge	Borre	1																													
1117	Johnsen, John Andreas	Fredrikstad	1	01:54:51																												
1118	Johnsen, Marius	Hvaler IL	1		01:33:07																											
1119	Johnsen, Runar	Rafsnes BIL	1																													
1120	Johnsen, Øyvind	Kråkergøy	1	01:56:17																												
1121	Johnsson, Helge	Borre IF	2																													
1122	Joki, Reidar Kvale	Lisleby FK	9		01:34:18	01:27:29						01:28:05	01:32:29	01:28:14	1:31:11	01:29:06		01:38:02	01:43:47													
1123	Joki, Sverre Magnus Elvenes	Fredrikstad Taekwon-Do Kl	1		01:44:16																											
1124	Jonassen, Christoffer	NOBIA	2									01:36:00										1:32:37										
1125	Jonassen, Rune Myhre	KODAL	1					01:51:14																								
1126	Jonsson, Gunnar	Team Sportsmanden / Slitu	4	01:38:58			01:37:46			01:47:23				01:35:39																		
1127	Joranger, Alf-Georg	Fredrikstad IF	1				01:27:37																									
1128	Jordet, Andreas	Scooterviken IL	1							01:21:41																						
1129	Josefsen, Amund	Fredrikstad Skiklubb	1																			1:45:28										
1130	Josefsen, Christina		1									02:07:35																				
1131	Josefsen, Knut	Fredrikstad IF	2															03:58:20	03:36:30													
1132	Josefsen, Kristin	Fredrikstad IF	6																	01:45:46	2:00:53	1:49:14			01:54:51	01:48:02	01:55:13					
1133	Juelli, Benjamin	Fredrikstad	3			01:36:34	01:40:07	01:43:27																								
1134	Juelli, Espen	Drøbak-Frogn IL	1			01:56:50																										

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1135	Juliusen, Stig	HALDEN IL	4										01:35:01	01:37:24	1:41:17				01:38:51													
1136	Juliusen, Terje	Varteig IL	10																											01:25:24	01:23:22	
1137	Julsen, Pernille	Borgenhaugen	3		01:34:46	01:38:03	01:42:04																									
1138	Jøndal, Jonas		1											01:41:56																		
1139	Jønland, Endre		3																		1:54:40	1:52:56		01:51:07								
1140	Jørgensen, Christian	Fredrikstad	1		01:51:34																											
1141	Jørgensen, Geir	Fredrikstad IF	5		01:44:11		01:44:38	01:42:02	01:39:39	01:45:31																						
1142	Jørgensen, Hilde	Fredrikstad IF	1														02:00:43															
1143	Jørgensen, Jarle	Manstad	7	01:54:56				01:33:03			01:35:38	01:42:16	01:36:23	01:52:46	2:05:23																	
1144	Jørgensen, Karl Anne B.	FTK	1													02:21:27																
1145	Jørgensen, Kristine	Fredrikstad	1		02:08:05																											
1146	Jørgensen, Nicklas	Manstad	2	02:11:01					02:21:19																							
1147	Jørgensen, Petter	BRAASPORT	1									01:34:42																				
1148	Jørstad, Erik	POWERED BY PLANTS / MA	5								01:28:45	01:31:25		01:32:29	1:41:18	02:16:03																
1149	Kahrs Marianne Riddervold	Fredrikstad Skiklubb	3																		1:24:14	1:23:18	1:29:45									
1150	Kahrs, Alf Peter	Nors Luftambulanse	1																								01:31:40					
1151	Kahrs, Christian	NTNUI	1																			1:16:10										
1152	Kahrs, Julia Lossius	Ås IL	1																								01:31:39					
1153	Kahrs, Marianne R.	FREDRIKSTAD SKIKLUBB	1													01:26:32																
1154	Kahrs, Marit Kirknes	Cowi BIL	6				01:30:15			01:31:22				01:25:26				01:33:50			1:36:53	1:50:43										
1155	Kairelis, Irmantas		1									01:28:01																				
1156	Kalgraff, Andreas	LARKOLLEN IL	1								02:18:17																					
1157	Kalsnes Jørstad, Gudleik	FC WANKEL BEIN	1										01:34:52																			
1158	Kalsøy, Roger	Ik Fett&treig	3																	01:51:36	1:57:30	2:17:45										
1159	Karlborn, Helge	Moss Skiklubb	1																													
1160	Karlsen, Angelica	Moss IL	1		01:24:19																											
1161	Karlsen, Anne Grethe	FIF-trim	2																											01:43:42	01:43:29	
1162	Karlsen, Bjørn	Fredrikstad Skiklubb	22																								01:41:34				01:44:07	
1163	Karlsen, Elias	Drøbak	1		01:40:01																											
1164	Karlsen, Hanne		2										01:59:00		2:01:59																	
1165	Karlsen, Harry	Moss Kommune	15																							01:27:22		01:23:16	01:26:20	01:21:45		
1166	Karlsen, Helge	Posten	26					02:03:40	02:02:42	01:59:21				01:51:44	1:55:10	01:48:16	1:53:22	01:45:43	01:40:27	01:42:01	1:41:03	1:44:03	1:42:32	01:40:59	01:38:21	01:51:30	01:32:49	01:35:51	01:36:37	01:27:53	01:28:55	
1167	Karlsen, Ivar		3																													
1168	Karlsen, Kai R.	Plastarmatur BIL	3																											01:52:19	01:42:48	
1169	Karlsen, Maria Dahle	GRESSVIK	6				02:03:15	02:04:42	01:58:51	02:04:03	02:11:11		02:06:48																			
1170	Karlsen, Mathias	Skogens Kongler	3	01:19:04	01:21:49	01:24:25																										
1171	Karlsen, Morten	KS	1																	01:28:55												
1172	Karlsen, Morten	Fredrikstad IF	1		01:52:52																											
1173	Karlsen, Roar	CK ØST	11										01:41:22	01:43:47					01:37:57	01:49:13	1:38:03	1:45:25	1:44:52		01:32:36		01:27:23	01:36:36	01:38:25			
1174	Karlsen, Rolf	Idrottslaget i BUL	1		01:36:17																											
1175	Karlsen, Silje		1												2:06:55																	
1176	Karlsen, Svein-Åge	RYGGEJOGGEN	2									01:22:04	01:22:20																			
1177	Karlsen, Vidar Lothe	GRESSVIK	1				01:43:56																									
1178	Karlsrud Roger	Rygge Flystasjon	1																													
1179	Karlsson, Kjærstin		3								02:27:03		01:57:27	02:09:24																		
1180	Karlsson, Maria	Oslo Kommune Bedriftsidre	3		02:16:49	02:11:07						01:55:53																				
1181	Karlsson, Mattias	SLEVIK IL	1														01:10:45															
1182	Karstensen, Kai	Borregaard	3																													
1183	Karstensen, Kjell	Borregaard	11																													
1184	Karstensen, Rune	Fredrikstad	4																													
1185	Kaspersen, Steve	FREDRIKSTAD	2											01:26:28	1:32:18																	
1186	Kaste, Per Øyvind	Notodden	1		02:07:29																											
1187	Kathrud, Anders	Driv Idrettslag	1		01:34:35																											
1188	Kavli, Kristine	Krik	4																													
1189	Kavli, Micheline		2									01:51:31				01:47:07																
1190	Kavli, Stig	BLODSMAK SPORTSKLUBB	1											01:45:36																		
1191	Keats, Willow		1										01:45:17																			
1192	Kedziora, Norbert	Sarpsborg	6			01:33:38	01:34:21	01:34:40	01:31:07	01:34:06	01:35:26																					
1193	Kessinger, Tommy	Norcool BIL	1																													
1194	Khogyanai, Numan	Fredrikstad IF	3							01:28:23	01:25:38		01:35:06																			
1195	Kieding, Annika		1																													
1196	Kieding-Kummervold, Ivar	Fredrikstad IF	6																													
1197	Kjelland, Erling	UDI_BIL	4										01:56:28	01:55:35		01:48:18	1:49:23															

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1198	Kirkebak, Ingvald		2							02:07:05		01:58:01																				
1199	Kirkebak, Jakob	MOSS	1							01:40:10																						
1200	Kirkeng, Ingar	Trøsken IL	4																													
1201	Kirkerud, Marius	Tomter	1			01:41:32																										
1202	Kirkerød, Arild	CowI BIL	2		01:44:18										1:36:56																	
1203	Kivedal, Bjørnar Karlsen	Gamle Fredrikstad	7		01:54:38					01:50:09	01:48:43	01:54:55	01:48:38	01:52:04		01:56:29																
1204	Kjell, Dyberh		1															02:24:26														
1205	Kjell, Feldt	Fredrikstad IF	1																													
1206	Kjellberg, Thomas	Sportsklubben Vidar	2	01:16:46		01:22:39																										
1207	Kjellesvig, Tellef	Fredrikstad Skiklubb	8							01:53:08	01:46:11	01:44:43		01:44:24	1:48:57	1:45:03					1:45:40				01:39:53							
1208	Kjellvik, Richard	MANSTAD SPRINT/ULTRA/	2							01:33:18	01:38:28																					
1209	Kjeve, Helle Gabrielsen	FREDRIKSTAD	1							01:54:14																						
1210	Kjeve, Knut Henrik	Fredrikstad	2		01:34:35					01:35:25																						
1211	Kjeve, Ole Magnus Myhre	Rakkestad IF	1		01:35:29																											
1212	Kjäll-Ohlsson, Martin	SK Vidar	1																	01:11:47												
1213	Kjølberg Klonteig, Eirik	TEAM BRYNILD GRUPPEN	1										01:29:19																			
1214	Kjøll, Øystein	ØSTBYGD IL	2									01:58:37		02:03:25																		
1215	Kjøllesdal, Jon Steinar		1													02:08:45																
1216	Kjølstad, Tore	Fredrikstad IF	5																						02:18:34		01:34:42	01:38:07	01:34:12	01:35:23		
1217	Kjønikesen, Anders	Manstad	1	01:39:41																												
1218	Kjørvik, Tormod	Fredrikstad IF	3												2:20:09	2:13:47	02:09:18															
1219	Klass, Krystian	Team FNB	1	01:46:32																												
1220	Klausen, Glenn	Sarpsborg IL	2			01:32:03		01:34:20																								
1221	Klausen, Per Kristian		3									02:14:19		01:56:12		1:53:15																
1222	Klavestad Hansen, Marius	Sarpsborg	1	01:19:06																												
1223	Klavestad, Truls	Sarpsborg Fotballklubb	2																01:59:00				1:52:26									
1224	Kleggetveit, Inge	OVS-BIL	1											01:32:29																		
1225	Kleive, Kamilla	Sportsklubben Vidar	1																										01:39:12			
1226	Klemetsen, Tom Rune	Team Klemetsen	1				01:38:54																									
1227	Klemsdal, Lars		1																						01:46:27							
1228	Klerud, Linda	Fredrikstad IF	1															01:57:58														
1229	Klev, Hege Marie	FOSSUM IL	1							02:31:58																						
1230	Klev, Jørgen M.	Proffpartner	1																								01:41:14					
1231	Klev, Knut	Fredrikstad IF	3																							01:43:13	01:45:11				01:44:49	
1232	Kleven, Hilde	ÅS IL	1														1:57:00															
1233	Klevås Schøndelmeier, Tora		3				02:03:19										2:00:31	01:56:45														
1234	Klevås, Tora	Skjærhalden	1	02:07:55																												
1235	Klund, Even Bae	Fredrikstad Sykkelklubb	6							01:22:41		01:18:38		1:18:28	01:16:10		01:19:18		01:18:37													
1236	Klund, Ole Andreas Saxegaar	Fredrikstad Sykkelklubb	1							01:32:01																						
1237	Knape, Magnus	FREDRIKSTAD SYKKELKLUBB	1									01:25:47																				
1238	Knold, Kirsti	Fredrikstad IF	2																03:18:33								02:09:40					
1239	Knutheim, Kjetil	Horten Friidrettsklubb	1				01:47:36																									
1240	Knutsen, Anne Mette		1																							01:45:18						
1241	Knutsen, Eirik	SSB-BIL	1																									01:54:32				
1242	Knutsen, Grete	Fredrikstad IF	1															03:58:20														
1243	Knutsen, Jon Henrik		1																							01:58:06						
1244	Knutsen, Per	Sportsklubben Rye	2																													
1245	Knutsson, Jerry	Moss FK	1																										02:08:02			
1246	Kolbeinsen, Jon	LYN	2													2:23:11	01:47:47															
1247	Kollen Evensen, Alf Martin	TIDAL	1											01:42:04			2:04:18	01:55:56	2:12:07													
1248	Kollhus, Airin	Høyanger	1		01:54:18																											
1249	Kolstad Lindblad, Sigrun	Mil Jogg	1																													
1250	Kopperud, Grethe	Fredrikstad IF	8																03:31:00				2:21:47		02:17:52	02:13:51	02:04:13	02:09:57		02:12:34	02:03:43	
1251	Korsmo, Frode	MOELVEN IL	2							01:29:55	01:32:49																					
1252	Korsvold, Hanne Gro	OSLOFJORD TRI	3														2:04:18	01:55:56	2:12:07													
1253	Korum, Jørgen	Oslo	2		01:16:30								01:21:19																			
1254	Krabberød, Johanne		1																													
1255	Krabberød, Vegard		1												1:54:29																	
1256	Kraggerud, Anne Gjesaaen	SPYDEBERG IL	2													02:05:03	2:02:30															
1257	Kragseth, Celine	OSLO	1		02:23:44																											
1258	Kristensen, Brian		2											01:51:07		01:51:52																
1259	Kristensen, Erlend		1													02:09:07																
1260	Kristensen, Grete	Fredrikstad IF	4																03:21:33					02:12:24		02:12:51				02:12:44		

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1324	Køhn, Svein Mathias	Askim IF	2																						02:00:02	01:53:36						
1325	Kaastad, Kristian	Midgard Hinderløpsklubb	2			02:01:17	02:11:11																									
1326	Lacandier, Tommy	TEAM MOTO	1													02:46:31																
1327	Ladstein, Christoffer	TEAM SPORTSMANDEN/SK	1										01:28:58																			
1328	Lae, Vilhelm	WANG TOPPIDRETT	1													01:26:17																
1329	Lahnstein, Erik	Røa Allianseidrettslag	1	01:45:23																												
1330	Lamo, Fredrik	Nittedal Sykkelklubb	14																													
1331	Lande Johansen, Sverre	Sarpsborg IL	2	01:26:19			01:34:57																									
1332	Lande, Thomas		1								01:27:58																					
1333	Landeklint, Henrik	Fredrikstad IF	5		01:33:12					01:33:46		01:28:04			1:38:03	01:40:12																
1334	Langebeck, Tor-Einar	Fredrikstad IF	1							01:52:30																						
1335	Langedal, Simon	Skjeberg	1	02:08:07																												
1336	Langeland, Åge	Nasjonal	2																													
1337	Langerud, Cicilie	Stasjonskam.	1																													
1338	Langmyren, Ole Kjell	Gjensidige Nor	1																						01:19:19							
1339	Langnes, Rune	FTBIL	1											01:33:02																		
1340	Langsholdt, Elisabeth	TEAM ACTIC	1											01:57:53																		
1341	Langsholdt, Sara		1											01:54:35																		
1342	Larsen, Andreas	ASIK FLAMES	1											1:37:34																		
1343	Larsen, Arne	Fredrikstad IF	5																													
1344	Larsen, Christin	Fredrikstad IF	1															03:00:46														
1345	Larsen, Ed B.	Fredrikstad IF	14																						01:56:05	01:47:56	01:31:41	01:36:12	01:29:58	01:26:32		
1346	Larsen, Einar	Dsv Sport & Fritid	2																		1:52:47		1:53:07									
1347	Larsen, Elisabeth		1															01:51:26														
1348	Larsen, Fred Morgan	Fredrikstad IF	1								01:30:48																					
1349	Larsen, Fredrik	Fredrikstad Skiklubb	1																									01:33:34				
1350	Larsen, Hans	Begby	1					01:45:54																								
1351	Larsen, Henning	Hvaler	2		01:34:08	01:28:27																										
1352	Larsen, Knut-Andre		1											01:25:24																		
1353	Larsen, Kristian	Grålum	1		01:41:54																											
1354	Larsen, Martin	Leif Grimsrud as	1	01:55:26																												
1355	Larsen, Martin Syver	HALDEN	1						01:43:51																							
1356	Larsen, Petter Sten	Torp IF	4															01:34:10	01:39:27	01:33:17	1:49:47											
1357	Larsen, Pål J.		1																							01:21:30						
1358	Larsen, Terje	Posten	1																													
1359	Larsen, Tonje		1															01:57:13														
1360	Larsen, Trym	Gressvik	1	01:30:03																												
1361	Larsen, Willy	Fredrikstad IF	1																									01:35:50				
1362	Larsen, Øyvind	Begbytrimmen	2																													
1363	Larsen, Øyvind	CK ØST	2																													
1364	Larsen-Isøy, Preben	Fredrikstad IF	2								01:59:53		02:00:15																			
1365	Larsen, Ottar Moun	RAKNEHAUGEN SK	2								01:30:01				01:33:32																	
1366	Larsson, Jonas		1								01:46:42																					
1367	Laursen, Stig	Vestergøy	1			01:41:10																										
1368	Lavik, Kristoffer	SPORTYMENY	1								01:43:22																					
1369	Lee, Jim	IK GRANIT	2					01:22:07					01:19:45																			
1370	Lee, Lisa	IK GRANIT	2				01:39:19						01:39:00																			
1371	Lefsaaker, Sverre	PROJECTIONDESIGN	1													02:02:45																
1372	Leganger, Erlend		1									01:46:31																				
1373	Lein, John Erik	Sintef BIL	1																				1:39:41									
1374	Leira, Hilde		1											02:04:21																		
1375	Leivestad, Trygve	SARPSBORG O-LAG	1									01:53:01																				
1376	Leknes, Joachim	Rygge IL	3	01:35:32		01:40:43	01:42:23																									
1377	Lerengen, Hans	Fredrikstad Skiklubb	15																													
1378	Lerengen, Morten		1																													
1379	Lersch, Albert	Østsidan IL	1	01:30:51																												
1380	Lervang, Torbjørn	Fredrikstad	2			01:35:18	01:41:27																									
1381	Lervik, Andreas	SARPSBORG	1					02:01:09																								
1382	Lervik, Tonje	Sellebakk	1	01:55:45																												
1383	Lesund, Helene	OSLOFIJORD TRIATHLON	2																													
1384	Leucht, Florian		1									02:09:40						2:06:24		1:59:12												
1385	Lian, Svein	Borregaard	1																													
1386	Liane, Lars Ketil	Fredrikstad Skiklubb	2							01:58:45	01:54:50																					

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1387	Lid, Arve	Team Fjelluft	1																01:38:12												
1388	Lie, Anne	KPMG	1														1:44:11														
1389	Lie, Kristoffer		1									01:52:41																			
1390	Lie, Martin Forsberg	Fredrikstad Skiklubb	1					01:45:31																							
1391	Lie, Mille	Fredrikstad IF	2											01:37:42	1:48:09																
1392	Lie, Preben	GRESSVIK	1				01:42:32																								
1393	Lie, Thomas	FREDRIKSTAD SK	2						01:23:47										01:28:37												
1394	Lie, Vilde	Gressvik	1		01:48:11																										
1395	Lieberknecht, Lasse	Fredrikstad IF	15	01:34:01	01:34:22	01:44:09	01:31:10	01:33:51		01:36:50	01:35:47						1:22:48	01:20:49	01:21:39	01:22:07	1:26:10	1:27:25	1:31:18				01:30:19				
1396	Lieberknecht, Stig		1																												
1397	Liebermann, Jon Erik	Østbygda IL	1	01:54:49																			1:46:28								
1398	Lien, Amalie Hauge	Fredrikstad IF	1										01:54:37																		
1399	Lien, Henrik	HENRIE@ØSTFOLDFK.NO	1									01:47:02																			
1400	Lien, Steinar	OPPEGÅRD IL	1										01:28:27																		
1401	Lien, Steinar Odberg		4																												
1402	Liepina, Kristine	Frogner	2			01:52:50				01:59:46																					
1403	Lier, Ole Christian	Fredrikstad IF	10		01:55:33		01:42:51	01:41:25			01:42:21	01:37:03	01:36:10	01:32:52	1:37:58	01:43:05	1:56:44														
1404	Lilleborge, Marie	Frustrerte Fluer	1																			2:22:31									
1405	Lilleby, Charlotte Gjulem		1																	02:09:58											
1406	Lind, Ingeborg Kristine	IL GULAR	1											01:22:24																	
1407	Lindblad, Sigrund K.		2																										01:26:19		
1408	Linde, Johan	STOREBRAND SPORT	1								01:43:03																				
1409	Linden, Marie	Fredrikstad IF	1										02:04:59																		
1410	Linden, Noah	Fredrikstad IF	3							01:43:20	01:31:47		01:45:17																		
1411	Lindgren, Sigbjørn Nome	Krik-Råde	1																			1:37:41									
1412	Lindskog, Eva	Fredrikstad IF	3												1:51:32	01:47:39	1:48:33														
1413	Lindstrøm, Magnus		1													01:58:07															
1414	Lindstrøm, Odd Arne		1														2:08:27														
1415	Lindstrøm, Richard	Gamle Fredrikstad	1		01:36:22																										
1416	Linstad-Hurum, Sondre	TORP	1				01:22:43																								
1417	Lippert, Bjørn Arild	Rådet	3																								01:42:47			01:47:32	
1418	Lippert, Grethe Berg	Rådejoggen	2																												
1419	Lippert, Henrik	Trøsken IL	1																		1:33:40					01:54:46	01:58:05				
1420	Lisac, Joshua	FREDRIKSTAD	3					01:31:15	01:34:07	01:54:07																					
1421	Lislerud, Kjell	Trøsken IL	4																								01:33:51	01:34:56			
1422	Llorens, Vicent	GRESSVIK	2				01:46:29						01:49:17																		
1423	Lofthus, Ola	Vestby F.H. Skole	3																												
1424	Lolland, Ulrik	Moss IL	2																		01:32:31	1:32:14									01:36:00
1425	Long, Mike	Crusaders, Irland	1																						01:33:45						
1426	Longva, Gunn	Rådet	1																												
1427	Lorentzen, Tommy	Fredrikstad IF	6																	01:37:49							01:59:08				
1428	Lossius, Johan	Oslo	1		01:54:05																						01:27:06	01:22:34			
1429	Lucasen, Trond		1																												
1430	Ludvigsen, Hans	Moss K.BIL	4																												
1431	Ludvigsen, Håkon Kruse	FAGERHØY LEIERSKOLE	1									01:22:03																			
1432	Luktavasslimo, Endre	Fredrikstad	1	02:39:55																											
1433	Lund Bjørnsen, Anna	Run for Palestine	1	01:52:02																											
1434	Lund, Einar	Fredrikstad IF	2																												
1435	Lund, Elisabeth Gjulem		1																		02:06:16										
1436	Lund, Lars Petter	Sateba Norway	3	01:47:25	01:51:28	01:49:55																									
1437	Lund, Magnus Nymoen	Hamar Skiklubb	9										02:15:30	02:13:43	2:02:41	02:08:04	2:02:18	02:01:16	02:09:20	01:57:06	1:55:12										
1438	Lund, Morten E.	Hamar Skiklubb	29	01:38:15	01:39:17	01:34:35	01:35:51	01:36:43	01:33:19	01:33:25	01:30:41	01:32:21	01:32:04	01:30:26	1:29:22	01:24:28	1:24:54	01:26:33	01:26:54	01:25:36	1:25:12	1:25:42			01:33:11	01:30:06	01:29:50	01:29:34	01:36:32		
1439	Lund, Odd A.	Martha-Kam.	10																												
1440	Lundberg, Terje	Mesta BIL	2																01:50:00						01:59:38						
1441	Lundberg, Tove	Mosselærerne	1																												
1442	Lundblad, Anne		1																	02:02:08											
1443	Lundblad, Truls	FREDRIKSTAD SKIKLUBB	2													01:50:43	1:55:26														
1444	Lundblad, Vidar	CKØST	6									01:32:06	01:33:01	1:31:14	01:31:21	1:36:10						1:28:45									
1445	Lunde, Anders	TEAM SARPSBORG	1													01:30:24															
1446	Lunde, Einar Kristian	Varteig IL	1																												
1447	Lundemo, Sverre		1									01:32:01																			
1448	Lundestad, Ida	Sarpsborg	1		01:39:41																										
1449	Lundestad, Sven		1																												

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1450	Lundh, Kathrine	Grålum	1			02:08:21																									
1451	Lundstrøm, Ivar	Fredrikstad	10	02:19:06		02:04:10	02:09:52	02:13:57		02:23:27	02:13:02	02:05:50	02:10:24	02:17:09	2:13:52																
1452	Lunne, Tom	Hosle IL	1																						01:36:52						
1453	Lybæk, Tanja	Fredrikstad IF	2														2:13:46	02:09:17													
1454	Lycke, Monika	Midgard Hinderløpsklubb	2			01:59:54	02:11:11																								
1455	Lyhmann, Dag	Norcontrol	25																								02:20:20	02:51:17	02:26:09	02:37:30	
1456	Lykken, Knut	Fredrikstad IF	7																												
1457	Lyngfoss, Tobias	Fredrikstad	1		01:35:28																										
1458	Lyngmo, Kristian	Lundeløperne	4							01:40:54	01:38:18		01:47:06		1:41:22																
1459	Lyngstad, Torstein		1																												
1460	Lystad, Hans-Petter	Askim	9	01:50:22	01:45:09	01:46:59	01:44:37	01:49:22	01:57:19							01:33:33	1:33:13	01:35:20													
1461	Lystad, Melvin	Askim fk	1							01:29:05																					
1462	Løchen, Liv-Helen		1									01:54:19																			
1463	Løchen-Jensen, Lene Marie	Oppegård	1		01:45:30																										
1464	Løken, Per	Fredrikstad	17																												
1465	Løken, Thore	ØSS	4																												
1466	Løkke, Anders	CK ØST	6											01:57:10	2:03:09	01:49:47	1:54:55	01:52:49	01:49:57												
1467	Løkkeberg, Raymond		1																												
1468	Løkken Finess, Dag	FREDRIKSTAD IBK	1														01:58:00														
1469	Løkken, Stian	MOSSJONISTENE	2														01:34:03														
1470	Lønnes, Anniken	Sellebakk	1	02:01:41													01:34:35	1:37:27													
1471	Lønseth, Trond	Rælingen HK	1																												
1472	Løvli, Tomas	Kråkerøy	4	01:37:17	01:41:29		01:45:01	01:49:43																							
1473	Løvli, Knut	Sarpsborg Sykkeiklubb	11																												
1474	Løvstad, Johnny	Bull Ski og Kajakk	2																					01:23:08	01:21:23						
1475	Løvdås, Even	Halden IL	1					01:16:07																							
1476	Løyland, Jon	OSLO	1						01:39:13																						
1477	Laabak, Reidar	Fredrikstad Politi	2										01:59:40														01:43:05				
1478	Mabäcker, Hans-Martin	MOSS GAZELLES	1										01:56:55																		
1479	Mackenzie, Alistar Grant		1																												
1480	Madsen, Asbjørn	Friskis & Svelti	16							02:09:27		02:01:31		01:58:08			1:53:09	01:51:33	01:52:43	01:50:29	1:48:35	1:47:33	1:48:07	01:46:41			01:50:36		01:41:08	01:37:13	
1481	Madsen, Tor	STATKRAFT	1												02:04:12																
1482	Magnussen, Heine	FREDRIKSTAD TRIATLONKLU	1										01:34:40																		
1483	Magnussen, Eirik		1												02:00:15																
1484	Magnussen, Emil Orten	Lundeløperne	4							01:22:46	01:28:53		01:24:05	01:28:54																	
1485	Magnussen, Ernst	Fredrikstad IF	26																			2:00:54	1:55:32	1:55:14	01:47:45	01:47:42	01:40:27		01:46:54	01:41:12	
1486	Magnussen, Heine	FREDRIKSTAD TRIATLONKLU	4										01:32:51	01:28:37	1:32:36	01:35:55															
1487	Magnussen, Kristin		1																												
1488	Magnussen, Trygve	Østside IL	1																		02:08:31										
1489	Maican Lara, Santo Angel	MOSSJONISTENE	2												1:35:15	01:38:43															
1490	Malm, Andreas	Fredrikstad	1	02:37:16																											
1491	Malm, Erik	Jøtul	1																												
1492	Mandfjøl, Morten	Movar BIL	1																												
1493	Marco Arroyo, Ruben	Fredrikstad IF	5	01:15:12		01:13:31	01:14:53	01:15:44				01:22:30																			
1494	Marcussen, Christine	Bnbil	1						01:54:59																						
1495	Martinez, Ruben	FREDRIKSTAD TRIATLON	1									01:41:02																			
1496	Martinsen, Adam	Hemsedal	1	01:42:04																											
1497	Martinsen, Arne-Johan	FREDRIKSTAD RØNNERS	3											01:27:19					01:26:18				1:22:59								
1498	Martinsen, Bjørn Arild	Fredrikstad IF	6		02:10:25			02:19:42	02:05:07			01:54:47		1:51:04	01:59:29																
1499	Martinsen, Cathrine	OSLO	1				01:54:44																								
1500	Martinsen, Fredrik	Trøsken IL	1					01:46:43																							
1501	Martinsen, Herman Ryen	Fredrikstad SK	2			01:15:20	01:15:45																								
1502	Martinsen, Ingar	Fredrikstad	7									01:44:20		1:50:34	02:09:48	1:48:05							1:44:04								
1503	Martinsen, Jens André	Vestergøy	1	01:48:52																											
1504	Martinsen, Ole Jacob	Varteig IL	2																								01:21:15				
1505	Martinsen, Per Arne	Rygge	14																										01:30:21	01:25:33	
1506	Martinsen, Petter	FREDRIKSTAD	5					01:39:24						01:24:53	1:26:43		01:32:24					1:50:14									
1507	Martinsen, Rina	Hakadal	1		02:01:22																										
1508	Martinsen, Rino	KIL-Trim	2																									01:41:29	01:49:58		
1509	Martinsen, Sissel		1																												
1510	Martinsen, Stine	Gressvik	1		02:03:30																										
1511	Martinsen, Tore Viggo		3																												
1512	Martinsen, Victor	Fredrikstad IF	1												1:26:34																

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1513	Martinussen, Bjørn-Tore	FREDRIKSTAD	4											01:23:36	1:21:18	01:24:10	1:25:21															
1514	Martinussen, Jan-Henrik	Kråkerøy IL	1																													
1515	Mathiasen, Ingrid Oldervik	FBIL	5						01:43:19	01:44:35		01:40:02	01:39:08	01:43:53																		
1516	Mathisen, Anders Prestegaard		1										01:54:26																			
1517	Mathisen, Svein	Mills BIL	1																													
1518	Mathisen, Thea	Fredrikstad IF	2													01:31:51		01:38:45														
1519	Matland, Christian Bro	Fredrikstad	8	01:34:00	01:38:02	01:35:24	01:34:30	01:30:37	01:35:15	01:46:23	01:52:19																					
1520	Matland, Lene Bro	FREDRIKSTAD	4					01:47:52	01:50:01	01:51:29	01:53:46																					
1521	Matre, Bjørg	Oslo Vann og Avløp	1																													
1522	Matre, Trygve		1																													
1523	Matri, Jonas	OSLO	2					01:46:22	01:53:10																							
1524	Matthiesen, Kurt	Trømborg IL	2																													
1525	Mauseeth, Hege		1										02:34:06								01:18:23	1:25:56										
1526	McGrath, Margaret	Halden	4	01:50:44										01:48:19		2:11:43	02:04:51															
1527	Meen, Helge Dyre	Hakadal IL	1																											01:30:32		
1528	Meistad, Øivind		1																												01:37:05	
1529	Melby, Knut Olav		1																													
1530	Melby-Olsen, Lena	Fredrikstad IF	2		01:58:22								01:49:19																			
1531	Mellberg, Eva Marie		3								02:08:09	02:23:52	02:00:09																			
1532	Melleby, Line		1									01:54:00																				
1533	Mellem, Kristine Jensen	Sofiemyr	1	02:04:59																												
1534	Mentzsen, Kjell	Fredrikstad Kommune	13																													
1535	Mesøy, Rune Mo		1																		01:33:46											
1536	Mevik, Lina Maria	Sarpsborg	7	01:55:03							01:41:31	01:47:31	01:48:05	01:50:41	1:48:37	1:53:45																
1537	Michaelsen, Otto Edv.	Oslo	15																													
1538	Midtbø, Gro		1													01:51:41																
1539	Midthaugen, Per	1357	1				01:43:33																									
1540	Midttun, Beate	Fredrikstad IF	1																	02:00:00												
1541	Mihailov, Mihail	TEAM EUROPRIS	1								01:53:37																					
1542	Mikalsen, Martin	CK-ØST	1												1:48:37																	
1543	Mikkelsen, Sigurd	KRÅKERØY	1				01:36:58																									
1544	Milli, Hans Jørgen	FIL Bamse	1																										01:47:18			
1545	Minge, Alf	Tune IL	20																													
1546	Minge, Eirik	Varteig IL	1																													
1547	Minge, Jørn		1																													
1548	Minge, Martin		1																		01:46:36											
1549	Minge, Ulf	Sarpsborg	2	01:57:29	02:01:20																											
1550	Mingem Stig	Norcool	4																													
1551	Mjølnerød, Jens Erik	Halden Skiklubb	1																							01:37:24						
1552	Mjøs, Arne	Itera	1																													
1553	Mo, Dagfinn	Moss IL	2	01:37:19	01:35:42																											
1554	Mo, Dagfinn Fridtjov	MOSS CK	1											01:30:47																		
1555	Mo, Fridtjov	V/S FOTBALL	1											01:40:05																		
1556	Modahl, Einar	FREDRIKSTAD SKIKLUBB	1									01:40:45																				
1557	Modahl, Runar Saur	FREDRIKSTAD SKIKLUBB	1									01:53:53																				
1558	Moe, Arnfinn	Fredrikstad Skiklubb	8													01:43:39				01:42:04								01:38:09	01:38:09			
1559	Moe, Marianne	FET SKIKLUBB	1											1:39:20																		
1560	Moe, Ole Christian		1								01:20:58																					
1561	Moen, Aleksander	Halden IL	2				01:36:13	01:28:32																								
1562	Moen, Alexander	Øvrevoll Hosle IL / Eks-Rolv	1	01:29:57																												
1563	Moen, Alexander Stene	Hosle	1				01:30:47																									
1564	Moen, Kristian	GAMLE FREDRIKSTAD	1						01:48:41																							
1565	Moen, Marianne	Fredrikstad Skiklubb	2																													
1566	Moen, Morten	GRÅLUM	1				02:16:37																									
1567	Moen, Olav		1												2:11:18																	
1568	Moen, Thor		4																				1:57:32	01:49:04		01:48:55	01:53:26					
1569	Mojord, Ingebret	KRÅKERØY	3					02:17:25	02:12:04							2:08:55																
1570	Mojord, Sigurd	FREDRIKSTAD	1						01:29:38																							
1571	Mojord, Sigurd Gedde	FREDRIKSTAD	2					01:26:45							1:31:04																	
1572	Mojord, Sverre Gedde	DRAMMEN	1					02:00:46																								
1573	Molander, Line		1											01:53:46																		
1574	Molander, Thea		1											01:53:44																		
1575	Monkvik, Per-Owe	Fredrikstad Sykkelklubb	8																	01:31:32							01:31:08					

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1576	Monro, Heather	Eiker-Kvikk	1																								01:18:55				
1577	Monsen, Frode	Team Sportsmanden	1	01:44:05																											
1578	Montgomery, Ove	OKF	1																												
1579	Morfjord, Thomas	Vear	1			01:45:27																									
1580	Mortensen, Kåre	Arne Lund BIL	2																												
1581	Mortensen, Marius	Sarpsborg og Omegn Hobby	1				02:16:36																								
1582	Moseby, Kristian	Trøgstad	2			01:33:56	01:34:48																								
1583	Moslått, Per Kristian		1									02:03:07																			
1584	Moss, Kristen Joy	ÅSGÅRDSTRAND	1				02:30:24																								
1585	Mosseros, Camilla		1													2:10:05															
1586	Mostad Hansen, Jonas	Fredrikstad	3		02:15:06	02:01:55	02:07:48																								
1587	Mostue, Sverre	Flintjøggen	1																					01:41:06							
1588	Mouland, Sverre	TIRC.	7																										01:51:58	01:43:41	
1589	Moum, Bjørn	Msk	3																												
1590	Movik, Bjarne	Fredrikstad IF	13																												
1591	Moxnes, Eldbjørg	OSI FRIDRETT	2										01:24:46		01:27:52																
1592	Mukkaden, Stephane		1											01:34:39																	
1593	Muller, Olav Sigurd	OSLO	1					02:56:15																							
1594	Munikaar, Mahesh	Kråkerøy	3	01:29:29	01:37:41		01:36:12																								
1595	Munkeboe-Nygaard, Thor	EUROPRIS	2								02:04:49		02:01:02																		
1596	Mvnoz, Federico		1							01:41:28																					
1597	Mwakimako, Johanna	Oslo	1			01:51:41																									
1598	Mydske, Kjell Reidar	Fredrikstad Skiklubb	6						01:46:27					01:38:35	01:47:00	1:47:55	01:46:12	1:48:30													
1599	Mydske, Oliver	FREDRIKSTAD SKIKLUBB	1										01:46:22																		
1600	Myhre-Nielsen, Trude	Halden																													

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[illegible]

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1702	Nystad, Espen		4							01:44:11	01:41:24			01:37:10		01:39:52																
1703	Nysted, Arild	Kråkerøy	4	01:39:46		01:42:02	01:39:00		01:41:35																							
1704	Næss, Karoline	BJERKE IL SKISKYTING	3									01:22:47		01:29:38	1:30:09																	
1705	Næss, Kristian		1																									01:26:43				
1706	Næss, Thorbjørn	ULL KISA	1												1:30:13																	
1707	Næss, Frode		1												2:08:56																	
1708	Ohla, Mirko		1																				1:56:40									
1709	Olafsen, Jørn Willy	Tolvsrød	10	01:40:41	01:42:10	01:38:57	01:38:49	01:38:03	01:40:01	01:36:03	01:38:11	02:13:58							01:30:45													
1710	Olaussen, Einar		1																													
1711	Olaussen, Per	Halden Skiklubb	3																													
1712	Olaussen, Trine	Halden Skiklubb	1																													
1713	Olavsen, Jan Egil	Fredrikstad IF	1																					02:15:20								
1714	Oliversen, Daniel	Sarpsborg	4		02:01:09											01:28:04				01:30:51	1:25:50											
1715	Oliversen, Magnus Oliver Ska	Trøsken IL	9	01:33:42	02:01:08	01:45:19		01:31:04		01:29:21	01:39:00		01:30:56	01:38:15		01:28:59																
1716	Olsen Sæxegård, Anne-Kari	Fredrikstad IF	2												02:25:22		02:22:55															
1717	Olsen, Aina Elise	Fredrikstad IF	1														03:58:20															
1718	Olsen, Alexander	Gressvik	1		01:25:04																											
1719	Olsen, Andreas Garder	KVERNHUSET BIL FREDRIKS	3									01:21:45		01:16:26	1:24:28																	
1720	Olsen, Anne-Kari Sæxegård	Fredrikstad IF	1												2:30:47																	
1721	Olsen, Bjørn Arild		1																													
1722	Olsen, Fanny	KRÅKERØY	1				02:40:46																									
1723	Olsen, Frode	Fredrikstad IF	4																						01:54:54	01:47:37		01:36:43				
1724	Olsen, Geir	Fredrikstad IF	1																								01:25:32					
1725	Olsen, Harald	NTP BIL	12																													
1726	Olsen, Hedda	Torp	1		02:04:46																											
1727	Olsen, Håkon	Fredrikstad Skiklubb	6																				1:36:57									
1728	Olsen, Håkon Strand	Fredrikstad IF	6											01:46:07	01:48:17	1:38:32		01:34:29	01:33:53	1:37:45												
1729	Olsen, Jan Chr. Naas	F. Sykeh. Kr. Sund	1																													
1730	Olsen, John Vidar	Tele	7																													
1731	Olsen, Jonny	GUBBETRIM	1									01:32:57																				
1732	Olsen, Kim	Fredrikstad IF	6											01:21:52	1:22:21	01:24:57	1:27:46	01:29:36	01:37:18													
1733	Olsen, Lars Erik	Fredrikstad IF	30		02:38:59	01:51:00	02:42:25		01:43:50	01:45:42	01:45:11	01:41:22	01:51:36	01:44:01	1:52:33	01:49:07	1:45:17	01:39:45	01:41:55	01:38:54	1:42:53	1:52:13	1:43:23	01:35:46	01:37:05	01:33:48	01:28:14	01:28:37	01:25:28	01:23:02		
1734	Olsen, Lars Erik	GRESSVIK	5				01:45:28			01:45:17						1:51:09	01:46:25								01:38:59							
1735	Olsen, Lars Ivar	Fredrikstad	1		02:02:41																											
1736	Olsen, Lars Jørgen	PROJECTIONDESIGN	1												01:55:15																	
1737	Olsen, Lars Petter	GRESSVIK	2						01:59:43	01:47:47																						
1738	Olsen, Ludvig	Sarpsborg Brannvesen	10																													
1739	Olsen, Mads	Trondheim Triatlonklubb	1	01:46:18																								02:02:16	02:04:37	01:55:17		
1740	Olsen, Magne Strand	Fredrikstad IF	8											2:30:47	01:46:02		01:47:48	01:46:57	01:44:25	1:51:48	1:50:34	1:59:53										
1741	Olsen, Ole Christian Øverby	Gamle Fredrikstad	1		01:45:19																											
1742	Olsen, Per S.	Fredrikstad IF	7																													
1743	Olsen, Petter	Askim IF	2																													
1744	Olsen, Pål Gerhard	Asker Sk. Friidrett	1						01:41:00																							
1745	Olsen, Roar	Gif-Joggen	7						02:05:43	02:10:09	02:13:05				2:23:05																	
1746	Olsen, Roger	Råde Kommune BIL	3																													
1747	Olsen, Sæxegård Elin		1																				2:00:12									
1748	Olsen, Terje	Felleslakteriet	1																													
1749	Olsen, Thorbjørn	Fredrikstad IF	19															03:09:21	02:54:21	2:54:16				01:59:22	01:47:53	01:48:44	01:44:41		01:44:16	01:45:46		
1750	Olsen, Tobias	Kråkerøy	2			01:19:22								01:19:56			1:45:30															
1751	Olsen, Tor Eilert	Fredrikstad IF	3																													
1752	Olsen, Tove	Halden Skiklubb	2																													
1753	Olsen, Ulf Roger		3								01:35:30			01:35:33	01:41:06																	
1754	Olsen, Øystein	Moss Skiklubb	1																			1:24:54										
1755	Olstrøm, Inge		1												02:08:37																	
1756	Olsvik, Magnus	Santor IL	1					01:28:44																								
1757	Olsvik, Roald	Nobilikk Sannem	8																													
1758	Olsvik, Stein	Moss Skiklubb	2																													
1759	Olufsen, Glenn	RYGGEJOGGEN	2									01:34:31										1:31:04										
1760	Omberg, Kirsti	SKILØPERNE	2											02:08:54	2:08:12																	
1761	Omberg, Ørnulf	Vag Dahls BIL	2																													
1762	Ommedal, Audun	RENNEBU IL	1											01:39:07																		
1763	Opdahl, Lars Lieng	HEMING	1													01:34:30																
1764	Opsahl Bredesen, Anders	TEAM INTERCREDZ	1									01:30:24																				

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1765	Opsahl, Marianne	Ullensaker/Kisa IL	1															01:35:00													
1766	Opstad, Fredrik		1												1:51:09																
1767	Opstad, Ole-Håkon	Rygge IL	2	01:36:24	01:39:51																										
1768	Orzel, Karol Dawid	Langhusløperne	1			02:00:11																									
1769	Orzel, Zofia Maria	Langhusløperne	2		02:20:48	02:23:41																									
1770	Ostad, Tom	MOSS	1						02:19:17																						
1771	Oterholt, Christoffer	NORDEA ACTIVE	1							01:42:11																					
1772	Ottesen, Henrik		2								01:49:45	01:51:40																			
1773	Ottesen, Henrik	Fredrikstad Skiklubb	1																	01:19:55											
1774	Overskeid, Anne Grethe	Askim IF	7																								02:11:02	02:05:20	01:58:56		
1775	Overskeid, Stian	Iløk	1																		1:34:27										
1776	Owen, Thomas	Fredrikstad IF	3																01:42:03			1:42:15	01:47:53								
1777	Paulsberg, André	FREDRIKSTAD	1						01:53:19																						
1778	Paulsen, Robin Holt		2					01:32:55												01:47:14											
1779	Paulsen, Stian	Fredrikstad IF	1													1:25:06															
1780	Paulsen, Ulf Ivar	Fredrikstad IF	1				02:51:45																								
1781	Paulsrud, Bjørn	Østfold Slakteri	17																												
1782	Paulsrud, Jo-Inge	BORGENHAUGEN	1						01:46:37																						
1783	Pedersen	Titan BIL	1																												
1784	Pedersen, Aleksander	Trosvik IL	1				01:58:26																								
1785	Pedersen, Asbjørn O	Varteig IL	3																						01:33:04		01:39:56	01:26:03			
1786	Pedersen, Bjørn-Erik	Ås IL	2																		01:28:10	1:27:46									
1787	Pedersen, Camilla Tenvig	TORSHOV SPORT	1									02:05:30																			
1788	Pedersen, Daniel	Fredrikstad	14		02:01:34	01:58:00	01:58:33					01:39:12	01:41:35		01:36:57	1:48:50										01:41:37	01:38:48			02:04:34	
1789	Pedersen, Hans	BIC	2																												
1790	Pedersen, Henning	Msk	3																												
1791	Pedersen, Hilde	Fredrikstad	1	01:50:41																											
1792	Pedersen, Jon	MOSS	4							01:24:20					1:20:36	01:20:19								01:15:35							
1793	Pedersen, Morten	Team Pedersen	2	01:50:21			01:39:42																								
1794	Pedersen, Oda Kristin	GRESSVIK	1			01:57:52																									
1795	Pedersen, Oddbjørn	GLSU	8									02:07:40	01:55:00		01:51:23		01:52:05	01:53:49	01:51:04	1:50:18											
1796	Pedersen, Ole-Richard	SLEVIK IBK	2						01:53:57		01:59:59																				
1797	Pedersen, Ragnar	Onsøy Kommune	21																												
1798	Pedersen, Stian	FREDRIKSTAD	3		02:02:57				01:27:29			01:49:47																			
1799	Pedersen, Terje Willy	Kreditkassen	16																												
1800	Pedersen, Tom Lippert	Fredrikstad IF	2																												
1801	Pedersen, Øyvind	WANG TOPPIDRETT OSLO	1												01:28:14																
1802	Pedersen, Tom	Titan	11																											01:24:16	
1803	Pederstad, Kay	Fredrikstad IF	10																												
1804	Pederstad, Lars	CK ØST	4							01:31:02					1:30:51	01:29:19			01:34:03												
1805	Pejby, Martin		1												01:42:46																
1806	Pereira, Steven	Sarpsborg Fotballklubb	2																02:07:39			2:19:04									
1807	Persson, Daniel	Kronos Titan	1	01:45:27																											
1808	Petersen, Corinna	SON	1		02:04:33																										
1809	Petersen, Leif A.	Fredrikstad IF	9																		02:00:04				01:41:38		01:48:21		01:34:25		
1810	Petersen, Morten	KRÅKERØY	1					01:56:35											01:44:49												
1811	Pettersen, Camilla	Sarpsborg Idrettslag Fridre	1																												
1812	Pettersen, Christian	SARPSBORG	1		02:05:41																										
1813	Pettersen, Eilev R.	Rygge Flystasjon	1																												
1814	Pettersen, Eli Birgitte		1										02:04:09																		
1815	Pettersen, Geir	JACKON	1												1:55:43																
1816	Pettersen, Henrik		1	02:02:56																											
1817	Pettersen, Ida	GRÅLUM	1						01:56:03																						
1818	Pettersen, Jon	TEAM EUROPRIS	1									01:49:13																			
1819	Pettersen, Jørgen	Acta Kapitalforvaltning	1																		1:36:38										
1820	Pettersen, Ketil	Tele BIL	1																												
1821	Pettersen, Kjell	Kværner Installasjon	12																												
1822	Pettersen, Kjell T.	FIF-trim	7																								01:58:05	01:59:44	01:55:43	01:47:37	
1823	Pettersen, Kåre Ingar	Posten Sarpsborg	1																												
1824	Pettersen, Leif	Sarpsborg Sykkkelklubb	12																												
1825	Pettersen, Mats	Orkla BIL	7					01:20:08							1:21:05	01:20:38	1:23:58			01:23:47				01:25:59					01:21:24		
1826	Pettersen, Per	Kråkerøy IL	2																												
1827	Pettersen, Per Åge	Veum BVIL	2	02:07:12																											

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1828	Pettersen, Per-Erik	Mlv	8																													
1829	Pettersen, Ragnar	Vestby IL	4																													
1830	Pettersen, Sjur	Fredrikstad IF	8	01:53:53	01:47:55	01:57:19	02:08:09	02:04:43	01:55:57	01:54:30	01:56:08																					
1831	Pettersen, Tone	Mossjonistene/Løpeskjørt	2														2:58:10	02:23:27														
1832	Pettersson, Maria	FREDRIKSTAD	1												1:43:43																	
1833	Pluegner, Heiko	Famely Sport Club	1																		1:47:28											
1834	Philipps, Daniel	Greåker	1			02:12:26																										
1835	Pinås, Fredrik	Fredrikstad IF	4	01:13:15	01:17:45	01:25:52	01:30:27																									
1836	Pinås, Tor Christian	Fredrikstad IF	10		01:31:51		01:38:08								1:26:58	01:25:39	1:38:20		01:25:58	01:28:25									01:22:33			
1837	Pladsen, Solveig		5						01:39:48	01:51:44	01:53:08		01:43:13	01:44:55																		
1838	Plata Franco, Oliver		1									02:15:26																				
1839	Platace, Kristine	LATVIA	1											01:27:29																		
1840	Pollen, Tone	Tomter	1			01:59:06																										
1841	Poppe, Hilde	FREDRIKSTAD SKIKLUBB	2										01:58:16		2:04:57																	
1842	Prent, Rino	ØRN KRISTIANIA	1												1:41:18																	
1843	Prestesæter, Peter Magnus	Gran	1	01:37:15																												
1844	Prestløyken, Egil	Ås IL	1														1:57:01															
1845	Prestøy, Liv Astrid	GRESSVIK	1						02:14:01																							
1846	Prøltz, Klara	Sarpsborg IL	1		01:29:54																											
1847	Prøltz, Per	Glomma Papp	10																						01:56:15							
1848	Prøltz, Tommy	Terrengtigarne	2															01:25:33	01:27:00													
1849	Purkowski, Andre	Fredrikstad IF	1										01:46:29																			
1850	Racans, Elviss	Fredrikstad	1		01:34:57																											
1851	Ramsjø, Lars	Rolvøy	1	01:45:47																												
1852	Ramsjø, My Linnea Pinaas	Sarpsborg IL	1	01:45:25																												
1853	Ramtvedt, Ane Næsset	IL TYRVING	1												1:35:02																	
1854	Ramtvedt, Bjørn Erik	CK Øst	3														1:35:16		01:34:04	01:37:09												
1855	Ramtvedt, Eirik Næsset		2												1:26:23		1:28:57															
1856	Rasmussen, Jørn	Vinmonopolet	15																													
1857	Rasmussen, Per	Diplom-ls	11																													
1858	Rasmussen, Thomas E.	Fredrikstad IF	4										01:34:59		1:34:04	01:41:19	1:40:36															
1859	Razzak, Chokri Ben	Fredrikstad Sykkelklubb	1	01:57:55																												
1860	Reed, Even		1																01:26:51													
1861	Reffsgård, Ulf	Fredrikstad IF	27	03:16:52	04:02:02	03:01:29		02:56:31	02:23:41	02:38:46	02:32:02	01:58:58	02:34:11	02:56:35	3:05:15	2:25:50					02:54:21	2:54:16	1:52:26	1:57:37		01:59:22		01:37:58	01:41:19	01:39:32	01:30:44	01:29:35
1862	Refsdal, Knut	MOSS IL	1										01:29:23																			
1863	Reian, Knut	Oppegård	2																							01:47:30		01:45:07				
1864	Reinvold, Ole Harald	Rakkestad Kommune	1																													
1865	Reitan Hermansen, Hanne K	Vestery	1	02:05:16																												
1866	Reium, Knut		1																													
1867	Rekkedal, Jorunn	Ås IL	4																						01:20:30							
1868	Reknes, Finn Håkon		1																		01:40:00											
1869	Rekvin, Andreas		1									02:02:24																				
1870	Renskoug, Håkon	Fredrikstad Sykkelklubb	1	01:35:52																												
1871	Revelsby, Arnfinn	Varteig IL	3																						01:28:56				01:38:59			
1872	Reyes, Esteban	BILLY	1								01:38:06													1:32:43		01:28:56						
1873	Rezal, Rahmatullah	Fredrikstad IF	1														1:34:32															
1874	Rhode-Moe, Tom	Fredrikstad IF	3																				1:50:53		01:49:17		01:46:26					
1875	Rian, Olav Loss	MÅLET ER 1.45	3												1:50:55	02:00:05	1:52:32															
1876	Riekeles, Merete Rimestad		1								02:24:50																					
1877	Riekeles, Susanne		1								02:25:03																					
1878	Riibe, Hans Tore	HAMAR SKIKLUBB	1																													
1879	Riis, Gunn-Tove	Fredrikstad IF	22	01:52:35	01:50:02	01:49:58	01:47:59	01:58:11	01:44:52	01:52:05		01:51:47	01:44:37	01:43:31		01:43:13	1:44:21		01:48:24			1:48:13		01:46:07		01:37:07		01:37:28	01:40:04	01:38:16		
1880	Riidå Bjørge, Eline	Fredrikstad IF	1		02:12:14																											
1881	Ringdal, Gunnar		1																													
1882	Ringstad Sæther, Anne-Gro		1														2:18:55															
1883	Ringstad, Anne Mari		1											01:40:49																		
1884	Ringstad, Geir	Fredrikstad Skiklubb	1																													
1885	Ringstad, Jan Ivar	Skiptvet IL	1																							01:29:28						
1886	Ringstad, Linda		2					02:03:51			02:00:24																					
1887	Risan Frøland, Ole Marius		1																													
1888	Rive, Jan Olav	Nexans BIL	1			01:35:46																										
1889	Roe, Kari	Flint	1																													
1890	Roed Hansen, Mathius	TÆSSELADDEN IL	2													01:37:17	1:51:26															

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1891	Bogndalen, Ole	Varteig IL	5																												
1892	Rohde-Moe, Tom	Fredrikstad IF	1																						01:50:59						
1893	Roncoroni, Luca	CIVELLO ITALIA	2														1:28:48	01:29:11													
1894	Roos, Katrine	Råde	2		02:04:00	02:04:41																									
1895	Roos, Mariann	Oslo	2		02:04:00	02:04:41																									
1896	Rosengren, Ole		1													01:25:19															
1897	Rosengren, Per Øyvind	NIKE	1													01:33:08															
1898	Rosnes, Helge		16													1:39:25	01:34:13	1:44:00		01:33:42	01:32:53		1:34:38	1:44:20	01:27:31	01:27:28	01:26:27	01:24:24			
1899	Rosnes, Magne	COWI	10									01:43:51		01:39:33	1:39:48	01:35:09	1:38:23	01:35:13		01:34:53	1:38:12	1:38:03	01:39:24								
1900	Rosnes, Olav Dag	Skatt Øst	1																	01:47:06											
1901	Rostad, Hans	Rikshospitalets BIL	11																								01:41:04				
1902	Rostad, Ingolv	Fredrikstad Skiklubb	10																												
1903	Rostad, Kristoffer	Råde	5	01:22:36		01:23:00		01:23:16			01:25:54			01:22:37																	
1904	Rugslund, Knut Andreas	Holmen IF	1					01:23:05																							
1905	Rummelhoff, Carl Jørgen	Kvaerner Montering	1																												
1906	Rundgren, Truls		3						01:39:57	01:59:22	02:01:00																				
1907	Runhovde, Gerd		1												02:24:09																
1908	Runhovde, Siv		1											02:24:07																	
1909	Rustad, Anders	Fredrikstad Skiklubb	1																												
1910	Rusten, Frerik	Fredrikstad Skiklubb	1																												
1911	Ruud, Anne Therese		1													02:10:57															
1912	Ruud, Per Ole	Diplom-Is	9																												
1913	Ruud, Øystein	Kronos Titan	1																												
1914	Ruyter, Johanne	Johanne Ruyter	1						01:56:52																						
1915	Ruyter, Thomas	Askim	10		02:06:33		02:00:59		01:55:09	02:02:47		01:56:49		01:45:50	1:45:13	02:00:43	1:52:52	01:59:20													
1916	Ruyter, Werner	Cicignon Old Boys	13	02:14:04		02:18:11	02:07:04		02:12:26	02:04:18	02:17:58	02:09:40	01:52:02	01:45:30	1:52:04	1:44:14	01:43:24	01:54:16													
1917	Ryan, Jostein	Fredrikstad IF	1													02:08:10															
1918	Ryen Martinsen, Herman	FREDRIKSTAD SKIKLUBB	1											01:17:58																	
1919	Ryholt, Grete	Fredrikstad IF	9																				2:00:08			02:12:50			01:53:06	02:03:43	
1920	Ryste, Andrea	Fredrikstad	2	02:18:06		02:36:31																									
1921	Ryste, Thomas	Bankettløperne	1		02:12:11																										
1922	Rød, Terje	Fredrikstad IF	8	01:48:17	01:51:02							01:46:38		1:44:25			01:41:50	01:36:44	01:40:49			1:53:11									
1923	Rødset, Pål	SKEDSMO FK	1											01:48:17																	
1924	Rødås, Katrine		1											02:01:37																	
1925	Rød Hansen, Marius	Fredrikstad Skiklubb	1																							01:13:14					
1926	Rød Hansen, Mathias	GAMLE FREDRIKSTAD	3							01:32:17	01:42:33			01:39:32																	
1927	Rød, Eilof	Fredrikstad IF	6													1:18:32	01:17:33	01:20:44	01:17:44	1:21:56	1:19:02										
1928	Røhr, Ole-Hermann	Rygge IL	4						01:16:42	01:16:31	01:37:37					1:21:41															
1929	Rønne, Marius	Crawford & Company	2			02:00:58	02:11:18																								
1930	Rønning Vatne, Rasmus	FREDRIKSTAD	1						01:31:06																						
1931	Rønning, Jan Inge	Fjellørn	1					02:06:43																							
1932	Rørberg, Alexander	GAMLEVEIEN AKTIEBRYGG	5										01:28:13		1:37:07	01:29:37		01:36:38	01:36:30												
1933	Rørby, Torstein	MOSS CK	1												2:11:49																
1934	Røsler, Monica	Ytre Enebakk	1	02:09:29																											
1935	Røsvik, Beate	Barkåker	1		02:23:33																										
1936	Røsæg, Thore		1																										02:04:00		
1937	Røyneberg, Elias	SARPSBORG IL	1									01:31:13																			
1938	Rådahl, Rino	Fredrikstad IF	6					01:46:16	01:45:47		01:48:56	01:48:19	01:48:10	01:51:31																	
1939	Raadal, Hanne	Fredrikstad Skiklubb	2																												
1940	Raagaard, Henrik Lund	Fredrikstad IF	10	01:48:56	01:51:36		01:47:33	01:40:11	01:41:36	01:44:36	01:44:44	01:52:11	02:05:21	02:05:05																	
1941	Sagmo, Bjørn	Trones IL	1																01:40:23												
1942	Salminen, Kaisa	Halden IL	1																							01:22:56					
1943	Samdal, Hans-Olav	Friskis	2																									01:53:46		02:03:43	
1944	Sampson, Phillip		1																	01:29:53											
1945	Samuelsen, Gunnar	Eiker O-Lag	6	01:50:03					01:41:49	01:42:27			01:34:50		1:36:16	01:35:56															
1946	Sanchez Tellez, Yair	MCLOVIN	1										01:57:57																		
1947	Sandberg, Fredrik Klokk	Tromsø Klatreklubb	1						01:13:27																						
1948	Sandberg, Pål Dixon	MOSS	1						01:51:16																						
1949	Sandbu, Maren		1																	01:53:34											
1950	Sandersen, Tom	Titan	10																												
1951	Sandholtbråten, Anders		1																					01:42:58							
1952	Sandnes, Arne	Fredrikstad IF	1																03:31:30												
1953	Sandnes, Tarjei	Fredrikstad Skiklubb	2																						01:16:42						

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1954	Sandnes, Øyvind	Kråkerøy IL	1			01:51:11																										
1955	Sandvik, Anders	Askim IF	1																01:23:26													
1956	Sandvik, Eivind	Gressvik	4	01:53:37			01:44:02	01:36:15												01:45:25	01:44:12											
1957	Sandvik, Fredrik	ASKIM FRIDRETT	2												1:25:02																	
1958	Sandvik, Helge	Fredrikstad IF	38								01:47:37	01:43:56	01:39:21	01:41:37		01:39:56		01:38:10			1:35:51	1:35:41				01:32:28	01:30:36	01:32:06	01:35:55	01:32:31	01:30:34	01:28:38
1959	Sandvik, Jorunn	Askim IF	1																02:10:07													
1960	Sandvik, Kåre	Gjensidige Sport	18																													01:30:46
1961	Sandøy, Henrik	BARCO	2									02:01:55			1:44:22																	
1962	Sanengen, Sverre	Fredrikstad IF	35							02:37:46	02:26:04	02:23:03	02:17:10		2:13:06	02:04:05	2:10:21	02:02:54	02:01:12		1:54:05	1:50:21	1:49:12	01:48:43	01:55:45	01:51:17	01:44:45	01:47:14				
1963	Sanna, Ove	Fredrikstad Skiklubb	1															01:44:33														
1964	Sannes, Arne	Fredrikstad IF	2														4:00:05	03:58:20														
1965	Santo (Mike), Maican Iara		1																01:27:22													
1966	Saxegård Olsen, Elin	Sats	1																		1:56:27											
1967	Saxegård, Charlotte	Fredrikstad IF	4													01:52:15		01:44:50		01:43:00		1:52:13										
1968	Schaeffer, Maria	Sarpsborg	6	02:00:50	02:38:58	02:31:54	01:48:25	01:46:04	02:03:14																							
1969	Schaeffer, Thor-Inge	Sarpsborg	3	02:44:31	02:27:50			02:21:55																								
1970	Schanelder, Jan Øyvind	BUNDEBYGG A/S	1									01:32:00																				
1971	Schei Alsgaard, Rønnehaug	SK Vidar	1																01:31:01													
1972	Schei, Thormod		1																													
1973	Schrøder, Glenn	Sandefjord TIF / Visma Exsc	1							01:32:21																						
1974	Selliseth, Tom	FET SKIKLUBB	1									01:28:03																				
1975	Sellæg, Lene	SKEDSMO TENNISFORENING	1												01:50:47																	
1976	Selvaratnam, Senthuran		1														1:49:11															
1977	Semb, Ruby	SKILØPERNE/TEAM SPORTS	1										01:59:30																			
1978	Sendstad, Marte		1									01:28:46																				
1979	Sezemov, Alexander	Leif Grimrud as	1	01:38:01																												
1980	Sie, Kjetil		1															1:35:04														
1981	Siebenherz, Anette	KRÅKERØY	2					02:07:29	02:20:43																							
1982	Simensen, Anders R		1												1:37:34																	
1983	Simensen, Andre	Fredrikstad IF	1																					01:13:49								
1984	Simensen, Andres	BRYNJE	1											01:26:46																		
1985	Simensen, Svein Roar		1														01:56:18															
1986	Simensen, Øystein		3									02:03:05	01:52:03		1:55:06																	
1987	Simons, Nick		1											01:44:53																		
1988	Simonsen, Helge		1																			1:54:57										
1989	Simonsen, Karsten Holt		1													01:57:19																
1990	Simonsen, Kent	GRESSVIK	1					01:43:53																								
1991	Simonsen, Lasse	TEAM HALK	3									01:23:01				01:25:27		01:35:49														
1992	Simonsen, Simon	Borregaard	5		02:00:10		01:49:36			01:49:16	01:50:22	01:51:47																				
1993	Simonsen, Siv		2									01:53:34		01:45:55																		
1994	Simonsen, Sven	Fredrikstad IF	25		01:44:08	01:43:48	01:51:51	01:41:06	01:38:52	01:40:13	01:34:23	01:53:34	01:32:40	01:30:56	1:34:31	01:34:06	1:39:29	01:33:09	01:39:19	01:38:20	1:38:58	1:33:32	1:28:59	01:28:54	01:29:15	01:33:24	01:26:49	01:32:07	01:35:24			
1995	Simonsen, Tobias	Projectiondesign	2													01:52:05		01:55:15														
1996	Simonsen, Trine	Oslo	2	01:47:53	01:48:50																											
1997	Simonsen, Øystein	TRØSKEN IL	1												1:22:25																	
1998	Sire, Thorleif	FLOWIT AS	1													1:45:56																
1999	Siyad, Saynab	Halden løpeklubb	1			02:01:31																										
2000	Sjurseth, Andreas	Sportsklubben Vidar	1		01:10:58																											
2001	Sjurseth, Andreas Myhre	SK VIDAR	4											01:09:55	01:09:57					1:16:29		1:13:30										
2002	Sjødahl, Helge Ronny	TEAM SMILEY	3		01:38:22							02:15:45	02:21:52																			
2003	Sjögren, Oddbjørn	Fredrikstad	2	01:37:08			01:44:06																									
2004	Sjølander, Andrea	Rygge	2	01:39:49	01:56:09																											
2005	Sjøli, Per Oscar	Klavestadhaugen	1		02:48:11																											
2006	Sjølie, Njål	Julelogen af Fredrikstad	1						01:51:02																							
2007	Sjaastad, Lørgen	Nitteløp	1		01:20:03																											
2008	Skaftun, Frank	Team Sportsmanden	2		01:48:41					01:48:29																						
2009	Skar, Einar	Fredrikstad IF	10									01:53:37				02:05:50			02:03:47	02:02:49	2:03:21	2:01:13	2:06:51	02:05:14	01:59:02	02:12:51						
2010	Skari-Hansen, Hans Martin		2											1:43:14	1:55:32																	
2011	Skarpenes, Tron André	Saltnes	5	01:46:27	01:33:33		01:36:02	01:40:29	01:42:53																							
2012	Skaug, Arne	Fredrikstad IF	3																													
2013	Skaug, Daga	Dilling	11																													
2014	Skaug, Jan Tore	Svinndal	1	01:53:18																												
2015	Skaug, Jon	GAMLE FREDRIKSTAD	2			02:03:00						01:44:30																				
2016	Skaug, Jørn Sveinung	Martha-Kam.	9																													

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2017	Skaug, Rino	GAARDS-SERVICE AS	10									01:53:40	01:57:21	01:50:02	1:49:24	01:46:06	1:43:24	01:40:37	01:43:52	01:49:36	1:51:07											
2018	Skaug, Sondre	Fredrikstad IF	8									01:28:19	01:28:06	01:24:59		01:23:44	1:22:16	01:20:44		01:37:37	1:40:02											
2019	Skaug, Steinar	COWI	1									01:48:26																				
2020	Skavern, Ingrid	OSLO	1						02:20:23																							
2021	Skedsmo, Petter	NTNUJ	1																				1:25:13									
2022	Skeld, Ola	Turlangrennsgruppa	3							01:28:51				01:27:05	01:27:30																	
2023	Skeie, Lars Martin	Fredrikstad IF	5																													
2024	Skiftestad, Erlend	Gamle Fredrikstad	1		01:37:48																											
2025	Skilbrig, Ingeborg	FORNEBU	1						01:53:27																							
2026	Skinstad, Roar	VESTERØY	10											01:45:54	01:38:07	1:40:57	01:35:07	01:33:26	01:39:00	1:34:19	1:34:16	1:37:09	01:40:05									
2027	Skjelhaugen, Daniel	HAFLSUNDSDØY	1				01:30:13																									
2028	Skjelhaugen, Kristian	Sweco BIL	1		01:44:30																											
2029	Skjulhaug, Johan	Fr.Stad Politi	7																													
2030	Skjulhaug, Turid	Fredrikstad IF	5																													
2031	Skjæret, Geir Andre		1												01:46:44																	
2032	Skjævestad, Thorbjørn	Moss Skiklubb	1														01:39:10															
2033	Skjøren, Tor Ivar		1											01:35:29																		
2034	Sklett, Lisa		1											01:48:46																		
2035	Skogby, Bjørn Reidar	Marthakameratene	5																													
2036	Skogen, Grid	Fredrikstad IF	6		02:15:54																											
2037	Skoglund, Tina	Fredrikstad IF	6											02:04:09	02:00:34						1:55:25	1:44:05	1:46:37		01:44:10			01:49:34		01:55:36		
2038	Skolt, Tormod		1																							02:04:17		01:49:34				01:42:07
2039	Skontorp, Jon-Fredrik	Friskis & Svettis	2														01:47:05					1:49:08										
2040	Skorpen, Ingvald	MUMMIDALEN IF	1								01:33:08																					
2041	Skovli, Steinar	Ditt Tempo	1																													
2042	Skovly, Jarle	GR Elektro	4		01:36:50									01:33:54	1:41:27	01:55:29											01:24:36					
2043	Skrautvol, Ola	Multiconsult BIL	2	01:19:57	01:24:36																											
2044	Skrimstad, Espen	Storebrand Sport	1								01:38:23																					
2045	Skrimstad, Nina	Nit/Hak hbk	1								02:03:08																					
2046	Skudal, Lasse	Moss Skiklubb	3																													01:37:04
2047	Skullerud, Marius	SÆTRE	1				01:25:51																									
2048	Skydahl, Jonas	Sønnicens BIL	1																01:55:21													
2049	Skaaden, Håvard	KRÅKERØY	1				02:02:35																									
2050	Skaaden, Tore	Kråkerøy IL	9																			1:34:32		01:36:16	01:35:13	01:31:49	01:36:27	01:36:52	01:38:09			
2051	Skåksrud, Morten	Sellebakk	2		01:41:51			01:40:38																								
2052	Skaar, Espen	Tune IL	1						01:39:08							01:39:08																
2053	Skaar, Leif Arne	Trøsken IL	1																													
2054	Skaar, Roar	Fredrikstad IF	2																													
2055	Skaara, Geir	Kredittkassen BIL	2																												02:05:43	01:56:03
2056	Skaare, Bjørn	Moss Skiklubb	2																													
2057	Skaarer, Ingrid	Koll IL	1																													
2058	Skårland, Arnfinn	Trøsken IL	1																													
2059	Skårsette, Ole-Maurits	LUFTFORSVARET RYGGE	2																													
2060	Sletmoen, Tore	RYKKINN	4							01:51:43		01:46:01		01:40:31	1:48:37																	
2061	Sletner, Dag	TUNE I.L	1												02:07:35																	
2062	Sletner, Ronny	SKEDSMO BIL	1														1:56:43															
2063	Sletner, Roy	Skiptvett IL	3																													
2064	Sletner, Trond	Onsøy Runners	3	01:40:51						01:45:14		01:51:43																				
2065	Slettemoen, Asle	IL I BUL	1												1:14:49																	
2066	Sletten, Eirik		1								01:49:26																					
2067	Slettvold, Hege	Fredrikstad IF	1													4:00:05																
2068	Slydahl, Alf	Borgenhaugen	1			01:49:00																										
2069	Slydahl, Jonas	Sønnicens BIL	2																		02:06:13	2:15:33										
2070	Sjardahl, Conradi Eva	Osi	1																													01:27:54
2071	Smeby-Diedrich, Andreas	BANKID	1												01:23:12																	
2072	Smebye, Andreas L.	Fredrikstad Sykkkelklubb	1																							02:02:27						
2073	Smits, Martijn	WASPIK	1				01:30:27																									
2074	Smaaberg, Bjørn Arild	Sarpsborg IL	6		01:33:32	01:30:38	01:29:10	01:29:31		01:33:00	01:35:30																					
2075	Smångs, Kenneth	Fredrikstad IF	2																													
2076	Sognlien, Tom	Fredrikstad IF	26							02:38:46	01:34:49	01:36:41	01:35:26	01:37:26	1:35:25	01:39:08	1:33:25	01:41:19	01:37:05	01:30:42	1:34:14	1:38:28	1:39:36	01:38:23	01:36:52	01:29:12	01:30:46	01:37:50	01:40:28	01:36:01		
2077	Sola, Per Willy	LUNDE FLYERS	4											01:43:52	1:49:30					01:43:01	01:42:36											
2078	Solarek, Kacper	Darzbór Szczecinek	1	01:45:42																												
2079	Solberg Johansen, Eirik		1			01:44:15																										

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2080	Solberg, Emilie	Fredrikstad IF	1				01:42:39																								
2081	Solberg, Linda Mari	Cowi BIL	1				01:43:39																								
2082	Solberg, Tage	Sarpsborg Sykkeklubb	1																												
2083	Solberg, Tor	Søndre Sandøy ØI & Vin	4																		1:48:02	1:37:12			01:34:17	01:36:37					
2084	Solberg, Øyvind	Soonløp	3						01:28:46					01:44:19	1:53:42																
2085	Solerød, Even		1															01:58:43													
2086	Solheim, Inge	DFI	1																												
2087	Solheim, Sjur		11																												
2088	Solhøy, Jan H.	CISCO	3										01:23:37	01:23:54				01:25:44													
2089	Solstad Broen, Balder	Nittedal	1		01:56:09																										
2090	Soltvedt, Åshild		1														2:25:50														
2091	Solvang Fuglesteg, Ella	Fredrikstad IF	3		01:35:54	01:38:10	01:46:53																								
2092	Solvang, Mats	Kråkerøy	2				02:27:58	02:19:34																							
2093	Solvi, Ole Jakob	Skjeberg	1		02:09:21																										
2094	Sondaj, Martin		5								01:25:09	01:31:17		01:28:27	1:31:12	01:30:00															
2095	Songli, Øystein		1										01:56:57																		
2096	Spange, Steinar		1																												
2097	Spikkerud, Erlend	Landbruksilsynet	2																									01:49:36	01:51:06		
2098	Stafne-Torp, Jan Robert	Fredrikstad IF	4																	01:43:53	1:35:05		1:41:31	01:49:46							
2099	Stang, Joakim	Centrum Advokatkontor	1																	01:53:19											
2100	Stang, Lars Henning		1																	01:42:11											
2101	Stang, Ulf Joachim	Centrum Advokatkontor	1																	01:59:20											
2102	Stavn, Rune	Stavn Grøtvedt	1		01:40:58																										
2103	Steen, Hanna	Rasta	1		01:35:06																										
2104	Steen, Knut Willy	GREÅKER	1							01:34:59																					
2105	Steen, Øyvind	Denofa	2																												
2106	Stefanac, Tommy	Moss	1		01:46:29																										
2107	Steffen, Michael	GRESSVIK	1				01:59:49																								
2108	Steinsland, Bernt Inge	Fredrikstad Skiklubb	2						01:38:03		01:52:26																				
2109	Steiner, Gaute	FREDRIKSTAD SKIKLUBB	2					01:10:56				01:44:17																			
2110	Steiner, Gaute Hallan	Gaute Hallan Steiner / Fred	1							01:10:25																					
2111	Stenbekk, André	NETTJENESTER	1								01:51:13																				
2112	Stenbrendsen, Magnus	SK VIDAR	1									01:25:38																			
2113	Stene, Ole Martin	Fredrikstad	1		01:51:02																										
2114	Stenersen, Linda T.	FIF	1						01:49:18																						
2115	Stenhaug, Tor-Arne	ROMERIKE RUNNERS TEAM	1								01:45:08																				
2116	Stenseth, Johnny	Moss privat	2															01:39:33	01:35:52												
2117	Stensholm, Terje	Askim	1																												
2118	Stensland, Anne Berit		1																												
2119	Stensland, Kristin	Halden IL	1																		2:05:02										
2120	Stensrud, Jarl	KONDIS	1										01:44:47																		
2121	Stensrud, Johnny	Rygge IL	1				01:24:31																								
2122	Stensrud, Kåre M.	Fredrikstad Skiklubb	10																												
2123	Steve, Lasse	F.P.II	1																												
2124	Stevenson, Jo	Halden IL	1																								01:32:51				
2125	Stien, Rune	Fredrikstad IF	1															01:46:58													
2126	Stigen, Erik	FREDRIKSTAD SKIKLUBB	1								01:20:07																				
2127	Stigen, Jørgen	FREDRIKSTAD SKIKLUBB	1											01:20:16																	
2128	Stigen, Rolf	FREDRIKSTAD SKIKLUBB	1														1:28:32														
2129	Stigen, Torbjørn Aasen	Moss Skiklubb	1																		1:44:21										
2130	Stoa Johannesen, Stian		1										02:05:02																		
2131	Stokkeland, Lise	KRÅKERØY	1				01:53:16																								
2132	Stokseth, Øyvind	VEUM CK	7											1:14:35				01:18:13							01:13:37	01:12:34			01:16:20		
2133	Storbugt, Eivind	National Industri	9																												
2134	Storeheier, Even	ØSTBYGDA LØPEGRUPPE	1									01:22:41																			
2135	Storehjem, Leander	Fredrikstad IF	1		01:36:02																										
2136	Storehjem, Thine	Fredrikstad	3		01:48:56		01:44:42			01:47:20																					
2137	Storås, Geir	Porsgrunn	1															01:37:09													
2138	Strand, Bente	Asker CK	1																						02:06:45						
2139	Strand, Hilde	Halden IL	1				02:13:07																								
2140	Strandberg, Fredrik		1								02:13:13																				
2141	Strandenæs, Martha	Oslo	1			03:01:29																									
2142	Strandvik, Martin	Fredrikstad	9		01:39:58	01:29:10	01:34:49	01:31:20	01:30:10	01:29:39	01:32:46	01:43:28	01:42:45																		

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2143	Strangel, Bjørn Erik		4					01:35:26	01:29:02	01:31:28		01:33:00																			
2144	Strangel, Bjørn-Erik	Rolvsgøy	2			01:34:10	01:36:16																								
2145	Stræte, Thomas	Manstad	1	01:25:17																											
2146	Strøm, Benjamin	Gimle IF	1		01:44:43																										
2147	Strøm, Geir	SKAGERRAK SPORTSKLUBB	1													01:47:55															
2148	Strøm, Lars	Fredrikstad Multisportklubb	1																							01:34:52					
2149	Strøm, Rikke	Sarpsborg	1	01:53:40																											
2150	Strømberg, Gunnar	Fredrikstad IF	2																												
2151	Strømdland, Lars Frode	LUKE THE DRIFTERS RUNN	1									01:31:18																			
2152	Strømme, Jan	Bastøfergene	1																												
2153	Strømme, Tor Erik	Gamle Fredrikstad	2	01:40:22			01:53:54																								
2154	Strømsborg, Helene	Rolvsgøy	1	01:37:12																											
2155	Strømstad, Ina	FOSSUM	1								01:41:57																				
2156	Stubberud, Ole Christian		2													01:30:14	1:32:50														
2157	Sture, Martin	Kråkerøy	13	01:30:38	01:35:09		01:32:46	01:31:46				01:25:41	01:24:38	1:27:56	01:27:24	1:27:48	01:29:14	01:36:24			1:42:32	1:45:40									
2158	Sture, Therese		2									01:48:13	01:48:35																		
2159	Sture, Victor	SKOGSTRAND	2							01:30:54	01:31:20																				
2160	Styve, Josefin	SKI	1		01:55:03																										
2161	Stølan, Helge	JACKON	1													01:39:00															
2162	Stølen, Ketil	SINTEF	2										02:03:20										1:40:25								
2163	Størset, Rubi		1													01:44:11															
2164	Størset, Terje	ØSTMARKA	1													01:29:32															
2165	Størseth, Tore	TEAM EUOPRIS	1								02:13:31																				
2166	Støtzer, Glenn	Halden	1		01:54:35																										
2167	Støwer-Kabo, Lars	Sarpsborg Sykleklubb	1							01:45:48																					
2168	Sundell, Jan Raymond	Fredrikstad IF	3												1:27:37			01:22:44	01:25:35												
2169	Sundell, Per Ølvin	ØRJE IL	1													1:27:58															
2170	Sundt, Kalsa	Gressvik	1	01:53:44																											
2171	Sundt, Tanja	KIWI HEISTAD	1													01:47:55															
2172	Svandal, Magne	Fredrikstad	10	01:44:12	01:51:56	01:42:52		01:46:40	01:45:24	01:45:24	01:44:14				1:33:42	01:43:41		01:41:35													
2173	Svang, Marianne	Moss	1		02:00:15																										
2174	Sveen, Julie	SKIPTVET	1					02:04:25																							
2175	Sveipe, Marius Røed	Sør-Fron IL	1	01:26:15																											
2176	Svendgård, Vegar	Ren-Eng FIK	1		01:26:27																										
2177	Svendsby, Jan Erik	CUTRIN NORGE	2												1:45:14	01:52:31															
2178	Svendsen, Arne	Østfold Energi	1																												
2179	Svendsen, Erik	Østfold Fylke	13																							01:51:58	01:51:08	01:55:46	01:50:39	01:50:08	01:45:20
2180	Svendsen, Runar	Jøtul BIL	3																												
2181	Svendsen, Signy		1								02:01:14																				
2182	Svendsen, Terje	Stabburet-Nora	4																												
2183	Svenkerud, Trine	GRESSVIK	2			02:42:22			02:38:08																						
2184	Svensen, Kari	Fredrikstad IF	1																03:18:32												
2185	Svensen, Morten	Asker	1	01:49:34																											
2186	Svensen, Øyvind	BARCO	2											01:56:23				02:04:21													
2187	Svensson, Terje	Fredrikstad IF	26	01:52:48	01:57:47	01:56:45		01:54:07	01:55:07	01:45:57	01:52:31	01:47:55	01:45:15	01:37:39	1:42:56	01:43:27	1:47:59	01:42:42	01:41:25	02:54:21	1:47:08	1:42:41	1:43:49	01:50:43	01:46:01		01:42:50	01:40:35	01:41:53	01:52:23	
2188	Svindal, Rachel	Gamle Fredrikstad	1	02:53:05																											
2189	Sydengen, Tom	Skiptvet IL	1																												
2190	Syed Ahmad, Fairuz	Fredrikstad IF	9		01:44:36	01:45:56	01:40:42	01:41:43	01:58:20	01:50:16	01:55:25	02:16:50	02:02:15																		
2191	Syse, Bjørn Chr.	Kolbotn	1																												
2192	Syversen Arild R.	Fredrikstad IF	10																								01:45:17	01:43:28	01:51:57	01:42:25	
2193	Syversen, Janne	FREDRIKSTAD	1											01:37:11	01:29:16	01:26:42	01:27:41	01:28:43	1:27:31	01:31:13	01:31:39			1:32:36							
2194	Syversen, Roger	Fredrikstad IF	10	01:34:05												01:47:27															
2195	Syversen, Stig Ove	TRANSCOM	2								02:07:04																				
2196	Syversen, Svein	Fredrikstad IF	1																			1:44:07									
2197	Syverstad, Vidar	Trøsken IL	1					01:36:24																							
2198	Syvertsen, Svein Helge		1																						01:54:45						
2199	Szugfil, Mark	Fredrikstad	1		01:46:43																										
2200	Sækingstad, Ketil Larsen		1																			1:53:15									
2201	Sæter, Kim		1												2:10:57																
2202	Sæterøy, Ivar	Posten	10																												
2203	Sæther, Rune	TFL-Halden	1																												01:32:20
2204	Sædal, Eva	Fredrikstad IF	1											02:20:09																	
2205	Seland, Tomas		1															01:32:01													

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2206	Sirby, Lise Aagaard	FREDRIKSTAD	1							01:50:05																						
2207	Sørensen, Erik Strand	Jevnaker	2			01:30:54	01:37:10																									
2208	Sørensen, Øyvind Strand	Jevnaker	1				01:51:07																									
2209	Sørensen, Øyvind Strand	Jevnaker IF	1			01:50:15																										
2210	Sørensen, Beate	SALTNES	1							02:09:50																						
2211	Sørensen, Lars Erik	MANSTAD	1				01:38:13																									
2212	Sørensen, Ole Kristian		3								01:42:38			01:43:29	1:52:50																	
2213	Sørensen, Petter	FREDRIKSTAD SK	1								01:29:31																					
2214	Spångård, Tina Sofie	Fredrikstad	1	02:32:14																												
2215	Særlie, Arnfinn	Sarpsborg Sykkellubb	12												1:46:19		1:50:54															
2216	Særlie, Johnny		9														1:52:18	01:52:51	01:50:05				1:44:42		01:42:19		01:35:42			01:39:38	01:36:21	01:37:36
2217	Særstad, Gjermund	SK Vidar	1																		1:12:29											
2218	Seråsdekkan, Roger	Reichhold BIL	1																	01:48:47												
2219	Tallis, Kathrine		1											02:17:15																		
2220	Tandberg, Pål		1																													
2221	Tandrevold, Eivind	SAGENE IF SYKKEL	1									01:44:17																				
2222	Tangen, Pål	Rederiforbundet Sport	1						01:31:47																							
2223	Tangen, Åsmund	MOSS GAZELLES	1										01:58:15																			
2224	Tegner, Anne Grethe	Fredrikstad IF	8																	01:58:20							01:45:13					
2225	Tegner, Edgar	Fredrikstad IF	1																													
2226	Teigland, Jarle	Fredrikstad Skiklubb	1																												01:21:30	
2227	Tharaldsen, Ann Kristin	Fredrikstad IF	1			02:48:11																										
2228	Tharaldsen, Ole	Fredrikstad IF	2					01:46:02		01:46:35																						
2229	Tharaldsen, Rune		1																						01:45:00							

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2332	Vedal, Inge O.		1																												
2333	Veggeland, Turid	TSS-BIL	1																												01:59:11
2334	Veland, Petter	Fuglekvitte & Mårrasvett	3	01:30:00		01:45:10	01:46:00																								
2335	Velayutham, Nada	Fredrikstad IF	3																03:00:45							01:40:49	01:41:30				
2336	Verdu Martinez, Ruben		2										01:44:16	1:57:13																	
2337	Vestby, Arild	Varteig IL	4																						01:24:30	01:25:14		01:27:15			
2338	Vester, Sigmund	Borg Brygger BIL	1																												
2339	Vethe, Camilla Solberg	Sjøgagen Runners	1						01:36:27																						
2340	Vethe, Nils Tore	Sjøgagen Runners	1					01:40:43																							
2341	Vetland, Kay-Ove	ABB BIL	1															01:39:37													
2342	Vetlie, Blekken	Fredrikstad IF	1																01:41:56												
2343	Veum, Bjørn	Trio Ving	1																												
2344	Viberg, Sindre	LILLEHAMMER CK	1												1:20:09																
2345	Vidnes, Jonas	KRÅKERØY	1				01:41:40																								
2346	Vigander, Hanne	Rye Sp.Kl. / Team Kondis/S	1					01:39:00																							
2347	Viggen Olsen, Trine	Gressvik	1		02:31:59																										
2348	Viggen, Per	MOSSE KARUSELLEN	3									01:47:37								01:33:37											
2349	Vik, Arne Håkon		4																								01:16:14				
2350	Vik, Martin		1			01:35:19																									
2351	Viken, Terje	Fredrikstad	9																												
2352	Viksaas Grandal, Christer	PRIVAT	1								01:38:36																				
2353	Viktorsson, Karolina	Oslo	1			01:52:23																									
2354	Vingelsgaard, Ole	TEAM EUROPRIS	2							01:39:19		01:41:18																			
2355	Vissebråten, Lene	Andebarkji TSK	1															01:59:52													
2356	Viste, Sigurd	Manstad	2		01:41:11																										
2357	Vister, Sigmund	Borg Bryggeri BIL	1																				1:53:40								
2358	Vold-Andersen, Lars	Oslo	1			01:46:47																									
2359	Volden, Erlend Per	Kondis	1						01:51:38																						
2360	Volden, Remi	Kristiansand S	1		01:52:28																										
2361	Vollan, Hans-Martin	G-Unit	2		01:43:15			01:48:58																							
2362	Værnesbranden, Jo Bertil	Råde	1			01:37:55																									
2363	Værnesbranden, Magdalena	Råde	1			01:48:35																									
2364	Væra, Thomas	Terrengtigarne	1															01:31:06													
2365	Vaa, Tor Dyre	Skiptvet	1																												
2366	Vågdal, Dag Eirik	EDB ErgoGroup	2																												
2367	Våset, Solfrid	FRISKIS & SVETTIS	4										02:05:19	02:13:28	2:15:08	02:17:26			01:32:37		01:31:08										
2368	Wagellie, Espen	Vesterøy	1		01:54:56																										
2369	Wahlgren, Tom	SOL	2																												

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2395	Wetting, Walter	Alpharma	9																												
2396	Wettre, Even	FREDRIKSTAD	1						01:42:27																						
2397	Weum Johansen, Sondre		1													01:52:53															
2398	Wiberg, Hilde	DILLING	1							02:27:59																					
2399	Wiborg, Erik Leopold	Moss Skiklubb	1																												
2400	Wiersholm, Lars Amund	Fredrikstad	1		01:37:15																										
2401	Wig, Vidar	Indre Østfold	1																												
2402	Wiig, Kenneth Thunshelle	Soonløp	4		01:27:00	01:27:32	01:28:31	01:28:41																							
2403	Wiig, Marthe		1														2:10:03														
2404	Wiig, Nils	FRIKSIS OG SVETTIS	4											01:55:56	2:01:15	1:54:33	01:57:16														
2405	Wiik, Elisabeth		1															02:00:51													
2406	Wiik, Marcus	ASKIM IF	1												1:22:46																
2407	Wik, John	Skjeberg	1			01:58:03																									
2408	Wilhelmsen, Helge	Tele	11																												
2409	Wilhelmsen, Nina Merete Stene		2													01:51:39	1:57:03														
2410	Wilhelmsen, Petter Stene	WANG TOPPIDRETT	2													01:47:14	1:55:10														
2411	Wilkens, Susanne	HVALER I.L.	1														1:58:35														
2412	Willadsen, Geir Aa.	ØSTFOLD POLITIIDRETTSKLUBB	2												1:21:58	01:25:18															
2413	Willassen, Aleksander	Gamle Fredrikstad	1	02:10:30																											
2414	Wilson, Thomas Kristian		2											01:37:21		1:55:10															
2415	Wingstedt, Emil	Halden IL	1																							01:11:28					
2416	Winsnes, Henning		1														1:44:08														
2417	Winther Gjerløw, Helene	Grålum	1	02:24:17																											
2418	Winther, Camilla	Fredrikstad	9	02:24:43	02:16:02	02:36:31	02:20:00	02:21:53	02:20:38	02:17:15					02:07:40			01:58:33													
2419	Wold, Monica Kristin	FREDRIKSTAD TRIATLON KLUBB	2											01:28:19	1:35:32																
2420	Wold, Nora	Fredrikstad IF	1	01:29:46																											
2421	Wold, Per Henning	Cappemini	1																							01:56:23					
2422	Wøhni, Rebekka	Sarpsborg	1	02:56:54																											
2423	Waagen, Elisabeth	FIF-trim	1																								02:09:58				
2424	Wägsås, Knut Olav	Veterankompaniet Akershus	2	02:00:21	02:01:57																										
2425	Waalder, Elizabeth	SALTNES	1				01:50:00																								
2426	Waatsveen, Ron-Werner	Fredrikstad Skiklubb	3											01:26:59	1:31:18					01:30:28											
2427	Zwirko, Piotr	Halden	1	01:45:32																											
2428	Øby Schottmann, William	Sellebakk	1		02:11:58																										
2429	Øby, Kai	Varteig IL	10																												
2430	Øby, Tore	Varteig IL	5																												
2431	Ødegaard, Christian	Gressvik	1			01:24:25																									
2432	Ødegaard, Henry Michael	Aurskog - Høland Friidrettsklubb	1					01:40:52																							
2433	Ødegaard, Hilde	Sarpsborg	6	02:09:23		02:07:59	02:00:48	02:05:36	02:07:41	02:11:08																					
2434	Ødegaard, Lisbeth	Kråkøy	4			02:31:54		02:14:27	02:14:28	02:15:22																					
2435	Ødegaard, Tor Øivind	Fredrikstad IF	7															01:16:56	01:18:22	01:37:36						01:17:21					
2436	Ødegård, Øivind	Trøsken IL	2																												
2437	Ødvin, Stian	Romerike Ultraløperklubb	1				01:44:24																							01:41:10	
2438	Øien, Einar	Fredrikstad IF	2																												
2439	Øien, Geir Myhr	Brumunddal	1		01:49:17																										
2440	Øiern, Jørgen		2																												
2441	Øieroset, Håvard	FREDRIKSTAD UNGDOMSSKOLE	1										02:00:20																		
2442	Øren, Kine	Fredrikstad IF	2		02:07:11		02:09:33																								
2443	Øren, Stig Ove	HALDEN POLITIIDRETTSKLUBB	1									01:41:40																			
2444	Ørseng, Thor	Sarpsborg IL	1																												
2445	Ørås, Arne	Mascot BIL	1																												
2446	Ørås, Terje	FREDRIKSTAD	2												1:30:23	01:31:19															
2447	Østby, Jakob	Moss	1		01:38:42																										
2448	Østerås, Gunhild		1																02:00:16												
2449	Østhagen, Sindre	Slevik IL	3					01:17:04															1:17:18	01:17:59							
2450	Østlie, Laurence	Ramnes IL	11																												
2451	Øverby Hans Georg		1																										01:59:09		
2452	Øversveen, Sissel	Gif-Joggen	1	01:52:59																											
2453	Øvre, Stein		1																			1:26:48									
2454	Øvrebust, Liv-Janne	Team Driv Trening	1			01:37:11																									
2455	Øvretveit, Gjertrud	Sellebakk	1	02:40:35																											
2456	Øvrevik, Tony	FREDRIKSTAD	1														2:13:38														
2457	Øvreås, Ole Malvin	SON	1							01:56:51																					

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2458	Øvstedal, Ola	Ås IL	1																	01:32:43											
2459	Øy, Johan	GJELLERÅSEN IF	1										01:45:04																		
2460	Øy, Lars	GJELLERÅSEN IF	1										01:21:31																		
2461	Aaberg, Inger	Sky Blazers	1				01:32:44																								
2462	Aaberg, Tore	Askim	1																												
2463	Alerud, Mari Gjølberg	Rygge IL	1				01:27:38																								
2464	Aalerud, Per-Johan	ÅS	1			01:33:41																									
2465	Aamodt, Bent Olav	Fredrikstad Skiklubb	2													01:15:54													01:12:00		
2466	Aamodt, Torstein	Tollernes IL	1																												
2467	Aarefjord, Kjell	Bil Kraft	1																												
2468	Aarstad Odgaard, Christian	Team Sportsmanden	1						01:28:27																						
2469	Aarvig, Øyvind	Vestby Kommune	1																												
2470	Aarvik, Ole Jørgen	Over Evne	1																02:13:56												
2471	Aarvold, Ann Kari		1																						01:56:41						
2472	Aarvold, Kristin		1																												
2473	Aas, Heine	KLAVESTADHAUGEN	2				01:57:43						01:55:04																		
2474	Aas, Robert	Borg Bryggerier	3																												
2475	Aas, Svein Kåre		1																												
2476	Aas, Thor	Sarpsborg Sykkkelklubb	6														1:51:47														
2477	Aasberg Johansen, Stian	Kroken Running Club	2		01:31:32	01:37:49																									
2478	Aasbrenn, Amund	Fredrikstad	1		01:54:11																										
2479	Aasbrenn, Martin	København N	1		01:54:11																										
2480	Aasbrenn, Torbjørn	Kdg	5																												
2481	Åsbø, Dag	SKI	1		02:08:03																										
2482	Aase, Bjørn Petter	Moss Skiklubb	2																												
2483	Aase, Ingerid Bøyum	Soon Triathlonklubb	1		01:52:17																										
2484	Aase, Kine		1											01:59:02																	
2485	Aasen, Henning		1													01:40:01															
2486	Aasen, Jan Ivar		8																									01:59:10			
2487	Aasen, Ole Johnny	ISE	3						02:04:44				02:20:35	02:11:12																	
2488	Aaserud, Magnus	Varteig IL	1																												
2489	Åsheim, Karianne		1															2:04:35													
2490	Aasland, Vette	Ullensaker/Kisa IL	2																01:15:03		1:23:55										
2491	Aasterud, Jorunn	Nesodden	1																												
2492	Åstorp, Bjørn	Sarpsborg O-Lag	3							01:49:05		01:44:20												1:48:56							
2493	Aasum, Knut Eivind	Leif Grimsrud as	1		01:50:13																										
2494	Antall deltatt			283	222	221	197	165	179	195	205	206	188	279	248	236	190	189	189	149	127	114	108	77	98	83	86	93	73	104	82