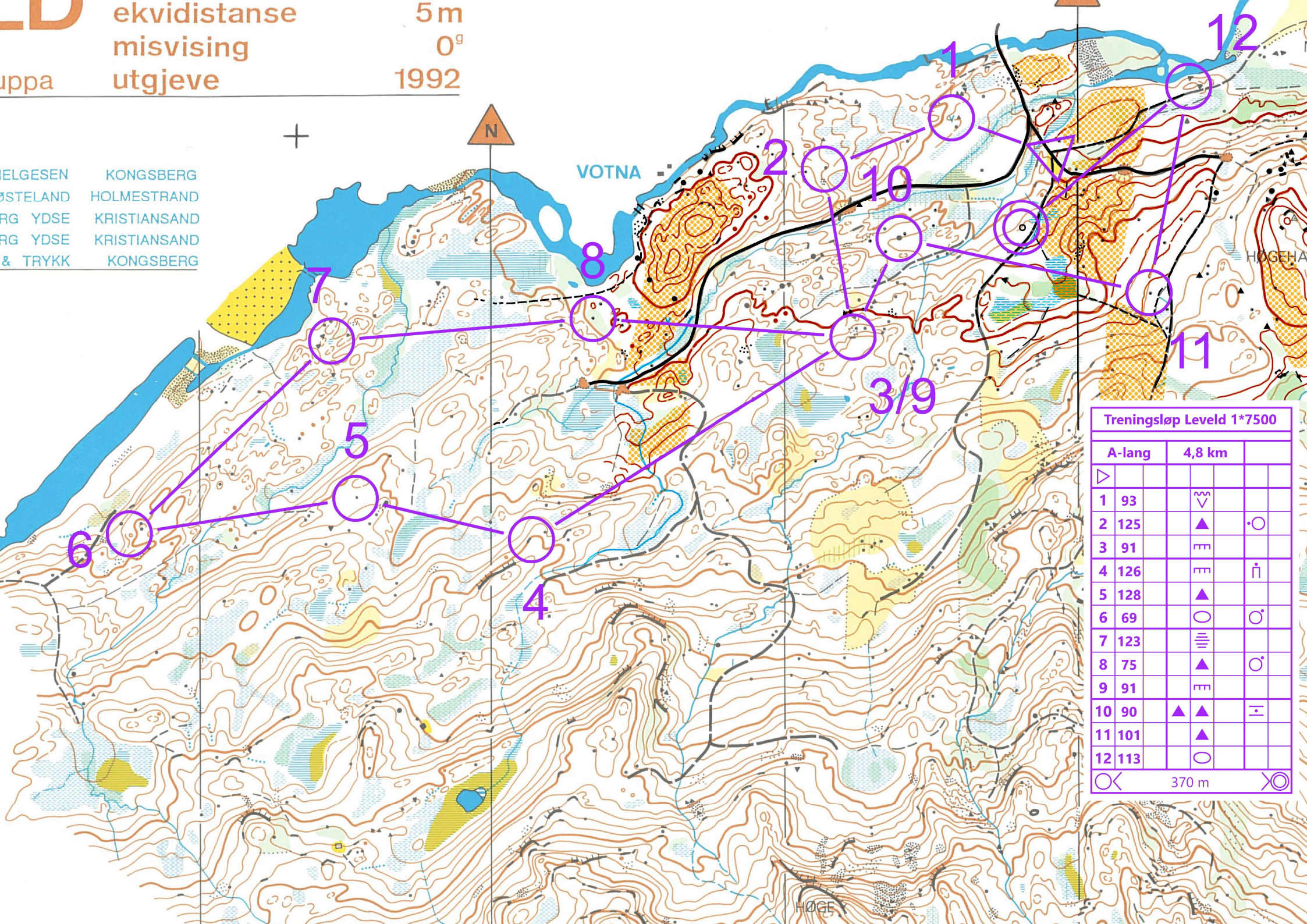


ELGESEN KONGSBERG
STELAND HOLMESTRAND
RG YDSE KRISTIANSAND
RG YDSE KRISTIANSAND
& TRYKK KONGSBERG



Treningsløp Leveld 1*7500

A-lang	4,8 km	
1 93	▽	
2 125	▲	○
3 91	≡	
4 126	≡	†
5 128	▲	
6 69	○	○
7 123	≡	
8 75	▲	○
9 91	≡	
10 90	▲	≡
11 101	▲	
12 113	○	

370 m