



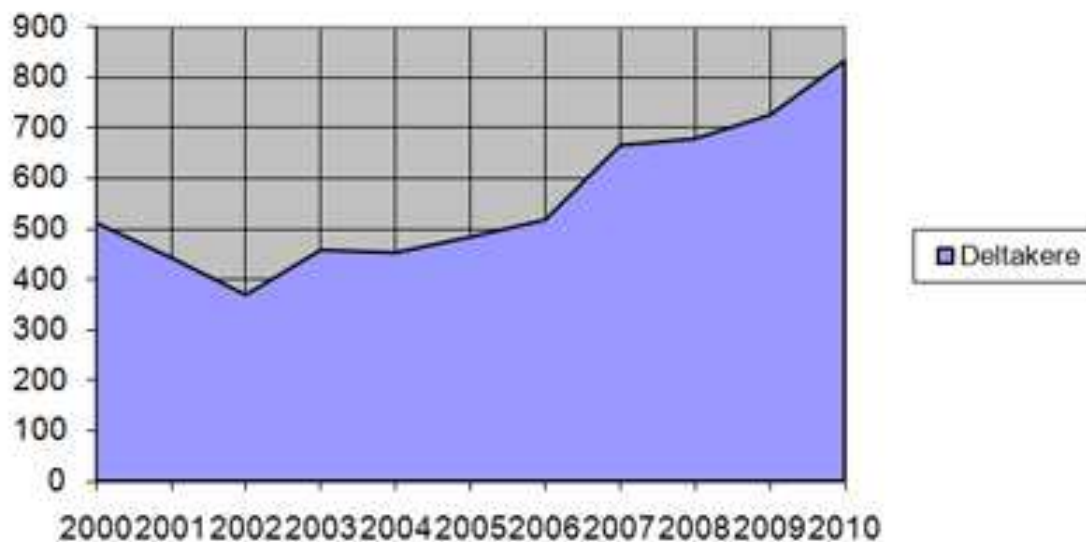
Flest seire totalt: Giske Abdi Wako 6 seire
 Marte Nordlunde 4 seire
 Flest deltakere: Hovemoenløpet 108 deltakere
 Deltatt 10 ganger: Ulf Holberg
 Hanne Monica Storhagen
 Gunnar Henriksen



Deltakerutvikling

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
Kringsjåløpet	52	45	36	45	52	45	60	73	87	80	102
Strandpromenaden	56	42	29	40	35	51	54	47	55	79	95
Maihaugenløpet	73	61	44	56	45	51	66	78	93	94	101
Vingarsprinten/Mesnaelva opp	53	55	44	49	49	56	49	63	88	81	99
Hovemoenløpet	62	44	38	43	48	47	54	69	66	71	108
Kanthaugenløpet	77	45	36	44	49	44	40	71	52	57	74
Flømyrløpet	22	47	48	47	47	40	44	62	62	76	61
Vegmuseumsløpet	68	36	40	52	51	59	50	65	60	74	70
Olympiaparkløpet		41	26	46	47	54	60	73	59	58	70
Elvaløpet	50	28	29	37	31	38	42	66	58	57	55
	513	444	370	459	454	485	519	667	680	727	835
Antall løp							10	10	10	10	10
Gjennomsnitt	57	44	37	46	45	49	52	67	68	73	84

Deltakere



SAMMENLAGT Sørdalskarusellen 2010

M0 Menn - 15 år



Nr 1 Gustav Follerås



Nr 2. Petter Stakston



Nr 3. Erling Bjørnson

				28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Gustav Follerås	29 7		7:09 (1)	36:38 (1)	14:00 (1)	20:11 (1)		31:49 (4)	12:44 (1)		
2	*	Petter Stakston	29 4	10:05 (5)	8:20 (2)	41:29 (2)	16:00 (3)	23:43 (7)		24:18 (1)	14:06 (3)	44:35 (1)	11:49 (3)
3	*	Erling Bjørnson	28 6			44:09 (5)	16:17 (5)	23:35 (6)		24:52 (3)	14:30 (4)	46:11 (2)	11:32 (1)
4		Håkon Andresen Kjonerud	18 1	10:44 (7)	8:39 (4)	45:00 (6)					15:21 (6)		
5		Amund Owren	14 7			43:03 (3)	15:50 (2)		23:09 (1)				
6		Vetle Brekmo	14 4			43:45 (4)		22:25 (3)					11:44 (2)
7		Henrik Granseth	12 9	13:15 (9)	10:59 (7)		21:25 (8)						
8		Anders Skaarseth	97	9:28 (3)				22:10 (2)					
9		Edvard Raddum Skaug	95					23:06 (5)			13:58 (2)		
		Simen Eide	95							24:46	14:38		

	Brøste								(2)	(5)		
11	Simen Eide Brøste	93	10:06 (6)	8:26 (3)								
12	Erling Tofte	88		9:01 (6)			24:31 (8)					
13	Vegard Børsheim	50	9:24 (1)									
14	Lars Hammer Nustad	49	9:26 (2)									
15	Kjetil Tyrom	47	9:50 (4)									
	Tor Omar Nyquist	47				16:16 (4)						
	Sigmund Sørensen Kielland	47					22:34 (4)					
18	Håkon Lindvik Stubrud	46		8:51 (5)								
19	Sigurd Andreassen	45				16:40 (6)						
20	Sivert Sliper	44				17:07 (7)						
	Eirik Stonor	44								18:19 (7)		
22	Anders Bossum	43	12:06 (8)									
	Sivert Raddum Skaug	43								21:20 (8)		
24	Anton Evensen	41	13:50 (10)									
25	Håvard Linn	40	13:51 (11)									

M1 Menn 16 - 35 år aktive



Nr 1 Gishe Abdi Wako med 6 seire totalt av 6 mulige



Nr 2. Kristoffer Nordlunde



Nr 3. Kristian Kjonerud

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	* Gishe Abdi Wako	30 0	7:58 (1)			12:47 (1)			19:49 (1)	11:32 (1)	35:08 (1)	9:51 (1)
2	* Kristoffer Nordlunde	28 9	8:33 (4)	7:10 (3)	38:37 (3)	14:24 (3)		20:09 (2)	21:08 (2)			
3	* Kristian Kjonerud	28 1	9:10 (9)	7:37 (5)	40:10 (4)	14:48 (5)	22:57 (3)	21:06 (3)		13:35 (5)		
4	* Syver Berg-Domås	27 4	9:10 (10)	8:02 (9)		15:10 (7)	23:28 (4)			14:03 (6)	42:03 (3)	11:30 (3)
5	* Morten Sand	27 2		7:49 (8)	41:00 (5)	15:18 (8)	23:48 (5)				44:07 (4)	11:48 (4)
6	Eirik Richenberg	19 6		6:57 (2)		13:48 (2)				12:32 (2)		10:28 (2)
7	Amund Holtklampen	18 0	8:54 (7)	7:43 (6)	42:56 (7)	14:31 (4)						
8	Magnus	14			41:57		22:33	21:28				

	Bleken	1			(6)		(2)	(4)				
9	Gert Moen	13 7	8:48 (6)			15:01 (6)				13:19 (4)		
10	Jostein Rogstad	99						20:05 (1)			37:50 (2)	
11	Trond Vognild	98	8:12 (3)	6:52 (1)								
12	Fredrik Grønolen	96		7:34 (4)	38:20 (2)							
13	Tommi Luchsinger	50			37:10 (1)							
	Øyvind Svaland	50					21:27 (1)					
15	Arne Mjelde SÆther	49	8:12 (2)									
16	Fredrik Stenen	48								12:45 (3)		
17	Christian Bjørge	46	8:38 (5)									
18	Tore Krogsveen	45					23:57 (6)					
19	Amund Gausmel	44		7:49 (7)								
20	Oliver Furuli	43	8:59 (8)									
	Even Langseth Berg	43			43:24 (8)							
22	Henrik Kjærnsli	41		8:09 (10)								

M2 Menn 16 - 29 år



Nr 1. Anders Barhaug



Nr 2. Petter Hattestad

				28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Anders Barhaug	29 8	8:53 (1)	7:32 (1)	37:28 (1)	14:32 (1)	22:05 (3)			13:13 (1)		
2	*	Petter Hattestad	29 5			42:13 (2)	15:59 (3)	25:44 (6)	22:33 (2)	24:59 (1)	14:27 (2)		11:59 (1)
3		Jørn Ivar Holland	99				15:37 (2)		22:05 (1)				
4		Vegard Sagbakken	90				17:31 (5)	27:43 (7)					
5		Vegard Hamnes	50					22:02 (1)					
		Ole Henrik Somby	50									39:17 (1)	
7		Ola Håkon Sætha Ourom	49	9:14 (2)									
		Eirik Fredriksen	49		9:40 (2)								

	Simen Sandbu	49					22:03 (2)					
	Aleksander Svendsen	49							28:20 (2)			
	Vegard Jevnesveen	49									46:07 (2)	
12	Per Ole Gunstad	48	11:02 (3)									
	Hege Myrmel Stura	48			58:42 (3)							
	Lars Emil Ødegård	48								14:48 (3)		
	Steinar Veka	48									48:08 (3)	
16	Kim Asbjørn Rønning	47	14:46 (4)									
	Rasmus Andreas Moxnes	47				16:05 (4)						
	Petter Rinde Øverland	47					22:08 (4)					
19	Runar Bogen	46					24:06 (5)					
20	Tord Nordahl	45				17:33 (6)						
21	Henrik Nordberg	44				18:08 (7)						

M3 Menn 30 - 39 år



Nr 1. Magnus Gutsveen



Nr 2. Geir Aspeslåen



Nr 3. Mads Holten-Andersen

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	* Magnus Gutsveen	29 5	9:36 (2)	7:59 (1)			24:53 (5)	21:49 (1)	23:23 (3)	13:36 (2)		11:26 (2)
2	* Geir Aspeslåen	28 6	10:21 (3)	8:27 (2)		16:20 (4)	24:49 (4)	22:58 (3)	24:55 (4)	14:28 (4)	45:03 (5)	
3	* Mads Holten - Andersen	27 9			45:04 (5)	17:02 (5)	26:00 (6)	22:57 (2)			45:11 (6)	12:12 (3)
4	* Bernt Tennstrand	27 7	10:55 (4)	9:17 (3)	50:17 (6)	18:11 (6)	28:50 (8)		26:43 (5)	15:40 (5)		
5	* Børre Storhagen	27 6	11:52 (6)	9:43 (4)	53:14 (7)	19:41 (8)		26:53 (4)	28:18 (6)	17:13 (6)	51:09 (8)	13:53 (4)
6	Lars Krogsvveen	19 9				14:14 (1)			22:31 (2)	13:04 (1)		11:14 (1)
7	JENS OLAV LARSEN	16 9	16:37 (8)	13:00 (7)		24:54 (9)	51:10 (11)					
8	Richard Høgås	14 7	9:15 (1)		39:27 (2)	15:33 (3)						
9	Øyvind Viken	99				14:38 (2)	22:18 (1)					
10	Rune Kvikstad	50			37:12 (1)							
	Bernt	50							21:19			

	Bjørnsgaard								(1)			
	Marius Jevnesveen	50									42:44 (1)	
13	Ronnie Duinkenken	49					23:21 (2)					
	Erik Haugen	49									42:58 (2)	
15	Roger Bakkestuen	48			40:31 (3)							
	Hans Olav Kjøs	48					23:36 (3)					
	Trond Dalen	48								14:13 (3)		
	Sindre Viberg	48									44:06 (3)	
19	Sverre Thune	47			41:18 (4)							
	Trond Viberg	47									44:11 (4)	
21	Geir Andre Holum-Jakobsen	46	11:30 (5)									
	Nils Kristian Blakli	46		9:47 (5)								
23	Kim Kristofferse n	45		10:19 (6)								
24	Kim Kristofferse n	44	12:34 (7)									
	Kim Kristofferse n	44				19:29 (7)						
	Magnus Esberg	44					27:11 (7)					
	Torgeir Haugen	44								17:43 (7)		
	Ketil Skjåk	44									48:32 (7)	
29	Ole Skaug	43								21:18 (8)		
30	Kim Kristofferse n	42					30:50 (9)					
31	Marius K"hler- Olsen	41					34:56 (10)					

M4 Menn 40 - 49 år



Nr 1 Asbjørn Lie



Nr 2 Ulf Holberg (10 starter)



Nr 3. Knut Hagemoen

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Asbjørn Lie	28 7	8:09 (6)	39:15 (5)	15:30 (9)	22:05 (2)	20:47 (2)		13:21 (3)		11:15 (1)
2	*	Ulf Holberg	28 6	9:41 (7)	8:04 (4)	38:32 (4)	15:16 (8)	22:14 (3)	21:02 (3)	23:16 (4)	13:48 (5)	41:05 (3)

3	*	Knut Hagemoen	28 4			39:45 (7)	14:46 (3)	22:43 (6)		22:58 (3)	13:28 (4)	42:31 (4)	11:16 (2)
4	*	Geir Strandbakk e	27 9		7:32 (1)	36:54 (2)	14:11 (1)	22:48 (7)				40:21 (1)	15:00 (15)
5	*	Kristen Kankerud	27 8	9:30 (5)			15:07 (7)	23:08 (8)	21:54 (4)	22:49 (2)		40:52 (2)	
6	*	Per Martin Johansen	26 5		8:18 (8)	41:16 (10)	15:57 (11)	24:33 (12)	22:28 (6)	24:08 (5)	14:11 (6)	43:34 (6)	12:16 (10)
7	*	Jørn Gunnar Kleven	26 1		8:11 (7)	39:35 (6)	15:46 (10)		22:27 (5)		22:59 (15)	44:23 (9)	12:11 (8)
8	*	Mikal Bjørnaa	25 8	10:15 (12)	8:34 (13)	44:25 (14)	16:50 (15)		23:02 (8)	24:45 (6)	14:33 (8)	43:59 (8)	11:56 (6)
9	*	Gunnar Jensen	25 3		8:29 (10)	44:09 (13)	16:20 (12)	25:20 (13)	23:16 (9)	25:00 (8)	14:28 (7)		12:05 (7)
10	*	Roar Mikkelsen	24 4	10:02 (10)	8:32 (11)	43:33 (12)	16:36 (13)		23:00 (7)	25:28 (9)			
11	*	Ola Kjonerud	24 3	10:18 (13)	8:34 (12)	45:28 (15)	16:43 (14)		24:44 (11)	24:52 (7)	14:46 (9)	46:56 (13)	12:41 (11)
12		Jon Hanestad	22 7	9:11 (3)	7:48 (2)	40:06 (8)	14:56 (5)	23:34 (10)					
13	*	Nils Jørgen Kristiansen	22 4	11:01 (16)	9:21 (16)	46:19 (16)	17:47 (16)		25:33 (12)	27:33 (12)	16:07 (10)		
14	*	Per Gunnar Stakston	21 5	11:21 (18)	9:38 (18)	46:59 (17)	18:26 (18)			28:17 (14)	16:15 (11)		13:34 (13)
15	*	Robert Andreas Karlsen	20 9	11:46 (19)	9:35 (17)	50:52 (19)	19:00 (20)		26:10 (14)		16:39 (13)	49:54 (15)	
16	*	Arnt Erik Andreassen	20 5	11:19 (17)		51:06 (20)	18:35 (19)	28:32 (15)	26:03 (13)			52:28 (17)	
17	*	Arnt Steinar Olasveen	20 3	12:29 (22)	10:19 (20)	53:37 (21)			27:56 (15)	29:36 (15)		53:44 (18)	14:43 (14)
18		Per Strandhaug	19 9	9:03 (2)		36:49 (1)		20:07 (1)	20:39 (1)				
19	*	Erik Magnus Ring	19 1	12:25 (21)	10:34 (21)	55:21 (22)	20:05 (21)			31:29 (16)	18:02 (14)		
20		Rex Hinchliffe	18 8			37:41 (3)	14:59 (6)				13:12 (2)		11:44 (5)
21		Aadne Smidesang	18 6	10:51 (15)	9:08 (15)					27:36 (13)		49:02 (14)	13:30 (12)
22		Anders Bergum	18 2	9:37 (6)	8:08 (5)							43:38 (7)	11:34 (4)
23		Torgeir Kval	10 7			49:54 (18)		29:49 (16)			16:38 (12)		
24		Tor Håkon Viken	99	8:58 (1)			14:45 (2)						
25		Halvor Nordby	97				14:53 (4)				13:08 (1)		
26		Anders Bjørnsgård	96					22:32 (5)		22:39 (1)			
27		Lars Gullikstad	90		7:51 (3)			23:24 (9)					
28		Arnt Nyborg	85	9:58 (8)	8:28 (9)								
29		Åge Walter Inderdal	81	10:11 (11)								45:29 (10)	
		Kjell Harald Gullord	81			40:54 (9)						46:44 (12)	
		Jan Lenndin	81							25:29 (10)		46:30 (11)	
32		Geir Evensen	74	10:34 (14)	8:54 (14)								
33		Erik Thoresen	66		10:13 (19)			30:47 (17)					
34		Øystein Engesveen	47	9:17 (4)									
		Frode	47					22:24					

	Stiansen					(4)						
36	Jon Halvor Midtmageli	46									43:09 (5)	
37	Knut Midttun	42	10:01 (9)									
	Stig Rune Sletmoen	42										12:13 (9)
39	Jørn Hemma	41						24:18 (10)				
40	Rune Skar	40			41:58 (11)							
	Christian Svarstad	40					24:08 (11)					
	Magne Lundefaret	40							25:46 (11)			
43	Tore Owren	37					27:36 (14)					
44	Kjell Søbye	35									51:29 (16)	
45	Eirik Røysheim	34				17:51 (17)						
46	Dag Nustad	31	11:59 (20)									

M5 Menn 50 - 59 år



Nr 1. Hans Ivar Hattestad



Nr 2. Torbjørn Bjørnson



Nr 3. Egil Paulsrud

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	* Hans Ivar Hattestad	30 0		8:13 (1)	39:30 (1)	15:21 (1)	23:38 (1)	21:38 (1)	23:45 (1)		42:41 (3)	12:00 (1)
2	* Torbjørn Bjørnson	27 3	11:04 (7)		45:10 (7)	18:15 (10)	27:19 (4)		27:41 (5)	16:19 (6)	51:23 (9)	14:08 (4)
3	* Egil Paulsrud	27 2	11:14 (10)	9:29 (9)		18:31 (12)	27:48 (5)	25:50 (11)	27:48 (6)	16:10 (5)	49:17 (6)	13:34 (3)
4	* Kjell Eide	26 9	10:56 (5)		44:46 (6)	17:36 (7)		24:42 (8)	27:49 (7)	15:56 (4)		
5	* Morten Thorsrud	26 8	10:45 (4)			18:05 (8)	29:28 (10)	24:37 (7)			49:30 (7)	13:17 (2)
6	* Jan Ingar Hagen	25 5	10:57 (6)	9:24 (8)	48:07 (12)	18:20 (11)	27:52 (6)	25:50 (12)		16:41 (8)		
7	Bjørn Ola Sætha	24 4				15:41 (2)		22:34 (2)	23:52 (2)	13:59 (1)	42:49 (4)	
8	* Leiv Roar Østerhagen	24 3	12:15 (12)	10:29 (15)	58:46 (19)	20:31 (17)	33:22 (14)		32:26 (9)	17:59 (11)	59:16 (12)	15:57 (5)
9	Per Solbakken	24 1	10:16 (2)	9:04 (3)	42:33 (4)	16:32 (3)	24:45 (2)					
10	* Pål Hjorthol	22 9		9:47 (13)	48:45 (14)	19:03 (16)		26:19 (15)		16:48 (9)	52:32 (10)	
11	* Geir Løkken	22 8	11:31 (11)	9:53 (14)	48:35 (13)	19:02 (15)	29:19 (9)	26:36 (16)				
12	* Gunnar Henriksen	22 6	Uten tid	11:15 (16)	Uten tid	22:17 (18)	34:54 (16)	31:08 (21)	34:15 (10)	18:59 (13)	Uten tid	16:18 (7)
	Arvid Berntsen	22 6		9:13 (7)	44:35 (5)	17:32 (5)		24:45 (9)		15:33 (3)		
14	* Morten Kval	22 0	14:36 (13)	11:51 (17)	1:02: 48 (20)	22:48 (19)	35:32 (17)	31:02 (20)		19:34 (14)		16:11 (6)
15	Guttorm S	20			48:05	18:45	28:14	26:11			50:44	

	Gunstad	2			(11)	(14)	(7)	(13)			(8)	
16	Bjørn Ola Foss	19 4		9:34 (11)	48:54 (15)	18:40 (13)	28:55 (8)	26:11 (14)				
17	Vidar Åsly	19 1		8:21 (2)	40:34 (2)			22:48 (4)			42:52 (5)	
18	Arne Stonor	18 5			50:24 (17)		29:54 (12)	27:10 (18)		18:06 (12)	56:10 (11)	
19	Arne Brudal	18 4	10:38 (3)	9:07 (5)		17:33 (6)		24:28 (6)				
	Per Ole Nygaard	18 4		9:05 (4)	45:54 (9)	17:20 (4)	25:44 (3)					
21	Rune Edvardsen	16 6	11:13 (9)			18:14 (9)	30:06 (13)			16:30 (7)		
22	Anders Reiten	14 6	9:46 (1)		41:23 (3)			22:37 (3)				
23	Geir Jensen	12 3		9:33 (10)	46:02 (10)			25:18 (10)				
24	Roar Øverby	11 7					29:35 (11)	26:58 (17)	29:35 (8)			
25	Terje Onshus	10 6			51:32 (18)			27:21 (19)		17:21 (10)		
26	Tore Stubrød	88	11:06 (8)	9:12 (6)								
27	Geir Henning Aaløkken	74		9:37 (12)	49:01 (16)							
28	Torbjørn Stalsberg	50									39:23 (1)	
29	Steinar Bakken	49								14:27 (2)		
	Bjørn Høyby	49									40:41 (2)	
31	Ernst Fristad Nilsen	48							25:15 (3)			
32	Arne Brandslien	47							27:05 (4)			
33	Reinhard Kuhs	46						24:09 (5)				
34	Bjørn Bakkelund	43			45:42 (8)							
35	Per Vikin	36					34:03 (15)					

M6 Menn 60 - 69 år



Nr 1. Eivind Nybakken



Nr 2. Jon Krogsvæen



Nr 3. Arnfinn Stubrød

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	* Eivind Nybakken	30 0	9:27 (1)	8:06 (1)	41:51 (1)	15:42 (1)	24:13 (1)	22:25 (1)		14:15 (1)		11:37 (1)
2	* Jon Krogsvæen	29 5		9:10 (2)	44:15 (4)	17:18 (3)	25:24 (3)	23:18 (2)	25:01 (1)	15:17 (2)	44:26 (2)	12:52 (2)
3	* Arnfinn Stubrød	28 7	11:11 (2)	9:35 (3)	47:20 (5)	18:24 (5)	27:14 (4)	25:40 (3)	27:35 (2)			
4	* Einar Haugen	28 2	11:48 (3)		47:54 (6)	18:42 (7)	28:10 (6)	26:36 (5)		16:13 (3)	51:24 (4)	14:34 (3)
5	* Alfred Unosen	27 9	12:04 (4)	9:54 (5)		18:26 (6)	27:54 (5)	25:48 (4)			50:06 (3)	

6	*	Helge Leonardsen	27 0			55:42 (9)	20:50 (9)			31:47 (4)	18:16 (4)	56:51 (6)	15:31 (4)
7		Olaf Pedersen	19 7			42:41 (2)	16:30 (2)	25:07 (2)				43:45 (1)	
8		Sverre Fossen	17 6			49:28 (7)	19:23 (8)	29:32 (7)	26:57 (6)				
9		Øystein Roland	14 2	9:45 (4)			18:18 (4)			28:13 (3)			
10		Petter Marum	88	10:00 (6)		49:33 (8)							
11		Magne Harald Kvikstad	48			44:12 (3)							
12		Helge Nordstrand	46	15:04 (5)									
		Ole Bakke	46									52:48 (5)	

M7 Menn 70 år -



Nr 1. Åge Ludvigsen



Nr 2: Svein Larsen

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Åge Ludvigsen	30 0	12:25 (1)	10:37 (1)	50:35 (1)	19:48 (1)		27:28 (1)	30:10 (1)		
2	*	Svein Larsen	29 7		11:08 (2)	53:46 (2)	20:51 (2)	30:43 (1)		31:35 (2)	58:52 (1)	16:00 (1)

K0 Kvinner - 15 år



Nr 1 Marte Nordlunde



Nr 2. Mari Nordlunde



Nr 3 Sigrid Kleveland

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Marte Nordlunde	30 0	10:00 (1)		44:32 (1)	16:35 (1)		25:16 (1)	14:29 (1)		12:23 (1)
2	*	Mari Nordlunde	29 6	10:12 (2)	8:46 (1)			24:13 (1)		15:23 (2)	53:53 (2)	12:36 (2)
3	*	Sigrid Kleveland	29 0	11:03 (4)		49:15 (3)	18:12 (3)	28:21 (2)		16:35 (3)	50:12 (1)	
4	*	Inger Marit Linvolden	27 9	13:26 (7)			20:48 (6)	32:59 (4)	27:59 (2)	29:49 (5)	56:45 (3)	
5		Eline Dehli	23 1	11:53 (6)		54:33 (5)	19:24 (4)	31:00 (3)		31:36 (6)		

6	Marte Håkenstad Bråten	19 7			45:17 (2)	17:14 (2)	25:13 (1)		26:12 (2)			
7	Sigrid Stakston	18 9		10:05 (2)		19:30 (5)				17:19 (4)		14:05 (4)
8	Marte Sofie Buraas	96							26:43 (3)			13:14 (3)
9	Sigrid Linn	95	11:00 (3)						26:44 (4)			
10	Nora B. Apelgren	93	11:15 (5)		49:39 (4)							
11	Silje Theres Skyttermoe n	48		10:50 (3)								
12	Sofie Rønningen Kleven	46								22:58 (5)		
13	Elise Evensen	43	18:53 (8)									
	Ida Gulbrandse n										Uten tid	

K1 Kvinner 16 - 35 år aktive

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	Marte Dehli	14 6				18:59 (2)	27:08 (4)					13:41 (1)
2	Nathalie Skyttermoe n	99	10:43 (2)	9:15 (1)								
3	Ida Monn Birkhaug	50	10:09 (1)									
	Barbro Sætha	50				18:33 (1)						
	Kristin Steira	50					20:10 (1)					
	Bente Størmer Steira	50						21:44 (1)				
7	Bente Størmer Steira	49					22:28 (2)					
8	Marthe Bjørnsgaard	48					24:20 (3)					

K2 Kvinner 16 - 29 år

			28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	Hanne Marte Lie	10 0		9:03 (1)	44:45 (1)							
2	Linn Rossin, Simensen	50	17:55 (1)									
	Annica Benno Adolfsson	50									57:58 (1)	
4	Hanne Brudal	49		10:14 (2)								
	Trine Gjerdrum Stellerand	49									59:15 (2)	
6	Tine Ledang	48		16:04 (3)								

K3 Kvinner 30 - 39 år



Nr 1. Reidun Karlsen



Nr 2. Christina Eide



Nr. 3 Hanne Monica Storhagen

				28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Reidun Karlsen	29 7	10:22 (2)	8:49 (2)		17:36 (1)		24:03 (2)	25:41 (1)		46:16 (1)	
2	*	Christina Eide	29 6	11:31 (3)	9:55 (3)		19:08 (2)	29:18 (1)		28:04 (2)	16:14 (1)	52:25 (2)	13:48 (2)
3	*	Hanne Monica Storhagen	29 1	11:55 (4)	9:59 (4)	50:58 (1)	19:57 (4)	31:45 (3)	27:58 (3)	30:33 (3)	17:17 (2)	52:50 (3)	14:27 (3)
4	*	Eivor Løkken	28 0	13:24 (5)	11:50 (6)	55:19 (2)	21:30 (5)					59:18 (4)	16:48 (4)
5		Hege Skari	20 0	10:19 (1)	8:38 (1)				23:34 (1)				13:27 (1)
6		Cecilie Lofsberg	14 3		10:15 (5)		19:45 (3)	30:31 (2)					
		Evy Marlen Wilhelmsen		Uten tid	Uten tid								
		Eli Bergan		Uten tid	Uten tid								

K4 Kvinner 40 - 49 år



Nr 1 Kari-Anne Fredriksen



Nr 2 Turid Dehli



Nr 3 Irene Håbrekke

				28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Kari-Anne Fredriksen	29 2	10:52 (2)	9:22 (4)	46:25 (2)		27:55 (5)	25:45 (4)	28:41 (3)	16:10 (1)	50:34 (2)	
2	*	Turid Dehli	29 1	11:28 (3)		48:26 (3)	18:30 (2)	27:39 (4)	25:51 (5)	29:22 (4)	16:40 (2)		14:11 (1)
3	*	Irene Håbrekke	27 6		10:40 (6)	51:20 (4)	20:11 (5)	30:21 (7)	28:26 (7)			58:32 (4)	15:36 (4)
4	*	Pia Neegaard	27 5	11:49 (4)	10:22 (5)		20:26 (6)	32:09 (8)	28:24 (6)	32:31 (5)			15:54 (5)
5	*	Inger Hjorthol	27 3		10:45 (7)	53:15 (5)	20:33 (7)		29:26 (8)		18:31 (3)		15:22 (3)
6		Liv Hilde Drugli	25 0		8:29 (1)	41:05 (1)	16:05 (1)	23:39 (1)	22:29 (1)				
7		Anne Olaussen	23 4	13:56 (6)			19:13 (4)	29:56 (6)				52:52 (3)	14:44 (2)
8		Brit Tofte	14 7		8:41 (2)			23:59 (2)	23:06 (2)				
9		Miriam Delphin Gulbrandse	14 5		9:21 (3)				25:04 (3)	26:48 (2)			

	n											
10	Hilde Grøneng	100							26:21 (1)		46:46 (1)	
11	Kari Strand Båtnes	87						33:32 (9)				16:58 (6)
12	Hilde Grøneng	50	10:48 (1)									
13	Heidi Bråthen	48				18:33 (3)						
	Ragnhild Bratberg	48					25:51 (3)					
15	Thea Strand Bjørnaa	47								21:19 (4)		
16	Jorunn Nordlunde Bossum	46	12:03 (5)									
17	Margareth Johansen	44	15:02 (7)									
18	Ingeborg Bakke	43				24:49 (8)						

K5 Kvinner 50 - 59 år



Nr 1. Anne Solås



Nr 2. Oddveig Kvikne Dotterud



Nr 3. Oddrun Hovsengen

				28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1	*	Anne Solås	299	11:21 (1)	9:51 (1)	48:57 (1)	18:51 (1)	28:30 (1)	26:21 (2)				
2	*	Oddveig Kvikne Dotterud	297	11:54 (2)	10:01 (2)	49:17 (2)	19:12 (2)	28:35 (2)	26:21 (3)	29:03 (1)		51:14 (1)	14:03 (1)
3	*	Oddrun Hovsengen	286	13:12 (5)	11:03 (4)	54:43 (3)	21:34 (4)	37:11 (4)	29:21 (4)		18:26 (1)		
4		Marit Valset	144	12:46 (3)	10:43 (3)			31:27 (3)					
5		Anne Marie Pettersen	142	12:52 (4)		55:41 (4)	21:18 (3)						
6		Marita Jacobsen	90		13:02 (7)			37:48 (5)					
7		Anne Størmer Steira	50						24:56 (1)				
8		Trude Schistad	46		11:26 (5)								
9		Hanne Marum	45		11:29 (6)								

K6 Kvinner 60 - 69 år

				28.04 .10	12.05 .10	19.05 .10	26.05 .10	02.06 .10	16.06 .10	18.08 .10	24.08 .10	08.09 .10	23.09 .10
1		Berit Høyvik	100					28:26 (1)	28:46 (1)				

* = har fullført karusellen.

Antall fullførte: 67



F.v. Ulf Holberg, Hanne Monica Storhagen og Gunnar Henriksen har alle deltatt i 10 av 10 løp i 2010!



Fra Kanthaugenløpet 2010