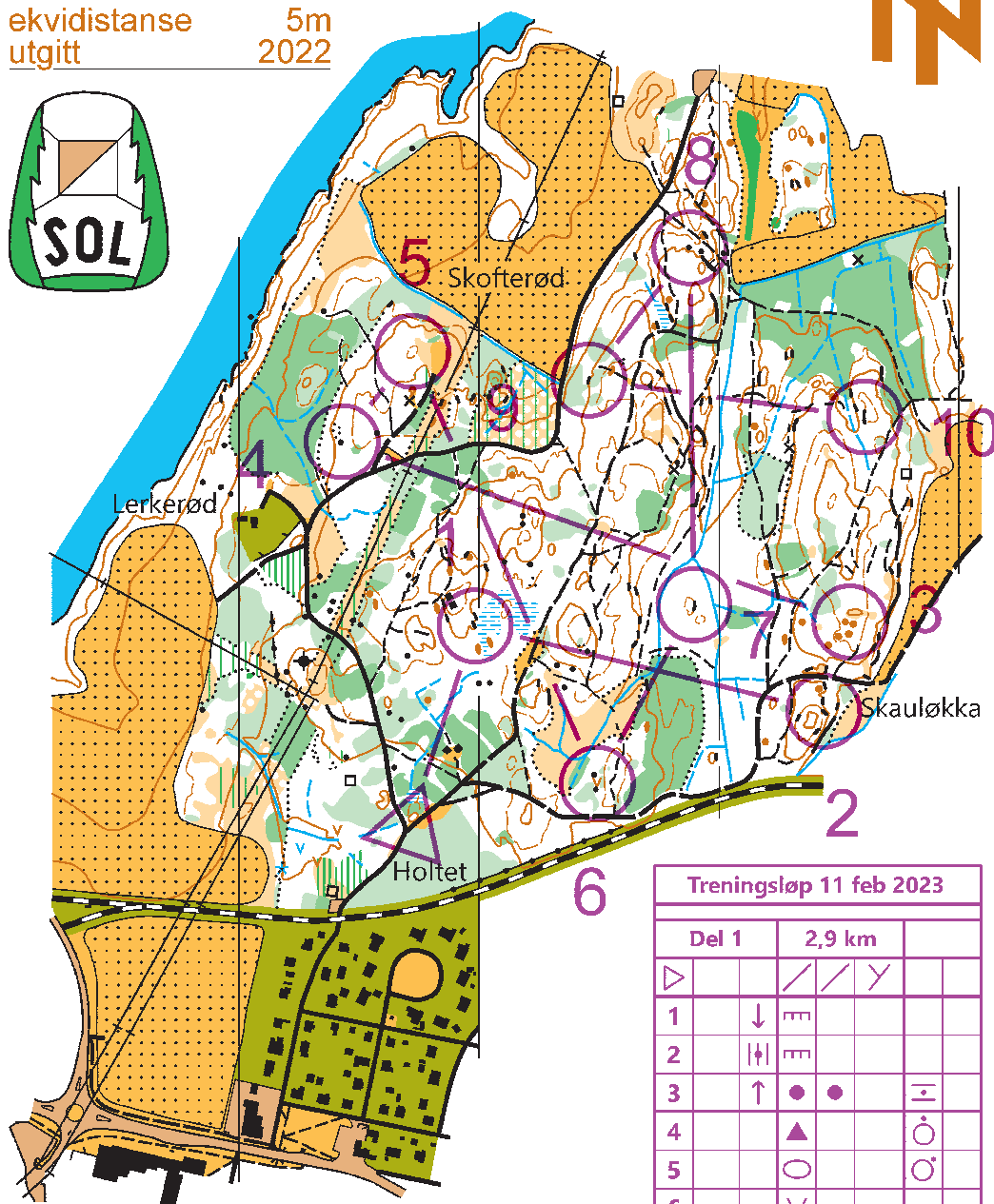
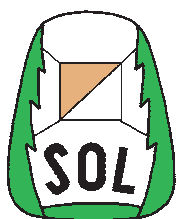


LERKERØD

målestokk 1:7 500
ekvidistanse 5m
utgitt 2022



Hafslund skole

Kartdata:
Kartgrunnlag: Laserdata og FKB-data
Synfaring: Tormod Jensen
Rentegning: Tormod Jensen

Treningsløp 11 feb 2023

Del 1		2,9 km			
▶		/ /	Y		
1	↓	≡			
2		≡			
3	↑	● ●		≡	
4		▲		○	
5		○		○	
6		∇			
7		≡			
8	↖	▲		○	
9		≡			
10	↓	≡			